

13th August  
2014

# HOMA HEALTH - NEWSLETTER #100

[print Newsletter](#)

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## EDITOR's NOTE

### EXTREME CLIMATE CHANGE

We are all responsible (directly or indirectly) of the extreme climate change because we pollute and use pollutants.

Naturally, the weather dramatically changes with the seasons in temperate zones, moderately in the tropics and very little in the poles.

However, **due to pollution and the greenhouse effect, the global warming has precipitated EXTREME CLIMATE CHANGES worldwide.**

This creates floods, droughts, hurricanes, storms, melting icecaps, loss of millions of lives and extinction of species in the animal and plant kingdoms, etc. It has been shown that irrational, unconscious, selfish behavior is the main cause and this comes from a **"sick mind"**. Man with sick Mind -> pollution, violence, damage to -> Earth and all its occupants -> sick man.

***According to a saying "Out of sight, out of mind."***

Yes, yes, one cannot love or appreciate or feel what you do not perceive and taken into account. Sometimes, we can see things, but we do not look at them. Sometimes, we can hear them but we do not understand them. And sometimes, we can see and hear things perfectly, but we do not connect or associate them and they have no meaning for us, as if they were separate pieces of a big



**What do we choose for our children?**

puzzle. This happens in many aspects every day. Some aspects are negligible, but others are not. For example, the way we behave and its effects on the environment.

**What is your ecological footprint?**

If you want to know, you can see: <http://myfootprint.org/>

Most of us are polluting the environment in a greater degree than we think. We pollute the air with our vehicles (cars, airplanes, etc.), factories, etc. We pollute our waters (rivers, lakes, seas, etc.) with toxic waste (domestic, industrial, etc.).

We also contaminate soils and subsoil with garbage and waste (domestic, industrial, hospital, etc.). However, do not forget that there are other highly polluting activities, which are not usually considered, for example, the cutting and burning of forests, conventional agriculture (pesticides, herbicides and chemical fertilizers), mining (arsenic, mercury, etc.), GMOs (transgenic agriculture), livestock farming (with excess waste of nitrates, nitrites, methane, etc.).

EDITOR's NOTE

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Your comments, questions, suggestions and healing reports for the Homa Newsletter are welcome; please write to Abel Hernandez & Aleta Macan at [terapiahoma@yahoo.com](mailto:terapiahoma@yahoo.com)

## EDITOR's NOTE - continued

***In addition, there are polluting activities that are not very obvious, such as: electromagnetic fields in wires and network cables, radiation (Wi-Fi, ultraviolet and gamma rays, etc.), chemtrails and climatic pseudo-technology.***

Let's not forget:

- **The radioactive waste** from nuclear power plants, nuclear submarines, medical equipment, etc.
- **Space junk** and obsolete satellites, electric batteries, energy-saving light bulbs with mercury (not ecological), etc.
- **The Indoor Pollution** with substances and synthetic gases: common household products with formaldehyde and polychlorinated biphenyl (PCB), Asbestos, Radon, tobacco, etc.
- **Biological contaminants:** bacteria, mold, mildew, viruses, animal dander, dust mites, cockroaches and pollen.

-The subtle pollution (sound, visual, olfactory, mental, etc.)

***If you want to know what the Secret Report from the Pentagon and scientists said regarding the Consequences of Extreme Weather Changes, you can see:***

<http://www.theguardian.com/environment/2004/feb/22/usnews.theobserver>

**What to do?**

***According to the Ancient Science of Healing "AYURVEDA", the answer lies in the Mass Practice of "AGNIHOTRA".***

**Man + Agnihotra -> healthy atmosphere -> healthy mind -> conscious behavior -> earth and healthy occupants.**

***Agnihotra contributes to the healing of the atmosphere, the earth and its inhabitants, including man (mind and body (s)).***

***Om Agnihotra Om!***

## HOMA HEALING STORIES



**Janet Mendiburo**  
Guayaquil, Ecuador,  
South America

"I have been operated three times. From the **breast**, they removed some tissue to see if I had cancer, but thanks God, the results were negative. Then I had an **appendix surgery and a gallbladder operation; then my husband lost his job. I became very depressed and many problems started in my house.** Then I came

down with another disease, gastritis and colitis combined, which made me **lose a lot of weight.** Any emotion, any stress with whatever happened, good or bad, caused me **stomach pain and diarrhea.** I am a teacher and every time I had stomach pain, I had to ask a colleague to substitute me in the class room, so I could run to the bathroom. My coworkers knew I was sick. By the end of last year, I was crying in bed with pain.

**One day, my sister Alexandra came to visit and she brought Homa Therapy with her. That day, I felt that my life changed a lot. Since then I have had no more stomach pain and my health improved tremendously.** The economic problems, due to the fact that my husband had lost his job, had affected our marriage, but I could see the situation differently and said to him: **"I will not find another person like you in the whole world. You are such a good person and at home, you help with everything, mopping, cleaning and all"**. He truly is a wonderful person and I was about to lose him, but thanks God we're together. We are always together as a family with our 2 children. We go together to church, school meetings, parties, anywhere.

**I thank my sister for having brought Agnihotra to my house. And as a final point, I even got a better job."** (Photo: Janet Mendiburo giving her testimony.)

## HOMA HEALING STORIES

### Maria Posadas Villar Cajamarca, Peru, South America



"I am 47 years old. Initially, when I heard about Homa Therapy, I did not know what about it, but my curiosity took me to have a closer look.

I had the problem that whenever I came close to smoke, **my eyes became irritated**. The doctors said it was probably an **allergy**, because every time I was in front of smoke, my eyes became red as blood. So I was afraid to get close to smoke. When I came here to the Cabildo Hostal in order to participate in Homa Therapy, I realized that there was fire and smoke and I thought "this is not for me, definitely". But I calmed down a bit because I was sitting at a safe distance from the Fire and I thought it would not be much of a problem.

I also had come with **severe headache**. I saw the Homa presentation, **participated in Agnihotra and went home. I do not know what happened, but when I arrived at my house, nothing hurt**. So I thought maybe because I relaxed profoundly the pain had disappeared.

Later I became much more interested in Homa because at night I had a sharp pain in my eye. It felt as if something tried to get out and could not. I tried several times to unclog my nose, but I could not. **And despite the intense pain, I slept well**. I woke up with pain, but fell again asleep. This was amazing to me, because once I wake up, I usually cannot sleep again. This can happen at 3 in the morning. **I've been suffering from severe insomnia for 6 to 7 years**.

I have tried everything, medicinal plants and even pills, which I try to avoid, because they are very strong.

Because I've taken a lot of pills for **headache**, it affected my **stomach and I have problems**. Originally the doctors thought that my headache was caused by an aneurysm, but in the MRI came out that I had a **congenital birth defect in a brain artery**. So, some doctors think that is the cause, others think it is the **pollution** here and that this has generated a kind of allergy.

I was also told that I had a kind of **depression along with insomnia**. I was treated with extremely strong pills against depression. Taking only a quarter of the pill I was knocked out. Then I was also given **pills to promote blood circulation in the brain**, but they damaged my liver. I had to stop those, because **I could not withstand the pain in the liver**. Of course, the doctors had warned me that these pills would help me with the cerebral circulation, but that they would **damage my liver**.

And per se, **I was born with constipation**. But with all these pharmaceutical treatments, it got worse and **I suffered practically from permanent constipation**. My diet was based on juices, fruits, vegetables and anything with fiber and peel and still, it was very difficult. I had to draw upon herbs and medicines to help with the constipation. Lately it has been just terrible, terrible, terrible.

But **when I started to attend Homa Therapy**, it was amazing. The most amazing thing is how my digestion began operating. I was completely surprised when I started **taking the Agnihotra ash. Now, I can go to the bathroom 3 times a day** like clockwork. I am totally surprised and **I am happy**.

Also **I have started to sleep incredibly well**. I usually went to bed at 12 or 12:30 and woke up at 4 am. Now, at 10 pm my eyes are falling close and I sleep until 6 in the morning. Incredible. I'm so surprised.

Now, I'm in front of the Homa Fire and **my eyes are normal, no longer irritated, clean, cleaner than ever**. I cannot believe it. So much so, that I have no more fear of practicing the Homa Fires.

And since yesterday, I have been throwing phlegm from the nose and I feel better. Homa Therapy is cleaning me sinusoidal cavities, my stomach, intestines, etc. and even my urine.

I spent a lot of money with specialists. I have two relatives who are neurosurgeons and I have been with the best and the most expensive. If I had known Homa Therapy, I would have saved a lot of money.

Incidentally, **my son, Christian**, also accompanies me to the Fire. He is not suffering from any disease; his only problem is that **he was always tired and too lazy to do anything. Now, he feels more vital, livelier with more energy**. Something happened inside of him and he is very happy. He says, **"I was not suffering from anything, but I feel very happy."** (Photo: Mrs. Maria Posadas in her Hostal El Cabildo, Cajamarca.)

## HOMA HEALING STORIES



**Doris Bouillon de Chunga**  
Piura, Peru, South America

"I have known Homa Therapy for 14 years. First **I got healed of asthma**. Now I am coming to the hospital with my daughter who had **an accident and lost her balance**. **Now, she is already more balanced** and we will keep participating in the Homa Fires. **I also came with pain in the fingers and I could not bend them**. **Now, I can. I recovered the movement in my fingers in 3 days and I have no more pain**.

I know this therapy is good, I practiced it for years. Only when we moved farther away, I could not participate anymore. But truly, If you will, you can! I want to start again and that is why I'm here."

**María Elena Zambrano Plúas**  
Guayaquil, Ecuador, South America

"I am 43 years old. At the age of 12, I was diagnosed with **'Hansen's Disease' (Leprosy)**. I could not feel anything in my hands - not cold, nor heat. So sometimes I burned myself while cooking and I did not realize it. Recently **I had a wound in the foot that did not close**. **I had it for more than 3 months**. Even though I was attended in the health centers and I received medical treatment, nothing helped.

**But in the Father Damien Foundation with Homa Therapy and the Agnihotra ash treatment, the wound healed**. Now I have also no more pain, except when I walk a lot. Before my legs hurt and the wound did not heal, **now I have no more pain and the wound is healed**."



**Oswaldo Sánchez Espinoza**  
Cajamarca, Peru, South America

"I am 49 years old. **With the practice of Homa Therapy I've noticed changes in the whole family**. There is a **unique tranquility**, even though we have recently lost a loved one, my mother. **Homa Therapy has united us as a family**; my daughter Selina wants me to do Agnihotra, because she likes it and she accompanies me. She knows the Mantras by heart. Also, I have had a **colonoscopy and after that I got an inflammation**. **But now, consuming the Agnihotra ash, the swelling is gone**. Before I was **bleeding, now no more**. **I feel very good and peaceful**." (Photo: Mr. Oswaldo with his daughter Selina.)

**Jorge Terrone Rodríguez**  
Cajamarca, Peru, South America

"My problem began with the **death of my wife 3 years ago**. Shortly after that, I started to feel anxiety, anguish, nervousness, etc. I had no peace with myself and that worried me. I did read a lot and that helped. **Today is my fifth day with Homa Therapy treatment**. I am taking the **Agnihotra ash 5 times a day and I am participating in the Fire**.

**I notice more peace, less anxiety, better rest and what is best, I feel I am more happy with myself**. This is most important, since I did not have that situation of peace and tranquility. **I am very pleased that in such a short time I have recovered this so much needed Peace of Mind**." (Photo: Mr. Jorge Rodriguez T.)



## HOMA FARMING -THE SOLUTION FOR THE FUTURE OF OUR PLANET!



### WEEDS

before

with the application  
of Homa Farming  
Supertechnology.



**Observation: Agronomist  
Eng. Rosa Cortez Morales,  
Ministry of Presidency of  
the Republic of Peru**

With Homa Therapy the weed is controlled after 3 cuts.

- 1) The weed "Arrocillo" degenerates at approx. 50 cm height
- 2) flowers
- 3) becomes spares
- 4) and then disappears.

### ANTS

Plantations, using conventional methods, have a high incidence of ants (Itaca), which can destroy a leafy tree in one night.

Many government agencies, which give technical support to the farmers, tried to control these ants by use of:

- pesticides
- mechanical methods (such as placing transparent plastic at the foot of each tree)
- non conventional methods (such as burning the nests with gasoline)

All were without any positive results - **The population was back in 15 days.**



**With the Practice of Homa Farming and the application of Agnihotra ash, the ant population was diminished and disappeared step by step within 2 weeks.**

**Observation: Agronomist Eng. Carlos Jauregi Sanchez, Ministry of Presidency of the Republic of Peru**

## EVENTS in CAJAMARCA, PERU, SOUTH AMERICA



**Audio-visual presentation of Homa Therapy in the State Hospital EsSalud of Cajamarca in the sector of Complementary Medicine.**



**The Director of Complementary Medicine, Dr. Arturo Paredes,** showed great interest in learning more about this Science of Ayurveda after



**talking with Prof. Abel, who then was invited to present this "Vibrational Medicine" in the hospital.**

**(Photos on this page show the presentation and practice of Agnihotra fire in the area of Complementary Medicine in the Hospital Essalud of Cajamarca.)**

## ECO NEWS



### Chuck Norris knocks GMO crop cold: Organic food is superior nutritionally, environmentally.

**08/14** Several recently released studies independently and concurrently reveal that the quality of food is directly related to how it is grown.

Says Elaine Ingham, chief scientist at the Rodale Institute, which conducted one of the studies: "The current toxic-chemical approach to growing our food destroys the life of the soil with pesticides, herbicides and high levels of inorganic fertilizers. [Today's so-called conventional farmers and the giant agribusiness companies that supply them] are destroying the support system, developed by nature over the last 4 billion years, that grows healthy plants."

In times of severe water shortage, organic fields not only can produce a more successful crop, according to the FST, but also contribute to our drinking water reserves.

Please read more at <http://www.wnd.com/2014/08/chuck-norris-knocks-gmo-crops-cold/#oXuZjP9F3jgdoCVt.99>

### 8 Shocking Health Effects from the Fukushima Disaster

16th June 2014 by Dr. Edward F. Group

It has been a couple years since the Fukushima disaster but the ruins are still smoldering and the negative health consequences are more pronounced than ever.

The somewhat indifferent response from many governmental health agencies around the world to the Fukushima disaster was perhaps more shocking than the disaster itself. Authorities around the globe assured us not to worry, claiming any radiation that had come into contact with citizens was well below the detectable and harmful level. The message is clear, everyday citizens can longer rely on their government for protection.

As tons of radioactive water continues to spill into the Pacific Ocean, many national health agencies have raised the standards for acceptable radiation exposure to reinforce their absurd statements.

**The previous standards for 30 years of radiation exposure would have generated a cancer rate of 1 in 10,000. Now that radiation standards have been raised** (thanks to the Obama Administration's green-lit effort to increase radiation exposure to 2,000 millirems), the cancer rate from 30 years of exposure is now at 1 in 23!

**What other problems have sprung up since the nuclear disaster in Fukushima?** For more information please see:

<http://www.globalhealingcenter.com/natural-health/health-effects-fukushima-disaster/>



### Kola can cure Ebola – Prof. Maurice Iwu

The **Garcinia kola** compound has been shown to halt multiplication of the virus in the laboratory. If repeated in humans, this would give the body a chance to fight off the virus.

More information at: <http://ireport.cnn.com/docs/DOC-1157953>

## EVENTS in CAJAMARCA, PERU, SOUTH AMERICA



Also the **people working in the marketplace** came to know about the benefits of Homa Therapy. They were invited by **Dr. Leopoldo Quispe** to participate in this healing technique, which is always free of charge. (photo above)



**Presentation of the benefits of Homa Therapy in the Clinic 'San Martin de Porres', organized by its director Mrs. Rosa Gálvez**, who recently had started the practice of Agnihotra. The decision was made to continue Agnihotra in this health facility 3 times a week in order to support the community.

(photos left and below)



At Agnihotra time, we all sang the Mantras unison and a deep, healing silence took over from within. That left us being grateful for the Healing received in body and mind.

## EVENTS in CELENDIN, CAJAMARCA, PERU, SOUTH AMERICA

Mr. Cesar Galvez, Ms. Rosa Galvez and Dr. Leopoldo Quispe took us to the village Celendin, a few hours away from the city Cajamarca, deeper in the Andes.

We had the honor to present Agnihotra ancient healing technique, which helps to improve our health and also our family's.



The word spread fast and more people came to witness Agnihotra and hear some amazing testimonies of health and wellness. Everyone wanted to receive a bit of its healing ash. The town mayor got his Agnihotra kit.

(photos this page)



## EVENTS in CELENDIN, CAJAMARCA, PERU, SOUTH AMERICA

Introducing Homa Therapy with video testimonies to a group of **'Ronderos' and their families. They are caretakers of an area, and vigilants of crimes.** These are peasant families living on their farm, sometimes hours of walking from the village.

Even here, seemingly in the middle of a beautiful nature, people suffer from a wide range of diseases.

Practicing these simple and easy Homa techniques, life can become better.



**Dr. Leopoldo, Mr. Cesar and Ms. Rosa** brought Homa Therapy there to bring hope with this ancient technique of medicinal Fires.

(Photos - top: the leaders of the Ronderos - Dr. Leopoldo in the middle; left: during the Vyahruti Homa; below: Prof. Abel during the introduction to Homa Therapy.)



Family gathering at the **Hostal "El Cabildo"** of Mrs. Mary Posadas Villar.

It ended with the **practice of Agnihotra.**

(photo right)



## EVENTS in CAJAMARCA, PERU, SOUTH AMERICA

On Mondays, Wednesdays and Fridays, Agnihotra is shared at the **Clinic 'San Martin de Porres'** in Cajamarca.

The public is invited to participate and receive the healing Agnihotra ash. This is a free service.

Prof. Abel also teaches simple therapeutic exercises, like sitting and breathing correctly.

**(photo right and below)**



During Agnihotra we breathe deeply, filling ourselves with the healing energies emanating from the Fire, and we feel peace within ourselves and with the world.

***What a joy to live in this state of harmony!***

Through different TV channels the community is invited to know and experience Homa Therapy. **(E.g. photo left during an interview with renown journalist, Jorge Pereyra.)**

## EVENTS in SAN MARCOS, CAJAMARCA, PERU, SOUTH AMERICA



In the town San Marcos, **Mr. Teofilo Arroyo** organized a Homa presentation.

When we arrived, the room was full of people, curious to learn and know more about this new Homa technique in order to help themselves and others with health problems.



Prof. Abel asked about their illnesses. Then he showed testimonies of people who had suffered from the same or more severe sickness and got healed through the regular practice of Agnihotra and taking its healing ash.

**During Agnihotra a calm and silence took over our minds and all participants remained still, enjoying the sigh of the soul.**

Prof. Abel also spoke of Homa farming and the importance of healthy food to maintain good health. **(photos this page)**

## EVENTS in CAJAMARCA, PERU, SOUTH AMERICA



On Thursday, we met again in the **State Hospital EsSalud** in the area of **Complementary Medicine** to continue

teaching Homa Therapy and show its many benefits. Prof. Abel also taught some **yoga exercises to strengthen body and mind** and we heard some **live testimonies** of people who had participated in several Agnihotra sessions.



**Dr. Arturo Paredes** practiced Agnihotra with his kit and suggested to continue doing it for the benefit of the public on Tuesdays and Thursdays in this hospital. It seems that heaven was very happy and **an angel appeared in the flame, healing all hearts present.** (photo left)

## EVENTS in SAN MARCOS, CAJAMARCA, PERU, SOUTH AMERICA



Again we went to **San Marcos** to train the people who wanted to practice this Homa healing technique and share it.

(photos left and above)

## EVENTS in CAJAMARCA, PERU, SOUTH AMERICA

The **Agnihotris** of Cajamarca were invited to learn how to **prepare some of the Agnihotra ash home remedies** and how to **clarify unsalted butter to produce Ghee for Homa Fires.**

(photo right)



We ended the workshop at the **Hostal 'El Cabildo'** with Agnihotra. Then, there were many questions and answers about the correct practice of the Homa fires.

(photo left)

## EVENTS in SAN PABLO, CAJAMARCA, PERU, SOUTH AMERICA



The knowledge about Homa also came to the town **San Pablo**. People gathered quickly to find out more, without previous notice.

**(photo left)**



They were fascinated to learn of the many applications of this simple technique, not only for health but also for agriculture, animal husbandry, ecology and the environment.

**(photo right)**



All received the healing Agnihotra ash that **Mr. Cesar and his wife Judith** lovingly packed, so some could also be taken home and shared with the family.

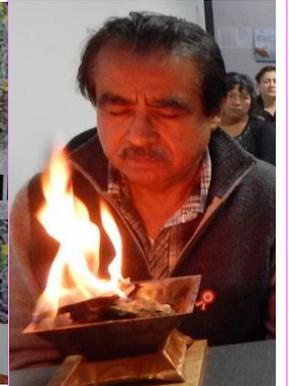
**(photos right.)**



## EVENTS in CAJAMARCA, PERU, SOUTH AMERICA

*By God's grace, on this trip to Cajamarca, invited by Eng. Luis Tafur, Eng. Absalom Vasquez and his advisers of 'Cajamarca Siempre Verde', many Soldiers of Light manifested, carrying healing and wellness forth with Homa Therapy.*

Most Homa attendees confirm to feel more cheerful and happy! And this condition cannot be bought, even with all the money or gold in the world.



Sharing Agnihotra Fire in the Clinic 'San Martin de Porres' with Ms. Rosa Gálvez (first to the left in photo above). The Volunteer, Mr. Cristobal Sandoval (above far right) guides Homa Therapy there with the help and assistance of Selina (8 years old, pictured above center), who loves Agnihotra and the Mantras.

## EVENTS in PIURA, PERU, SOUTH AMERICA

Back in Piura, we continue sharing the joys and benefits of the healing Fires with many practitioners and friends of Homa Therapy in the hospitals.



## EVENTS in PIURA, PERU, SOUTH AMERICA



On Thursdays in Piura, women gather for the **'healing circle'**. We take turns doing **Tryambakam** (photo below left). Then we practice **Agnihotra** (pictured above), sing and/or dance (photos below) **with the intention of bringing Healing, Peace, Harmony and Love to the planet and certain areas of conflict.**

**The Homa Fire acts as a generator of Divine Light and our prayers are 'May His will be done.' We feel that through this 'healing women's circle' we approach a level where no words are necessary for communication, where a smile and a hug always arrive and where we realize that we are ONE as sisters, all by Grace through the Homa Fires.**



## EVENTS AROUND THE WORLD - QUINDÍO, COLOMBIA, SOUTH AMERICA



The **Homa Medical Center "La Botica de la Abuela"** accompanied the Solstice celebration held at the Center for Spiritual Awakening 'Oceano' in the town **Finland, Quindio**. In the photo, the director of the Botica de la Abuela, **Dora Betancur** doing **Vyahruti Homa** during this event and teaching the **Gayatri Mantra**.



One of the daily activities in the Botica de la Abuela is "**the meeting of weavers**", which, in this holiday season, encourages children to participate. In July, we did a mandala workshop, guided by **9 year-old Maria José**. (photo above)

Agnihotra healing technique is practiced in the Homa salon every evening with several pyramids. ***This intense Homa healing energy radiates for the welfare of participants of different ages.*** (photo above)

On June 21st, we celebrated the **solstice** as an activity in which we reflected on the cycles of life and seasons within us.

We began this activity with the Vyahruti Homa, continued by the workshop 'The Magic of the speaking and singing voice'. We also danced in honor of the approaching summer season. (photo right)



## EVENTS AROUND THE WORLD - MEXICO, CENTRAL AMERICA



**Therapist Michelle Balandra wrote about her visit to Mexico City:** "I was teaching Agnihotra to a wonderful group of women. We had a beautiful morning sharing Agnihotra and Agnihotra ash medicines."  
(Photo above during the 'Women's Healing Circle' and pictured right Ms. Michelle doing Agnihotra.)



## EVENTS AROUND THE WORLD - GUAYAQUIL, ECUADOR

We received greetings and these cute photos from the Centre of Medical Biomagnetism of Dr. Sandra Mercado. In these photos, therapist **Elizabeth Quijije** is doing Agnihotra, then with her daughter **Valentina**, who loves the Homa Fires as do her brothers **Ronald (12)** and **Gregory (6)**.

*Let's recall that the practice of the medicinal Homa Fire helps children in their development (physically, intellectually, emotionally, spiritually, etc.)*



## EVENTS AROUND THE WORLD - COCHIGUAZ, CHILE, S. AMERICA



**Mrs. Cecilia and her husband Francisco sent white greetings from the Fire Valley, Cochiguaz, Elqui Valley, Chile.**



## EVENTS AROUND THE WORLD - DELHI, INDIA



**Mother Saroji and Mrs. Akan-ksha Malik** wrote from the **Homa Center in Delhi:**

"These pictures are from today's Agnihotra session, containing the preparation of Agnihotra Fire. We are sending much love. In the service of the Divine. Om Shree Om."

## EVENTS AROUND THE WORLD - EGGERSDORF, AUSTRIA, EUROPE

**Reiner Szcypior** wrote about the celebration of 'Earth Day 2014' in **Paradise Garden Painer, Eggersdorf, Austria:**

"Once again this year **Peter and Roswita** invited to celebrate Earth Day and learn about topics of interest such as:  
a) the effects of **EM** (Effective Microorganisms) composting in ponds and plants  
b) how to **avoid plastics** in our daily lives, etc.



The meeting ended with the practice of Agnihotra. This 'Earth Day' has been a wonderful day with wonderful people." (**photos right and below**)



## EVENTS AROUND THE WORLD - CARACAS, VENEZUELA, SOUTH AMERICA



Mrs. **Tania  
Margarita  
Barreto  
Álvarez** sent  
the photos on  
this page and  
wrote from  
**Caracas,  
Venezuela:**

**AGNIHOTRA FIRE IN THE PLAZA OF THE MUSEUMS CARACAS**



"On Wednesday, July 9th, we met in Fine Arts, Museum Plaza Caracas to perform the Agnihotra Fire at sunset.

The girls came and participated with their laughters and dancing in this majestic moment. OM SHREE"



## MESSAGES FROM SHREE VASANT

We do not claim Agnihotra to be of any religious origin. It is a tool which allows us to become more understanding of the problems of others, the problems we are faced with in the world, the negativity, the air pollution. This itself enables us to become more full of love. Hence science paves the way to the Kingdom of Heaven which lies in each of us.

This is the answer to be given to all the universe.

Let the planet vibrate the message of love. Let Agnihotra be taken to all people, all across the globe.

If you think others should practice Tapa, self-discipline, you practice Tapa. If you want others to do good unto you, do good unto others. Learn from your own experiences. What makes me happy? What brings me greatest joy? You will find many times it is when we are truly serving others that a great feeling of fulfillment comes over us.



Now everywhere you go, do Yajnya and Agnihotra. Do it openly and those who are ready to receive this ancient healing technique will come to you. No need to go out and knock on doors. People are drawn to the fire. Let it be in that manner. We are not recruiting people. This is not a group seeking members. Agnihotra is a process through which spiritual growth is heightened but Agnihotra is not just for this. Whole planet can benefit from its miraculous effects.

Concentrate on that which is healing and full of love. Never negate; never criticize; never judge. That which has been given to you is not to be taken lightly. It is by Grace so many chances are given. Now this is the last chance and greatest blessing.

If you focus on this love it will uplift you and you will know exactly what is the next step in life. All comes in silence. Restore harmony between you and be full of Divine Love that fills the atmosphere here in this sacred place.

## FROM ORION TRANSMISSIONS (as received by Parvati Bizberg, Poland)

### **On Higher Communication**

Yes, yes. Focus within. These days are quite intensified. One must be focused totally on the Light. Therefore, it is suggested, not only during these days but all days, beings meet and support one another more regularly, more consistently.

It is vital to maintain the women's circles as you have here, as the women will be leading more and more from their hearts. It is via heart-to-heart communication that worlds unite.

When we speak of higher communication, what we are referring to is not country-to-country, as in international relations. It is between worlds, between realms of consciousness and between beings of Light and those in human form. This is what one might call 'far out!' Listen now.

Beings of other realms are quite accessible now, more than ever before in the history of your civilization. Because communication has reached a more subtle level, there are a greater number of beings now able to access these dimensions. Many of these beings are normal, average people who often late in life, or very early in childhood, have discovered this seemingly uncanny ability.

For children, it is more natural, as they have come more recently from other worlds, other realms. For people later in life to discover the ability to perceive and communicate with beings on other planes, can be quite disconcerting, until they are able to integrate this new ability into their own awareness.

Our vehicle's work is about to expand, and this will open up possibilities for greater joy,

as well as increase in otherworldly communication, which will now be shared more freely not only elsewhere, but in Poland as well.

Be aware that the consciousness levels are shifting swiftly on this planet. In particular, in Poland, there will be a huge resurgence of awareness. There are a greater number of beings searching for truth in Poland than in any other countries in Europe.

Blessings to all. OM TAT SAT.

### **Manifestation Begins Within**

Yes, yes. As far as 'security' goes, you have the greatest security of all. Though it appears to be on the subtle level, it is actually a sturdy foundation on all levels.

Evaluate each and every being's role and see how to complete the tasks required to manifest Divine Will, individually and as a tribal unit.

Going within is the only true way to access Divine energy required to manifest the blueprint for each individual being—all components in the whole. Go within and allow your spirits to be activated. Their true manifestation will come like the opening of floodgates to the soul. In such a rarified healing atmosphere, every seed planted metaphorically—in the gardens of your souls—will grow. Of this, be certain. Manifestation begins within.

Be ready.

Be willing.

Be able.

Yes, yes, blessings do abound! OM.

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