

13th Dec.  
2015

## HOMA HEALTH - NEWSLETTER #116

print Newsletter

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**EDITOR's NOTE**

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**HOMA HEALINGS**

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**MESSAGES FROM  
SHREE VASANT**

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**FROM ORION  
TRANSMISSIONS**

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### EDITOR's NOTE

#### SOME THOUGHTS

##### What to do when you:

- a) Lose your job
- b) Break up
- c) Get divorced
- d) Get sick
- e) Lose a very dear relative or friend
- f) Get insulted, abused, cheated, etc.?

##### Well, you can:

- a) Blame someone
- b) Scream at someone
- c) Sit or lay down to cry nonstop
- d) Hit someone or something around you
- e) Feel depressed and do nothing
- f) Listen to the people around you
- g) Get up and try again (don't give up)
- h) Meditate on the causes and lessons behind this experience
- i) Fight back
- j) Do x, y, z, etc.

Yes, yes, yes, there are innumerable amounts of different problems that we might have to face as well as there are innumerable amounts of solutions that we can implement.

##### We can also see:

- 1) injustice everywhere
- 2) the law of Karma operating
- 3) life as a continuous struggle or fight to go forward (???)
- 4) our greatness and our nothingness as two sides of the same coin
- 5) much more

***As we dive into the practice of the Fivefold Path (FP), our perception clears, our understanding expands and the Divine Hands are felt protecting and guiding us.***



**Happy Nativity with the Light of Love in your heart! A wonderful New Year 2016 with many achievements and self-discoveries.**

***We can ride on the waves of life without drowning.***

***We can be the players and the observers in the game of life.***

***We can be the doers and the watchers.***

***We can be the subject, the object, and the action.***

***We can see the changes occurring in front of us, and we can also see the immutable Light Source behind the projection of these movies.***

***We can experience peace inside, even in a chaotic surrounding.***

***And let us remember that with the practice of Agnihotra we can grow in love, celebrate a joyful life and realize the Divine within and without.***

***May the joy of Christmas reactivate and enhance compassion and kindness in all hearts. May you enjoy the Blessings of the Divine Gift – the Homa Fire "Agnihotra".***

**OM CHRISTMAS OM  
OM SHREE OM**

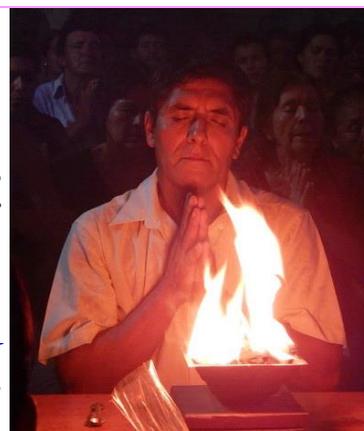
Your experiences, comments, questions, suggestions and stories for the Homa Health Newsletter are welcome; Please write to Abel Hernandez & Aleta Macan at [terapiahoma@yahoo.com](mailto:terapiahoma@yahoo.com). Thank you!

## HOMA HEALING STORIES

**Jaime Diaz Arevalo**  
Municipality Utcubamba  
Bagua Grande, Amazonas, Peru

"I am 54 years old. I suffered from **migraine headaches since childhood**. Every day, I had to take pills and tablets. After I heard the invitation to Homa Therapy through the loudspeakers in the park, I came to the auditorium of the municipality.

*Now, my head does not hurt any longer. I am cured. I continue participating in Agnihotra and taking the Agnihotra ash. I also have my own kit."* (Jaime Arevalo)



**Alicia de Montalvo**  
Municipality Utcubamba  
Bagua Grande, Amazonas, Peru

"Before, my husband used to get angry about anything. *Now his behavior is moderate.*

I was **very allergic to smoke**. My pneumologist forbid me completely to be exposed to cigarette smoke or anything alike. *However, the Agnihotra smoke is*

*healing. Now, I have been cured of my problem."*

**Segundo Montalvo Cubas (husband of Mrs. Alicia)**

"I am 48 years old. **I have been suffering of an accelerated heartbeat, my heart was racing**. With the practice of Homa Therapy, the disease is controlled. I also suffered from **gastritis**, which so far has also disappeared. And I have another disease that is **prostatitis**, it is much better now. I do not take the pills. *After 5, 6 days of Agnihotra practice, I began to notice these positive changes.*

In relation to my wife, one day I told her to come and participate just out of curiosity. She **suffered from asthma and used to need inhalers**. Now **with Homa Therapy, she breathes well and does not need inhalers any longer."**

(Photo: Mr. Segundo and his wife Alicia Montalvo practicing and sharing Agnihotra in Bagua Grande)

**Luz Bravo Romero**  
Bagua Grande, Amazonas, Peru

"I am 65 years old. I came to know **about Homa Therapy first in the Center for Disabled people** one year ago. And I had right away an experience with the Agnihotra ointment. I had been told that I had **arthritis and a curved spine. I had a lot of pain**. I was told that I needed to go for rehabilitation. But, **only with applying the Agnihotra ointment, my pain was relieved.**

Coincidentally **my husband also suffered from pain in his knee**. It seemed to turn sideways. I told him about the **Agnihotra ointment and I applied it on him. Then he told me, that the pain was gone.** I have a lot of faith in the Agnihotra Fire."



(Photo: Mrs. Luz Bravo)

## HOMA HEALING STORIES



**Prof. Lastenia Baca Campo**  
Lonya Grande, Amazonas, Peru

"My son, Frank Emerson Carrasco Baca, 24 years old, had very **strong stomach pain**. So I took him to Lima on a sleeper bus directly to the clinic Cayetano Heredia. They diagnosed him with "**Helicobacter pylori**". It was very "**advanced**" and he had "**erosive ulcers**". Doctors gave him very strong medicine. Then we left for Cajamarca, where he studies. I left him with the prescribed allopathic medicine and a jar of Agnihotra ash. When I returned to Cajamarca, I found that he had taken less than half of the prescribed allopathic medicine.

Then I called his attention, telling him that the doctor had clearly said that there was not one day when he could not take this medications, otherwise, he would not heal. However, he told me that the medicine produced him dizziness and he was not able to attend the university classes and take exams. (Photo: Prof. Lastenia Baca Campo doing Agnihotra.)

**So he had decided to take the Agnihotra ash only. After 3 months, when we returned to Lima, the doctor checked him again and found that the erosive ulcers were gone and he had no longer the Helicobacter pylori.**

Also, two years ago, a "**malignant parotid carcinoma**" was found in my daughter, **Sani Carrasco Baca**. She was told that it was already moving through the lymphatic system. **She had 3 swollen lymph nodes in the neck area**. I, as a mother, was totally devastated. So I went to the priests and pastors, and everywhere. And I also started doing the Tryambakam Homa, almost every day, week after week, constantly. I also visited her in Cajamarca and continued doing Agnihotra and Tryambakam, much Tryambakam Homa. My daughter went to Cuba. She was operated there and then returned to Peru. **Everyone said that "my daughter cannot be saved."**

But, ***I had faith and continued and continued with prayers and Homa fires. Then, they did tests and scans and they found no cancer anywhere.***

Another thing that happened to my daughter, was **she got burnt** one day while cooking. **A pan of boiling oil spilled onto the chest and abdomen**. She was in **great pain** and her husband wanted to take her to the hospital. But she remembered that I had left a glass of ghee and had told them that this could help them for anything. She wanted to calm down the pain before leaving for the hospital. So he bathed the entire burned area with ghee and covered her with a sheet.

**After a while, the pain disappeared and when they were about to leave for the hospital, the removed the sheet and there was nothing, nothing, not a blister, not even red zones. She was completely well. They could not believe it."**

**Maribel Chamaya, Bagua Grande, Amazonas, Peru**

I brought my mom with "**burning sensations in the body**". She has been suffering from this for three years. **After participating in the Agnihotra healing sessions for one week and taking its ash, she feels great!**

I was also suffering from "**kidney pain**" for 2 years. I could not even get up. **Now, nothing hurts! I only take the Agnihotra ash 3 times a day and come to the Agnihotra Fires.** I also give this Agnihotra ash to my child and it makes him sleep well. **My sister is also participating in Homa**

**Therapy and gives her children the ash as well and they are now eating more, sleeping better and behaving better. They are no more rebellious as before.** I thank God, Homa Therapy and the Agnihotra ash."



(Photo: Mrs. Maribel Chamaya with her son)

## HOMA HEALING STORIES

**Consuelo Turkoosky Torres**  
Municipality Utcubamba  
Bagua Grande, Amazonas, Peru

"I came with great pain in the kidneys, due to kidney stones and a urinary tract infection. I also suffer from severe headaches.

*But I have come to Agnihotra, I have taken its ash and now I feel calmer. Thank you."* (Photo: Consuela Turkoosky)



**Maria Ochoa**  
Municipality Utcubamba  
Bagua Grande, Amazonas, Peru

"I am 52 years old. This year, when you came for the first time, I was suffering from **insomnia and high blood pressure. I could not sleep.** I was taking sleeping pills. I have had that problem for 7 months.

**From the first time participating in Agnihotra and taking its ash, I felt good. Now I sleep and do not need to take pills. My blood pressure is also normal.** I took pills for blood pressure for over a year, I was in bad shape for I was not being able to sleep. Now I almost sleep too much. I barely finish the evening Agnihotra and fall asleep. I continue to take the blood pressure pill once a week because the doctors tell me that I should take it."

(Photo: María Ochoa)

**Maria Santos de Gonzales**  
Municipality Utcubamba  
Bagua Grande, Amazonas, Peru

"I first saw Homa Therapy in the Social Security Hospital and then I came to the town hall. I **suffered from heartburn and bitterness in my mouth. My shoulder also hurt. Now I am well and I feel better.**" (Photo: María Santos de Gonzáles)



**Reyniera Rioja Pérez**  
Municipality Utcubamba  
Bagua Grande, Amazonas, Peru

"I am 70 years old. I came to the Homa Fires five days ago. I was in a very bad shape. **I could not walk, I hurt all over. Besides that, my breasts were swollen and my nipples hurt. My belly ached too, and touching it I felt a mass, a tumor.** Then I went to the doctor. They did an ultrasound and then the doctor told me I had **cysts in the breast and abdomen.** So I was waiting for the operation, but thanks God, I heard about Homa Therapy and I was brought here.

*I participated in Agnihotra and took its ashes with love, with affection and with great faith. And now I can walk.*

*Thank God for the ash and the Fire. I'm recovering. I have no more pain in the breasts and the abdominal mass is reducing."* (Photo: Reyniera Rioja Perez)

## HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!



### HOMA FARM 'JOSELITO' Loma Negra, Piura, Peru - Part II

**Agronomist, Eng. Hernan Posas says:**

**"I have over 50 years of experience in growing bananas.**

**Comparatively speaking about productive plantations with meristem plants and conventional banana plantation, the experience in our banana farm in Alto Piura has been very good, in spite of being hit for not having proper water.**



**With the implementation of Homa Technology, we have been able to achieve this banana plantation, enhanced and in full production.**

**We estimated a delay in parturition / production of this template (Ro) and also a small and inferior cluster. However, the delay was less than estimated and the cluster was better in size and quality. This is already a great guarantee for better results in terms of productivity. We believe this result was made possible by our practice of Homa Farming Technology."**

**Photos: -1st row: The banana plantation "Joselito" with healthy and productive plants. -2nd row: Eng. Hernán Posas practicing Agnihotra at the farm. The clusters arrive by cable rails from the field. It is a production free of pests and diseases. These are organic, nutritious bananas charged with Homa energy. Founder, Lic. José Luis Posas, made posters, advertising "Our banana makes you happy." And so it is!**



**Photo above: while workers are washing and organizing the fruits, their health and general wellbeing is improved by simply being in the Homa atmosphere.**

**HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!  
HOMA FARM 'JOSELITO' in Loma Negra, Piura, Peru - cont.**



These Bananas, variety William of Musterion Inca of Peru, Sac. are exported to the United States, Europe and parts of Asia. Besides being nutritious and tasty, our bananas are filled with healing energy. A Homa product is beyond top quality.

*Bon appetite, enjoy these bananas!*

**Photos: Chain of banana processing: selection, washing, weighing, labeling, packaging, etc. The boxes are transported in specialized trucks to the seaport of Piura.**

*- Joy from Peru to the World!*



In addition to its banana project, the Company Musterion Inca of Peru, Sac., has implemented a **project of social responsibility in nearby communities such as Yécala, Cruz Verde, Cruz Blanca. It is aimed at education, health, environmental activities, etc., which generate chain development and economic growth for the whole area.**

**Photos: Education for raising awareness in the parents and children in relation to environment, the school infrastructure, the cuisine, etc.**

More about the Homa Banana Farm 'Joselito' in the next Newsletter.



## ECO NEWS



### BYE, BYE BANANAS

By Roberto Federman, December 04

In the mid-1900s, the most popular banana in the world—a sweet, creamy variety called Gros Michel grown in Latin America—all but disappeared from the planet. At the time, it was the only banana in the world that could be exported. But a fungus, known as **Panama Disease**, which first appeared in Australia in the late 1800s, changed that after jumping continents. The disease debilitated the plants that bore the fruit. The damage was so great and swift that in a matter of only a few decades the Gros Michel nearly went extinct.

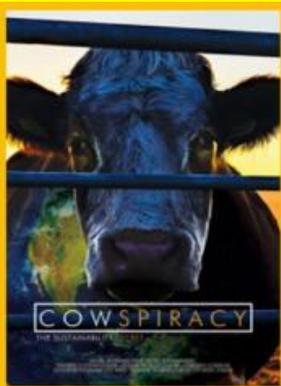
Now, half a century later, **a new strain of the disease is threatening the existence of the Cavendish**, the banana that replaced the Gros Michel as the world's top banana export, representing 99 percent of the market, along with a number of banana varieties produced and eaten locally around the world.

And there is no known way to stop it—or even contain it. To read the article:

[https://www.washingtonpost.com/news/wonk/wp/2015/12/04/the-worlds-most-popular-banana-could-go-extinct/?tid=pm\\_business\\_pop\\_b](https://www.washingtonpost.com/news/wonk/wp/2015/12/04/the-worlds-most-popular-banana-could-go-extinct/?tid=pm_business_pop_b)

### Apache Blessing

**May the sun bring you new energy by day,  
May the moon softly restore you by night,  
May the rain wash away your worries,  
May the breeze blow new strength into your being,  
May you walk gently through the world and know  
it's beauty all the days of your life.**



### COWSPIRACY - The Sustainability Secret

Darren Aronofsky

***"Cowspiracy may be the most important film made to inspire saving the planet."***

***— Louie Psihoyos, Oscar-Winning Director of "The Cove"***

***"A documentary that will rock and inspire the environmental movement."***

***— Darren Aronofsky, Director of "Noah" and "Black Swan"***

***"The Sustainability Secret"*** is a groundbreaking feature-length environmental documentary following intrepid filmmaker Kip Andersen as he uncovers the most destructive industry facing the planet today – and investigates why the world's leading environmental organizations are too afraid to talk about it. ***Animal Agriculture is the leading cause of deforestation, water consumption and pollution, is responsible for more greenhouse gases than the transportation industry, and is a primary driver of rainforest destruction, species extinction, habitat loss, topsoil erosion, ocean "dead zones," and virtually every other environmental ill. Yet it goes on, almost entirely unchallenged.*** To see the movie: [https://www.youtube.com/watch?v=TtAhBdv\\_R28](https://www.youtube.com/watch?v=TtAhBdv_R28)

## EVENTS in PIURA, PERU, SOUTH AMERICA



Homa sessions daily at the **State Hospital 'Jorge Reategui'**. We practice the healing technique Agnihotra with Mantras.

Prof. Abel also shares a variety of therapeutic exercises to strengthen the body and vitalize organs.

*The massive practice of Agnihotra ignites the Divine Light and Devotion in every heart.*



## EVENTS in BAGUA GRANDE, AMAZONAS, PERU, SOUTH AMERICA

For the third time, invited by **Mayor Manuel Izquierdo** and **Eng. Luis Tafur**, we took a bus to reach Bagua Grande in the Amazon Department. The joy was great to see that the **Homa meetings continue** in the Municipality, 3 times a week.



The Homa volunteers are **Antonio Izquierdo** (the mayor's father), **Segundo Montalvo** and the ladies **Victoria Monteza** and **Celina Bocalla**.

**Photo Above:** Prof. Abel asking attendees if they felt improvement with their problems. Almost all experience relief, improvement or complete healing of their aches and pains.



**Photo left:**  
Caring, strengthening and training the body and mind with physical exercises and rhythmic breathing.

**Photo below:**  
Sharing Agnihotra in the auditorium of the town hall of Bagua Grande, relaxing and breathing the balancing energies of Agnihotra Fire.



## EVENTS in BAGUA GRANDE, AMAZONAS, PERU, SOUTH AMERICA



Photos above and right:

*The atmosphere of silence created by Homa Fires are godsend for the recovery and a Jubilee for the soul.*

Agnihotra ash is always given at the end of the Homa sessions. This powerful medicinal ash is taken and applied in accordance to the health problems and the instructions given.

**Photos below:** People of all ages participate in Homa Therapy and enjoy the exercises. In the auditorium all seats are filled with people seeking health.



**Agnihotra takes them beyond their wishes for health to true happiness!**



**EVENTS in BAGUA GRANDE, AMAZONAS, PERU, SOUTH AMERICA**



This was an interview on **Radio "Candela" (Fire)**. Prof. Abel invited the sick and/or curious to the free Homa Therapy sessions. **(photos above)**



*At sunset, the Municipal Library was filled with smoke from the healing Agnihotra fires. People with allergies, asthma, sinusitis, etc. breathe deeply and many of them can stop using the inhalers.*

**(Photos above and left)**

## EVENTS in NUEVO PIURA, AMAZONAS, PERU, SOUTH AMERICA

Homa promoter and dear brother, **Eng. Luis Tafur**, took us to the village Nuevo Piura on the heights of the Andes, after few hours ride from Bagua Grande. There, the **Professors** and **Agnihotris** of many years, **David Echeverría** and **Abel Mondragón** together with their wives, awaited us, ready to install a "**Homa Resonance Point**" on their land.

**(See photos)**

They grow cocoa, rice and other grains.



*This is now another Point of Light, emanating Healing Homa energies for Mother Earth, who gifts us with all we need for our bodies. We receive her abundant harvests, her crystal clear water, her refreshing winds and air and all other elements; and last but not least, gives us our life!*

Most of us are only receiving and receiving foods and returning garbage or poison to the earth. Are we acting as parasites? **The Vedic knowledge teaches us that through the practice of Homas (Yajnyas), we contribute to the "Circle of Life".**

Returning to Bagua Grande, we crossed the Utcubamba river with a raft, a fun way to travel. This has been another day full of many blessings.



## EVENTS in BAGUA GRANDE, AMAZONAS, PERU, SOUTH AMERICA



Prof. Abel led the group with exercises of **"Therapeutic Yoga"**, showed videos and documentaries about the effects of Homa Therapy, answered many questions and clarified doubts. Aleta taught the Mantras until Agnihotra time.

Then, the Agnihotra Fire with its silence took hold of our hearts and minds, transforming us ... We sang together aloud the Mantra **"OM SHREE"** which could be heard up to the Plaza de Armas. (see photo this page)



## EVENTS in BAGUA GRANDE, AMAZONAS, PERU, SOUTH AMERICA



We visited the **Homa Resonance Point Nursery in Utcubamba**, which had been installed in our previous visit, about 3 weeks earlier. The 2 necessary cabins for Agnihotra and Tryambakam were almost finished. **Manager Segundo Flores** with the help of **Rodolfo Alarcón**, who works there and a **group of mothers** continue with the daily practice of Agnihotra and are increasing gradually the Tryambakam hours up to 5 a day.

(Photo left: Prof. Abel and Manager Segundo Flores in front of the Homa huts.)



**Photo above** - We continue imparting the knowledge and deepening the training of the Utcubamba Nursery group in Homa Technology, Basic Mantras practice and Tryambakam Homa.

**Photo right - 2nd and 3rd - Professors David Echeverria and Abel Mondragon** arrived from Nuevo Piura to participate and deepen their knowledge in



**Agricultural Homa Therapy.** We also had the joy of welcoming **Agnihotris Gonzalo (5th in photo above)** and **Prof. Lastenia (4th)**, who came from Lonya Grande, Amazon.

## EVENTS in BAGUA GRANDE, AMAZONAS, PERU, SOUTH AMERICA



In the afternoon, in Municipal Auditorium, there was audio-visual presentation of Homa Therapy. At sunset we celebrated Agnihotra together with a cheerful heart and a grateful mind. **(photos right and below)**



*Every day we experience so many Divine gifts. Through the practice of the healing Homa fires we see pain relieved, problems dissolved, diseases disappearing,; we see happy children, happy families, faces with an expression of peace, tranquility; people on the path of awakening, with the desire to grow in love, forgiveness, acceptance, ...*

**Photos below and right:** Another day ends relaxed and happy with the Homa Fires and disciplining body and mind joyfully.



## EVENTS in BAGUA GRANDE, AMAZONAS, PERU, SOUTH AMERICA



*The last day of this vibrant stay approached. We took the night bus and left with a heart full of gratitude and wonder. We thank the Divine and the people for so many wonderful experiences and the love shared.*



**The Agnihotri group has grown stronger and stays with promoting video materials for teaching and showing the effects of Homa Therapy. They feel the desire to continue serving the community and arranged for 3 Homa meetings per week in the Auditorium of the Municipality. Eng. Luis Tafur, who often visits Bagua Grande and offers his unconditional support, recently told us that [over 100 people attend these healing Homa meetings each time...](#)**



## EVENTS in PIURA, PERU, SOUTH AMERICA



Back in Piura, there had already been scheduled:  
- **"Meditation"**  
- **The conference: "Fundamentals of Integral Health"**  
- **"Bioenergetic Homa Harmonization" meetings.**

This happened in the Auditorium of the Hospital Reategui with the support of the Nutritionist **Ana Maria Diaz.**



**Meditation transmutes us to a state of peace, wisdom, and bliss within.  
Meditation brings us to the "Kingdom of God".**



## EVENTS in PIURA, PERU, SOUTH AMERICA



Meeting with the group  
**\*ECOANIMALIA PIURA**, a Youth association dedicated to creating awareness in the community for protection of animals and the environment.

\*See Facebook

Prof. Abel talked to them about **"Conscious Nutrition"** and taught the Agnihotra technique. (see photos this page)

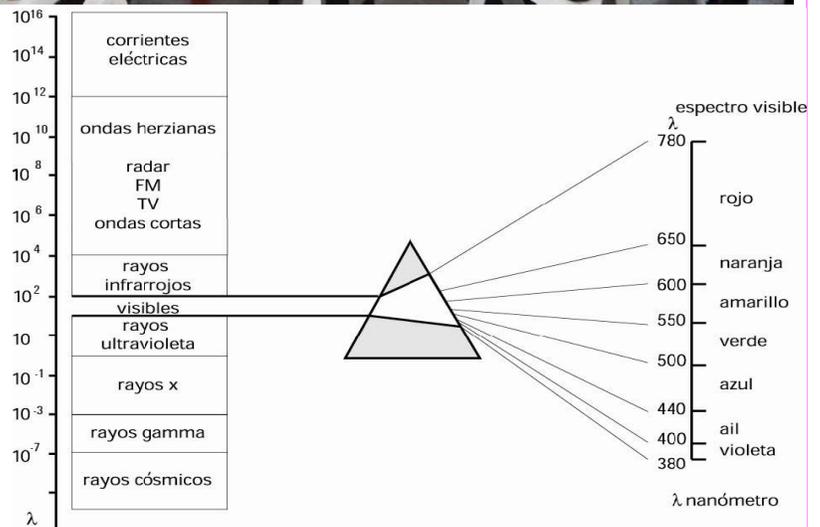
**Let's remember that:**

Not only we eat with the mouth, we also eat with the eyes, ears, nose, pores, etc.

Not only we chew with the teeth, we also chew with the brain and the heart.

Not only we assimilate proteins, carbohydrates, fats, vitamins, minerals, trace elements, etc.

We also assimilate external vibrations (e.g. electromagnetic waves) and internal vibrations (thoughts, emotions, etc.). We could call 'Food' all that enters our body, mind or heart and affects us in one way or another. The entire electromagnetic spectrum is a part of that meal. (see diagram)



## EVENTS in PIURA, PERU, SOUTH AMERICA

Homa Therapy in the Hospital Reategui, in the area of Complementary Medicine (Monday to Saturday).  
**Dr. Marisol de la Rosa, Prof. Cesar Gonzales, Mr. Francisco Peralta, William, and other volunteers** teach and share Agnihotra.



***"Coming Home"*** - is the feeling that inundates many of us in front of the Agnihotra fire. Its warmth, its light pulls us inward and connects and enlivens the light of our hearts. ***This union of lights is like the homecoming, the feeling of being where we belong.***

**Photos of this page show several Homa meetings**



## EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



**Dr. Montufar from the Homa Medical Center "The Good Shepherd" invited us to share Agnihotra for a couple of days, coming to know his patients and the most recent cases of healings achieved with Homa Therapy. (see photos above, left and below)**



*Homa Meeting in AMARANTO, Gourmet Vegetarian Restaurant*  
(photo below)



## EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



**Photos this page:** There was much joy and wonderful news to share in this tribal re-encounter of "**Souls of Fire**" in AMARANTO or as we sometimes say '**Amar-Tanto**' (**Love so much**). The Agnihotri couple, **Patricio and Mari** are the custodians here.

**Photo left:** A young woman, who could not move, nor sit, was brought lying in the back of the truck facing sun and rain on the 2 hour trip from Salinas, where she lives. She arrived with the help of her partner, parents and friends. Her parents started the practice of Agnihotra that day.



## EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



That Sunday, Agnihotris also arrived from different parts of Ecuador, such as Babahoyo, Quevedo, Esmeraldas, Vinces and visitors from the US, Brasil, Chile and Argentina **to share these precious moments of Agnihotra time, when love comes in every heart and light expands to embrace all that IS. Without judgment, without criticism, without expectations, without desires to change something or someone or be elsewhere...**

Prof. Abel y Aleta also showed the most recent healing successes achieved with the constant practice of Homa Therapy in Bagua Grande and hospitals in Peru.



**With Homa fires in your home, you create the Happiness your children can breathe.**



The next day, Monday, we met again in Amaranto, as these two days (Sunday and Monday) Agnihotra is practiced openly for all interested. We shared information, answered questions and clarified doubts.

Prof. Abel shared some **uplifting spiritual stories to internalize and treat the Fivefold Path of self-study (Swadhyaya).**

**We all left happy, fulfilled and so grateful, acknowledging the blessings in our lives.**

## EVENTS AROUND THE WORLD - CHILE

### Part II extracts of the letter sent by Jimena Clarke from Chile:

"**The Fivefold Path Foundation** organized a series of talks and presentations, both in Santiago and other regions of the country. In these, **Dr. Ulrich Berk (Ph.D.)** shared with the audience in a very precise, clear and accurate way some of the results of research made so far and the work that in recent decades, he has been doing to encourage scientists to investigate the enormous benefits of Homa Therapy, whether in the fields of agriculture, medicine or other sciences.

At one of the talks held in Santiago in a **Center for Ayurveda studies**, Ulrich talked about Homa Therapy and health and how Agnihotra may decrease the levels of stress, among other things. **(Photo right during sunset Agnihotra in the Ayurvedic Center.)**



This topic was the subject of a research, which is still in process, carried out by **students of Medicine of the University Finis Terrae** in Chile. These experiments and researches will continue, even though some immediate results have already been obtained. More details on these studies will be officially published in the near future.

Another topic of his lectures was **Homa Organic Farming**. He had the opportunity to meet with various **officials of the Ministry of Agriculture**, both in the center of the country, as in the South, where we stayed for 4 days.

**Ulrich met with a group of organic farmers from small and medium-sized farms.** They were interested in hearing about Homa agriculture and how they could implement it on their land. The talk was informative as well as practical, speaking of the use of the ash in the plantings, in production of Homa Biosol, etc. These farmers are now aware that climate change is undoubtedly affecting them, despite using organic agriculture. Recently in this area of the South a volcano began erupting after having been passive for over a hundred years; also last summer, we were told, was a hotter season than usual and without rain, which is unusual in the area.

During those days, thanks to the efforts undertaken by the agronomist and Agnihotri, **Paula Heinsohn**, Ulrich also had the opportunity to make a brief presentation about Homa agriculture to a small group of important officials of the **INIA (Institute of Farming and Stockbreeding Research)** who are in charge of projects and research in the area of organic farming. These officials were very interested in the subject and it is expected that next year they will submit a project at regional government level, for the implementation of Homa Agriculture at the level of organic farmers in the area. Meanwhile, they intend to begin to do some research on the use of Agnihotra Ash." **(cont. on next page)**

## EVENTS AROUND THE WORLD - CHILE

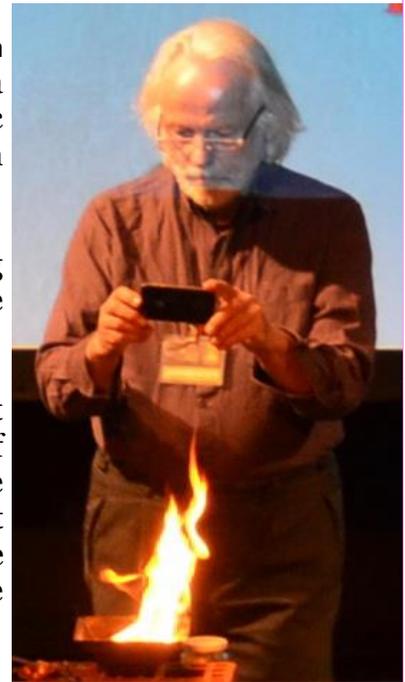
### Part II extracts - continued from Jimena Clarke's letter:

"Coming back to the capital, in Curacaví, an agricultural area near Santiago, Ulrich gave his last public talk, in the Town Hall of Curacaví, to a group of farmers and individuals, interested in learning a little more about Agnihotra and Homa therapy and its practical uses. The following day was Ulrich's last day in Chile and we went back to Santiago for a private meeting with a former adviser of a past President of Chile, who was in charge of issues related to air pollution, and now is head of an institute working in this field. This was a very good meeting, especially because this person was willing to do some experiment to see how Agnihotra could greatly help to solve the problem of air pollution in the capital of Chile, which suffers severe air pollution. He has all the equipment and instruments to start with some tests, so now it is important to follow up on this. It was a good last meeting with some good possibilities of further research.

**Dr. Ulrich Berk (photo right, in front of the Agnihotra Fire)** remained in Chile for a bit more than 3 weeks, bearing a tight schedule during this period, giving lectures and specific workshops, but also having informal meetings with Chilean Agnihotris and old friends.

Many ideas and new projects are now on the table, including managing Homa Therapy Teachers Certification and the future training of Homa agricultural technicians, in the country.

Time will tell how this will develop, but I have no doubt that the visit that Ulrich has made to Chile has turned "the wheel of fire", so-to-speak and we can see an interesting future on the topic of promoting these sacred fires, at a more scientific level but at the same time at a very practical level as growing food. Above all it is unified work with a constant exchange between the international family of fire.



**I personally want to thank the organizers of these events, Dr. Ernesto Vega and his wife Dr. Andrea Chavez, Paula Heinsohn, Héctor Rosas, among many**



**others, but specially to Karina Ohme for her tireless work, her big and friendly heart and infinite patience and for welcoming us in her home for 3 weeks!**

Thanks again to Ulrich, for having accepted the invitation to come to the end of the world land! We hope that he will be able to return to Chile in the future; especially to once again have a dip in the wonderfully healing waters of our sacred Cochiguaz River (**photo left**), in the Elqui Valley, that he also had the opportunity to go to on a short visit. We hope it will be longer next time!"

## EVENTS AROUND THE WORLD - CHILE

### Dr. Andrea Chávez shares from Chile:

"The volunteer trip, organized by the **School of Medicine and Oriental Culture (EIMCO)** in conjunction with the **Faculty of Medicine of the Universidad Finis Terrae**, visiting the towns **Copiapo, Tierra Amarilla and Paipote**, was very successful. These town had been strongly affected by the flood in March.

The operation included comprehensive medical care, combining conventional medicine through medical specialists and senior students of the university, therapists of complementary medicine and acupuncture, bioenergetics and floral therapy.

**Homa practices were conducted during all these activities.** In these instances, the volunteers, patients, personal in charge of offices and professionals from different health centers, were able to share and learn about the scope of Homa therapy and benefit from its effects in a context of equilibrium and conviviality. They participated daily." **(photos below)**



### Camila Paz from Santiago shares following pictures and wrote:

"Beautiful Homa Therapy Workshop in Siri Gaitri. New Agnihotris are always welcome. May the benefits of this technology continue to expand for the benefit of the atmosphere and all who inhabit it. It is a gift for these times."

**Homa=Yajnya=Ecology**



## EVENTS AROUND THE WORLD - QUEVEDO, ECUADOR

**Mrs. Cecibel Aviles and her husband Miguel (photo below the first from the right) organized 2 Agnihotra gatherings in the farm of their uncle Alan. Many of their family members practice Homa Therapy and also Agnihotri friends arrived from Guayaquil. (see photos this page)**



## EVENTS AROUND THE WORLD - SAN JUAN, COSTA RICA

**Mrs. Sandra Bolivar Vargas shared the following good news from Costa Rica:**

"I joined to work in an art therapy project with some children of the '**Sister Maria Romero School**'. These children are outcasts. Their parents can be drug addicts, alcoholics. These are poor children, which the 'Camaleonart' Foundation with the help of sponsors, invites in the first semester to an art therapy workshop. I asked the director, Mrs. Amirah Gazel, if volunteers were needed to teach meditation and she immediately accepted me. **I started with the kids practicing the Homa Fire Tryambakam, Yoga Nidra, and physical exercises. They loved it!**



**At the end, everyone sang the Mantra. You should have seen how beautiful!**

After that, I continued in the foundation, practicing with them Tryambakam Homa. They are becoming increasingly enamored of this healing Fire. They are very happy, that we will soon also start with the regular practice of Agnihotra. Here at the foundation a variety of courses, everything that has to do with spirituality, healing, art, lecture, etc. is being offered.

**I am very happy to serve with a little with Homa, and I am learning along with them.**

I pass them the Homa Newsletters you send and they say that the Found. will become a Homa Center.

Attached are some photos, so you can see that the work is beautiful. But what pleases me most is **to see the children of the Foundation so dedicated to the Homa Fires.**

The full moon ceremony was so beautiful. While the rain was pouring down on San Jose and everything was flooded, we were locked in room, doing Tryambakam Homa and meditation. One of my friends, Margaret, who is a psychologist, always accompanies me and she loves Homa Therapy.



***Well, dear friends, I am giving in service the little I know about this therapy. My desire is to transmit it, so that gradually many people benefit from it. The important thing is to help clear the atmosphere of our countries, we are experiencing a lot of violence, every day. Thanks for everything! Receive a big hug with a Namaste. Om Shree Om."***

## EVENTS AROUND THE WORLD - USA



Greetings with photos of the Homa Fires:  
**(photo left)**  
 from West Palm Beach  
**Vet. Dr. Carla Cossyleon**  
 with friends.



**(photo right)**  
**Jorge Lopez**,  
 from Ecuador, visiting his  
 family in Pennsylvania.

### Good News wrapped as a Christmas gift!

"Satsang" editor, **Lisa Powers** informs that Satsang, the Bulletin of the Fivefold Path, Inc. can also be read now in Spanish on Internet. It is available at the following link:

<http://www.agnihotra.org/category/satsang-en-espanol/>

***Satsang features news about Agnihotra/Homa Therapy, and extracts from the teachings of Master Shree Vasant about the Fivefold Path.***

Thanks to the Spanish translation done by Jessica Auza and Jimena Clarke, Satsang is now available to more people!



## FUTURE EVENT



We invite you to the third version of the **'HOMA Festival Santiago' January 2016.**

It is an instance to learn, experience and celebrate the Homa Fires.

Date: Sat., January 9th

Time: 2 - 9 pm

Location: Villa Vida Natural  
 (Tomas Moro 261, Las Condes)

Organizers: Found. Fivefold Path

### PROGRAMA

**Ucividades:**  
 Meditación y Vivencias con Terapia Homa  
 Videoteca - Charlas y Exposiciones  
 Espacio Bazar - Espacio Niños  
 Yoga

**Bandas y Música:**  
 Música de India con "OM BHAKTI"  
 Kirtan Música con "BHAKTI NAAD"  
 Danzas de India con Bharatanatyam Chile

**Talleres:**  
 Taller Terapia Homa  
 Taller Mantras y Sánscrito  
 Taller Agricultura Orgánica Homa





**Sábado 9 de ENERO**

Horario: 14.00 a 21.00 hrs.  
 Lugar: Villa Vida Natural  
 (Tomas Moro 261, Las Condes, Santiago)  
 Organiza: Fundación Quintuple Sendero  
 Contacto: homafestivalsantiago@gmail.com  
 | Cel.: 9-1380125

**Entrada:**

\* Preventa: \$3000  
 (hasta Lunes 28 diciembre 2015)  
 \* Puerta General: \$5000  
 \* 12 a 18 años y Tercera Edad: \$3000  
 \* Niños: (hasta 12 años) Gratis  
 (pago efectivo)

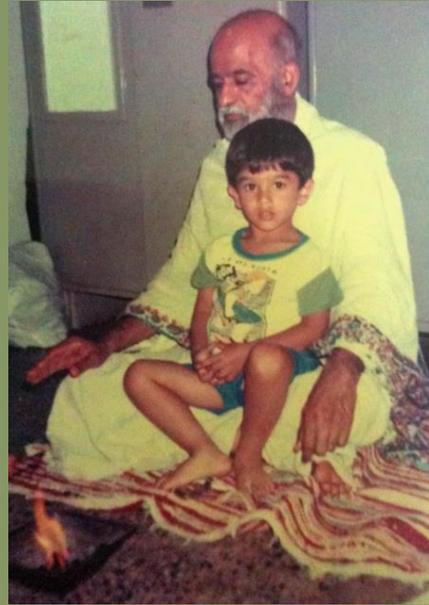
The HOMA Festival is a family gathering around Homa. The main objective is the dissemination of Agnihotra and the Fivefold Path and related activities that promote a healthy lifestyle in harmony with nature. The Festival includes workshops, lectures, musical performances and dances, space for Bazars and vegetarian food, Yoga and the Homa Experience. Contact for more information: [homafestivalsantiago@gmail.com](mailto:homafestivalsantiago@gmail.com)

## MESSAGES FROM SHREE VASANT

Suffering in whole world is so severe now. People do not know what is yet to come. One must never be greedy or selfish when given such Grace.

All the time the mind wants to escape the nectar and go into the world of these sense desires, all the time. Many suffer in the world with no idea why they suffer. At least, if you choose the life of misery, you know you choose it. To have that awareness alone is precious. To make the right choices is even better. So one must learn to take joy in the spiritual life.

**(Message received via Parvati in meditation:)**



Shree with two year old Sohan,  
1988 in Versova, Mumbai, India.

In the world, there are many distractions, voices that call you from every direction. Stay one-pointed.

Those of you, who walk in Light, hold true to all  
that has been shown to you to be true.  
Do not be deterred. We are with you all.  
Divine Light will guide your way home.  
Come together in Unity, in harmony, in devotion.

The path is simple, but to tread it one must be  
scrupulously honest with oneself, willing to listen, willing to follow.  
Resist the desire for name or fame. Pursuit of empty desires and clamoring for  
wealth and prestige will net you no results on Fivefold Path.  
Yet, release attachment to the haves and have nots. If one has money,  
one wants more. If one has no money, one wants it. What is the difference?  
Both are attached—have or have not.  
Seek ye first the Kingdom of Heaven and all will be added unto you.

Through Service and humility one's life takes on a new purpose.  
Seek to SERVE OTHERS daily.  
This is truly the only way to walk the Path of Light.  
In SERVICE always.  
Surrender. Surrender. Surrender.  
All love and blessings.  
OM TAT SAT.

## FROM ORION TRANSMISSIONS

(as received by Parvati Bizberg, Poland)

### **On Weaving through Illusion to Truth**

Yes, yes, yes. The world of Maya is richly layered and fascinating to the eye. It is alluring with its mystery, a showcase of illusory pursuits lined with temptations of every sort imaginable.

The world of Spirit is also richly layered and truly inspiring, but it is simple, uncomplicated in its presentation and enriching on a deeply profound level.

One can be tossed in the sea of Maya, yet once one's true spiritual journey has begun, the truth reigns more powerful, and gradually the illusions fall away. One realizes the emptiness in the pursuit of worldly gratification, material madness and fulfilling one's ego.

One becomes aware that self-importance is also an illusion. Even as one advances on spiritual path, one must always guard against it. The saying, 'I am not the doer,' has far greater significance as one moves further on spiritual path.

As one begins to experience the higher states of consciousness, one's need for self-importance falls away. It becomes almost a foreign concept.

**All that one needs is to fill one's mind with the hunger for Divine. Then, every aspect that is false will fall from this soul. In this state, one experiences Oneness, the ultimate JOY. And this state is achievable in this life.**

### **On Walking in Truth and Unity**

Yes, yes. Man's inhumanity towards man is astonishing, shaking the very roots of compassion, defying karmic repercussions with arrogance and a cold-hearted stance.

Yet, the opposite is also astounding—the resilience of the open heart, the willingness that gives way to deeper levels of compassion, profound depths of understanding, and a love that transcends difference, bridging divisions with ease.

You have such a dichotomy in your human race. You divide and conquer, marginalize and separate, categorize and negate the very existence of those who look different from you. Yet, those of you whose hearts are open represent the very best, highest of humanity.

Indeed, those who can see further and dream greater, those who can embrace each other's differences and come to each other's aid in times of peace and in times of strife—TEACH YOUR CHILDREN AND YOUR CHILDREN'S CHILDREN. Impart the sense of UNITY, of honour, of compassion. See that they understand and practice these qualities in their lives.

This, dear ones, is the way to recreate the world in the Eyes of Almighty. Live your lives with this in mind. Don't get lost in the things that would divide you—by race, by religion, by ideology, by gender.

Walk in TRUTH and carry the lantern of TRUTH within you. Blessings do abound. We are, ORION.

**More info:** [www.oriontransmissions.com](http://www.oriontransmissions.com)

**Thanks for sharing the "Good News" with this Homa Health Newsletter!**

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