



EDITOR'S NOTE

HOMA as CLIMATE ENGINEERING

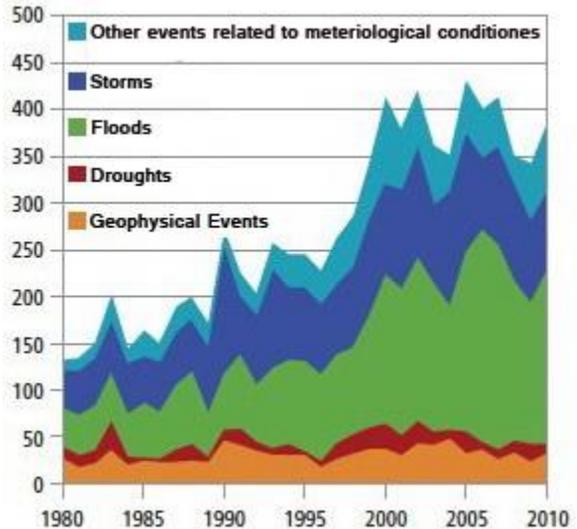
Let's do a little reflection (Swadhyaya). The average human body temperature is +/- 37 ° Celsius. There is a tolerance range between 36 ° and 38 ° Celsius, which depends on many factors. Changes below or above these values can occur because

- a) **External changes:**
 1. Thermal
 2. Electromagnetic
 3. Radiations
 4. Contamination
 5. etc.
- b) **Internal changes:**
 1. Biochemical
 2. Psychological and emotional
 3. Presence of micro-organisms or parasites
 4. Metabolic Diseases
 5. etc.

Similarly, the planet Earth (living organism) experiences thermal changes due to similar causes. Do not forget the axiom "As above, so below".

The microcosm is a reflection of the macrocosm. The macrocosm can refer to the Earth and microcosm can refer to man. In this case, the human being (irrational) is behaving like a microorganism that is pathogenic to the Earth or as a parasite of it.

It has already been officially confirmed that "global warming" it is due to the damage to the environment created through our disharmonious behavior towards Nature.



Statistics show that the frequency and intensity of "Natural" (?) Disasters have been increasing as never before in frequency and intensity. (See the chart above: "Evolution of the number of natural disasters" by Steve Jennings, "Time's Bitter Flood" <http://reliefweb.int/node/405520>).

By maintaining a stable, steady and balanced temperature, the biochemical and energetic functioning of the body is optimal. Enzymes working as catalysts (accelerators of chemical reactions) work excellently when the body temperature is "normal".

Similarly, many developmental processes in different ecosystems are optimal when the Earth's temperature is "normal". But the temperature of the patient "Mother Earth" is "abnormal". This results in abnormally:

- 1. Droughts in some places and floods in others.
- 2. Heat waves in some places and cold waves in others.
- 3. Famine in some places and overload (toxic) in others.

A little reflection leads us to the conclusion - **if we have caused this situation, we can also reverse it.**

EDITOR'S NOTE

HOMA HEALINGS

HOMA FARMING

ECO NEWS

EVENTS

MESSAGES FROM SHREE VASANT

FROM INTUITIVE GUIDANCE

Your experience, comment, questions, suggestions and stories for the Homa Health Newsletter are welcome; Please write to Abel Hernandez & Aleta Macan at terapiahoma@yahoo.com. Thank you!

EDITOR's NOTE cont.

The Practice of Conscious Nutrition and Agnihotra can help to restore the energy balance of the planet and the health of its inhabitants. Let us have more awareness about our eating habits and do Agnihotra together for our love to our children (all beings are our children).

OM AGNIHOTRA OM - OM SHRII OM

HOMA HEALING STORIES



Jenny Carrasco
Armenia, Colombia, South America

"I am 48; I am married and have two children age 22 and 15. I came to know about Homa, when I was invited for a cup of coffee to the "Botica Sol" (vegetarian restaurant, health food store, classes for Yoga, dance, etc., alternative and conventional medical attention, etc.). There, Dora Betancur, owner of the establishment, invited us to participate in Agnihotra. **At that time I was seriously stressed, tired, I had no goals and was looking for a reason to live.** I was looking for something.

(Photo: Jenny Carrasco practicing Agnihotra at Botica Sol.)

When the **Agnihotra session had finished, I felt very relaxed, light, refreshed and very happy. I left with a smile from ear to ear.** That day was very special. I felt so light and released. **I had found the Light.**

Then Mrs. Dora invited me to learn more about Homa Therapy. Later, in company of my husband, she answered our questions and concerns. I also had the fear: wondering to what I'm getting in? But, I also said to myself: "This feels very good; it can't be bad, because I feel so happy."

Whenever we could, we attended Agnihotra in Botica Sol. We also learned the Tryambakam Homa. I longed to be participating in Homa Therapy. Afterwards my husband and I always left happily.

Then, I started to analyze many things in my life. **I was a very fast and impatient person.** One, that wanted to do everything fast and with the attitude that I do it better or not to disturb the other person. **I realized that I did not let my husband do things that belonged to him, in his time and in his own way. I did not allow him to be free and I always wanted to do everything myself. I was very much on top of him. The same with my children in day to day life.**

I did not do this with bad intention, but **I realized that I must change this and then I also felt more free.** Every time I discovered something new inside of me, I would throw the old things out. **This process was great!** I still enjoyed the outside world, but it was not as wonderful as the time with the Homa Fires.

After 7, 8 months, Mrs. Dora invited me to work in Botica Sol. For me this meant a challenge, because I and my husband worked independently. But I wanted to be in this place, in this environment and be close to the Homa Fires. **The first gift we gave ourselves was an Agnihotra kit, so one of us could do the Healing Fire in our home at sunrise and sunset.**

I am very grateful for all that I received. I feel really benefited. I am now another person. I always considered myself a good person, but **now I feel happier and more free to be me.**

In my husband I have also seen changes. He was very restless, analytical, always thinking. When we arrived at the Botica Sol and started with Homa Therapy, it was as if all thoughts got erased and he is now calm, relaxed, sleeps well and tranquil.

I do not suffer anymore from insomnia either. Before, with all my preoccupation and concerns in my mind, I could not rest well and woke up the other day more tired, more stressed out. The same had happened with my husband.

Also, **my husband did not know how to listen.** He always had all the answers and period. He was fast, very strict and very demanding. **My children are grateful for the change they see in him, because now they say that he listens, is patient and puts himself in their shoes.** Our family relationships have greatly improved. Jaime and I always had a lot of communication. **We thought, we were communicating well, but with the Homa Fires we are more involved in each other, understand each other better and we love each other more.** We are married for 22 years."

(Continued on next page)

HOMA HEALING STORIES

Testimony of Mrs. Jenny Carrasco continues:

"My daughter, María Camila, went to study in Bogota and my husband went to visit her for one month and we gave her an Agnihotra kit. **She suffered from congestion and chronic sinusitis** for months and months and received many injections for that. Besides, she felt very sad and lonely in Bogota. She was always very attached to us and she loves to be with her family. The Homa Fire fascinates her. From the first day, when Jaime came with the pyramid to practice Agnihotra, she felt improvement. **She stopped taking her medicines and within a week she was fine.** That month, during which Jaime was there, my daughter told me: **"Homa totally changed my life. I think differently now."** She's a musician and was much influenced by foreign trends, but now she is in love with Colombian music, she carries it in her blood.

She is very grateful that she has discovered her roots, her gifts and she feels good.

(Photo: Jenny happily sharing her many Homa experiences.)

We also send her energy through the Homa Fires. The group of people with whom she lived, began to reject her. They left and others came. These new room mates are harmonious, practice Yoga and meditation. **We can see that the practice of Homa Therapy takes us away from what is not good for us and brings us the things that really give us harmony."**



**Jaime Moreno
Jenny's husband**

"Homa Therapy has helped me personally very positively. I was an explosive person. Now I think before I speak, I react with more stillness in my mind and heart. I was very quick and sharp with our son, a boy of 15 years, but my relationship with him has improved greatly. I am quite amazed at this. **(Photo: Jenny and Jaime together practicing Agnihotra)**

When I was sick with sinusitis, I prepared Agnihotra ash with ghee, propolis, a little honey and lemon and I could see how it cleared up my respiratory tract.

When my son was with a cold in bed, my wife and I did for one hour the **Tryambakam Homa** while he was asleep. **When he woke up he was fine.** It was an immediate reaction.

Same with my daughter, when I visited her in Bogota, she was very ill and in just a few days she recovered and got out of bed. When she returned once to Armenia, right after we had started to practice Agnihotra, she realized the change immediately and asked: What are you doing here? She felt a difference, the atmosphere of the house had changed and that was due to the Fires.

This also happened with my mom in Pasto, the city where she lives. When I arrived with my pyramid at her house, she complained a lot about **pain in her bones and shoulders.** **We did Agnihotra and I also taught her how it's done and she experienced relief.**

We can say that **Homa Therapy has done very much good in our lives. We continue to practice it. We are very consistent and we feel a lot of love for the Fires."**

HOMA HEALING STORIES

Dr. Luz Marina Naranjo
Armenia, Colombia, South America

"I'm a doctor. I was a **very, very sick with skin lesions throughout the body, depression and overall pain.** As a medical doctor, I was attended by my medical colleagues. They tried everything. I spent lots of money from the social security (EPS) and mine, because not all the tests and formulas were covered by the EPS, so I had to pay for them. **But nothing helped me, nothing, and for one and a half year I was in a very bad shape** until the day I met **Dr. Lucas Maya, who practices Homa Therapy.** He invited me to attend and just to relax. I had this itching all over my body, I felt desperate. I was so desperate, that I said I do whatever and take whatever necessary.



Then, we did **Agnihotra in the morning. The next day, after being exposed to this Homa Fire for the first time, the itching, which I have had throughout the body and the injuries, which I have had up to the neck, had completely disappeared. There was only a small reminiscence on one leg.** I started doing Agnihotra every day and **in one week I was completely well.**

The diagnosis in the beginning was Dermatitis, but then I told myself that this is not a regular Dermatitis, because I had applied all possible creams. It was a **"Neuro-Dermatitis" caused by stress and I had found no way to alleviate it. But with Homa Therapy, the next day, already the next day, I had these changes.** Now, for me Lucas is Dr. Lucas, even though he is a farmer."

(Photo: Dr. Luz Marina Naranjo telling her experience.)

Karen Dahiana Blandon
Armenia, Colombia, South America

"I am 29 years old. When my grandmother died in the middle of last year, I entered into an **immense sadness and could not recover.**

Recently I was walking in front of the Botica Sol and I was very sad. I had been crying all day and then I saw Prof. Abel through the window with a Fire. He automatically said that I should enter. I did and I asked what it is they are doing here. And I started again crying and crying and could not stop crying. He said, "Relax. Come today for Homa Therapy at 5:30. It is for free."

I came and since that day, I feel that I have regained tranquility and joy. I feel it like this.

It's been two weeks and I come almost every day to the Fire. It reactivates one's energy, it is like recovering happiness. I have brought several of my friends and other people."



Valeria, her daughter says:

"Yes, I've seen changes. **My mom is now calmer and happier.**"

(Photo: Karen and Valeria telling their experience in front of over 150 people in Botica.)

HOMA HEALING STORIES

María Doris Martínez
Armenia, Colombia, South America

"I am 58 years old. I'm going to complete one month of coming to the Homa Therapy sessions in the Botica Sol. It is true what Prof. Abel says: We must experience things in order to know if they are true. **Since 2012 I suffered from panic attacks.** I went to all doctors of Armenia and previously in Italy, where I lived. With Homa Therapy my panic attacks have softened to a level that they no longer give me panic. I just have a momentary fear. So, **Homa Therapy is a spectacular and sacred medicine to me.** I truly experienced that Homa Therapy has helped me tremendously. These panic attacks had caused me a painful **chronic gastritis** that sent me to bed.

The Gastritis, with Agnihotra ash, has been healed 80%; all I have now is a reflux. I apply this ash on my neck; I make skin masks and apply it to the whole body; I use it with honey and oats.

So I say too, experience Homa Therapy, it has helped me and I thank God and them that I could come to know it in Botica Sol. **(Photo: Doris Maria Martinez giving her testimony.)**



Tomas Ankajina Masa
Homa Farm "Joselito", Piura, Peru, South America

"In matters of health, my son **Jaime** suffered from **epilepsy**. He was fine, then would suddenly fall and remained like "thinking". He began working here at this farm and is **partly in charge of the Homa Fires. Since he started working here, which is almost 8 months, he has not had any epileptic seizures.**

He was forbidden to have relations with his wife due to his health problem. But now his wife is pregnant. My son is fine now, he is happy working here and is a cheerful person. Even his face has changed. Before had many pimples."

(Photo: Tomás Ankajina)

Also, at the entrance to the Joselito farm there is a stand where they sell chicha (alcoholic drink). Before, people drank too much. When they got drunk, some even got into fights. This too has changed significantly now; They drink their chicha, stay a moment and then leave.

They are quieter and don't stay up drinking all night. This situation has changed considerably." **(Please also see Mr. Ankajina's Homa farming experience - next page)**

Leoncio Manuel Zapata Abad
Hospital Reátegui, Piura, Peru, South America

"I am 81 years old. I came across Homa Therapy through psychologist Marisol from the Dept. of Complementary Medicine. I participate since January 2015 in Homa Therapy. **I had pain when walking,** just below the knee, and had to lift my leg with the help of my hands in order to walk. But, after a short time attending the **Homa Fires, the pain is gone and I can walk well and without worries.** Even though I got healed, I keep coming because for me Homa Therapy is very good. I relax and sleep well, lead a quiet life and I feel animated to walk and do things."

(Photo: Manuel Zapata Leoncio Abad. You can also see his experience with a cockade plant - next page)



HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Leoncio Manuel Zapata Abad
Hospital Reategui, Piura, Peru, South America

"I was told that Agnihotra ash is also very good for plants. At home I have a plant, a cockade, which was given to me in **2008**. **This plant did not grow more than 30 cm in all these years. However, with Agnihotra ash, it grew slowly and now it reaches up to my chest and continues to grow. It is a beautiful plant and gives yellow flowers, which in all these previous years it did not.**"

(Photos- Right: Mr. Leoncio showing the height of his cockade after receiving Agnihotra ash.

Photo bottom left: cockade plant;

Photo bottom right: Mr. Leoncio - in the center - participating in daily Agnihotra sessions at the Hospital Reategui, where he receives Agnihotra ash.)



Tomás Ankajina Masa
Finca Homa "Joselito", Piura, Peru, South America

"Our farm adjoins the Homa farm Joselito. I plant and harvest bananas. **Before, our bananas were small and did not have the best sweetness.**

But since Homa Therapy was started in the Joselito farm, my bananas are very sweet, bigger and the clusters are better.

This has attracted me to Homa Therapy. Now, I help with the Homa Fires on this farm." (Photo: Tomás Ankajina)

Hilda Correa
Bagua Grande, Amazonas, Peru, South America

"I have a **soursop plant, but its fruits remained small, hard, they became black and fell.** Because you told me that Agnihotra ash is for plants too, I took powdered ash and put it with water on the root of the tree. I do this frequently.

Now, the tree bears huge, green, soft and rich tasting soursops." (Photo: Hilda Correa showing the size of the soursop after applying Agnihotra ash.)



ECO NEWS



Why Did the Russians Ban an Appliance Found in 90% of American Homes?

The handful of studies that have been done generally agree, for the most part, that microwaving food damages its nutritional value. Your microwave turns your beautiful, organic veggies, for which you've paid such a premium in money or labor, into "dead" food that can cause disease!

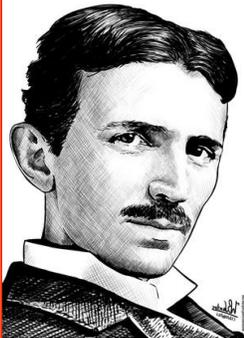
Heating food, in and of itself, can result in some nutrient loss, but using microwaves to heat food introduces the additional problem of the "microwave effect," a phenomenon that will be discussed in detail later. To read article please click:

<http://articles.mercola.com/sites/articles/archive/2010/05/18/microwave-hazards.aspx>

The Secret Life of Trees - Trees have Social Networks too

Peter Wohlleben, a career ranger, has topped best-seller lists with "The Hidden Life of Trees," describing trees as social beings that communicate on the "Wood Wide Web." Mr. Wohlleben traces his love of the forest to his early childhood, where he raised spiders and turtles. In high school, teachers painted a dire picture of the world's ecological future, and he decided it was his mission to help.

<http://www.nytimes.com/2016/01/30/world/europe/german-forest-ranger-finds-that-trees-have-social-networks-too.html?smid=nytcore-iphone-share&smprod=nytcore-iphone>



NICOLA TESLA

Arguably the greatest genius of the past 100 years, Nikola Tesla strove to provide the world with free energy. Could he have actually succeeded in achieving this ambition, only for it have been suppressed for financial reasons?

<https://www.youtube.com/watch?v=1NyJUoCSAfg>

How Can The EU Climate Targets Be Met?

EU climate targets won't be met unless **greenhouse gas emissions linked to beef and dairy consumption are dramatically reduced**, a Swedish study published on Monday said. "Reductions, by 50 percent or more, in ruminant meat (beef and mutton) consumption are, most likely, unavoidable."



"EU and US consumption of cheese and other dairy products is among the highest in the world. If we were to replace some of the dairy products with vegetable products, such as oat milk, we would have a better chance of meeting our climate targets," said Wirsenius. The authors also explored how improvements in agricultural techniques could reduce emissions. To read article: <http://phys.org/news/2016-02-beef-key-eu-climate.html>

EVENTS in ARMENIA, QUINDIO, COLOMBIA, SOUTH AMERICA



**We shared daily Agnihotra sessions,
teachings, joy,
silence, and healing...**

**The Homa family continues
to grow and Light is expanding in many
ways...**

(see photos this page)



EVENTS in ARMENIA, QUINDIO, COLOMBIA, SOUTH AMERICA

Children enjoy:
-to do Yoga exercises,
-to meditate
-to help and
-to sing.
They feel happy and cheerful in a Homa Environment



EVENTS in FILANDIA, QUINDIO, COLOMBIA, SOUTH AMERICA



Photo left:

Presentation of Homa Therapy, its health benefits and effects on agriculture.

We also shared Agnihotras' blessings with our neighbors of the community called "Infinito".

EVENTS in ARMENIA, QUINDIO, COLOMBIA, SOUTH AMERICA



Every day, the Homa space in the Botica Sol is filled with people seeking relief from pain and sorrow. Some also come out of curiosity. (see photos On this page)

The teachings continue and more people start to practice Agnihotra healing fire.

Prof. Abel answers many questions and gives also guidelines about conscious eating. He teaches simple relaxing exercises for a calm body. And always, he has some stories to share, which make us think, reflect and help us to change attitudes, if we consider this necessary. This also helps us:

- to see beyond our present situations
- and even to be grateful for our so-called problems.



EVENTS in ARMENIA, QUINDIO, COLOMBIA, SOUTH AMERICA



Mrs. María Fernanda León organized a meeting with the director of the Colombian Institute for Family Welfare (ICBF), Mrs. Luz Mary.

The ICBF is dedicated to help children with disabilities, who are abandoned, displaced, orphaned, criminals, addicts, etc. Through ICBF, many children could be helped with Homa Therapy by bringing light into their hearts and minds, and health to their bodies.

(Photos above and below during meetings, presentations and teachings in the ICBF.)



The Great ENCOUNTER: REACTIVATION of Homa PYRAMIDS in the BOTICA SOL, ARMENIA, COLOMBIA



(photo above) *The multipurpose hall, the hallway and the stairways in the Botica Sol were completely filled. Everyone was eager to learn more about the healing Homa Fires. They had read about "the Great Encounter" in the newspapers and heard about it on TV and radio. Prof. Abel interacted with the crowd asking about their ailments. All attendees had come to improve their health and life.*

GRAN ENCOUNTER: REACTIVATION of AGNIHOTRA PYRAMIDS in the BOTICA SOL, ARMENIA, COLOMBIA



Un Festival de Sanación con Amor - hubo cantos dirigidos por Anandaji y su grupo de músicos (foto 1era fila), baile con Vanessa Rangel (foto 2da fila), ejercicios de relajación física y mental, testimonios y conocimiento acerca de la TH.

The Great ENCOUNTER: REACTIVATION of AGNIHOTRA PYRAMIDS in BOTICA SOL, ARMENIA, COLOMBIA

Mrs. Mari Cortez (photo right) shared her findings in this healing Homa event, before the massive practice of Agnihotra:

"I have: - a chronic degenerative bone disease
- 4 hip surgeries
- osteoarthritis in my shoulders and hip

After these exercises, I feel much relief.

For a week I've been receiving corticosteroid injections and I didn't get any relief.

For just being in this Homa Environment and doing these simple exercises, I feel tremendously relieved."



Agnihotris also came from neighboring towns and cities with their pyramids to revive and share the healing energies, and the healing Agnihotra ash.

Since not all Agnihotris could not enter the hall, there were ***Fires all over*** the hallway and the stairways.

(photos left and below)



GRAN ENCOUNTER: REACTIVATION of AGNIHOTRA PYRAMIDS in the BOTICA SOL, ARMENIA, COLOMBIA



While chanting the Agnihotra and then the Om Shree Mantra, a wave of Light, Heat and Love overcame all obstacles and pierced every heart, leaving Peace and Wellbeing.

At the end, **Mother Dora** distributed Agnihotra ash to the attendees, while **Anandaji and her group** accompanied with angelic music and songs. (Photos this page) Thus ended an unforgettable day, which strengthened **the Botica Sol as a Homa Healing Center...**



EVENTS in ARMENIA, QUINDIO, COLOMBIA, SOUTH AMERICA



Prof. Abel and Aleta continued joyfully, together with **Mother Dora**, sharing and teaching the Medicinal Homa Fires and their benefits for the practitioners. **(Photos this page: sharing Agnihotra and presenting its wonderful results)**



FESTIVAL HOMA 2016

FUEGOS - CANTOS SAGRADOS - BAILES

Domingo **7** febrero

3:30 a 6:30 pm.

LUGAR:
AUDITORIO SENA GALÁN
ARMENIA

SI SUFRES DE PROBLEMAS:

- NERVIOSOS
- CARDIACOS
- CIRCULATORIOS
- EMOCIONALES
- PRESIÓN ALTA
- IMPOTENCIA
- DEPRESIÓN

- HIPERACTIVIDAD
- ADICCIONES
- ALCOHOL, DROGAS
- ALERGIAS
- ESTRES
- INSOMNIO
- ARTRITIS
- ÚLCERAS
- ATAQUES DE PÁNICO
- SINUSITIS
- DOLORS
- MIGRAÑA
- DIABETES
- MAL HUMOR
- ASMA
- CÁNCER
- SIDA

¡SANACIÓN CON FUEGOS MEDICINALES DE LA CIENCIA AYURVEDA!



ENTRADA LIBRE !

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LUNES A SÁBADO
5:45 PM EN BOTICASOL
VEN Y PARTICIPA



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frente al CAI del Parque de la Vida
Armenia Quindío Colombia
320 677 3902 • (6) 745 4159

www.terapiahoma.com



EVENTS in MANIZALES, CALDAS, COLOMBIA, SOUTH AMERICA



Photo right - Andrew Clark, Yoga professor and Homa practitioner, organized the event "Meeting Homa" in Manizales city.

Andrew started the event with a **Vyahruti Homa** and Prof. Abel did an audio-visual presentation of Homa Therapy's many effects and he practiced some Yoga



exercises with the attendees, out of whom were various Yoga teachers. At sunset, we celebrated Agnihotra with the group of practitioners from Manizales.

Photo above left - Dance teacher 'Hanna' (Claudia Marín) performed a beautiful *Arabic dance* with a gorgeous smile on her face. This healing event took place at the Foundation "Fundaser" thanks to Mrs. Marisol Betancur.



Photos below: sunrise Agnihotra at Mrs. Marisol's hacienda. A few hours later a beautiful black and healthy female calf was born!



EVENTS in ARMENIA, QUINDIO, COLOMBIA, SOUTH AMERICA



Photos this page: Several radio stations, television channels, and the most widely read newspaper in the region interviewed Prof. Abel about Homa Therapy. He took the chance to inform the community about upcoming events with the medicinal Ayurvedic Fires.



EVENTS in ARMENIA, QUINDIO, COLOMBIA, SOUTH AMERICA



Photos this page:
The Art and Music teacher, **Amanda J. Londoño**, in the **Center of Administrative Services for Teachers (CAST)** decided to **introduce the Homa Fires** in her classes, so they can **fill the lives of the teens with warmth, kindness, joy, etc.**

All of which the regular practice of Agnihotra can provide.



EVENTS in ARMENIA, QUINDIO, COLOMBIA, SOUTH AMERICA



Photos this page: Prof. Abel spoke directly to the heart of these teenagers, shared some stories, yoga, meditation and Agnihotra with them.

Teacher Amanda (pictured above right) has 450 students of 9th, 10th and 11th grade. She painted the walls in her classroom with "Live Here and Now" and the questions: Who am I? What am I? Why am I on Earth?



**"HOMA FESTIVAL in the SENA" (National Service for Teaching)
HEALING FIRES - SACRED SONGS - MUSIC - DANCES
In ARMENIA, QUINDIO, COLOMBIA, SOUTH AMERICA**



(Photo above:) Anandaji's music group delighted the audience with celestial and Colombian music, rhythm and songs.

**A Festival for HEALING
MIND, BODY and HEART!**

Mrs. Natasha hosted of the program and **Mother Dora** did the introduction with a **Vyahruti Homa**.

Prof. Abel talked with the attendees about their diseases and presented the solution with Homa Therapy.

Live testimonies were shared and videos shown from around the world.



**"HOMA FESTIVAL in SENA" (National Service for Teaching)
HEALING FIRES - SACRED SONGS - MUSIC - DANCES**



The public expressed their joy and hope with active participation! (see photos above)
At all times the **Tryambakam Homa** was being done in the background. (Photos below:
Mrs. Elsa and Mother Dora practicing this Homa. The Yoga performance group.)



There were art performance intermissions of:
- Arab-dance with Vanessa Rangel (photo left)
- Yoga-flow: Andrew Clark y Diana Lopez, accompanied by Alejandro Cortes' flute and drum (photo center)
- Yoga of Concentration with Jimmy Carmona and Nelly Paredes (photo right)

"HOMA FESTIVAL in SENA" (National Service for Teaching)



HOMA THERAPY: HEALING OF BODY AND SOUL - THROUGH a HEART FULL of GRATITUDE and LOVE TOWARDS ONESELF and OTHERS. - Through a SILENT MIND, INSPIRED through LIGHT and NOBLENESS ...



Mission accomplished! It was time to bid farewell. We left happily with Mother Maria Teresa towards the North to encounter new Homa adventures. Meanwhile, in the last call with Mother Dora, she said that "Every day between 80 and 100 people come to the Botica Sol to participate in the Homa Fires". *What a joy is to share Agnihotra, the gift to humanity from the ancient Vedic Knowledge!*

EVENTS AROUND THE WORLD - TOGO, AFRICA



Marco Brutschin wrote about his Africa trip:

"I am sending you a picture of my trip to Togo together with friends from France. I have been able to visit this beautiful country and do a **Homa agricultural workshop in the GAVISA farm of our dear friend Komla. He is an organic farmer who has a training center for agriculture in the village Yépévié, Kpalime, Togo.** Komla has all the necessary materials and is eager to start Homa Therapy."

EVENTS AROUND THE WORLD - GUAYAQUIL, ECUADOR



Sonia Hunter, director of the Homa Center Guayaquil, wrote:

"I gave teachings about Homa Therapy and its benefits in a production facility of essential

oils. People were very interested and I practiced Agnihotra with them. Sharing the Homa Fires is always a great experience. OM SHREE."

The photos below were taken in the **Homa Medical Center "The Good Shepherd" of Dr. Jaime Montufar:**



EVENTS AROUND THE WORLD - SANTIAGO, CHILE HOMA FESTIVAL 2016

Ms. Camila Paz Molina Llamazares from Santiago, Chile shared:

"The Homa Festival was all about **Homa Therapy Workshops, Talks, Music, Dance, Bazaar and the Homa experience.** Gratitude to everyone who participated and to all who made this beautiful meeting possible. Om Shree."



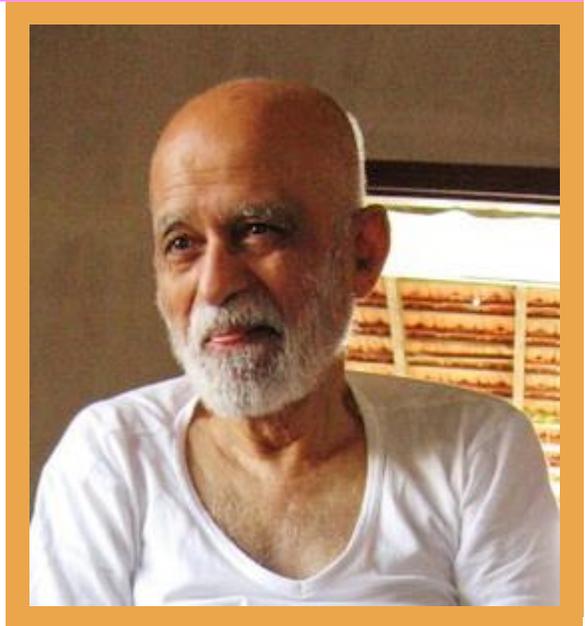
MESSAGES FROM SHREE VASANT

February 29, 2016 Shree Vasant (As received in meditation via Parvati):

On Organizing One's Life

You can make a list of all the different projects, work that needs to be done, but once that main list is made, you have to break it down and take only one at a time. Do whatever step you can or, if you can, complete it in full. Then, go on to the next task. Otherwise, you will get overwhelmed.

- 1st, IDENTIFY the projects or jobs.
- 2nd, PRIORITIZE which to do first.
- 3rd, FOCUS entirely on one.
- 4th, When completed project or step for that day, go on to the next.
- 5th, Take next step.



This applies to all and to every area of your lives.
LIST. PRIORITIZE. FOCUS on one, then continue to the next.

Most of you have at least 3-5 areas of your life. So, all are often equally or almost equally, calling for your attention.

Just as you would if you were the parent of 5 children, all of whom are calling you, you go to the one who is most urgent first. Take care of that or at least, get it in a calmer state. Then prioritize according to need and give each child your full attention, one by one.

If all are insistent, you may have to call all together and address them as a whole group. Express your commitment to take care of all of them. Explain, you are going to use your time wisely and ask for their patience. You will get to each of them. You are more likely to get their attention and cooperation by addressing them, hearing and acknowledging their needs, and valuing their cooperation.

Same with your work you need to do. That is the making of comprehensive list, stating your intention to address each, to prioritize, and then focus one by one. If you allow yourself to be overcome, your emotions to take the wheel, your driving through your life becomes erratic, and chaos ensues.

ADDRESS. PRIORITIZE. FOCUS.

And, above all, acknowledge your positive attitude toward accepting and fulfilling responsibilities. And then proceed with Joy. Always allow for humour and see any problems as challenges to rise above.

At every turn, thank the Divine and continue to restate your desire to SERVE HIM IN ALL YOU DO.

All love.

FROM INTUITIVE GUIDANCE

(as received by Parvati Bizberg, Poland)

On Nurturing the Light Within

Yes. Yes. Today much of the news you read, hear and watch is designed to elicit a mass response. News media studies precisely how to motivate you to experience sadness, joy, to increase hope, to create a sense of despair or desperation, to buy what is being sold to you or to abstain from buying what is labeled as dangerous to your health. Marketing has become quite sinister and multi-layered. UNPLUG.

Most wars have been agitated, provoked with an effect in mind—or how to gain control of your minds.

There are strategies behind strategies, and strategies being developed behind closed and bolted doors which not even top military officials are privy to.

You cannot fight darkness with more darkness. The only hand you have to play is the hand of Light.

Nurture the Light within all of you. Hold prayer vigils, global meditations. Come together to form support teams for Light Workers.

If you try to focus on darkness, it will leave you feeling helpless. The darker it is, the less you can see.

Trust fully in that which emanates Light. Do not give in to fear. Continually, diligently feed the Light. Walk in Faith. With all loving hearts.

We are Orion.

On the Political Race

Yes. Yes. Our vehicle has returned to her roots so-to-speak. No doubt this country is once again embroiled in the political mayhem, which engages the population, thus diverting the focus from more crucial matters concerning the world's human race.

Political race takes precedence over the human race and propels the people into yet another divisive torrent all in the name of power.

There are no pure politicians on this high level of the game. All are compromised, bought and sold. The world of politics is one which does not give way to Truth, but instead compounds, twists and re-represents it in a package of deals brokered behind closed doors whilst the very rights for which wars have been enacted, slip further and further into the background.

On the Human Race

Dear beings, concern yourselves with human kindness. Preserve your rights, but learn to act in a righteous manner toward your fellow men, women, children.

Care for the planet's natural resources. Do not allow them to be destroyed. Unify your voices to preserve this planet's delicate eco system. And, on an individual level, walk gently upon this Earth. **Make your voices heard, but utilize your creative spirits in bringing Light into the darkness of the hour.**

Do not sink all your own personal resources—time, creative energy and strength of spirit—into the material world alone.

Use your creativity to make a change in your own reality. Hone your creative skills to serve humanity in the most unique form—via the sacred avenues of music, art, dance, writing—new models of communication for the children to learn, for creating harmony in the world. And, above all, unify your efforts to bolster your creative spirit and act as one force toward the Light.

In enthusiasm and respect for the human spirit.

We are, ORION.

More info: www.oriontransmissions.com

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