

13th June  
2017

## HOMA HEALTH - NEWSLETTER #134

print Newsletter

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### FROM INTUITIVE GUIDANCE

Your experiences, comments, questions and suggestions for the Homa Health Newsletter are welcome; Please write to Abel Hernandez & Aleta Macan at [terapiahoma@yahoo.com](mailto:terapiahoma@yahoo.com) Thank you!

## TODAY

Today, we are very fortunate for we have the chance to ascend and rise to become **"One with the Creator"**, faster than other times.

You may also ask: Why...? and How...?

**Through challenges, we are pushed to think and act wisely; we get closer to support each other and gain strength.**

**The greater the difficulty, the greater the effort. The more people are affected, the more people are joining.**

Wherever we look, there are problems to be solved and opportunities to experience **"The Joy of Triumph"**.

**The young ones and adults are noticing extreme changes everywhere:** climate, health, economics, power, natural resources, energy sources, society, family, flora, fauna,

weather, politics, etc.

Many people are digging their heads in the ground and seeing nothing.

Many people choose to see the abnormalities as normal and do nothing.

Some people acknowledge these abnormalities but they feel powerless to change them.

Very few are ignorant and blind about these Problems.

**However, there is a group of "Awakened People", who are Rising in Numbers and Consciousness which are working towards "Solutions". You are one of them.**



The Fivefold Path will bring us TOGETHER.

According to the wise saints, the primary cause of these problems is **Darkness in the Mind (ignorance, being unaware), lack of Compassion, Pollution and the Breaking of Natural Laws.**

By breaking the Law of Gravity, an object can crash.

**By breaking the "Law of Love", the heart can crack and selfishness, greed, lust, envy, etc. can spoil Humanity. What to do?**

**As we move towards the light, the darkness vanishes and the Reality surface and the Truth is experience.**

**The practice of the Fivefold Path (FP) align us with these Natural Laws.**

**FP (Agnihotra, Daana, Tapa, Karma, and Swadhyaaya) brings order and harmony.**

You can follow the light when you practice Agnihotra. With Agnihotra, you are powerful. With Agnihotra, I am powerful. With Agnihotra, we (you and me) are more powerful.

**With Agnihotra, we can be full of Love and help the Planet and its inhabitants into a more Balance Life.**

**And yes, yes, yes, with Agnihotra, we can connect and realize "We are One".**

**OM Agnihotra OM**

**Note: We were born Winners for We are an Image of the Creator. The rest is an illusion.**

## HOMA HEALING STORIES



**Amol Desai**  
**Bombay, India**

I've been practicing Agnihotra for almost 20 years. My newborn son was affected by some **allergy problems** and the doctors had prescribed some medicines, which were very harmful. They were supposed to be applied in the space in between the fingers. But as a newborn, we could not stop him from taking his fingers into his mouth. So, we decided not to apply these medicines. **Instead of that, we just applied the very safe Agnihotra ash** on the affected areas.

**Within a weeks' time, the allergy had disappeared.**

(Photo: Mr. Amol Desai)

**There was another medicine that I made with Agnihotra ash, lime, cows' ghee and honey.** This I used to give my son, who was suffering from **Asthma, chronic cough and colds**. I stopped giving him antibiotics and gave him instead this medicine and that worked well. **After 2 months, he got healed completely.**

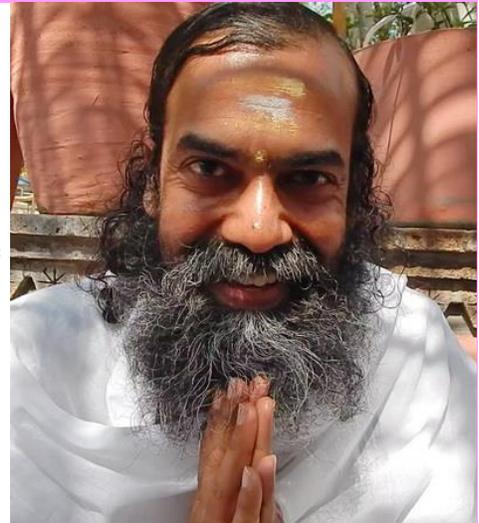
*I teach Agnihotra. Whatever Agnihotra ash is generated, we use it to purify the water, we boil it together with the ash. We also use it for small cuts or bruises. All excess ash we collect for use in organic farming.*

**Mr. Aswini**  
**Sri Sri Ravishankar Punjab Ashram, India**

My age is 51. I have been practicing Agnihotra since 2004. Now, we are in the Somayag 2017.

My first experience I had with Agnihotra was when I went to Lujana, my hometown and my cousin sister said that **she was not able to see**. She had trouble in her eyesight, it was a sudden trouble. But previously she had been all right. So we did **evening Agnihotra and Tryambakam Homa and after that she could see fine and was perfectly well.**

(Photo: Mr. Aswini in Maheshwar Goshala, participating in the Somayag.)



**I used to have severe pain in my knees, right and left.** Everyday walking and climbing stairs was rather painful. After my practice of **Agnihotra** for some time, one day I found that **there was no more pain**. I also ate the Agnihotra ash.

One of my elder sisters had an accident on her bike with a bus and **her leg was fractured**.

So I began to do Agnihotra and Tryambakam Homa. The doctor applied bandage to her leg and she was supposed to have rest for a month or so per prescription. **After 10 days of Agnihotra, she was walking again and was perfectly fine.** She is a doctor of the local hospital. **After that, she did Agnihotra for many days on her own.**

When I visited our Ashram in Bangalore in the summer time, we used to have a **lot of flies in the kitchen and dining hall**, which was troublesome.

Then we did **Agnihotra for 3 consecutive days in that place and from the 3rd day onward there was no more problem.**

Also in of the main festivals, called 'Navaratri', of our Bangalore Ashram, on the 'Shanti Homa day – the worship of the Mother Goddess', our **Guruji, Sri Sri Ravi Shankar, held the Agnihotra pot in front of 100,000 people and told them: "You must practice Agnihotra"**. We do Agnihotra in our Goshala regularly.

## HOMA HEALING STORIES

### Centro Médico Homa “El Buen Pastor” Guayaquil, Ecuador

#### Dr. Jaime Montufar:

Some time ago, at the Social Security Institute (State Hospital), it was discovered that Mrs. Mesa had **15 meningiomas** (5 large and 10 small tumors) in her head. She came suffering from severe headaches and other problems.

Currently, she has 2 months with Homa Therapy treatment. She is consistent with the practice of the Homa Fires and she has her own Agnihotra kit. She can relate in her own words, how far she has recovered, as before **she had a lot of headaches, suffered from stress, she could not drive due to her blurry vision**, etc. Precisely because the tumors were pressing that part of the brain. Now she is completely different.



(Photo: Dr. Montufar and Mrs. Mesa)

#### María Eleonor Mesa Tovar:

I am 41 years old. My problem started four years ago. I suffered from **pain in my left eye and I was always stressed out and I felt bad**. But I did not pay attention to these symptoms and I did not visit a doctor. In June 2016, I got worse. The pain increased so much and my head started to beat. I could not sleep. So, I had an MRI done and the doctors detected meningiomas in different parts of the brain. All the doctors told me that I had to be operated. One operation for each meningioma. And they were so many! I felt that I was never going to resist **so many operations. The doctors also warned me that I could remain in coma**. So, I decided not to operate. I preferred to try natural medicines.

I had never heard of Homa Therapy, till a friend talked to me about it and I decided to come to Dr. Montufar's Medical Homa Center.

**I have now almost 2 and a half months attending every day Agnihotra, and I really feel great. I no longer feel that my head is pounding and lately my headache has disappeared. I sleep very well and wake up relaxed. I can drive the car again and I am no more nervous. I am improving step by step.**

**Now, I can do all my daily tasks.**

I tell everyone, that with this problem I have had, I was not to do anything. But, thank God, I'm here and I continue with Homa Therapy. I do the Agnihotra in the morning at home and I come to the clinic of Dr. Jaime in the afternoons from Monday to Friday to practice **Agnihotra and Tryambakam Homa. I take Agnihotra ash 2 to 3 times a day**. All my family and friends say that they have noticed positive changes in me.

Now, my mom and my two daughters also come with me to Dr. Montufar for treatments.

**Even our cats come with us and benefit from the Fires.**



#### Cirila Tovar

(Mother of María Eleonor Mesa)

I am 71 years old. I came to Dr. Montufar with my daughter, because **I suffered the loss of my son**. That affected me very strongly. I have been coming now for about one month. **I could not speak, my chest hurt so much. At night, I woke up and could not sleep again. I had "panic attacks", I felt like I was going to die. Participating in Agnihotra and taking its healing ash, I have improved a lot. Now I sleep all night and I'm starting to talk again. And the pains are disappearing.**

Photo: Mrs. Cirila Tovar with her daughter at the 'The Good Shepherd'.

# HOMA AGRICULTURE - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

## URBAN GARDENING EXPERIENCE EN CALAMA, ANTOFAGASTA, CHILE

By Carolina Morales Pavez, Agronomist



**Mrs. Irma Castillo**, a small farmer from the Calama Valley, Antofagasta Region, Chile, has been involved in **organic farming programs** since 2013. One year ago, she came to know about the **Homa Farming Super-technology**. And from that moment she started with the discipline of the Agnihotra Fire on her farm. Here she has an exclusive place to practice the fire, which is located next to the greenhouse. Everything produced in this place is for family consumption. She applies concepts of functional diversity, practices daily at sunrise and sunset the Agnihotra Fire and applies Homa bio-fertilizers, such as Agnihotra Ash solution, Agnihotra ash directly on the soil and sprays the Homa bio-fertilizer Gloria Biosol. **With this, Mrs. Irma produces the necessary vegetables, herbs, etc. for her family and friends to whom she gives freely from her production.**

Some examples of the variety of her crops: **beetroot, lettuce, chives, tomato, cauliflower, parsley, carrots, etc.**

In addition, **her farm has been used for workshops and talks** where she is the protagonist, reporting about her achievements, sharing her experience and suggestions for organic farming with Homa Technology.

**Her farm is as well a place where she shares the Agnihotra Fire, whenever she receives visitors, farmers and relatives.**

**Photos of this page: Mrs. Irma in her Homa garden.**



## ECO NEWS



### A million bottles a minute: world's plastic binge 'as dangerous as climate change'

**28/06/2017** Annual consumption of plastic bottles is set to top half a trillion by 2021, far outstripping recycling efforts and jeopardising oceans, coastlines and other environments. The demand, equivalent to about 20,000 bottles being bought every

second, is driven by an apparently insatiable desire for bottled water and the spread of a western, urbanised "on the go" culture to China and the Asia Pacific region. **For more information see:** <https://www.theguardian.com/environment/2017/jun/28/a-million-a-minute-worlds-plastic-bottle-binge-as-dangerous-as-climate-change>

### The Pharmaceutical Industry is Organized Crime

Published on Apr 1, 2015

**Peter C. Gøtzsche, MD** is a Danish medical researcher, and leader of the Nordic Cochrane Center at Rigshospitalet in Copenhagen, Denmark. He has written numerous reviews within the Cochrane collaboration. He has published more than 70 studies in the five major medical journals in the world, the "big five", BMJ, Lancet, JAMA, Annals of Internal Medicine and New England Journal of Medicine - and his works have been quoted more than 15,000 times. He is one of the most influential scientific methodologists in the world.



In this short interview, Gøtzsche sets out the conclusions he has reached in relation to the pharmaceutical industry, namely that its bribery and corruption practices are of a mafia type, that the drugs it sells are mostly based on pseudo-scientific principles and that its economic benefit is put at the expense of the health of the patients.

**Please see the interview:** <https://www.youtube.com/watch?v=KZlhpYXOFgg>

### EPA under pressure to dump fluoride from water supply



**NaturalNews, March 14, 2017**

Fluoride is a ubiquitous chemical that has penetrated public water supplies across the United States. The CDC reports that about two-thirds of the population has fluoridated public water. And for those of us served by community water systems, that number climbs up to about 74 percent.

A coalition of environmental, medical, and health groups, along with Fluoride Action Network, presented a document explaining that "the amount of fluoride now regularly consumed by millions of Americans in fluoridated areas exceeds the doses repeatedly linked to IQ loss and other neurotoxic effects; **For more info please see:**

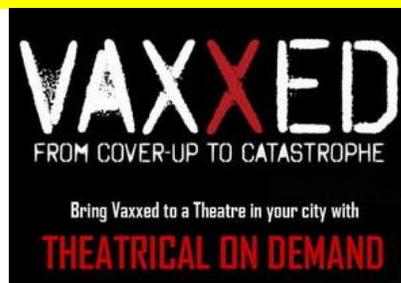
<https://quitarvelo.wordpress.com/2015/05/11/prueba-despoblacion-75-de-los-ninos-que-recibieron-vacunas-de-la-ciudad-de-mexico-ya-murieron-o-fueron-hospitalizados/>

### VAXXED

**A documentary from the Autism channel.  
Directed by Andrew Wakefield**

In 2013, biologist **Dr. Brian Hooker** received a call from a Senior Scientist at the U.S. **Centers for Disease Control and Prevention (CDC)** who led the agency's 2004 study on the **Measles-Mumps-Rubella (MMR)** vaccine and its link to autism.

The scientist, **Dr. William Thompson**, confessed that the CDC had omitted crucial data in their final report that revealed a **causal relationship between the MMR vaccine and autism**. Over several months, Dr. Hooker records the phone calls made to him by Dr. Thompson who provides the confidential data destroyed by his colleagues at the CDC. **To know more, please see "VAXXED".**



## EVENTS in UJJAIN, MADHYA PRADESH, INDIA

We had the honor of meeting **Mr. Sudhir Bhai Goyal, through Sarvajit Paranjpe**, during the Somayag in early February 2017 at the Maheshwar Goshala. He invited us to visit his Ashram in Ujjain and teach Agnihotra and the Homa Therapy Fires. The time had come to follow the call of this humble man.

Guided by **Mrs. Vidya Didwania** we arrived at the **Sewadham Ashram**. The first impacting impression was that in this Ashram **life is** treated as it truly is: **A precious jewel!**

**Photo above: Mr. Sudhir Bhai and his wife Kanta welcoming a baby in the Ashram. Picture below: Entrance of Sevadham Ashram and a part of the buildings.**



**Mr. Sudhir Bhai, and his wife Kanta, their daughters, Monika and Gori and their collaborators have created**

**"a HOME and shelter for life for the poorest of the poor, the most neglected and rejected by most societies –**

**the physically and mentally handicapped, dying and indigent people. They arrive from throughout India and are welcomed without discrimination based on caste, creed, sex or religion. Even the last rites are carried out according to the individual's religious belief system."**



***Sewadham Ashram has been operating since 1989 and encourages individuals, corporations and other agencies around the world to actively support and participate in the welfare services being carried out for these residents.***

From an early age, Sudhir Bhai felt his heart beating for the helpless and suffering people on the streets. With surrender, dedication and absolute effort, he has created the Sewadham Ashram, which now houses **almost 500 disabled people of all ages**.

Everyone carries his surname; He is a father to all of them. He counts with the unconditional support of his wife Kanta. They make every day maximum efforts to provide food, clothing, attention and everything else to their big family.

And in this environment, we had the joy of staying and teaching something as powerful as it is Homa Therapy. **If you would like to help, please see page 134/18.**

## EVENTS in UJJAIN, MADHYA PRADESH, INDIA



The Sewadham Ashram has several areas with houses and lodges for men, women, girls, children, a large hospice for women with terminal illnesses, a physical rehabilitation room, an auditorium, etc. And it continues to expand.

On the tour, showing us the entire Ashram, we also visited the kitchen and dining room, where we were given the opportunity to serve food to the children.

We also saw the Goshala with over 100 heads of cattle, giving milk to the big family. **For Homa Therapy a paradise of dried cow dung cookies and ghee was made in situ.**

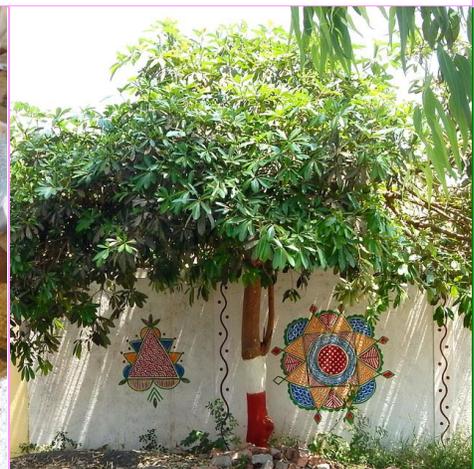
**Photo above: in the men's ward.**

**Photo right: in the dining room serving some of the children.**

**Photos below: 1) Hospice for women with terminal illnesses, where a complete floor is for babies, girls and young women up to 18 years of age.**

**2) In the cow stable.**

**3) The walls of the pathways within the Ashram, surrounding each area, are painted with fascinating cheerful designs of many colors, accompanied by trees that give freshness and shade.**



## EVENTS in UJJAIN, MADHYA PRADESH, INDIA



The day began with the teachings about the benefits of Homa Therapy and the practice of Agnihotra. The Goya family and the nurses were the first ones. **(Photos above and right)** **The following morning, Mr. Sudhir Bhai called all children and youth for Agnihotra. And yes, of course, there were simple Yoga exercises and lots of joy expressed in laughter and giggles. (Photos below)**



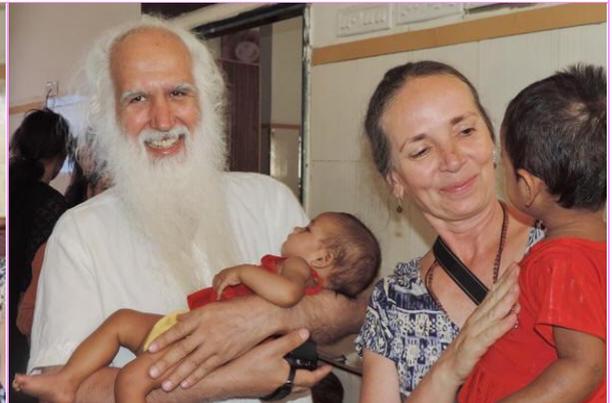
## EVENTS in UJJAIN, MADHYA PRADESH, INDIA

We continued to learn more about the Sewadham Ashram by visiting:

- the physiotherapy room with its therapist and assistant
- the boys area with their bedrooms
- the area of babies, girls and young women.

**Wherever Mr. Sudhir Bhai appears, he receives big hugs and faces light up at his sight. He is the loving father of all, humbly offering his life to care for them.**

**Photo above: next to him his eldest daughter, Monika, in the rehab room. Monika is a being with a very big heart and she loves the children. Photos below: Mr. Sudhir Bhai with the girls and disabled in their respective areas. Abel and Aleta enjoying with these special beings of Light.**



## EVENTS in UJJAIN, MADHYA PRADESH, INDIA

Officers, nurses, therapists and assistants gathered to learn about some of the effects of Homa Therapy on health. That was through an audio-visual presentation. **(Photo right)**



Before the time of Agnihotra, we reviewed the Mantras with the children and visitors. They also did some concentration and willpower increasing exercises with Prof. Abel. **(Photos below)**



When sunset arrived, it was like a sigh of the soul, soothing and relaxing all around ...

The wind danced softly with the trees, giving a refreshing breeze to our earthly bodies, while the spirit received a bath of Light, healing new and old wounds and regaining the joy of the gift of life.

***Thus, we feel the work of the Homa Fires in Sewadham Ashram: supporting, purifying, strengthening, healing the past and illuminating, creating an ideal present day ...***

## EVENTS in UJJAIN, MADHYA PRADESH, INDIA

Every morning it is a great privilege to celebrate sunrise with the Agnihotra practice.

Then we all sing the Mantra  
**"OM SHREE"**  
in front of the flames. **(Photo right)**

Followed by a short-guided meditation. After that, Prof. Abel continues with deep and conscious breathing, with Yoga exercises, ending with a complete relaxation. This promotes a healthy, stable and strong body, a sharp, concentrated and balanced mind and a happy and loving heart.  
**(Photos on this page)**



We also met two wonderful seniors, young in spirit, **Mr. Gupta and Mr. Tiwari (in the photo above, the two gentlemen dressed in white on the right side)**. They stay in the Ashram for longer periods and support with their knowledge and service. The Agnihotra Fire immediately spoke to their hearts and when more pyramids arrived, they took with joy and gratitude the task of practicing it at every sunrise and sunset, in the area of the disabled men.



## EVENTS in UJJAIN, MADHYA PRADESH, INDIA



Since the children were on vacation, there were many hours during the day to share with them. We began by teaching the basic Mantras of Homa Therapy, Agnihotra and Tryambakam. Mostly, we were accompanied by **Mr. Sudhir Bhai**, who was the first and eager to learn everything about Homa Therapy. **His daughters and wife** were always ready to help in any situation and especially with the translation. **The children could not wait to practice Tryambakam Homa and Agnihotra themselves. And they did it fantastically. (Photos this page)**



## EVENTS in UJJAIN, MADHYA PRADESH, INDIA



After so much practice of Tryambakam (which is part of the daily activities) even the strongest took a little unannounced nap. (Photos above and left) We also shared short videos of the wonders of our planet, animals on earth, air and water, which left the children happy and in absolute amazement.

Abel told **short stories** with values about: **truthfulness, nonviolence, compassion, sharing, etc.**

(Gori translated) (Photo right)

Aleta taught the **preparation of Homa home remedies.**

She also showed how to apply the **Agnihotra cream with a gentle massage. The elaboration of the Homa eye drops was demonstrated too.** This

happened in the presence of the Medical Doctor, the physical therapist, the nurses and Mrs. Kanta with the help of Monika. (Photos below) We would like to take the opportunity to thank the private secretary of Sudhir Bhai, **Mr. Rakesh, Mr. Sujoy Biswas and many others for always being there, supportive in so many ways. Thank you so much!**



## EVENTS in UJJAIN, MADHYA PRADESH, INDIA

Another beautiful and unique day ended with the teaching of Agnihotra, directed to the visitors and with the practice of this technique so beautiful, powerful and fascinating.

Agnihotra is always ready to surprise in a way that helps everyone. It is as if the energy of the Fire enters the depths of the being, discovering and opening ways for the **Light and Divine Love to flow**



again, without barriers, freely and exactly where we most urgently need it. (Photos above and left.)

*At sunrise, Agnihotra is renewing and revitalizing the energy of each cell of our body, preparing us to*

*triumph over adversities, taking the most beautiful aspects of each being and reinforcing it. What a Divine Grace!* (Photo below)



## EVENTS in UJJAIN, MADHYA PRADESH, INDIA



**Photos: Each resident of the Ashram receives daily Agnihotra healing ash in the food. In addition, Agnihotra cream is used for all skin problems, swellings, joint pains, wounds, etc. People with eye, nose or ear problems receive eye drops. Children love to receive Agnihotra ash directly after Agnihotra.**

**Photos below: Enjoying Yoga in the morning classes.**



## EVENTS in UJJAIN, MADHYA PRADESH, INDIA



We taught the Homa Fires to more people in the various areas of the Ashram. The gentleman in the wheel chair (**photo on the left**) lost his legs in a work accident. **After his recovery, he dedicated his life to the handicapped of the Ashram.**

He is in charge of the men's area. It is a task that carries great responsibility; however, he does it with much dedication, love and respect.



When more Agnihotra kits arrived, it was time to practice the preparation of this basic Fire.

**(Photo above right.)**

At sunset, all were bathed and dressed in their best clothes, with a smile from ear to ear and with the pyramid ready for the big event.

**There was a palpable joy in the air for being able to practice these Fires.**

And it came out wonderfully! When children do Agnihotra, we have seen healing effects in nature so quickly, it seems like a miracle.

Even the aquarium fish felt this joy and angelic energy. **(Photos below)**



## EVENTS in UJJAIN, MADHYA PRADESH, INDIA



The sunrise Agnihotra prepared the Ashram and its residents energetically for the arrival of an important visitor, **Dr. Bindeshwar Pathak and company.** (Dr. Pathak, in the photo right, wears a blue shirt.) Dr. Pathak is the Founder of a Social Reform Movement. He invented ecological latrines, where the gas released (methane) is harvested for electricity and cooking purpose.



Hundreds of thousands of these toilets are now all over India to keep it cleaner and more hygienic. They also help against poverty, since people do not need to buy gas.

They help nature too as there is no need to cut branches and trees. It was interesting to see how Master Shree Vasant had arranged for Prof. Abel to meet Dr. Pathak, when he did not have the fame that accompanies him now.

Among many activities, there was a Vyahrti Homa to show something of Homa Therapy. This day, Karin Heschl and Arun Anand also came from Indore. Dr. Ulrich Berk came on another occasion. (Photos on this page)



## EVENTS in UJJAIN, MADHYA PRADESH, INDIA



Another of the wonders of the Ashram is that anyone who is capable helps and teaches the one who is not. They assist by giving food, helping to dress, caring, washing, cleaning, etc.

**(See photos on this page that say it all.)**

**It is a great family created with love and discipline!!** Mr. Sudhir Bhai, his family, his assistants and the generosity of outside supporters created this miracle. **Now they also can count on HOMA help!**



However, the Ashram needs more hands, minds and hearts of people who feel called from the depths of their being of performing selfless service with the soul of volunteers.

***Girls, boys, young, adults, seniors, people with different capacities, the terminally ill, all taught us by their example, their smiles, their confidence, their joy, their leaving behind in oblivion the pain experienced in most difficult circumstances that life has given them. They, being in the moment and serving best possible, etc. And, above all, with their unconditional love.***

We (Abel and Aleta) have received so much.

**Our hearts got filled with the best of the best, thanks to all of them.**

***IF YOU FEEL THE CALL TO HELP AS A VOLUNTEER IN THE ASHRAM OR WITH A DONATION, please contact for more details: Sudhir Bhai & Kanta Goyal <[sewadhamashram1989@gmail.com](mailto:sewadhamashram1989@gmail.com)> or <[terapiahoma@yahoo.com](mailto:terapiahoma@yahoo.com)>***

Please watch this video: <https://youtu.be/3tM484A4PUY>



## EVENTS in UJJAIN, MADHYA PRADESH, INDIA



**(Photos above)** In the women's area, where Gori and Aleta took the opportunity to share Agnihotra daily, we also taught about **Homa home remedies**. Some women and girls assisted in their preparation together with the lady in charge and Gori.

**(Photos below)** Here we also celebrated a massive Agnihotra. You can see the happy girls with their pyramids, rehearsing the Mantras again and again, preparing for Agnihotra.



## EVENTS in UJJAIN, MADHYA PRADESH, INDIA



After Agnihotra and chanting the Mantra, 'Om Shree', till the Fires had all extinguished, **Mr. Sudhir Bhai** decided to inaugurate the **"Sewadham Homa Ashram"** (Photo left) after experiencing and knowing more about the Benefits of Homa Therapy, its implications in Agriculture, Ecology, Health and Well-being for his Great Family.



(Photos above in the area of women where they are receiving Agnihotra ash.) We shared other activities, like painting. Children and young, the more time they have been living in the Ashram, the more expressive and creative talent they show. (Photos below)



## EVENTS in UJJAIN, MADHYA PRADESH, INDIA



Agnihotra practice with the girls in the hospice for women with terminal diseases. They receive 3 times the healing Agnihotra ash through their food daily. **(Photo above during Agnihotra and left Gori sharing the pulverized Agnihotra ash.)**  
In **Sewadham Homa Ashram** people and animals take this Ash.



There are also visits of curious monkeys. **(Photos below)**



## EVENTS in UJJAIN, MADHYA PRADESH, INDIA



Visit of nursing students, learning about Homa Therapy through a talk and videos presented by Prof. Abel.

They were amazed at the effectiveness and quick help patients receive.

They wanted to come back and learn more.



There are so many more beautiful things to share about the

**"Sewadham Homa Ashram"**.

We hope that you, dear reader, have received something of the enthusiasm and loving energy of this paradise created for people with different abilities.

The time there is very short, the days fly by. Once again, we have witnessed the power of the **Homa Fires and the DIVINE GRACE** that comes with them as a token.

Photos of Agnihotra sessions. Last row: the children saying goodbye, singing Mantras until we left the Sewadham Homa Ashram.

**WE LOVE YOU AND WE PLAN TO RETURN!**



## EVENTS in NEW DELHI, INDIA



Before leaving Mother India, we spent a few days in New Delhi with **Mother Saroj Malik and her daughter, Akanksha**, who was our wonderful hostess. Both organized meetings and presentations for Homa Therapy. **Mrs. Umang Akilesh**, neighbor of Akanksha and now Agnihotra practitioner, also took initiatives to inform people about Homa Therapy in their home and workplace. **(Photos this page)**



## EVENTS in NEW DELHI, INDIA



Before leaving New Delhi, there was a nice group of people practicing Agnihotra.

We are grateful for this.

**Photos:**

- 1) Akanksha
- 2) Meeting at her home
- 3) At the home of Mrs. Umang Akilesh.

**Mother Saroji teaches Agnihotra in New Delhi. She is the first on the right.**



When leaving New Delhi, the thermometer showed over 40 degrees Celsius, and upon arriving in Europe, the snow presented us a spectacle in white.

## HOMA AROUND THE WORLD - SATSANG, CURACAVÍ, CHILE

### Satsang is part of the Organization of Organic Producers of Curacaví

On Friday, May 5th, Curacaví, **OPOC's Internal Control Officer, Sebastián Morales**, visited the Satsang farm to verify on the ground that it meets the requirements of the Chilean regulations to be declared an organic farm. During the inspection, Sebastián Morales approved of the organic Homa cultivation techniques that are used in **Satsang**, a farm that last year was registered with OPOC in Chile.

The following weekend, on Sunday, May 14th, members of the **Forest Guard Network, led by Isidora Huici and Fabián Guerrero**, visited the **Satsang farm to harvest seeds of native Chilean trees, such as Boldo, Quillay and Peumo, to help reforesting the hills affected by forest fires in Chile last summer.**

**At the time, the volunteers of the Network also took Agnihotra ash to mix with the seeds, helping their healthy and vigorous germination and growth.**

(Photographs: courtesy of Fabián Guerrero)

From May 22nd onwards, **Juan José Rodrigues** actively participates in the development of Satsang.

He helps to prepare and cultivate its organic orchards, to transform the premise into a Homa Farm with the practice of all disciplines and to promote research in organic Homa agriculture. He also maintains the facilities for drying cow dung for the practice of the Yagnias.

**Juan José Rodrigues collaborates with the teaching of Homa Organic Agriculture** to volunteers and visitors of Satsang and in Agnihotra workshops of the Fivefold Path Foundation in Chile.

**Agronomist Carolina Morales, specialist in Homa organic farming, constantly advises and supervises the agricultural work carried out at Satsang.**

(**Photografía: Carolina Morales junto a Juan José Rodrigues trabajando en las huertas de Satsang**)

**Satsang** has a beautiful independent house, specially arranged to welcome volunteers wishing to stay for a minimum of one week.

It has two rooms, kitchen, bathroom, dining room and warm wood heating.

**Volunteering is welcome and includes food (vegetarian), accommodations and teaching of Homa organic farming.**

Minimum stay is one week.  
Applications can be sent to:  
[satsangchile@gmail.com](mailto:satsangchile@gmail.com)



## HOMA AROUND THE WORLD



**- GUAYAQUIL, ECUADOR**  
Alexa's baby is getting the best energy for its well-being!



### - PIURA, PERÚ

Dr. Marixa of the National University of Piura, is sharing Agnihotra with  
- her neighbors' children  
- her friends Cesar and Nancy



### - VILLAVICENCIO, COLOMBIA

Diana and Joaquin continue to share HOMA Fires everywhere:

- In women's circles
- In the Olympic Park where children and young people have felt the strength and beautiful energy of the Fire and more and more kids arrive
- With visits such as the arrival of Henry from Huila
- With Mr. Audo at the Samadhi Yoga School
- With friends
- At home, etc.



## HOMA AROUND THE WORLD - NAGPUR, INDIA



The young assistant teacher, **Dezling Chaitanya Danta** (pictured left in the **white shirt**), continues to share Agnihotra in Nagpur. He practices and invites people in need 7 days a week for sunrise and sunset **AGNIHOTRA** in the Arya Samaj Temple, where he lives. **He is another great example of Selfless Service!** And yes, yes, yes, he has the support of

**Dr. Ashish K. Jha, Mrs. Deepa Lalwani and her family, among others.**



## SCIENTIFIC ASPECTS OF AGNIHOTRA

By Dr. Ulrich Berk

### Soil and Agriculture (continued)



In the last article in this Newsletter we quoted reports of **FAO (the Food and Agriculture Organization of the United Nations)** saying that farming only 60 years of farming would be left if conventional farming would continue like today.

Also we quoted **Shree Vasant Paranjpe** stating that the soil has to be rejuvenated first by Homa Therapy, thus creating a healthy micro-flora and micro-fauna.

This is the claim based on Vedic Knowledge.  
To which extent could this claim be validated by modern agricultural sciences?

A lot of research work was done on the effects of Homa Farming on soil health at **Dharwad Agricultural University, Karnataka, Southern India under the guidance of Dr. Pramod Basarkar**. Four M.Sc. theses had the subject of Homa Farming – one each concentrated on studying growth, yield, disease resistance, occurrence of pests, and effect on soil parameters.

Crops planted were soybeans, cabbage, tomato, and Okra (ladies' fingers, a vegetable quite popular in Asian and African countries), one thesis each concentrating on one crop. Results were very good showing increase in yield, better quality of the produce etc. Today we want to just look at the effect of Homa Farming on soil quality, soil health.

There were considerable improvements – although all these four studies were only carried out for one season! Would be interesting to see how the soil improves even further if Homa Farming would continue for a couple of years.

The four studies examined nutrient content and biological properties of soil, mainly beneficial microorganisms. But did not go into physical properties like soil texture and structure, pore space, permeability, water holding capacity, etc.).

**Soil nutrients:** normally there is a distinction made between macronutrients and micronutrients. Macronutrients are nutrients which are required in large quantities for plant growth. The primary macronutrients are N, P, K – Nitrogen, Phosphorus, and Potassium. Micronutrients are of same importance for plant growth as macronutrients – only they are needed in smaller quantities.

**Microorganisms:** beneficial bacteria and fungi help to decompose organic matter in soil, fix nitrogen from the atmosphere, solubilize phosphorus, etc., and thus make nutrients available to plants. A soil without such microorganisms is dead – not really a soil in proper sense.

Article continued on next page

## SCIENTIFIC ASPECTS OF AGNIHOTRA cont.

**Actinomycetes** have characteristics of both bacteria and fungi. Their role in soil is mainly to break down organic matter difficult to degrade.

**Soil dehydrogenases** are used as an indicator of the activity of soil microorganisms, also they play an important role in the biological oxidation of soil organic matter.

**Soil phosphatase** activity plays a fundamental role in the transformation of P from soil organic matter into a forms available to plants.

Following the change of soil parameters, especially soil microbial count and content of macro- and micronutrients, compared with control without Homa.

(These studies examined up to 18 different treatment combinations, like soil application of Agnihotra Ash OR soil application of Homa Biosol. Here we do not want to get into these fine details – as in Homa Farming we use **BOTH** Agnihotra Ash (as well as other Homa ashes) and Homa Biosol.)

	Soybeans	Cabbage	Tomatoes	Okra
<b>Biological properties of soil</b>				
Beneficial Bacteria	30%	40%	19%	37%
Beneficial Fungi	60%	56%	75%	52%
Actinomycetes	44%	38%	57%	50%
Soil dehydrogenase	489%	54%	55%	55%
Soil phosphatase		18%	34%	11%
<b>Soil macronutrients</b>				
Available N	15%	15%	97%	25%
Available P	62%	56%	59%	70%
Available K	4%	24%	42%	25%
<b>Soil micronutrients</b>				
Cu	58%	17%	34%	12%
Zn	162%	35%	30%	25%
Mn	51%	39%	30%	27%
Fe	50%	20%	20%	21%

**Table 1. Effect of Homa Organic Farming on Soil Parameters**

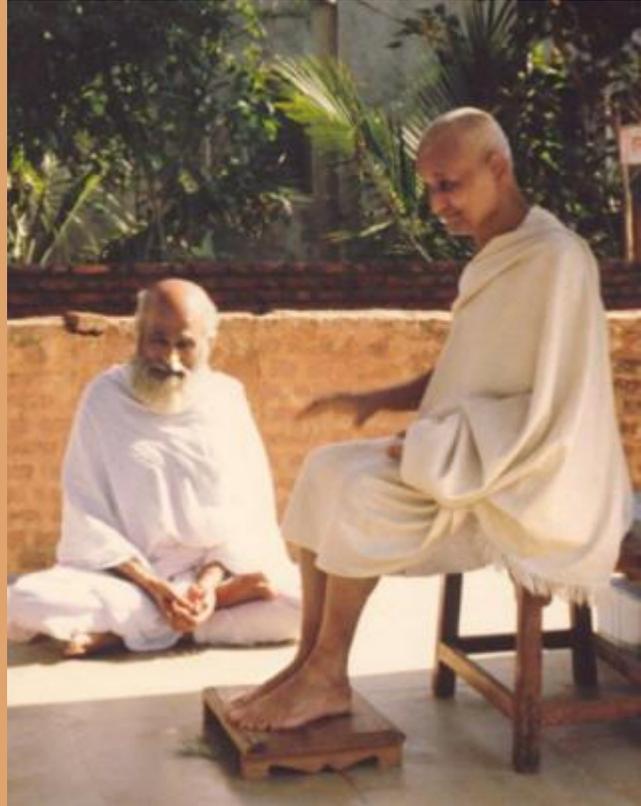
It can be clearly seen that Homa Organic Farming improves soil quality in all the parameters measured. These results were obtained after just one season. It would be worthwhile to continue such a project and see how soil health improves within a longer period, say three years!

This time we concentrated on the effects of Homa Organic Farming on soil quality. In the next issue we will examine how plant growth, yield, quality of the produce were affected, and also see what was the effect on plant health and disease resistance.

## MESSAGES FROM MASTER SHREE VASANT

### SWADHYAYA

Practice of Swadhyaya will reveal exactly what points need to be given more attention - exactly what to work on - whether it is one's attitude, behavior, one's habits or attachments. A little attention to one's own self-study will bring clarity. It is good to keep oneself in check. This does not mean becoming over analytical. It is simply heightening one's awareness. The ultimate aim in self-development is what we call AT-ONE-MENT. There, of course, service results. One becomes an instrument to serve others. Then it is all joy. But one does not reach this stage by intellectualizing, by analyzing, by dissecting oneself. It is a process simply. So Agnihotra begins this process and gives it a boost. One then practices Daan to reduce attachments. Then Tapa to discipline



Master Shree Vasant at the Feet of His Master, Mahashree Gajanan Maharaj.

body and mind. Then Karma to sow seeds of positive action all the time. You reap as you sow. You may have to pay for past actions, so at least create now only good. Then SWADHYAYA, intensive self-study. This is done in a number of ways, one being through the aid of meditation. Swadhyaya is not done only on the thought level. Meditation is most beneficial to quiet the mind so that true realization can dawn.

Community must come up in every place where Agnihotris are doing the work.

When there is more trouble oftentimes there is more opportunity to teach the fire. Suffering prepares a person for God. Now all of man is suffering the effects of pollution. So Agnihotra can go all over the world now.

### CHILDREN

Fortunate are those who walk in Light. The ways of the world are not easy now. The pulls are very strong on the youth of today. Even children raised in HOMA atmosphere in the West still have to contend with this constant tug on senses, constant attraction to danger, constant pull on the mind. A parade of sensory illusions passes before them daily. For this age, it is only GRACE that will pull them through.

You can see more of Master Shree Vasants' Teachings at:  
<https://www.youtube.com/watch?v=D4rRP8VLHMA>

## FROM INTUITIVE GUIDANCE - ( received through Parvati Bizberg, Poland)

### On the Portal

Yes, yes. The portal which we referred to in previous transmissions is now slowly closing with the final days of 2016. It has been a powerful year of change, not always seemingly for the best for all. However, amidst the political powwows and power mongering, there are seeds of deep change being sown and grown amongst all of you who bear the light for the world. Your responsibilities deepen now.

Just like the germination process when a plant gathers energy from the soil, the air, the water and sun, before being able to grow into full radiance and seed bearing fruit—you must be patient with yourselves during this, the germination process on Earth.

Though all appears to be daunting and shadows pilfering the Light, dear Light Beings of planet Earth, do not despair. Do not give in to fear. That is the game being played. You do not participate in the games that are beneath your stature in Light.

Walk quickly and carefully through the booby traps that appear before you. Without fear, none of these seeming obstacles have any chance to touch you. **You are beyond that grasp, when your strength and your hope lie in the Spirit, in the wholeness of the universe and the souls coming together en masse to shift the tide. And, the tide will shift once again.**

Those Sacred Sites (The Three Points of Light) have been prepared by us for just these times. Support and build up these sacred sites, for there shall be peace at those places, as we have shown.

The portal is slowly closing and the ease with which many have shifted into the Light has been phenomenal, like no other time. Now, the portal is again closing, so there will be less beings departing from end of December, actually beginning now. The entryways are now rich with Light, as many who have passed most recently were imbued with light.

Those who lived their lives in kindness and in loving service always continue on the path of Light, as their evolution has been stepped up due to the energies alive at these times.

### No Fear. HAVE DEEP, ABIDING FAITH.

May this sacred holiday, in all your cultures, be rich with Peace, Hope and Love. May you all walk on your chosen paths with a light step, an open heart and compassion, compassion, compassion.

Your calling is loud and clear now, each of you, no matter what path you take. Walk in Light, in reverence to Mother Earth, hand in hand, heart in heart.

Blessings abound.  
We are, ORION.

### On Points of Light

Yes. Yes. The three Points of Light are specific sites where healing is to be emitted to Mother Earth and to the stars. That is, receiving stations and relaying portals of Light. All three are Points where interplanetary connections can be at their zenith. Yes. Yes.

Now at these three Points—Maheshwar, India, Bhrgu Aranya, Poland, and Elqui Valley, Chile—there are deposits of minerals which will be activated with the ongoing practice of Homas at each site. It is these fires which activate the underground minerals and cause an interaction between elements of Nature and the Cosmos.

These sacred places must be maintained with fire and, at each site, the fire shall be ongoing. Whosoever maintains the fire should be trained correctly in Homa, to be able to maintain the energy cycles of sunrise/sunset and additional fires. We would say, at each site, beings devoted to the fires should live and maintain these energy cycles with Agnihotra and Yajnya—at least regular Agnihotra practice to start with.

Where there is a will, there shall most definitely be a way.

Blessings abound. Catch them, like falling stars. Indeed, at these sites, one will witness miracles and much interaction with the starry skies. Blessings. Blessings. Yes. OM.

More info: [www.oriontransmissions.com](http://www.oriontransmissions.com)

**Thanks for Sharing the "Good News" with this Homa Health Newsletter!**

## ANNEX - NEWS FROM THE ECOVILLAGE BHRUGU ARANYA



Dear friends of Ecovillage Bhrugu Aranya,

For over 20 years we have served the local and global community by providing tools to heal our planet and heal ourselves. The Centre of Light will help us to expand our reach to hundreds more people every year and create a ripple effect to generate positive change on our Earth!

As Gandhi once said: 'Be the change you wish to see in the world'.

Each year, as the number of people whose lives are affected by the imbalance on our planet increases, our services are needed more and more. It is our mission to expand our reach and help many more people with the environmental healing tools we provide.

At Ecovillage Bhrugu Aranya, we want to keep our doors and hearts open, and to always have space to accommodate the many people who wish to learn practical ways to heal themselves and our planet.

Homa Therapy Foundation, our trusted 24-year old NGO, is committed to expanding our international Ecovillage with the construction of Centre of Light, so that we may fully serve the needs of all.

To fulfill our mission, we need more accommodation, facilities and seminar rooms for teaching ~ all of which the Centre of Light will provide. We see this place as a sanctuary for all living beings, a safe haven, where all who come here feel that they have arrived home, whole, energized and nourished.

To expand our outreach and create a positive change for the planet, we need your help. Join us and make a donation to our Centre of Light campaign. All monies raised will be used to complete the creation of the Centre of Light.

All donations are needed and appreciated. Any amount is welcome!

Donate to our cause by following this link:

<http://bit.ly/centreoflightpoland>

FOR THOSE IN THE U.S. who would like to make tax-deductible contributions:

Donations from the U.S. (or from U.S. bank accounts) may be made by check, money order, or online by PayPal, using a credit card or PayPal. Donations are tax-deductible as allowed by U.S. law.

Donate in US by following this link:

<http://www.agnihotra.org/want-to-help/>

Checks and money orders should be made payable to Fivefold Path, Inc. and may be mailed to:  
Fivefold Path, Inc.

278 N. White Oak Drive. Madison, VA 22727 U.S.A.

Please note "For COL POLAND" on your check or money order.

We will be sending out an Ecovillage newsletter with updates. We will also be posting our progress on our Facebook Pages - Centre of Light, and Ecovillage Bhrugu Aranya

With Much Gratitude,

The Centre of Light campaign team, Ecovillage Bhrugu Aranya

Parvati, Jarek, Barry, Jacob, Katy, Rory, Asia, Karina, Ulrich, Maria & Jessica

Watch a short documentary about our Ecovillage

<https://www.youtube.com/watch?v=dvBFn31fOvU>

Our mailing address is:

Ecovillage Bhrugu Aranya  
Wysoka 151

34-240 Jordanow, Poland

Tel: (48) 502-347-898

[info@homatherapypoland.org](mailto:info@homatherapypoland.org)