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Your comments, questions, suggestions and stories for the Homa Newsletter are welcome; You can write to Abel Hernandez & Aleta Macan: [terapiahoma@yahoo.com](mailto:terapiahoma@yahoo.com)  
Thanks!

**PEACE or WAR**

Let us continue our series of self-study, Swadhyaya. Most people seek what they think they lack.

Many seek 'Peace', but what is Peace?

For the hungry, peace is the food.

If you are cold, peace is the clothing.

For a thirsty person, peace is water.

If you're tired, peace is resting.

If you are insulted, peace is respect.

If you have body aches, peace are painkillers.

If you are itching, peace is scratching or antihistamines.

Yes, yes, yes, we could also say that there are natural and artificial needs.

Peace and happiness are analogous to many.

Some will say that peace is to have:

- \* the latest car model or cell phone
- \* a larger, comfortable and modern house with all appliances and furniture of the latest generation.
- \* to wear fashionable clothing.
- \* a perfect and beautiful body.
- \* More jewelry, money, more sex, more drugs and alcohol.
- \* lovers, fame, etc.



**Let's choose peace! Agnihotra radiates peace wherever it is practiced!**

Perhaps, the answer for many is not to be in the extremes of "Having or not having" or "Be or not to be".

The answer for them may be the balance that allows them to fulfill their duties and achieve their goals.

There will be some whose aims and aspirations are different and they only care about the spiritual issues and the search for the divine light.

**There will be few that feel that they already have everything and that nothing is missing to be happy.**

And yes, yes, yes, there are those who perceived themselves as gods.

**See the Bible, Psalm 82:6  
"You are Gods."**

**The Fivefold Path helps us to gradually find the Peace that transcends words and the Joy that does not depend on the satisfaction of desires.**

**Long live the Fivefold Path!  
(Yajnya, Daana, Tapa, Karma, and Swadhyaya)**

**OM SHREE OM**

## HOMA HEALING STORIES

**Dr. Luis Carriel**  
**Medical Technologist and Naturopath**  
**Homa Center "La Zenaida", Vinces, Ecuador, S. America**

At the Homa Center 'La Zenaida', we are now in the **12th year of practicing and teaching the Homa Therapy basic fires.**

- Four months ago, I had a patient who had **open heart surgery** 17 years ago. This patient suffered from **fibrillation**, a kind of tachycardia that caused the coagulation factors to increase.

**The cardiologist prescribed for him a blood-coagulant such as coumarin, which he had to take one tablet a day for the rest of his life.**

**After two months of participating in Agnihotra and consuming its ash daily, the fibrillation disappeared and the doctor reduced the coumarin dose by half.**

Today, this patient who had dark circles around his eyes and who could not sleep because of the **tachycardia**, spent Christmas and New Year happily with the family. He comes every three days to the Homa Center to participate in Homa Therapy. He now takes coumarin only sporadically.

- **Another patient**, my neighbor, had a **problem with the heart valve**. She was to undergo open heart surgery. Her relatives had made arrangements with the group of ladies of the consular to do the surgery. **She was also cured with Homa Therapy, without the need of an operation.**

- **Another 10-year-old girl with a heart murmur, recovered completely in two months.**

- **Another patient with tricuspid valve damage, regenerated and did not need an open heart surgery.**

**These are very beautiful and amazing experiences. Homa Therapy works excellent and every day I see more "MIRACLES".**



**(Photo: Dr. Luis Carriel with his wife Sarita.)**



**(Photo: Mrs. Lourdes with Dr. Carriel)**

**Lourdes Mercy Cabello Castro**  
**Dr. Luis Carriel, Vinces, Ecuador, S. America**

I am 59 years old. I suffer from **arthritis** since one-year. **My whole body hurt and I could not move.** The doctors sent me **anti-inflammatory medicines, but they did not help me. I could not sleep even for a minute.** The situation was horrible. **My body was very swollen and did not want to eat.**

In this condition, I came to **Dr. Carriel and with the Fires of Homa Therapy and taking its ash, my recovery began. I attended every day and in less than**

**a week I could sleep well. The pains went away little by little and the swelling came down. Now I also eat well, and I feel better and better.**

**Dr. Carriel explains some more details: Mrs. Lourdes** brought me her medical history with all the exams performed. **She was on the verge of a paralysis**, because she already had **rheumatic fever**. Her fingers started to deform, and she suffered from a **general decalcification**. In one segment of an arm and in the ribs there was practically no more calcium. The column showed -1.2 in the densitometry scale and **she had intense pains, to such an extent that she could hardly get into the truck. To bend her knee, she cried and screamed heavily. She even had asked God to take her away.** But we comforted her saying that all this will pass. **Now you can see her walking.**

**The most serious was that the c-reactive protein was 110 mg.** The top value is 5 mg - the maximum. That means that there was explosion of cells. With the Homa treatment this has been gradually lowered and **at this moment her c-reactive protein 28.9. She has now 3 months with Homa Therapy and taking the Agnihotra ash and she is in absolute recovery.**

I also use a few drops of Cat's Claw essential oil for the pains.

**She has a traditional cattle farm, using natural fodder, without concentrates, and she provides us with the cow dung cookies for the Homa Fires.**

## HOMA HEALING STORIES

**María Fernanda Gómez**

**Patient of Dr. Luis Carriel, Vinces, Ecuador, S. America**

I'm 35 years old. I have been suffering from the most **severe psoriasis for 8 years**. I have gone through many treatments, like Fito therapies. The **Biological Therapy** was the strongest for me, **I did it for approx. 3 years and it damaged my liver**. My liver enzymes were super high and reached level 3.

My sugar went up too. I have had **diabetes** in my gestational state. When I was pregnant, this was the only time I was without Psoriasis. I even lost some weight. Everything was fine during my pregnancy, except for the diabetes. Three months ago my Glucose test showed 180. That was before coming to Homa Therapy.

**(Photo: María Fernanda Gómez)**



Also, due to the **steroid cream**, which the doctor was prescribing, **I was losing my vision and my body was swelling. In the right eye I could no longer see**, only shadows; all was opaque and I felt like I wanted to leave. But after some time the corticoids did not work anymore for me; they did not help at all.

**I had psoriasis on my head, my ears, on my whole body**. For me the most terrible thing was to bathe, because my skin burned barbarian. My whole body was bleeding. My skin was breaking. To put on closed shoes was impossible, because the sides of my feet were open. **This is a very painful disease! Even emotionally** it is, because a woman wants to look good. Taking about emotions, I was completely aggressive.

I could not work any longer and made the decision to leave my job, since I was under a very high pressure. I am an industrial psychologist. I managed the whole area of the company's re-organizational development.

**But being at home, I became very depressed. I could not tolerate my daughter, nor my husband. I could not stand them. I did not want my husband to direct some words to me. I was very depressed in every way.**

**In this condition I came to Dr. Carriel. I was completely bedridden with a very aggressive and painful psoriasis. Even my fingers hurt. When I woke up in the night, I felt a very bad pain and could not move them. I came to a state where my clothes were sticking to my skin, because of the many open wounds.**

**After the first time in Homa Therapy, the next day I already experienced relief.** Relief, because the skin has gradually returning to normal. **After the first week, the psoriasis began to disappear. I have only one month with the Homa treatment** and I thank the doctor and his wife **Sarita** very much.

Now, I only have very small spots on my legs and for me that is a tremendous improvement.

I was consecutively doing Agnihotra and taking its ash first thing in the morning and at night. **Since the first night with Homa Therapy I recovered my sleep.** Before, because of the strong itching I was unable to sleep. Above all things, I prayed to God so much and promised, that if I got better, I was going to bring more people to Homa Therapy so that they could also be healed. And truly, emotionally I also feel more calm and I feel overall very well. In the second week of my Homa treatment, to get better faster, I drank water loaded with Agnihotra ash. **And see, now, after having had breakfast, my sugar is in 128 and I'm not taking pills. This test was done recently. I do not apply**

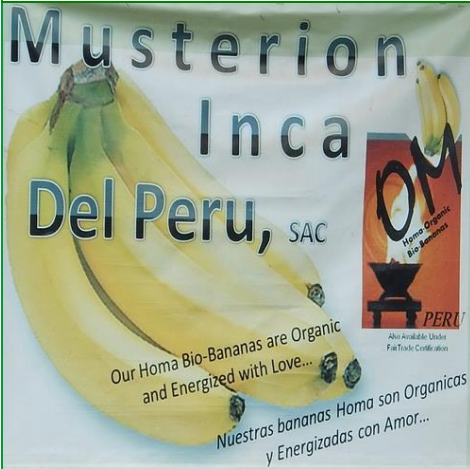
**corticosteroids and my eye is fine and my fingers are too. I feel good, I'm happy and I look younger!** Now my little daughter is my heartbeat, also in our relationship we get along well and I am much calmer. **All this happened in just one month with Homa Therapy.**

**Dr. Carriel adds:** her case is somehow amazing. When the patient arrived, one could see the pain on her face. **And now, one can see her with a smile, a fresh and younger face.**

Her body was swollen and in a process of accelerated decalcification, caused by corticosteroids. **However, now she is practically reaching normality.**



## HOMA AGRICULTURE - THE SOLUTION FOR THE FUTURE OF OUR PLANET!



Engineer Hernan Posas commented to the group of Agnihotris at a Rudra Yajnya done in the Homa banana plantation, "Joselito":

**The Homa farm *Joselito*** was originally a desert, just pure sand. There was nothing. Now, after a few years of fighting side by side as a team with Homa Therapy, we have achieved a lot. Homa Therapy energizes us, gives us peace, gives us the spirit to focus on the right direction where we can solve problems.

Last year 2,000 milliliters of rain fell on us in 6 weeks, while per year usually in this desert

the rainfall is 200 milliliters.

All the farmers suffered a lot because of these heavy rains and floods. Some farmers lost everything. We have had only 15 hectares affected, of which we have been able to recover all.

We practice the Fires of Homa Therapy in our Resonance Point daily.

We do Agnihotra and 8 hours of Triambakam Homa. On full moon and new moon, we do 24 hours. In addition, we apply the ashes, which energize the earth, plants and fruits.

(Photo below: Eng. Hernan Posas showing Prof. Abel the good thickness of the stem; the 2 huts of the Homa Resonance Point; banana plants with healthy and vigorous



leaves; receiving the splendid Homa fruits for packing and export.)





## HOMA AGRICULTURE - THE SOLUTION FOR THE FUTURE OF OUR PLANET!



We received from Andres Arango Crisanto, following informative summary about the devastating "El Niño", which hit the North of Peru in March 2017. Andrés is Homa Technician at *Joselito*, near the village Chulucanas, located in the North of Peru:

When the phenomenon of the coastal "El Niño" started, last year in March, there were 41 ha of banana planted in *Joselito*.

In general, at that time, the plant was smaller and with a thinner stem.

The average finger (banana) length was 24 cm and the average caliber up to 42 mm.

After the phenomenon of the "El Niño" we had 26 ha in production. 15 ha have been affected by El Niño in a recoverable form.

**Compared to other banana plantations in Alto Piura, we lost little. Their loss was up to 90% of the areas sown and in production.**

**The affected areas in *Joselito* banana plantation are already recovered and in full production.**

**Now the plants have a thicker stem, the flowers have become larger and stronger, which presages large clusters.**

**We have an average of 9 hands per bunch. However, each time at during harvest, clusters of 12 hands are presented, which previously were not seen.**

**The average finger length is now 26 cm and the average caliber 43 mm.**

The Homa activities performed are: Agnihotra at sunrise and sunset in both cabins (Agnihotra and Triambakam). Triambakam Homa is performed from 6.30 a.m. until the departure of the staff, at 3.30 p.m., with an intermediate break at noon for one hour. Full moon and new moon we practice 24 hours of Triambakam Homa continuously.

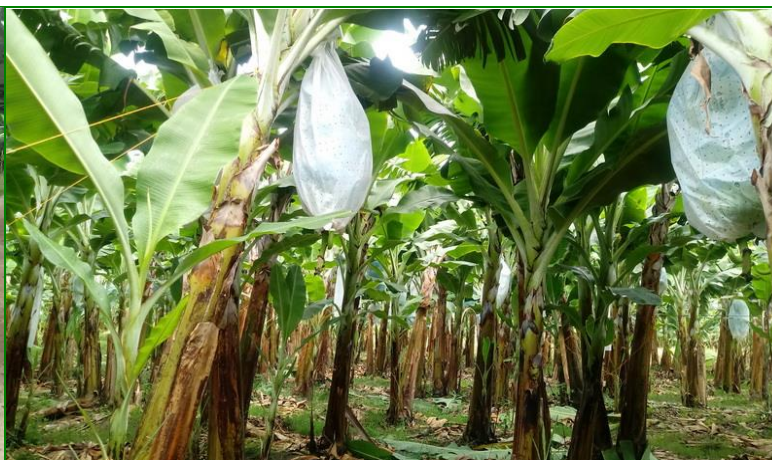
**The ashes of Agnihotra and the other Homas are prepared with water, applied to the crop in foliar form. This way we are taking advantage of its different effects such as fungicide, herbicide, nematocide, etc.**

**and as a fertilizer for the plants.**

**We are happy to be able to live in the *Joselito* Homa farm. It is a healing environment for the plants and for the human being.**

**We produce an organic product, nourished by the Homa Fires.**

**OM SHREE OM**



**(Photos of *Joselito* banana plantation, where the healing and balancing vibration of the Homa Fires penetrate each cell of the plants and makes its' fruits a highly energetic food.)**

## ECO NEWS

### The clever electronic inks rewriting our energy future

**Professor Dastoor** from the **Newcastle University in Australia**, said “No other renewable energy solution can be manufactured as quickly. On our lab-scale printer we can easily produce hundreds of metres of material per day, on a commercial-scale printer this would increase to

kilometres. If you had just ten of these printers operating around the clock we could print enough material to deliver power to 1000 homes per day.” The technology delivers unprecedented affordability at a production cost of less than \$10 a square meter.

For more information please see: <https://www.newcastle.edu.au/newsroom/featured-news/the-clever-electronic-inks-rewriting-our-energy-future>



### 150 whales stranded in Australia

**Eco-News 23rd March, 2018**

Only 15 short-finned pilot whales are alive after a mass stranding event which saw more than 150 of them stranded on the West Australian coast.

Volunteers, veterinarian staff and wildlife officers made their way to Hamelin Bay early on Friday morning, working to ensure their survival.

For more information please see: <https://mashable.com/2018/03/23/whales-stranded-western-australia/>

### Berlin films journey into agribusiness wastelands

**24th February, 2018**

From bulldozers ripping through virgin forests to planes spraying pesticides on village schools, documentary film-makers in Berlin are showing the high toll of modern industrial agriculture.

They take viewers on road trips through Big Food's wastelands, from Indonesia where rainforests are razed for palm oil plantations to Argentina's soy and grain fields that produce cash crops for export and as animal feed. For more information please see:

[https://www.newvision.co.ug/new\\_vision/news/1471874/berlin-films-journey-agribusiness-wastelands](https://www.newvision.co.ug/new_vision/news/1471874/berlin-films-journey-agribusiness-wastelands)



### Blue Planet - Plastic Pollution Awareness 2018

<https://www.youtube.com/watch?v=xLx4fVsYdTI>

Sir David Attenborough's haunting message on plastic pollution in the oceans.



## EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



In a short visit to Guayaquil, Ecuador, we united each day with the Homa family to celebrate the Healing Fires.

In the photos of this page, we practice the **Rudra Yajnya** (Photo above) in the *Good Shepherd* office of **Dr. Jaime Montufar**.

This special Yajnya ended with the **massive practice of Agnihotra**.

(Photos below) Dr. Jaime has the full support of his wife, **Eng. Olga Benites** (Photo far right), who invited all the participants to a delicious dinner.





## EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



Photos (above) show the practice of **Shree Suktam Yajnya** and sunset **Agnihotra** in the rest. **Amaranto** of Mrs. **Augustina Mejías** and her husband **Patricio Feijoo**, situated in **Urdesa**.



The photos (on the left and below) are taken during **Agnihotra** in the office/home of **Dr. Cesar Merino** and his dear mother. The Doctor, with the help of the nurse, **Mrs. Gloria**, practices **Agnihotra** and also **Tryambakam Homa** daily. The doctor, a well-known urologist and sexologist, invites his patients to participate.





## EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



The photos (of this page) show the practice of **Shree Suktam and Agnihotra** in The Homa Center of Urdesa with Naturopathic doctor **Sonia Hunter**. Here people meet every day to share Agnihotra



and on Thursdays, also **Tryambakam Homa** is taught and practiced.

The Homa family of Guayaquil is growing and always ready to serve selflessly. With this group, much dedicated to the Homa healing fires, we meditated after Agnihotra for a long time. Then we stayed afterward, sharing and listening to wisdom's teachings.





## EVENTS in the NATIONAL UNIVERSITY of PIURA, PERU

Back in Piura, we participated in the Homa Therapy Meetings and the practice of Agnihotra in the National University of Piura.

**(Photos of various meetings in the UNP.)**

The organizers and conductors are **Dr. Marixza Chávez** and **Ms. María Jesús Vásquez**.





## EVENTS in CASTILLA, PIURA, PERU, SOUTH AMERICA



**(Photos of this page:)**  
Daily meetings for  
Agnihotra teaching and  
practice also take place in  
the Castilla Peasant  
Community. The Homa  
volunteers; guiding these  
encounters are  
**William Silva Garcia**  
and **Mrs. Julia Yopez.**





## EVENTS in CASTILLA, PIURA, PERU, SOUTH AMERICA



The **Women's Healing Circle** meets on Thursdays with the Agnihotris. These unions strengthen the bonds between us. They deepen our appreciation and respect and keeps us open-hearted, learning not to judge or criticize, but to place ourselves in the other person's shoes in order to understand their actions better. These meetings are a deep breath for the soul.

**Photos of this page:** Usually we practice Tryambakam Homa for up to 1 hour, taking turns, followed by Agnihotra and a guided meditation. Afterwards we sing devotional songs or do universal dances. If we have some more time, we learn and share, for example, the preparation of gluten (meat substitute) for a more satvic diet without violence, the preparation of Homa home-made medicines, we read spiritual uplifting literature, draw mandalas, etc.



**We learn how to make homemade medicines with Agnihotra ash; such as the Homa eye drop, which is used for eye, nose and ear problems.**





## EVENTS in PIURA, PERU, SOUTH AMERICA



**Mrs. Graciela's and her mother's home** have turned into another **Homa Center** for people in this area. Every day between 10 and 20 people come to seek relief and health with the medicinal Homa fires. Graciela practices Agnihotra for several years. These meetings also depend on the help of Homa volunteers, **Mr. Cesar and his wife Nancy.** ***Serve thy neighbor without expecting anything in return*** - is practiced here unconditionally.



**Mrs. Graciela and her mother (Photo above the first 2 ladies from the left)** are happy that there are many good Agnihotra fire vibrations in their house; They feel blessed. **(Photos: meetings at Casa Graciela)**





## EVENTS in PIURA, PERU, SOUTH AMERICA

On Sundays, **Mr. Javier Cruz** invites the untiring Agnihotris to his restaurant **Ganímedes** in the center of Piura, to share and practice this healing technique. He always shares some of the delicious desserts, yogurt or drinks after the meeting. **(Photos right and below)**



The practice of **Homa Therapy is possible THANKS to the bovine cattle**, which only receives fodder according to their nature - herbs, grass, grains, molasses, salt. Cattle are vegetarians by nature.

In Piura, thanks to **Dr. Salvador**, owner of a cattle farm, Agnihotri **William Silva Garcia** elaborates sun-dried manure cookies in large quantities to provide this essential ingredient to the increasing number of the Piuran Agnihotris and for other places.





## EVENTS in VIVIATE, PIURA, PERU, SOUTH AMERICA

Through **Mr. Manuel Trelles**, Agnihotri since many years, has had the honor of meeting Master Shree Vasant on one of his visits to Piura.

Manuel organized an audio-visual Homa Therapy presentation at the village **Health Center of Viviate**, at a two hours distance from the city Piura.



Prof. Abel found out all about the health problems of the attendees, showed video testimonies of healings and improvements achieved through the practice of Agnihotra and taking its ashes. He also adds that, if one wishes to heal even more quickly, he can exclude from his diet everything that jumps, walks, swims and can love/laugh. Prof. Abel also taught some simple physical exercises, accompanied by deep breathing.

**(Photos on this page: Sharing Homa Therapy teaching, practice and the healing Agnihotra ash.)** After this meeting, Don Manuel, who resides in Viviate, continues on request, to share Agnihotra with this community from Tuesday to Friday at the home of **Mr. Antonio Talledo**.





## EVENTS in PIURA, PERU, SOUTH AMERICA



At the request of the Mayor of Piura, medical doctor Oscar Miranda, who has come to know the benefits of Homa Therapy through Eng. Luis Tafur



and other people, *a Homa Center was established in the Tallanes Urbanization of Piura, under the municipal authority of Mr. Arnaldo Palacios.* This Homa Center is located in the facilities of the *Social Development Management.* *There, the municipality serves with different programs for elderly and people with disabilities. Now, many of them attend Homa Therapy. The other programs, with their various activities, can take advantage of the healing atmosphere created in this place.*



For the inauguration, Prof. Abel gave an introductory talk about the benefits of the practice of this healing technique called Homa Therapy; and he presented several video testimonies.

Among them were some with the most common problems in older adults, such as arthritis, body pains, spine aches, diabetes, etc. The audience could also watch videos testifying the positive effects of Homa Medical Fires on people with learning disabilities, autism, Down syndrome and other disabilities. **(Photos of this page: Presentation of Homa Therapy, practice of the basic Mantras, Agnihotris preparing for the sunset Fire.)**



## EVENTS in PIURA, PERU, SOUTH AMERICA



During Agnihotra the atmosphere was charged with the healing power of the many flames, burning in all its splendor and beauty; opening the way to the hearts and filling them with Light and Peace. It is there where the first healing takes place. **The Agnihotris of Piura are happy and grateful to share the Homa Fire and their well-being with the community.**



Time was also taken to practice some simple physical exercises, including the self-hug, movement which we and our body need so much. As the wise say, the one who does not love himself cannot love anyone. All attendees received at the end the healing Agnihotra ash with gratitude. **(see photos on this page)**





## EVENTS in PIURA, PERU, SOUTH AMERICA



Then it was arranged to offer the **free Homa Therapy sessions on Mondays, Wednesdays and Fridays in the headquarters of the Social Development Management in the Urbanization of Tallanes, Piura.**

**Mr. Arnaldo Paredes, Head of the Office, and Eng. Carlos Tafur, Counselor, both from the Provincial Municipality of Piura, expressed their gratitude for having Homa Therapy in this institution.**

**(Photo above: Prof. Abel, Mr. Arnaldo and Eng. Carlos - speaking to the public.)**

For the Homa volunteers in Piura, this is another opportunity to serve our neighbors. Mr. Cesar Augusto, his wife Nancy and Ms. Sarah offered to guide and instruct these Agnihotra sessions.



**Photos of this page show further Homa healing encounters in these headquarters. Being able to share this healing technique with people ready to receive it, fills the heart with joy and great gratitude!**





## EVENTS in MIRAFLORES, LIMA, PERU, SOUTH AMERICA



Arriving in the capital Lima, we participated in an Agnihotra meeting in the *vegetarian restaurant Sabor y Vida of Prof. Humberto Guerrero* (Photo left - the first on the left), who guides these Homa healing sessions every Saturday. It is always a great joy to see and listen to the practitioners about their progress, personal growth and achievements at all levels of their lives.

(Photo above and to the left - Homa Healing Fires in Sabor y Vida)

**Photo below:** Sunset Agnihotra at the Gita Ashram in Miraflores, Lima. Here, Eng. Kishore Gupta teaches and transmits his deep understanding of the Bhagavad Gita. His splendid teachings touch deeply, opening mind and heart to receive this ancestral wisdom, which is valid today as it was thousands of years ago.

**Mr. Eulogio Gómez and his wife Giuliana** (photo below right), both from Piura, but now working in the capital, pledged to share the Homa Fires every Sunday in this Ashram.



Eulogio and Giuliana



## EVENTS in NUEVO COLOMBIA, PARAGUAY, SOUTH AMERICA



We stepped for the first time on this beautiful and charming land, called **Paraguay!** We had been invited by **Eng. Andreas Pfeifer**, who left Germany 10 years ago to live with his family on this side of the planet, where the sun shines more. Andreas has practiced Agnihotra since 12 years of age and had many wonderful experiences with this healing tool.

He is an agronomist by profession and became quickly interested in the flora and fauna of Paraguay, watching a deforestation in progress. The family first bought 11 ha of land in a village, only accessible by mud roads, where Andreas made his first and deep ties with nature. He planted trees, which now cover and nurture the entire land and give majestic shade, fragrances, fruits, nuts, herbs, etc. His farm is called ***The Parent Tree Farm.***

**In the next Homa Health Newsletter, Eng. Andreas will tell us his secrets on how to help Mother Nature in growing healthy, vigorous and productive forests in just a few years.**

**Eng. Andreas** wished with our arrival to promote **Homa Therapy in the area and install a Homa Resonance Point in his land.**

The first sunset was in the company of **Dr. Gustavo Micheletto Ortega, Physician of the village Health Center.** He immediately acquired his Agnihotra kit and the next day brought his brother, **Dr. Ricardo Micheletto Ortega (photo below from left to right: Dr. Gustavo, Dr. Ricardo, Eng. Andreas and Prof. Abel)**, also a medical doctor, to tell us about their first Agnihotra ash experience. His brother Ricardo was a chain-smoker, who needed every 5 to 10 minutes a cigarette.



He had put Agnihotra ash into the thermos in which he carries hot water for his tea. Ricardo drank from this tea and since then, inexplicably, no longer felt the urge to smoke. When he arrived for the practice of Agnihotra, he still had not smoked. He said that he had wanted to stop smoking since many years for the benefit of his little daughter and his wife; however, he could not. He said that ***"this was something bigger than me"***.

Eng. Andreas took us the next morning to the city San Bernardino to give an introductory talk to some of his friends. This way we met a group of wonderful professionals (***lawyers, doctors, engineers, and the owner of the famous Hotel del Lago***), dedicated to assisting Mother Earth to purify her waters. **(Photo on the right.)**





## EVENTS in SAN BERNARDINO, PARAGUAY, SOUTH AMERICA



To make the most of our stay in Paraguay, an audiovisual presentation of the Homa Therapy was arranged for the next day at the **Hotel del Lago, which the owner Mr. Takuara Osvaldo Codas (Photo -first to the right and in front of the Agnihotra fire, together Dr. Dionisio Espinoza)** prepared and organized with much love and dedication. There, several people started immediately with the practice of this healing technique. **(Photo above: Prof. Abel during the presentation of Homa Therapy. Photo below: sunset Agnihotra practice with the "new Agnihotris" in the beautiful garden of the Hotel.)**





## EVENTS in NUEVO COLOMBIA, PARAGUAY, SOUTH AMERICA



For the next morning, Eng. Andreas invited the workers to know and take advantage of this healing technique for their health and that of their family members.

**Photo left:** Workers receiving knowledge of the benefits of Homa Therapy on a personal level and in agriculture. All of them are also farmers.

**Photo to the right:** To come to know our physical health and flexibility, Prof. Abel shared some simple therapeutic exercises, which woke us up and made the energy circulated more freely.



The next step was to train the workers with the basic Mantras of Homa Therapy and practice the Tryambakam Homa. Eng. Andreas was the first to practice, followed by the bravest of the workers (**photos below**).





## EVENTS in NUEVO COLOMBIA, PARAGUAY, SOUTH AMERICA



**Photos of this page:**  
-Agnihotra at sunrise with the workers of the farm. Everyone was grateful for the Agnihotra ash received, as they knew about its healing effects.

- Activation of  
**The Parent Tree Farm** through the installation of a Homa Resonance Point, which happened in the presence of the family.

- Together with **Eng. Andreas and his wife, Ulla**, we enjoyed a calm sunset Agnihotra. The day ended with the Peace and Silence brought about by the Homa Fires.





## EVENTS in NUEVO COLOMBIA & SAN BERNARDINO PARAGUAY, SOUTH AMERICA



Seeing the need for dried cow dung patties and having 5 beautiful and healthy cows in the paddock, Eng. Andreas put to work an old bread oven for drying. Jose, a young worker, was quickly shown how to make these appreciated cookies.

**(Photos left: Jose drying the cookies in the oven,**

**which runs on wood and has a fan.)** Andreas also prepared some ghee to make life easier for the new Agnihotris. In the afternoon the ghee and cow dung production were ready and we took it to the meeting at the Hotel del Lago. **People were very happy to have a source of the ingredients for their Agnihotra practice.**



**Photos above and to the right:** Encounter at the Hotel del Lago to deepen the knowledge and refine the practice of Agnihotra. Prof. Abel and Aleta answered many questions and explained the preparation of some of the Homa home remedies, as suggested by the German Pharmacist, **Monika Koch.**

It was a busy week, meeting wonderful, loving and kind beings ... attracted by the Light of Fire and Grace! **Our special thanks go to Eng. Andreas Pfeifer, Mrs. Ulla, their children, Mr. Takuara and the entire Paraguay Homa group.**



Note: We are very happy to know that Agnihotra meetings continue there with much dedication and that the number of practitioners is growing. We have already heard of some blessed experiences from the Homa family!



## EVENTS in HUÁNUCO, PERU, SOUTH AMERICA



**Master Shree Vasant Paranjpe had visited Huánuco several times; He instructed and supervised Homa Farming work; and He has sown seeds of Blessings everywhere.**

**Dr. Gloria Guzmán**, Homa promoter, lived many years there and had the "Casa de la Abuela" to teach Homa Therapy to many. At that time, the Ministry of the Presidency of Huánuco, through official documents, reported the benefits of this Homa Agricultural Therapy or Homa Super Technology.

**Monk Chen Ting, Acupuncturist and practitioner of Chinese Medicine (Photo left), currently resides in Huánuco and has been practicing Homa Therapy for four years with great success.**

He invited us to promote and recall the people to this ancient healing technique in this beautiful city, surrounded by the Andes at approx., 2200 meters high.

Monk Chen does his Acupuncture service in the **DIRESA** (Regional Directorate of Health), which belongs to the **Ministry of Health (MINS)**. Although the MINS does not have a branch for Complementary Medicine, Monk Chen was asked to work with them for his excellent treatments.

Monk Chen explained that he is using acupuncture for the last 19 years. **But, when he began practicing Agnihotra, he experienced abysmal changes in his practice.** Usually his treatments lasted from 10 to 12 sessions, but with the practice of Homa Therapy, the patients were healed in one session only and then they did not come any more. So, for some time it seemed he did not have patients. But suddenly many patients came, recommended by the ones who got healed so quickly. He explains, that he feels that the Homa practice increases the potency of the needles. Now he has patients from the city, from other provinces, and they even come from abroad. He is quite famous!

The first audio-visual presentation of the healing effects of Homa Therapy was held at the **Clinic of the Regional Health Directorate at the invitation of the Director General, Dr. Centurión and Mrs. Margarita Mori, in charge of Social Welfare.**



**Photos above and to the right: Presentation, teaching and practice of Agnihotra, Basic Fire of Homa Therapy in the DIRESA of the Ministry of Health of Peru.** Here we met some of the people who have had the honor to meet Master Vasant, learn Agnihotra and serve the community in His Presence.





## EVENTS in HUÁNUCO, PERU, SOUTH AMERICA



Next day in the morning a group arrived in Monk Chens' office, interested in knowing more about the effects of Agnihotra, in learning the technique well and practicing it, or resuming the practice. **(Photo left)** Afterwards, **Dr. Rodolfo Vega** and his family took us to their wonderful Hacienda in Churubamba, where we enjoyed a lunch made with love by **Mrs. Pilar and Mrs. Lupe**. The environment has a perfect climate and is a quiet place (photos below). Before Agnihotra approached, more guests arrived to share and listen to the amazing experiences, provoked by the practice of the healing Fire **(below)**.



The time flew by and during Agnihotra we immersed into our precious Mother Nature. We entered into a deep silence, where only the wind was heard blowing and dancing with the flames ... The state of profound meditation arrived as a gift, reminding us that we are ONE in the Divine Light. **(Photo below: Agnihotra at the Hacienda.)**





## EVENTS in HUÁNUCO, PERU, SOUTH AMERICA



### ZONA ARQUEOLÓGICA MONUMENTAL DE KOTOSH



The next day in the morning we met again at the office of Monk Chen to share Agnihotra and some wonderful Homa stories. There is no age, nor a specific condition required for the practice of Homa Therapy. **(Photos above)**

For the afternoon a Homa meeting was organized in the ruins of *Kotosh Kotosh, the Temple of the Crossed Hands* (bottom photo). **Master Vasant has visited this ancient temple. He did a Homa Fire there and explained that Purifying Fires were performed here 24 hours a day. We had the honor of walking on this ancient sacred ground, teaching Homa Therapy and practicing the Agnihotra Healing Fire. (see below)**





## EVENTS in HUÁNUCO, PERU, SOUTH AMERICA

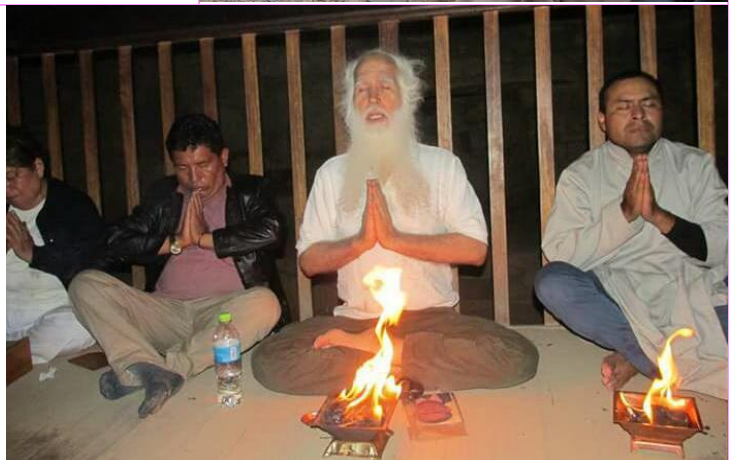


To relax the body and warm it up, Prof. Abel instructed the practice of some simple exercises, in the outskirts of the Temple. We had fun doing them (**photo left**). A strong wind blew and it was not so easy to light the pyramids for Agnihotra, although at

the end some were successful, like **Ms. Florangel** and **Mrs. Lupe** (**photo below right**). Our gratitude also is expressed for **Mr. Leandro Julián Castro Mitma**, caretaker of the Kotosh Temple and Agnihotra practitioner, and **Mr. Edgar Ibarra Alfaro** for their help.



Prof. Abel and Monk Chen entered the Temple of the Crossed Hands, to practice Agnihotra in company of the **Regional Director of Culture, Mr. Víctor Nieto Bonill** and the **restoration engineer**. Mr. Víctor gave a very interesting talk about the many ancient archaeological sites of Peru and their importance to the whole world! (**Photo right: Agnihotra in the Kotosh Temple. In other photos orbs - circles of Light – are visible. See below.**)



The time was very short, but precisely full of activities and full of GRACE. Thanks Monk Chen, thanks Homa family of Huánuco!





## EVENTS in FIORI, LIMA, PERU, SOUTH AMERICA



Back in Lima, practitioner and promoter of Homa Therapy, **Christian Álvaro Vásquez**, had organized two meetings in the North of Lima.

The first presentation (**photo above**) was at a Social Security Hospital of Peru, where the nurse of the Complementary Medicine and Agnihotra practitioner, **Mrs. Zorayda Aroni Valderrama** works. (**Photo below right**) She invited her colleagues, doctors and patients to the Homa Therapy presentation to begin the regular practice in this Hospital.



We again witnessed that conventional medicine has no solution for degenerative diseases such as arthritis, diabetes, etc. Homa Therapy can help many patients and lower costs substantially. (**Photo above and below in the State Social Security Hospital Viori; Christian Álvaro Vásquez, Homa Promoter - first from the left in photo below.**)





## EVENTS in VENTANILLA, LIMA, PERU, SOUTH AMERICA



**Dr. Ada Pucuhuayla**, Director of the Complementary Medicine program in this enormous State Social Security Hospital, invited the Homa practitioners and patients to the audiovisual presentation

of this Therapy with Healing Fires. **Dr. Ada (photo below left)** is practicing Agnihotra quite regularly and has good experiences with patients treated with it. Dr. Ada is a true fairy, always ready to serve and help unconditionally and confidentially.

**Medical Technician Christian Álvaro** related some of his many and amazing Homa experiences. **(Photo above - talk; below - practice of Agnihotra Healing Fire in EsSalud Hermana Donrose hospital).**



Before returning to the North of Peru, we meet once again with **Eulogio, Giuliana y Humberto** to celebrate Agnihotra. **(Photo on the right: Agnihotra in the restaurant Sabor y Vida of Prof. Humberto Guerrero, where this healing technique is shared on Saturdays.)**





## HOMA AROUND THE WORLD - LA RIOJA, ARGENTINA

**Ms. Mariela Pugliese shares from the capital La Rioja:**

I send you some pictures of the **'Day of Holistic Harmonization with Homa Therapy, Reiki and Singing Bowls'**, organized monthly by the **Natural Health Foundation**. And I send you a big hug, too.

**(Photos right and below)**



## HOMA AROUND THE WORLD - COSTA RICA, SOUTH AMERICA

**Mrs. Denia Cordero wrote of San José:**

These pictures are taken on the day we shared Tryambakam Homa with **Ms. Hana from the Czech Republic (1st photo right)**. The Homa meeting at **"Casa Namasté"**



was very intense and beautiful, and we spent it filled with love and happiness. **Mrs. Marian Lisbeth** also accompanied us with her pyramid. **(3rd photo: Marian Elisabeth and Denia in front of the Homa Fires at Casa Namasté.)**



## HOMA AROUND THE WORLD - VILLAVICENCIO, COLOMBIA

**Mrs. Diana Molano wrote from Villavicencio:**

Meeting with several Agnihotris in order to schedule future Homa meetings and activities.  
**(Photo to the right.)**



**Photos on the left and below:** from the new place of **Mr. Audo Quesada and his wife Carola Rodríguez.** Both give thanks to the blessings received through the constant practice of Agnihotra. They adapted this place for the practice of Homa Therapy and yoga.

In the **La Vega neighborhood**, every **Friday** people are welcome to experience the healing effects of Agnihotra fire. In Villavicencio more and more people join the loving service with the Homa Healing Fires. These photos **(below)** are from **Mrs. Susana Collazos**, who, in the company of her grandchildren, does Agnihotra every afternoon. **This has improved the health and behavior of the little ones.** They also sing the Tryamabakam Mantra with great joy.





## HOMA AROUND THE WORLD - VILLAVICENCIO, COLOMBIA



**Mrs. Diana Molano continues writing from Villavicencio:**

I share the photos of a lovely Agnihotra meeting in a park (**photos on the right**) and



(**photo below**) of some new Agnihotris. **Mrs. Yamile Blandón with her daughter, Erika Vaca,** have joined this service of love for the humanity, recently, feeling happier and calmer; They say that the energy of their house has changed for the best.

The photos (**below**) are from the Monday meetings in our "**Homa Tchieguachie House**", where we share the Fires, their well-being and their deep joy.

**OM SHREE OM**





## HOMA AROUND THE WORLD - TOGO, AFRICA



**Agnihothri Marco Brutschin (photo left) from Germany, shared about his trip to Africa:**

“In January, I was back in Togo, West Africa, to give a workshop on **Homa Therapy and Biodynamic Agriculture.**

There is a new center of organic agriculture in **Sokodé** (in the center of the country), where this two-day course took place. Around 40 people attended, including many women. They showed great interest in Homa Therapy and many got their own Agnihotra pyramid. **(Photos below)**



**(Photo on the right: during Agnihotra the attendees experienced the peace and calm of the Healing Fire.)**



Then I visited several organic farms, including the farm of our friend **Komla (with the green shirt on the photo left)**, who practices Agnihotra since my first visit. Sometimes it is not so easy to find butter; however, there is a tribe - **the Peuls**, who traditionally live with cows in a nomadic way. They do make butter. But in the dry season, as the cows do not give much milk, they do not have much butter to sell.



## HOMA AROUND THE WORLD - TOGO, AFRICA

Continued report from Marco Brutschin:

**In the farm of Komla (photo below)** we did Agnihotra several times. Also came our friend **Kekeli, another young organic farmer who took a Agnihotra pyramid.** These farmers know a lot about medicinal plants and also work with the young people of the villages to teach them organic farming. Most people in Togo are quite poor and there is not much work or options for young people. So organic farming is a good way for them. Even more, organic agriculture Homa.



I traveled with my French friend, **Patrick (with the gray shirt)**, who has created a small association with the name 'Indigo' to support these farmers. We raise funds so that they can make investments on their farms, such as a water pump, improve their house, make wells, etc. A new project that we are supporting is from our friend **Anani (with red and white shirt)**, a young farmer of 22 years who was left alone with his two younger brothers, because his mother had to go to Nigeria to look for work.

What they have is a property of nine hectares. It is a semi-jungle land with very nice trees. Now there they are beginning to plant cocoa and try to preserve all the richness of their nature.

The big problem in Africa is deforestation, as people are poor, they want to convert all the wood into charcoal or firewood to sell it. **We are sure that with the help of the HOMA fires they can have a prosperous future! OM SHREE“.**

**If you want to help this group of farmers in Africa**, please write to:  
**Marco Brutschin <[m\\_brutschino@hotmail.com](mailto:m_brutschino@hotmail.com)>** Thank You.

## HOMA AROUND THE WORLD - QUITO, ECUADOR

**Prabhu Joel**, a practitioner of Agnihotra, sent these photos (below) of the **‘Closing Ceremony of the Yoga Classes’**, held in Quito-Ecuador. On this special occasion, they shared the Vyahrti and Tryambakam Homa with the students. Prabhu's son, **9-year-old Varuna Dev**, also sings the Mantras, which he knows from his mother's womb.





## SCIENTIFIC ASPECTS OF AGNIHOTRA

By Dr. Ulrich Berk  
Animals - Cows



In this series of articles we have covered so far the effects of Agnihotra on our environment (atmosphere, soil, and water resources) and also the use of Agnihotra in agriculture / horticulture.

Now let us look into the effect Agnihotra has on animals and how it can be used for animal husbandry. The first animal which comes to mind are cows.

Cows supply us with cow dung and milk from which we prepare cow's ghee. Without cows there would be no Agnihotra, no Vedic Yajnyas. Can cows also benefit from Agnihotra?

Experience of many farmers show that the health of cows improves considerably in Homa atmosphere. Also it was noticed that cows on Homa farms are more peaceful as compared to neighbouring farms. Some examples:

### Germany

**Monika Koch**, a German pharmacist, developed medicines based on Agnihotra Ash which are used with all kind of human diseases showing wonderful results.

When the farmer from whom they got their cow dung said that **one of his cows was troubled by eczema**, he tried Agnihotra Ash. Nothing else had helped, **but the ash cured the eczema within a few days.**

Another cow did not want to eat and got very weak – they added Agnihotra ash to the fodder, the cow started to eat and got strong again soon.



### Peru, South America

Nene was a young bull at a cattle breeder farm in Amazon area, Peru, South America, worth Thousands of Dollars.

He got the viral disease **PIROPLASMOSIS**, which is transferred by ticks. Medicines did not help and Nene could not get up any more, was close to dying. Someone treated him with Agnihotra ash and with Agnihotra ash water.

Next day he was up again, ate and **got totally healed only with Agnihotra medicine.**

### Saving cows in England:

**Wenda Shetala** as small child freed some calves meant for slaughter and hid them all night in the forest.

When found, she was beaten up severely. But she vowed to create a refuge for cows when grown up.

This she now created such a refuge and often gets old and sick cows.

**She performs Agnihotra regularly on this farm and all her treatments are with Agnihotra ash**

**and with homeopathic medicines only. (See photos above and from the next page.)**

Two years ago she also came to India for exchange of experience.



Chronic skin irritation for many years



Treatment with Agnihotra ash - wounds heals within a few days



## SCIENTIFIC ASPECTS OF AGNIHOTRA cont.



Young bull nearly dying when he came to the farm



Agnihotra ash applied internally and externally - healing started immediately

There are many more such reports showing how cows were healed with Agnihotra and Agnihotra Ash. But till now there is only one systematic scientific study in this field.

This experiment was conducted at the **Zoological Department of the National Agricultural University in Tingo Maria, Peru**, for a period of 18 months. It shows that in Homa atmosphere there is a considerable improvement as compared to control in the following respects:

- Reproductive Index
- Cow's and calf's mortality
- Muscle development
- Weight at birth
- Placenta Retention
- Cow – calf separation

Following table shows the results in detail:

**PRODUCTIVE AND REPRODUCTIVE INDICATORS OF BREED CATTLE FOR MEAT IN THE HIGH HUALLAGA ZONE, COMPARISON OF FARMS WITH AND WITHOUT HOMA THERAPY**

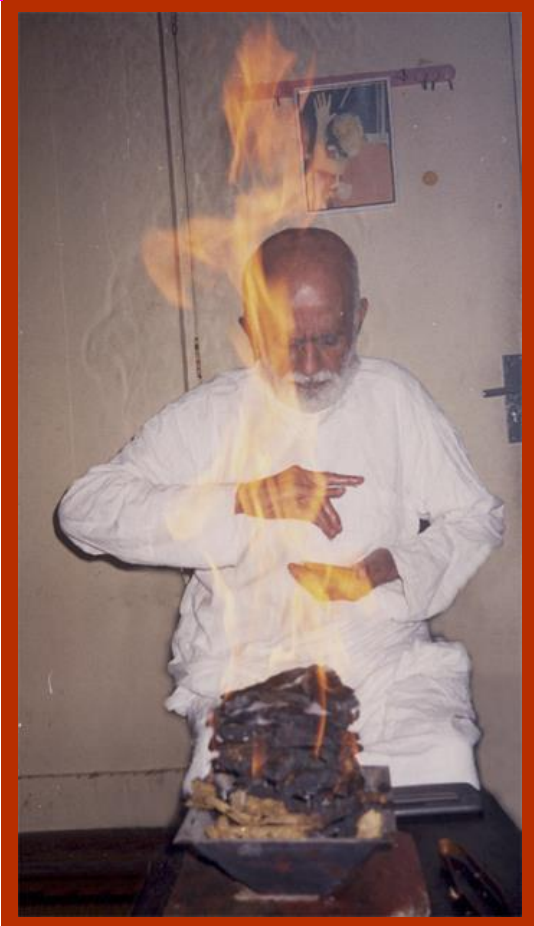
Parameters	Indicators with Homa Therapy	Indicators without Homa Therapy	Indicators normal for the zone
Reproductive Index (%)	88.6	60.0	65.0
Cow's Mortality (%)	1.8	3.5	4.0
Calf's Mortality (%)	3.5	11.5	10.0
Muscle Development (%)	16.0	8.7	12.0
Weight at Birth (kg)	35 - 40	30	28
Difficult Birth (%)	0	1.5	2.0
Placenta Retention (%)	0	1.0	1.5
Cow – calf separation (months)	5	6 - 7	6

This is a very interesting first study showing the positive effect of Agnihotra on health and reproduction of cows compared with non-Homa farms.

Would be good if such a study could be replicated, also comparing milk production as well as the fat content of milk as additional parameters.



## MESSAGE FROM MASTER SHREE VASANT



We are living in a very difficult world. There is much pressure and strain from every direction. Everyone is searching for cures for this and that. Let us not be shy. Go forward with Agnihotra.

There are disturbances in the atmosphere now. We must all be prepared for an influx of people turning to Agnihotra as their last resort. We will turn away no one. That influx begins. You will notice even as individuals and much more on a large scale. You do not see the whole picture. If one person comes to you and many will, each person should be given equal respect and concern as if they were a whole country of people requesting knowledge of Agnihotra.

Total destruction can be averted. Man can recover what has been lost. He need not lose all. We must approach this tense situation with all understanding and love for mankind. At the same time we must be strictly scientific in administration of solution.

Agnihotra is ancient science. It is not a meditation. It is not religion. Anyone can apply it to daily life and still continue following his own religion and cultural customs and beliefs. Work is non-stop now.

### DESIRES

Desire creates a coloration that distorts reality and prevents us from attaining that higher level of consciousness which results in inner peace and harmony, peace of mind. Once the desire is fulfilled another desire is born. One is drawn to others on the spiritual path not to fulfill desires only but to join with another soul in working together towards the light. This kind of soul connection is quite divine. It is not found through fulfillment of desires. In fact, this preoccupation with desires, e.g. sexual desire, can block what the soul is truly to receive. Then one can meet the wrong person but because of desire, assume the person is the "true love". Desire only begets desire and misery follows.

### AGNIHOTRA

Now I tell you. It will be bliss and joy in the later years. First the struggle. The destruction has come. Out of that will be born a world of bliss and peaceful co-existence. We worry about nuclear war. That will not happen. But destruction, pollution, floods, war, famine, violence; is this not the nuclear war? Agnihotra is the way out. Those homes in which Agnihotra is done will become like oases. It will be like water in the desert. Let Agnihotra be the teacher. Just discipline and Agnihotra. That will teach you that very little effort is required.



## FROM INTUITIVE GUIDANCE

(received through Parvati Bizberg, Poland)



### On Creating Arks of Fire

Yes, yes. One can discover and uncover conspiracy after conspiracy, and most certainly there is mischief afoot in the political arena! However, if one spends all one's time in such ventures, one will miss one's own pathway to the Light.

Indeed, there is a worldwide movement, well-coordinated, to divide and conquer, to alienate and destroy much of what is good in the world. Light is greater, more powerful than darkness. Therefore, look toward Light. Be aware of the darkness and move steadily in Light.

At every turn you will be protected, guarded, guided and blessed for this work. The fires which all of you are performing daily—these simple fires are healing Nature and creating a force field surrounding land.

Your mission is to create such safe havens around the world. Write about forming and maintaining Homa Farm communities as soon as possible. These are the Arks of Fire told about through the great Master. Creating Arks of Fire is an essential work.

Blessings abound.  
We are Orion.

### On Fearless Focus

Yes, yes. Overriding circumstances constantly make their way across the world stage, wreaking havoc, creating chaos, feeding fear, and producing panic as they play out in one drama after the next.

Beings with less attention spans attempt to follow the ever-evasive news. A headline today is a byline tomorrow—then, forgotten the following week. If your eye is fixed on the outer array of events, you will become like a pawn, your attention pulled left-to-right, left-to-right, until you have no focus remaining.

See it. Then release it. Go within. Go within. From that real vantage point, you can see without distraction; you can listen to the voice of clarity within. You can strengthen yourself through this simple practice of meditation.

Prayer and meditation will heal and inspire you to continue to act as an instrument of PEACE in the world.

All the events, crises, chaos, are to pull you off course and instill fear in your hearts. FEAR HAS NO PLACE IN YOUR HEARTS! Don't allow for fear to enter and weaken your fibre.

You can stand for change. You can work for justice. You can speak the Truth, but remember. Without the inner work, the outer work will easily crumble under the weight of the world.

Feed your Light bodies, as you feed your physical bodies.  
All that makes you whole, do that.

There is great power within you waiting to be tapped. OM.

More info: [www.oriontransmissions.com](http://www.oriontransmissions.com)

**Thanks for Sharing the "Good News" with this Homa Health Newsletter!**

### Other official web sites on Homa Therapy:

[www.terapiahoma.com](http://www.terapiahoma.com) [www.homa1.com](http://www.homa1.com) [www.homatherapy.info](http://www.homatherapy.info)  
[www.agnihotra.org](http://www.agnihotra.org) [www.homatherapie.de](http://www.homatherapie.de) [www.homatherapy.de](http://www.homatherapy.de)  
[www.tapovan.net](http://www.tapovan.net) [www.homatherapyindia.com](http://www.homatherapyindia.com) [www.homatherapy.org](http://www.homatherapy.org)  
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