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HOMA HEALTH - NEWSLETTER #146

[print Newsletter](#)

www.terapiahoma.com - www.homa1.com - www.homatherapy.info



YYMM (YOGA, YAJNYA, MANTRA & MEDITATION)

Nowadays, most people know the benefits of practicing Yoga, Mantra and Meditation. We just celebrated International Yoga Day on June 21. However, very few people know that many **ancient Yogis and Rishis also practiced Yajnya to optimize their disciplines.** Most people know that we have been crossing a time or period of ignorance and darkness. They call it "**Kali Yuga**". Now, some people can see changes that raise Consciousness.

The world recognition of yoga goes in hand with the development of Physical Science, Chemistry and Virtual (computer technology).

Everywhere, yoga, mantra and meditation have scientific connotations. In addition more people are practicing them. By the way, some people may say that the **True 'Internet Browsing' is MEDITATION.** **With computers, you are browsing on 'Externet'.** Internet is "towards the center". Externet is "outward". The world is changing at the speed of light.

Yes, yes, yes, we move from darkness to Light.

Darkness is linked to CONTAMINATION.

Recall the sutra:

**Asato ma sat gamaya
Tamaso ma jyotir gamaya
Mritoor ma amritam
gamaya
Om Shanti, Shanti,
Shanti**



The car that takes us from darkness to Light.

This is one of the reasons why the **Science of Yajnya has now been revealed.** Master Shree Vasant Paranjpe expressed:

"The car that will take us from the darkness to the Light, has two wheels visible in front: Yoga and Yajnya and two invisible rear wheels: Mantra and Meditation".

If we make an objective study all over the world, we discover that most people are slaves to their senses and desires, and that there is corruption everywhere, even in the minds of some educated and professional people.

So what can we do?

Agnihotra can neutralize pollution and toxicity in air, water, soil, food, mental processes, emotions, etc. Agnihotra comes from the Vedas, Ayurveda specifically.

Some people say that regular education only focuses on the development of body and mind.

But what about the qualities of the heart, such as: compassion, kindness, sympathy, truthfulness, solidarity, etc.?

The practice of the Fivefold Path (Yajnya, Daan, Tapa, Karma, Swadhyaya) can help us to purify the body, the mind and the heart.

YYMM = Fivefold Path

Yajnya = Agnihotra

Yoga = Daana, Tapa, Karma

Mantra = Tapa

Meditation = Swadhyaya

So, let's do Agnihotra and accelerate our trip to the Center, our trip to the Light.

OM LIGHT OM - OM SHREE OM

EDITOR'S NOTE

HOMA HEALINGS

HOMA FARMING

ECO NEWS

EVENTS

SCIENTIFIC ASPECTS OF AGNIHOTRA

MESSAGES FROM SHREE VASANT

FROM INTUITIVE GUIDANCE

Your comments, questions, suggestions and stories for the Homa Newsletter are welcome; You can write to Abel Hernandez & Aleta Macan: terapiahoma@yahoo.com
Thanks!

HOMA HEALING STORIES

Gladys Bardales Seron
Social Development Management of the Provincial
Municipality of Piura
Los Tallanes, Piura, Peru, South America

I'm 50 years old. I came to Homa Therapy one month ago. **I suffered from much pain in my arms.** I could not raise my arm. It was such an intense pain. The doctor told me that I have to take collagen and that these pains are due to my age. But I'm not the person that likes to take a lot of medicine. Then someone told me about Homa Therapy and from the first day until today, I attend, because **I definitely do not have these pains anymore. I can lift my arms without any pain.**

(Photo: Gladys Bardales)



The therapeutic Yoga exercises have also helped me to be able to raise my arms above the head.

I take the Agnihotra ash and I also mix it with the ghee and rub it on my shoulders, mostly at night. **Now, I also sleep much better.** I have always been a very active person, but **now I am super active.** My husband asked me what was going on in the Homa sessions and so I invited him to accompany me. However, for work reasons he cannot always come. **He has seen an enormous change in me and we are both very happy.**

So truly, I feel very good! Thanks God for bringing me to Homa Therapy.



Yovana Calle Vásquez
Social Development Management of the Provincial
Municipality of Piura
Los Tallanes, Piura, Peru, South America

I am 39 years old. I have a son named Salvador. I came very desperate to Homa Therapy. I had prayed to God to connect me with people who could help me. **I have years with depression and anxiety.**

Then, one lady, also waiting in line for a doctor consultation, asked me why I came, and I told her my story. She told me about a very good therapy which had helped her with her sleeping problem. I also had this problem. **I could hardly sleep. I was irritated, and I could not handle my son.**

(Photo: Yovana Calle)

That very same day I went with Salvador to the Homa Therapy session at the Municipal Library and I began to feel calmer. **I sleep peacefully now and I sleep a lot, like never before in years; and my son too. Now, we get along better and little by little my level of anxiety is lowering. But I already feel calmer, more relaxed. I have lost weight too and I feel that the Homa Fires do me good. I even feel that the pain in my chest, due of the many problems, is melting like a candle and leaving me. I feel also more love and more understanding. I can tolerate more things that I did not before.**

I'm calmer. Now I feel peace. When the time for Agnihotra approaches, I am unable to stay at home, I have to come to the Homa Therapy sessions.

And my son asks me: **"Mama give me my ash."** **He is also doing well in school and we understand each other better.**

I feel that Homa Therapy is very good for me. And I am going to get my own Agnihotra kit..

HOMA HEALING STORIES

Pramadevi Viswanadham
Kharagpur, West Bengal, India, Asia

I have been doing Agnihotra for 10 years. Before knowing Agnihotra, I suffered a lot. **I could barely walk and could not see.** I used to cling to the walls when I had to move. All these problems occurred after an operation to remove the gallbladder stones. **I could not eat properly and I lost all my energy.**

I was in this situation for almost 3 years despite all the medications I took and visiting so many doctors.

Then my friend, Laxmi, told me about **Agnihotra** and suggested that I practice it. **The day I started its practice, my recovery began.** After doing it for 40 days at sunrise and sunset, **my health was re-established.**

(Photo: Mrs. Pramadevi Viswanadham)

In our family, **we continue to practice Agnihotra, because it has helped us all, not only physically, but it has also shown its positive effects on our minds and souls.**



M. Venkata Laxmi
(eldest daughter of Mrs. Pramadevis)
Kharagpur, West Bengal, India

Agnihotra has truly helped me with my health, with my mind and in my soul.

By performing Agnihotra, our thoughts have changed. Now, I think in a very positive way. The pure atmosphere created through the practice of the Homa fires has helped to change our thinking. This refers to all the people who live in this home. I am telling you this from the bottom of my heart! Whatever has been our previous thinking, I do not want to mention. But with the performance of Agnihotra, **we feel PEACE and positive energy. I firmly believe that our**

thoughts, our minds and our hearts have been purified.

(Photo: Mrs. Venkanta Laxmi)

P. Rohini
(youngest daughter of
Mrs. Pramadevis)

I started with my personal practice of Agnihotra one year ago. **By doing Agnihotra, I achieve mental Peace.**

It also increases my concentration in the studies and my health has improved compared to the situation before practicing it.



(Photo left: Ms. P. Rohini; above: practicing Agnihotra in the family.)

HOMA AGRICULTURE - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

ADVANCES of HOMA FARMING in SATSANG FARM
By Carolina Morales Pavez, Agricultural Engineer



The development of organic Homa farming in the **Satsang farm**, located in Curacaví-Chile, has had important advances in respect to the agro-ecological design developed by **Karina Ohme and Juan José Rodrigues**. This involves aspects on biological adaptation of the agro-ecosystem through the establishment of a greater diversity of species, in addition to the functional and native flora, the medicinal and aromatic herbs and horticultural crops, important for food. Through constant daily work and management of resources, it has been possible to advance in the infrastructure of the garden and agricultural work areas.

This has also allowed volunteers to be participants in the different field activities that take place. **It is important to mention that the basic agricultural operations being carried out in Homa farming are:**

1. Daily realization of the basic and fundamental fire of Homa Therapy: Agnihotra
2. Weekly applications of Agnihotra ash to the crops
3. Use of ash for the preparation of seedlings, sowing, composting piles and vermiculture areas.
4. Propagation of forest species
5. Application of Gloria biosol Homa every three days to the growing crops

The Satsang farm is a space that receives volunteers who have the interest to learn about Homa Therapy, its application in agriculture and who wish to experience in a remote area also other aspects that involve a 'good and healthy lifestyle'.



Photo above: Juan and Agronomist Carolina working in the Satsang garden; Left: healthy and wonderful harvests with the practice of Agnihotra and using its ash - pomarola tomato, Spanish paprika and eggplant.



Photos on the left: 1) freshly transplanted carrots; 2) Juan Rodríguez (Venezuela), Rodrigo Lampasona (Bolivia), Pail Wegner (Germany), Dante Miquelon Alaimo (Brazil) working on a reforestation bed with native seeds. They add Agnihotra ash and cut the dry stubbles to give way to new shoots.

ECO NEWS

Why bees are the most invaluable species

Bees were declared the most invaluable species on the planet at the annual Earthwatch debate.

Who would want a world without honey, flowers, and third of everything we eat including chocolate and coffee?

Some 250,000 species of flowering plants depend on bees for pollination. Many of these are crucial to world agriculture.

In addition, many of our medicines, both conventional and alternative remedies, come from flowering plants. And cotton is another essential product pollinated by the bee.

But it's not just the human race that would suffer. Spare a thought for the poor birds and small mammals that feed off the berries and seeds that rely on bee pollination. They would die of hunger and in turn their predators – the omnivores or carnivores that continue the food chain would also starve. **For more information please see:**

<https://www.theguardian.com/environment/blog/2008/nov/21/wildlife-endangeredspecies>



Genetic expansion underpins oak tree longevity

Jeff Glorfeld, 19 June, 2018

The oak tree has symbolised strength and endurance for thousands of years and across many cultures.

Researchers writing in the journal Nature Plants believe the success of the species might be explained by a sudden expansion of disease-resistance genes, allowing individual trees to survive for centuries

despite exposure to various threats. **For more info please see:**

<https://cosmosmagazine.com/biology/genetic-expansion-underpins-oak-tree-longevity>

Tropical forests see high loss of tree cover for 2nd year

Joshua Goodman and Christine Armario

Jun 27, 2018

The data from the University of Maryland show tropical forests around the globe **lost 15.8 million hectares (39 million acres) of tree cover in 2017 — an area the size of Bangladesh.**

That makes 2017 the second-worst year on record, after 2016, since researchers began gathering the data in 2001. **Losses in Brazil**, home to most of the Amazon rainforest, **made up nearly 30 percent of the total** — more than in any other single country.

For more information please see:

<https://www.apnews.com/191bc6ba773a4607bc859c395859664b>



I AM LIGHT

India Arie sings this song not to you, but for you, because she knows that this is the truth that we all are.

<https://www.youtube.com/watch?v=JTSRRbajvXk>

ABOUT THE SOMAYAG:

Yajnya is the science of purification of the atmosphere through the agency of FIRE. This science is as old as creation. There are various types of Yajnyas for fulfillment of various objectives.

Basic YAJNYA is AGNIHOTRA tuned to the biorhythm of sunrise/sunset. A small fire is prepared in a copper pyramid of fixed size. Dried pieces of cowdung, clarified butter from cow's milk and a few grains of unbroken, raw rice are the materials used in this process of offering to the fire.

In all ancient civilizations of the world, cowdung i.e. dung from male or female progeny of a cow, was considered as an important medicinal substance for treatment of various human diseases. Ancient science describes sunrise thus:

“At sunrise the many fires, electricities, ethers and more subtle energies emanating from the sun extend all the way to the Earth and produce a flood effect at those coordinates where the sun is said to rise. It is awesome. The flood enlivens and purifies everything in its path, destroying what is impure in its wake. This torrent of life sustaining energies causes all life to rejoice. At sunrise that music can be heard. The morning Agnihotra Mantra is the essence of that music. It is the quintessential sound of that flood. At sunset the flood recedes.” The offerings to fire are done with the accompaniment of Mantras.

What is Mantra?

Definition of Mantra:

There are vibrations that exist everywhere. It is only vibrations when you go into it. Where there is vibration there is also sound.

When we do these Mantras, the sounds we utter activate these special vibrations that will create certain atmosphere of effects. Then the desired results are realized. These vibrations exist for everything, so anything can be activated, controlled or changed by Mantras.

When one with a pure mind utters the Mantra into the Agnihotra pyramid at Agnihotra time, the ash retains that energy and the healing properties of the ash become more powerful.

The effects of Agnihotra atmosphere and Agnihotra ash for growing healthy crops in a shorter period are well documented (please see: www.homa1.com) Agnihotra ash medicines are used by thousands of people with great benefit to themselves.

Agnihotra is to be performed DAILY at sunrise and sunset to keep the Nature's cycles in harmony.

At the junction of 2 seasons there is likelihood of epidemic. Hence several medicinal HOMAS are prescribed with different sets of Mantras.

Then there are special HOMAS for getting rains, for getting a male child or a female child. This forms part of biogenetics.

Bigger Yajnyas (HOMAS) like SOMAYAG, AGNISHTOMA, JYOTISHTOMA are done for purification of the environment, reducing the burden on the mind, making mind full of LOVE. In such Yajnyas chanting of Mantras and offerings to fire goes on for several days. In Somayag there is one process where first all the surrounding area is charged with Mantras and their vibrational effects. Then cow's milk and goat's milk is obtained while chanting certain Mantras. These two are then mixed while chanting certain Mantras. Then simultaneously Mantras from SAMAVEDA and other Vedas are uttered. This energizes the whole area. When the mixture of these 2 milks and ghee (clarified butter) are offered to the fire a flame shoots up, up to 10 meters high and the effect goes up to the biosphere.

By using this Supertechnology we can eradicate pollution factors on a large scale.

JYOTIRUKTHA SOMAYAG in KHARAGPUR, WEST BENGAL, INDIA



In Kharagpur, birthplace of **Mahashree (Shree Gajanan Maharaj)**, a **Jyotiruktha Somayag** was performed.

The **Yajaman**, in this case, **Achal Apte**, represents the element of fire during the Somayag. Only someone who performs Tretagni Agnihotra regularly can become a Yajaman. He carries this Tretagni fire to the place where Somayag is to be performed and from this (Tretagni fire) the Somayag is started.

Patni (wife of the Yajaman) is vital to the Somayag. The Yajaman must have a wife. She is called upon at various points in the Somayag to be present for certain activities and often to touch and bless utensils which are used. The Patni is the only person who is given her own quarters in the Somayag shala. **Achal's wife is Bhakti.**



(Photo above: Achal Apte and Bhakti.)

For each Somayag **four groups of Rutvijas (priests)** are necessary, each well-trained in one of the four Vedas. The training takes at least ten years, and it must begin at a young age for the person to be able to master all the Mantras. They work as a precision-trained team, chanting for many hours daily and carrying out varied procedures, using an array of special Yajnya implements.



Vedas state that Agni-Tatva (source of fire) is present in Ashwatth (peepal) tree (Ficus religiosa). And Agni is to be created from two pieces of Ashwatth tree by friction.



During the Somayag, one is fascinated by the various fires, sceneries and impressions for all the physical and subtle senses.



SOMAYAG in KHARAGPUR, WEST BENGAL, INDIA, ASIA



The beneficial effect of each Somayag lasts for several decades. The atmosphere becomes medicinal, nutritious and disease-free.

The Somayag yields a qualitative and quantitative improvement in the psyche.

By using this Super Technology we can eradicate pollution factors on a large scale. The fumes emitted from the burning oblations in Yajnya serve as nucleus of clouds and rains. Smoke from the burning medicinal plants

helps in the purification of the atmosphere and many disease-bearing germs are neutralized. Thus, a healthy ecosystem is created through this Yajnya process.



Photos of this page: 1st row - In a small play, the Rutvijas acquire the Soma in the market and then it is taken to its corresponding place. All happens with chanting of Mantras. Photos above: Preparation and execution of the 1st fascinating Pravargya ritual.

EVENTS in KHARAGPUR, WEST BENGAL, INDIA, ASIA



The hours after lunch were assigned to resting; this was when the temperature climbed up to 45, 46 and 47 degrees Celsius. We also did some visits during this time. The photos above are from a meeting at the famous **IIT (Indian Institute of Technology) Kharagpur** with the Professors, **Bijoy Chandra Ghosh** and **K.N. Tiwari, Ph.D.** of the Dept. of Agriculture and Food Engineering. They learned about Homa Therapy through **Dr. Ulrich Berk**.
(Photos above at IIT Kharagpur; sharing Agnihotra with the Professors.)



We were invited to meet the **Chandra Acharya family** (photo left) of the young mother **Pushpanjali Nayak** (photo below with her baby **Jeeteshi** and her brother **Dipak Kumar**). Her parents, **Subodh Chandra & Purnamashi Acharya**, have been practicing Agnihotra for **41 years**. Their big house has a carved Agnihotra pyramid above the entrance.
(1st photo left)



A group of visitors also arrived at the Agnihotra Temple of Kharagpur.

(Photo left taken by Girish Patil.)

SOMAYAG in KHARAGPUR, WEST BENGAL, INDIA, ASIA



During all days of the Somayag, the **Tryambakam Homa** was maintained. Many people had come from far, traveling for several days by train.



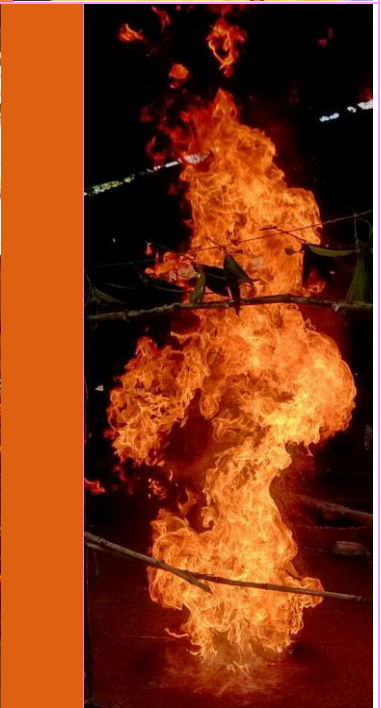
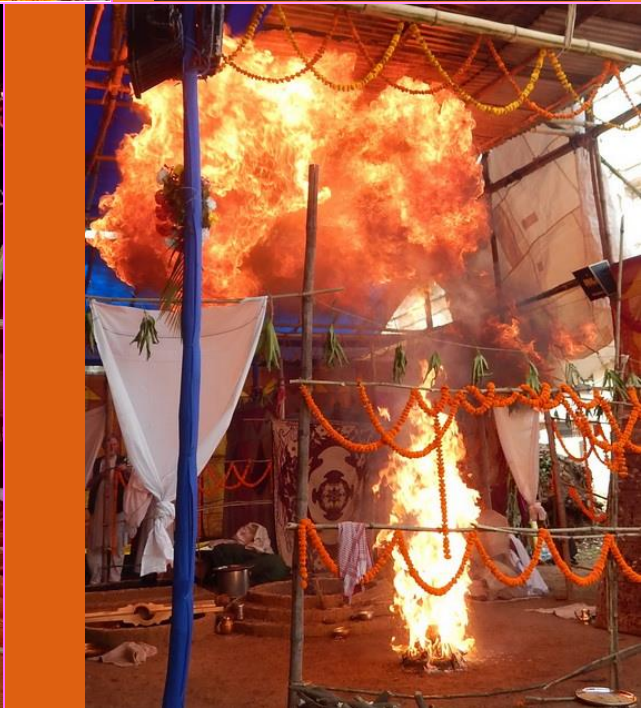
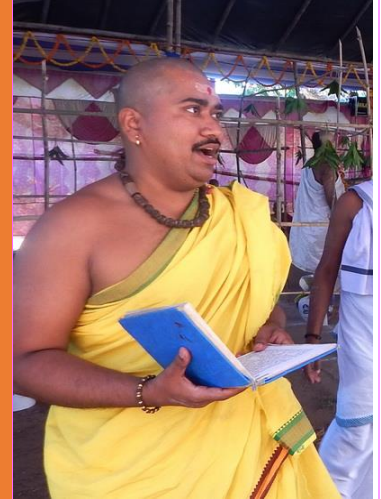
However, all were very happy to be present at this event. **Reiner Szcypior** had come from **Austria** and we, Aleta and Abel, had come from **South America**.



SOMAYAG in KHARAGPUR, WEST BENGAL, INDIA, ASIA

The Pravargya process is done for three days and is the preparation for the Soma offering. This special herb is watered by the Rutvijas every day with water running first over a gold coin or golden ring.

(Photos right)



The **Pravargya** ritual is an integral component of the Somayag and takes place several times during the six days. In the process, fresh cow's ghee is poured into the special Mahavir pot and boiled on fire. Simultaneously, Rigveda, Samveda and Yajurveda Mantras are chanted in deep solemn voice till the cow's ghee reaches its boiling point. **Fresh milk is taken from a cow and a goat at the Yajnya place.** When the cow's ghee has reached its boiling point, and oblation of cow's milk/goat milk is given to the boiling cow's ghee, instantly, with very great intensity, **the flame shoots up into the atmosphere about 10 meters (see photos).**

(Pravargya pictures taken by Mr. Gedala Bhaskar.)

SOMAYAG in KHARAGPUR, WEST BENGAL, INDIA, ASIA



Every day
Agnihotra was
practiced in the
Somayag shala and
once in the dining
hall, during a very
heavy and most
welcome rain fall.
(See photos on
this page.)



Agnihotra is the
simplest Yajnya
which one can
learn in 10
minutes and
anyone can
practice it for
purification of the
atmosphere.



SOMAYAG in KHARAGPUR, WEST BENGAL, INDIA, ASIA



Photos above and left:

The rhythmic chanting of Mantras continued for many hours each day. These stem from The Vedas, the ancient most source of wisdom known to mankind on our planet. Specific Mantras of the Rigveda, Samveda and Yajurveda, are also accompanied by Mudras (energetic gestures) and are part of the preparation of the Pravargya which ends in an explosions of LIGHT, catapulting fragrances, nutrients and more subtle energies into the atmosphere.

Photo below:

The Somayag continued until late night. **See orbs (circles of light) - witnesses of the harmony and love present in this event.**



SOMAYAG in KHARAGPUR, WEST BENGAL, INDIA, ASIA



This Yajnya is called Somayag because the juice of the Somavalli herb is used as the main oblation. **Soma is known as the king of medicinal herbs.**

This Yajnya provides an extra powerful boost of healing energy for the planet.

Countless benefits for a person, family and society are mentioned as a result of participating in, conducting and supporting Somayag.

Photos from this page: 1st row- The Somayag attendees are invited to crush the Soma herbs with water to obtain Soma juice. Above: Soma juice offering to the Fire.

Below - The Rutvijas chant at the same time Mantras from the different Vedas, creating special energetic patterns.

Note: Our thanks go to Mrs. Lisa Powers for her research and info about Somayags.



SOMAYAG in KHARAGPUR, WEST BENGAL, INDIA, ASIA



The sixth day came quickly and with it the end of the Somayag, which was celebrated on the banks of the **Kasyap river**. Many of the energetically highly charged instruments, woods, herbs, fabrics, etc. used during the Somayag were offered to the river, accompanied by Mantras. **(Photos this page:**

The instruments are being brought to the river with happy smiles. The priests gathered under a gigantic Pipal tree (Ficus Religiosa) before proceeding to the river for offerings)



SOMAYAG in KHARAGPUR, WEST BENGAL, INDIA, ASIA



The bath in the river is energizing and refreshing! The priests and Achal along with his wife Bhakti have fulfilled all their duties for a successful Somayag. The Yajaman Achal and his Shakti, Bhakti had to sleep during these days in a small hut made of cloth in the Somayag shala. They also fasted for 5 full days and had to undergo other strict TAPAS (disciplines), in order for this event to have its maximum effects in Purification and Healing. Gratitude, Respect and Love to them! **(above)**



Photos above: It only takes a few people to do something great in the service of humanity. Our gratitude goes to all of them on the photos - Shri Ramanaji, Gedala Bhaskar, Srinivasa Rao and his wife Laxmi, Souvik Das - and to those who remain unseen! Divine blessings have been showered on the planet with this Somayag.



At the dawn of the **first hour of May 17th**, in the silent Fire of the large Somayag Kunda, an offerings was performed, consisting of special woods and ghee along with Mantras. **Exactly at the time of Mahashree's birth (00:42 am) we also lit a Vyahruti Homa.**

(Photo above and to the right)

These Sacred Fires were accompanied by deep gratitude from all the people present and living in different parts of the planet.

Gratitude to this DIVINE MESSENGER for the precious jewel, AGNIHOTRA, a simple and and effective technique to heal ourselves in mind, body and spirit, and the planet.



HOMA AROUND THE WORLD - CHILE & BRASIL, SOUTH AMERICA and ITALY, EUROPE



Mrs. Almendra Bello, long-term promoter of Homa Therapy and dedicated to this service, sent **the photos - right and left taken in Chile - and below left, from a trip to Italy**, where she teaches, practices and shares Agnihotra on a beach. She also sent the **photo -below right-** showing her friend **Tania Cristina Salobreña García**,



from Brasil, a devout Agnihotri taking care of her beautiful Homa garden.

HOMA AROUND THE WORLD - PANAMA CITY, CENTRAL AMERICA

Eng. Jorge Rivera (with the green polo), Ecuadorian working in Panama City, sent the **photo to the left** where he teaches and shares Agnihotra in the Omar Park. **He takes his Agnihotra kit to any place he is called to, because through the constant practice of this technique he is experiencing many benefits.**



HOMA AROUND THE WORLD - CHICLAYO, PERU, SOUTH AMERICA

Major Betty Girón from the PNP (National Police of Peru) Chiclayo sent the **photos above**, showing one of the weekly Agnihotra meetings at the PNP hospital in order to help retired police officers to recover their health and good spirit.



HOMA AROUND THE WORLD - JAEN, CAJAMARCA, PERU

Eng. Luis Tafur shares a photo taken during Agnihotra with some members of the rice farmers' community in Jaen, where they practice this technique regularly. (Photo to the right.)



HOMA AROUND THE WORLD - MURODO, LA PAZ, COLOMBIA



Diana Molano shares about a visit with Agnihotra friends to the "Murodo" Farm of Maria Teresa Nuñez. Murodo is Japanese and means "Path without road":

We had the opportunity to share with **Maria Teresa** on her farm one weekend in the month of May. In this encounter, perfectly arranged by the Divinity, we felt our Rebirth to a new Consciousness. The Homa Fire always present in each point we traveled. We also celebrated the 100th anniversary of the birth of **Mahashree Gajanan Maharaj** and the birthday of **Master Shree Vasant**

(May 13th). **We really could feel His presence and His blessings touched our hearts at every moment in this beautiful paradise where Homa Therapy is practiced.**

Photos: of the women enjoying and sharing a 'Spiritual Awakening' in the heights of the mountains on the outskirts of Bogotá.



AROUND THE WORLD - HUANUCO, PERU, SOUTH AMERICA



Monk Chen Ting, Acupuncturist, practitioner of Chinese Medicine and Homa Therapist is in Huanuco. **Every day, his patients come to participate and practice Agnihotra under his guidance.** Some also do it in their homes. He says that his treatments took usually 10 to 12 sessions, but when he began practicing Agnihotra, the patients were healed in just one single session. The fact that he helped people so effectively and quickly brought him many patients. Now they come from far away to seek

his treatment, some even from abroad. Monk Chen shares Agnihotra and its' healing ash for free and anybody can participate. His office is filled with the smoke and impregnated with the healing energies of the many Agnihotra Fires. **(See photos above and below.)**



He was also invited to the **Mother and Child Hospital of Huanuco**, where he taught and practiced Agnihotra with a group of women. **(See pictures to the left and right.)**



HOMA AROUND THE WORLD - PIURA, PERU, SOUTH AMERICA



From the Homa volunteers in Piura, who share Agnihotra on a daily basis in different places in the city, we received the photos on this page and the following.

William Garcia and Julia Yepez are in charge of Homa Therapy in the **Peasant Community of Castilla.**
(Photos of first three rows.)



In the veg. restaurant Ganímedes, owner **Javier Cruz** is at the forefront of Agnihotra. In **Tallanes**, in the **Social Development Office**, the couple **Cesar and Nancy Obando**, together with **Sara Rojas** assist the community with Homa Therapy. (above & right.)



HOMA AROUND THE WORLD - PIURA, PERU, SOUTH AMERICA



Another Homa Center in Piura is the home of **Graciela Urteaga**, where people come every day in search of health and healing. Mrs. Graciela has the help and support of **Cesar Obando and his wife Nancy**. (See photos above.) In the library of the **National University of Piura**, Wednesdays is the day of Homa Therapy. In charge are **Dr. Marixza Chávez Roldón and M.S. María Jesús Vásquez**, both working in this institution. Sometimes, **Javier Cruz** gives talks about health issues such as Vegetarianism, Yoga, etc. (See photos below.)



HOMA AROUND THE WORLD - PIURA, PERU, SOUTH AMERICA



From Piura, also photos from the **Women's Healing Circle** arrived. They meet every Thursday to share Tryambakam Homa and Agnihotra, **sending energies of Peace, Healing and Love** to the planet, to specific places or people. Meditation is also practiced in this circle of Light.



Photos above and to the right are from various **Women's Healing Circles**.

All women in this group are Agnihotra practitioners.



Photo to the left: Dr. Marixza Chavez Roldón, sharing Agnihotra with farmers in the outskirts of the city of Piura. Dr. Marixza carries that spark of joy and wellbeing from the Homa fires to all places. She goes and lights other hearts...

AROUND THE WORLD - ARMENIA, COLOMBIA, SOUTH AMERICA



The **BoticaSol** sent these photos of the **May full moon**.
On each moon, Tryambakam Homa is practiced for up to 24 hours, by rotating Agnihotris. The photos show the participants at the moment of opening, during the day and at the closing with Agnihotra. **(photos this page)**



HOMA AROUND THE WORLD - CHILDREN GROWING UP in HOMA ATMOSPHERE, THE AMERICAS



Anthony, from Florida, USA.
He spends a lot of time with his grandma. She taught him how to do Agnihotra.
He is 4 years old.



Mila knows the Fire energy from her mother's womb and has chosen a Homa family.
Mila and her parents live in Guayaquil, Ecuador.



Aaron is from Piura, Peru. He accompanies his father at Agnihotra.
His dad learned it too when he was only a boy.

Mila's father, Fabian Rodriguez wrote the following lines that apply to all children growing up in a Homa atmosphere: "Here I send you a picture of our Mila, attentive to the Homa fire. She is growing up very healthy and happy in a purified and blessed environment thanks to God and the fires of Agnihotra which we practice daily here in our home."



Photos on the left:
Baby Mayu Sofia is singing with all concentration the Mantra "OM SHREE" in front of Agnihotra Fire.



Photo above and to the right: Antonella began with Homa Therapy through her grandparents at an early age. Now she is 11 years old. She lives in Piura, Peru.

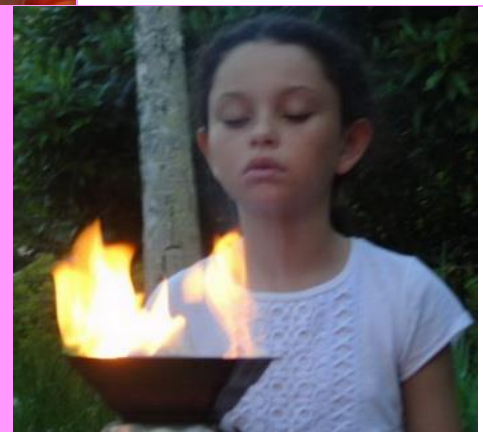


Photo above:
Sara Daniela, 11, is happily practicing Agnihotra. She lives with her parents in Villavicencio, Colombia.

FUTURE EVENT - HEILIGENBERG, GERMANY, EUROPE



together with you, we would like to enjoy the Homa atmosphere,
make new contacts, exchange experiences, and
contribute to peace and harmony
on our planet.

YOU ARE WELCOME

There will be various interesting program items during the day. You will find more detailed information on our homepage shortly before the date.

Please bring your own food (vegetarian, no alcohol). Would you also like to share it with others?

Registration and info at:

Phone: +49 7552 938760
Email: info@homa-hof-heiligenberg.de
Internet: www.agnihotra-online.de
Geo coordinates:
Latitude 47.85693
Longitude 9.293408



admission free

We are looking forward
to your visit.
Your Homa-Hof team



I AM LEAVING A REFLECTION FOR YOU

Part I

By María Teresa Núñez

Homa farm Tenjo, Colombia, South America

I leave this reflection for you, for when I understood it, it really gave my life a 180 degree turn: We are always worried about the world situation, about poverty, about injustice, about the way we are destroying our natural resources, contaminating our rivers, the air we breathe, etc. And almost always we are dedicated to questioning and criticizing the big multinationals, the powerful ones, that are gradually taking over everything that belongs to us: our seeds, waters, lands, anyway ... But once I saw a film directed by **Leonardo Di Caprio** called "**The Eleventh Hour**", in which, after taking a tour of all the calamities to which we are exposed, we are told without compassion nor "sugar" in between, that we are the ones who daily and without any conscience are giving the YES to all those companies that we criticize ... every time we go to a supermarket and buy a product, we are "paying them", so that they continue doing what they are doing. It is thanks to us, that these companies exist, because if there is no demand, what happens with the offer? We can break the neck of a system that suffocates us, sickens and destroys us slowly ...

Now comes the big question: BUT HOW CAN WE DO IT?

Well, here are the first ideas I have practiced for years and I assure you that they work. They heal us, allow us to generate less garbage and know that this is the peaceful battle with which we can save our "home".

NO to the use of commercial toilet products. NO to the shampoo, NO to the toothpaste, NO to the hygienic towels, NO to the commercial oils, NO to the synthetic underwear, NO to the so many, many plastic containers that, after only a short period of time, increase the uncontrollable mountain of waste:

Let's change the shampoo for Aloe Vera, avocado, mauve, hibiscus. These products are sold in the market and their organic waste is biodegradable:

NOTHING for POLLUTION. EVERYTHING for compost, to feed the earth.

The toothpaste, even the one with calendula, still produces a plastic container that goes to the mountain of non-degradable wastes. Let's use olive oil with a pinch of salt and for the Agnihotris with a little bit of Agnihotra ash: NOTHING for the trash pin!

The shaving cream, change it for Aloe Vera and the skin is so soft and protected ...

The sanitary napkins, now ecological ones are available, or change to the moon cup. Everything is available in organic stores. This way the production of non-degradable garbage will be greatly reduced. The same story with disposable diapers ...

About hand, facial and body creams - replace them with almond or sesame oil, ghee; and get them all in glass containers that can be reused. For the face, there is nothing better than the super washed ghee and again, no garbage for the basket. Isn't that exciting?

(To be continued...)

SCIENTIFIC ASPECTS OF AGNIHOTRA

By Dr. Ulrich Berk



Animals - Bees

In Agriculture, there are three helpers from the animal kingdom.

First helper is the cow. Without cows Organic Farming is difficult and Homa Organic Farming is not possible.

Then we have the bees and the earthworms.

About cows we already have talked, so let us now concentrate on the role of bees in agriculture and all Nature.

Of course honey bees are important for producing honey which is a very nutritious substance which also has a lot of healing applications. Even more important though is the role of bees in pollination.

About three-quarters of our crops are pollinated by bees and other insects and these crops would produce fewer flowers and fruits without this pollination. Around one third of our food crops would produce significantly less or no food at all without pollination. Bees are the most important pollinators.

Especially in the last decade honey bees were dying on a mass scale in all parts of the world. Reasons are not scientifically clearly examined, but most likely it is a combination of different factors like monoculture, pesticides, varroa mite, ecological stress (e.g. because of climate change), loss of natural habitats (especially for the wild bees).

In agricultural areas where Homa Therapy is applied, a healthy and pure atmosphere is created, quite favorable as a habitat for bees. Bees adapt easily in a Homa environment and they can develop without attack of pathogenic agents. They have a lot of food available, due to the continuous flowering of the crops, with a high content of nectar and propolis achieved through the effect of Homa Therapy and the Agnihotra ash. This makes the whole Homa area a highly favourable place. Add to this the availability of clean water and the healing energy generated by the Homa fires.

The work of the Homa farmer is complemented by the work of the bees. They contribute to agriculture with the pollination of fruit crops, horticulture, in forestry in general and also to cattle and dairy farming by pollinating the pastures. They also produce honey-combs containing high quality honey, pollen, wax, propolis and royal jelly, categorized as food and medicine through the Homa Therapy effects. The Homa farmer and the bees work together with nature, the bees doing their prodigious work to aid the preservation of the plant kingdom.

Honey bees in Homa Atmosphere

Rory Maher, a longtime resident of Bhurugu Aranya, an Ecovillage and HT Centre in southern Poland, made the following observations on beekeeping in the Homa Atmosphere



of this place: "Homa Beekeeping offers a solution to the tragic decline of the honey bee around the world. In Homa beekeeping, there is a major emphasis on healing the environment by using the ancient Vedic science of bio-resonance, known as Homa Therapy.

We are therefore able to create the perfect landscape for bees to thrive."

(Photo: Rory doing Agnihotra in the area of the bees.)

SCIENTIFIC ASPECTS OF AGNIHOTRA cont.

Rory continues: "In Homa Beekeeping only natural treatments are allowed and no chemicals should be used in the landscape or within the hive. Even if bees forage from areas where conventional farming methods are used, the creation of a Homa atmosphere and use of Agnihotra ash can strengthen bees and neutralize the negative effects of agrochemicals. Homa Therapy applications can also help reduce Varroa mite populations that have been decimating bee colonies in Europe and the Americas.

Many conventional beekeepers have experienced low honey harvest yields because flowers are not producing nectar as in previous years. This is probably due to pollution that disrupts the delicate balance of nature. In a Homa atmosphere nature becomes rejuvenated and flowers produce plentiful nectar, leading to bountiful harvests.



In Homa beekeeping we are able to harvest high quality medicinal honey, propolis, and beeswax, free of contaminants. The honey bee also has a remarkable effect on the productivity of vegetables, fruits, nuts and herbs. Homa Beekeeping promotes organic and bee-friendly practices that reduce stress on the bees and support as much as possible the natural tendencies of the hive."



Wild bees in Homa Atmosphere

Besides honey bees also other insects are doing the work of pollination. Most important are bumblebees and wild bees.

Wild bees are an indicator of healthy environment as they choose the place where to settle down. Very astonishing to see that at the Homa Farm Tapovan in India (near Dhule, Maharashtra, India) on an area of just 6 hectares more than 25 natural hives of wild bees can be found!

Nobody ever brought them to the farm. They are attracted by the lush green gardens, many trees and flowers, all over the farm, providing an ideal environment for them to live. Bruce Johnson from Tapovan sent these photos showing Wild Bees which settled down in Tapovan to create their hives in the trees and produce good Homa honey.

(Photos above from Bhругu Aranya, Poland; Photo to the right and on the next page: wild bees' hives in Tapovan, India.)



SCIENTIFIC ASPECTS OF AGNIHOTRA cont.



Bees in Homa Atmosphere What does ancient Vedic Knowledge say? A challenge for modern science

So far we reported about experience of bees in Homa Atmosphere. Scientific examination of these places – including analysis of honey, wax, and bees' health – are in the planning stage. Next step will be to have bees from same origin and place them partly in Homa Atmosphere, partly in some other place away from Homa but otherwise in similar conditions, and then check quantity and quality of honey production, health of bees, growth of the beehives, etc. Such studies will give an overview of how Homa Farming techniques can help to restore health of bees – and thus help in bringing Nature back to Harmony.

More interesting studies for apiculture scientists could happen if they would look into what Vedic Knowledge says about bees in Homa Atmosphere:

"Inborn in the honey bee are certain hormones that are produced solely in YAJNYA atmosphere. This subject is foreign to anything science has encountered so far in this respect. These hormones help the nutritional levels yielded in vegetables and fruits to yield at much increased rates.

Bees are attracted to HOMA atmosphere as the amount of energy they receive from Agnihotra fire helps them perform at a greater level of efficiency. When this is translated to pollination, they can help to increase the yield of crops. This is especially true with corn, tomatoes, berries, fruit and the like."

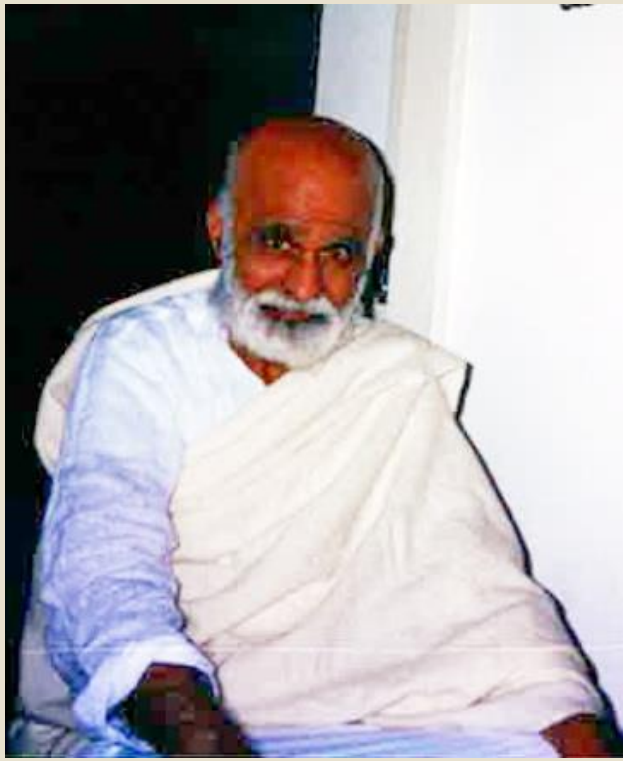
(Vasant V. Paranjpe, Homa Therapy – Our Last Chance, Madison VA 1989, p. 39)

"Drone bees begin to change their sex within the hive. When this takes place they excrete a hormone which is extremely medicinal and can help cure many diseases. Long ago, bees produced this same substance which is described in the Vedas but those insects became extinct due to pollution and nonperformance of YAJNYA. This mutation in the genealogical structure of bees takes place only in YAJNYA atmosphere. Bees bearing this mutation thrive only in YAJNYA atmosphere."

(Vasant V. Paranjpe, Homa Therapy – Our Last Chance, Madison VA 1989, p. 25)

That sounds like science fiction – still worthwhile to test, and if these statements can be validated by research of modern science it would show which profound effect Homa Therapy has on how Nature works if we take good care of her.

MESSAGES FROM MASTER SHREE VASANT



KARMA

Never cast blame on anyone. Firstly, you do not know the reason why a thing occurs, so you are in error to blame the other person. Secondly, when you point the finger in blame away from yourself, you are actually telling yourself an untruth. For every action there is a reason for it, so what you see is only on the Surface, and further complications arise when you seek to blame others for events you may yourself be responsible for. Let the Almighty decide who is to pay what price, and that has also already been decided.

Following Message was received by Mrs. Parvati on 17th of Mayo, 2018:

Do not dwell on the iniquities in life. Look inside to find in yourself that which needs to be changed.

Be ye transformed by the renewal of the mind.

There is so much injustice, cruelty, sheer hatred and violence in the world.

So many are suffering around the world.

Seek to go within and root out any hatred, any disharmony in thought, word or deed. Work diligently to cleanse yourselves of all darkness. Then you each will shine with Divine Light and act as beacons of Light during these darkest of times.

Do not give up. Maintain faith high above the ground, lest it be soiled by that which is unclean.

We are always with you, at every juncture in life—and there are many—with each choice you make. We are with you.

Listen. Go within. Follow that which is clear and true within you.

We are always present in your lives.

All love and blessings.

OM TAT SAT.

Think positive.

Let your words be positive.

All actions, positive.

FROM INTUITIVE GUIDANCE

(received through Parvati Bizberg, Poland)



On Creating Enclaves

Yes, yes. Winds of change change rapidly. Do not become disheartened by news designed to shock and create fear in all who read it. Do not allow your spirits to be dampened or the Light within you to be adversely affected by the darkness outside you.

Create enclaves where those whose spirits seek the Light can come together, break bread together, rejoice and pray together. Kindle your fires within, as well as the healing fires you perform.

By the way, the fires which you perform at sunrise and sunset are resetting energy cycles and creating healing cycles, as well as protective cycles which serve to balance and rejuvenate body, mind, soul and atmosphere. Yes.

On Mighty Gifts of Healing

Yes, yes. The healing energies, which are emitted by Agnihotra performed at precise timings of sunrise and sunset, heal the Earth from the ground up. Do you realize what a great visionary tool you have in your hands for the future of humankind?

The energetic properties of the resultant ash (from Agnihotra), when kept in the constant cleansing atmosphere of Agnihotra, will only increase in potency and ability to heal. Adding such a miraculous substance, Agnihotra Ash, to already established modalities for healing will serve to amplify or

magnify the effects. This is true in gardening, as well as alternative medicine.

Look more seriously into preparing Agnihotra Ash creams and ointments to be distributed for donations only and free to those who cannot afford to give donation.

The offer of pure Agnihotra Ash itself, packaged in small bags or jars, is also good idea for these times.

Dear ones, focus on the mighty gift you have, the tools for healing you have been given, the words your Master has graced you with, the wisdom for precisely these times.

These are the times as foretold in Bible, in all ancient scripts and spoken word and symbols passed down from generation to generation over course of time.

Strengthen yourselves with Mantra, meditation, in silence and in song. Walk lightly upon this Earth. This, dear ones, is your time to shine.

One Light.
One Love.
One world.

We are in gratitude and awe at the brilliance of ones who walk in Peace.
We are,
ORION.

More info: www.oriontransmissions.com

Thanks for Sharing the "Good News" with this Homa Health Newsletter!

Other official web sites on Homa Therapy:

www.terapiahoma.com www.homa1.com www.homatherapy.info
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