

CHRISTMAS 2018 & NEW YEAR 2019



MERRY CHRISTMAS AND
HAPPY NEW YEAR 2019
FILLED with BLESSINGS



of THE HOMA FIRES of
HEALTH, PEACE, LOVE &
PROSPERITY

Special Homa For Special Occasions:

If you are an Agnihotra practitioner, you can choose to receive Christmas and the New Year, with the following practice of Homa Fires.

Start half an hour before midnight on December 24th and 31st:

11:30 pm - **15 minutes Tryambakam Homa**

11:45 pm - **14 minutes chanting the Mantra "OM SHREE**

11:59 pm - **1 minute continuous ringing of a bell**

- Exactly at **12:00 do a Vyahruti Homa.**

- When the Fire has extinguished, you can sing the Sapta Shloki.

If you wish to brighten the heart with devotional songs, you may do so before 11:30 p.m.

PROPOSAL for 2019:

For Agnihotris and friends who want more Health, Prosperity, Love, Wisdom and Wellbeing for the Planet, we invite you to join the **LIGHT NETWORK**, which is growing stronger around the world.

How?

By the practice of:

- 1) Agnihotra
- 2) Tryambakam Homa, minimum 15 minutes daily and more on full and new moons.
- 3) Optional additional Homas at certain times of the day.

There is also an opportunity for Agnihotris to participate in the

**Mega Rudra Yajnya around the World,
in the Network R.A.M. (Rudras Around the Mundi)**

on Sunday, December 23rd

We are summoning the **Agnihotra practitioners**, to unite and release nutrients, healing, energies of love and prosperity to the atmosphere through the powerful **"RUDRA YAJNYA"**.

This Yajnya can be performed at any convenient time that day. It takes several hours and even though you may do it by yourself if you are familiar with it, it is helpful to do it in a group to support each other and increase the power.

If you want to be part of this Service but do not have several hours or the expertise, you can do, additional to your regular Agnihotra practice, some Tryambakam Homa on this day also.

**Yes, yes, yes, UNITED through the HOMAS, we are stronger and brighter
LIGHT. OM SHREE OM**

**Important: Please send us pictures of your Yajnya for the Video Clip
"R.A.M: Rudra Around Mundi".**



EDITOR'S NOTE

HOMA HEALINGS

HOMA FARMING

ECO NEWS

EVENTS

**MESSAGES FROM
SHREE VASANT**

**FROM INTUITIVE
GUIDANCE**

Your comments, questions, suggestions and stories for the Homa Newsletter are welcome; You can write to Abel Hernandez & Aleta Macan: terapiahoma@yahoo.com
Thanks!

**POLARITIES and
RELATIONS**

Let us continue with the practice of Swadhyaaya (Self-study).

According to the Physics of Electro-Magnetism:

- 1) The opposite poles attract
- 2) Similar poles reject

According to the Kybalion, the Principle of Polarity, that is, positive and negative, masculine and feminine, etc. are essential parts for nature. On the other hand, if we look around, many couples experience conflicts and even violence.

Why?

Some say this is due to cultural reasons. Others say it is lack of culture. But, why are there toxic relationships, that is, relationships that hurt?

Yes, there may be a karmic reason that is, cause and effect. We are reaping what we have sown. But, let's also remember that the mind plays a primary role in creation. In other words, our sowing begins in our mind and heart.

This will create a personality in us and circumstances that generate certain relationships. In short, if we want to change or modify our relationships, we must modify our thoughts.

Now, what do men think and feel about women and vice versa?

Being macho or feminist seems to be extremist and this generates separation.

Undoubtedly, within the positive male there is a hidden a negative female and vice versa



Behind the superficial appearances, our core is made of the same Divine Essence.

(within the negative female, there is a positive male).

It is good to clarify that positive and negative is not equivalent to good and bad.

They are only opposite and complementary polarities which are necessary for nature.

Question: How would it be if the man will look at the inner woman as another concealed man? Perhaps, if the man looked at the woman as a strong and brave being, he would respect her more. Most Western families are led by a woman, since there are many divorces. The woman plays a titanic role in the sustenance of the home. Yes, yes, yes, there are many situations where the man is not present and it is the woman who faces the challenges. Some would say that women in the workplace also tend to be more efficient, honest, etc. On the other hand, perhaps, if the woman saw the inner man as a sensitive, sensitive, emotional, creative being, etc., she might admire and support him more. But what is necessary to see behind the disguise of man and woman?

The practice of Agnihotra and the other four disciplines (Daan, Tapa, Karma, and Swadhyaaya) help us to put ourselves in other's shoes.

EDITOR'S NOTE cont.

Eventually, we will realize that we are spirits similar to the Creator (father / mother).

Some Sages say that man and woman have bodies (physical: P, emotional: E and mental: M) with polarities which alternate in different dimensions.

Man is P+, E-, M+. The woman is P-, E+, M-.

Saints and Sages say that our Divine Reality is beyond sex. We are Equal in Essence and the differences are complementary to grow and to learn to love ourselves and to love each other in spite of the appearances.

OM SHREE OM - OM LOVE OM

HOMA HEALING STORIES



(Photo: Dilip, Vedica, Prerna and Bhumika.)

Patil family

Amalner, Maharashtra India, Asia

Prerna Patil

We are doing Agnihotra in our family since 2004, which is now 14 years. We have 2 daughters, Bhumika of 20 years, and Vedica of 11 years.

Because of the Grace that comes with the practice of Agnihotra, we overcome obstacles and we are a happy family.

We are in tune with each other to the point that without telling my husband what to bring from the

market, he brings exactly what I had in mind. This is the power of Agnihotra and its resulting harmony.

Vedica has been doing Agnihotra personally since she is 2 and a half years old. She is also practicing Tryambakam Homa. Now she is in the sixth standard and speaks **English, Russian, Marathi, Hindi and Sanskrit.** We feel that this is the effect of Agnihotra.

Agnihotra helps the children to concentrate on their studies and provides harmony and balance in the home environment.

We are all connected without talking too much. We know what the other is thinking. This is the power of Agnihotra and its divine blessings.

Dilip Patil

We have been married for 24 years. In everyone's life, there are many ups and downs. But since we perform Agnihotra, we handle everything well and maintain good relationships.

We're a very happy family. We have 2 very intelligent daughters.

People at work tell me that I look very happy and they ask for my secret. They also ask:

Why are you not stressed out?

I tell them that I do Agnihotra twice a day, at dawn and dusk.

Agnihotra is a wonderful technique that we learned through Shree Vasant Paranjpe and I am very grateful to Him.

Bhumika Patil

We are an Agnihotra family and that has brought me a lot of freedom compared to my classmates. I have all the freedom to do what I want in the fields of arts and sciences.

I have a degree in Physics and I am also doing theater. My parents support me a lot and I believe that my achievements and awards are also the blessings of Agnihotra. I received this year the **"Best Director"** award and last year the **"Best Actress"** award. This is a national competition throughout India, it is a great competition. I graduated in Physics and I love Art, which is my passion.

My advice to other young people is: **Follow your heart, focus on what you want and do it! Along with the practice of Agnihotra, everything that is good can happen.**

HOMA HEALING STORIES



Photo: People participating at Agnihotra and commenting their experiences. Testimonies from the Shakti Centre, Puerto Real, Cadiz, Spain

María Felicidad:

At the Shakti Centre, my husband Efrain and I share Agnihotra and Tryambakam Homa. We do it especially on full moons. There are many people who are healing themselves with the practice of Homa Therapy and ingesting Agnihotra ash. We are grateful for the continued assistance and support of **Christa y Ricardo Mena**.

Cielo:

Agnihotra relaxes me a lot

Marco:

Agnihotra makes me sleep better.

Adriana:

Agnihotra makes me sleep very well and its ash relieves the pain in my feet.

Manuela:

I do Agnihotra at home. And my animals, my plants and I are all doing well.

Betty:

In addition to helping me physically and emotionally, Agnihotra has helped me to know myself better. It's that simple.

Carmen:

Agnihotra gives me peace and clarity in my thoughts to keep walking through life.

Lourdes:

Agnihotra gives me a lot of inner peace and a lot of mental strength to achieve my goals.

Esther:

Agnihotra as given me back the most radiant smiles for life.

Carmen:

Agnihotra has helped me to feel more at peace with myself and also to sleep better. The first day I slept so well that I got late to work.

Mercedes:

Agnihotra gives me a lot of peace, tranquility and above all, a lot of health at a mental, physical and spiritual level.

William:

Agnihotra has helped me to have more clarity with my ideas and on the spiritual level.

Esperanza:

I have been practicing Agnihotra since 2009. I started it in the Yoga class with Christa. Before, I was very scared. But with Agnihotra, all the fears disappeared. Agnihotra makes the heart open and fills one with love. We feel that we are all one. One can see everything more beautiful. One smiles, because one feels full of joy. So thank you very much.

HOMA HEALING STORIES



(Photo: German Herrera)

German Herrera Criollo Piura, Peru, Sur America

I am 61 years old. The doctors told me that I have **ataxia**. I have no balance to walk. I am already 5 years and 8 months with this disease. The doctor told me that this is a disease without cure, that there are no medicines for it and that most likely I have only a few months to live. Now I have been practicing Agnihotra for 6 months. I came first with the help of my brother to the Homa Therapy taking place in the Municipal Library.

In the beginning, I only participated 3 days per week, in the afternoons. Now, with my personal and more constant practice of Agnihotra, I feel more relaxed. Little by little, I am making the effort to walk. In the beginning, I came in a wheelchair. They had to hold me to walk. **Now, I walk alone with the walker. At home, I even walk without it, but slowly.** In my house, I walk just holding on to the walls. I move more easily.

In the beginning, I even could not perform Agnihotra by myself. I could not pronounce the Mantra and could not light up a match and I was very depressed. Now, **I do Agnihotra without help and people do understand me much better when I speak.** Before I stuttered a lot and could not be understood.

Also, **I feel much better mentally and I am getting better and better each day.**

People say that **I have an almost constant smile and they tell me that I look younger and cheerful.** I usually live in Lima, but I came to Piura (1000 km away), because here I feel better with the Homa Therapy group. I have the affection of everyone.

Note: Ataxia is described as a lack of muscle control or coordination of voluntary movements, such as walking or lifting objects. As a sign of an undiagnosed disease, ataxia can affect several movements and cause difficulties in speaking, moving the eyes, swallowing, etc.

Diego Rodriguez Guayaquil, Ecuador, South America

Since I began to perform Homa Therapy four years ago, my life has taken the Path of Light, inner healing and awareness development. Previously **I had glaucoma, and thanks to performing Agnihotra at sunset and at sunrise, I do not have to keep applying the drops because I did not have this disease any longer.**

I can say that Homa Therapy has contributed with a significant change in my life, which allows me to have a better quality of life. It helps me to channel my thoughts in the best way to make the best decisions, leaving aside negative vices of the surrounding. Thanks to the benefits of this therapy, we have been able to contribute with light to the society by giving workshops for people with visual disabilities, showing the benefits of doing this therapy and how much it can contribute to our wellbeing.

We have very positive comments about the Homa Therapy from the participants at the Center 4 de Enero, a Foundation for Blind people. They said that **they felt an inner tranquility and some had seen blue color.** Others were interested to continue doing this therapy. This is the wonderful thing about sharing the benefits of this Homa Therapy: we can reach out to anyone, giving them a reason and a way to feel better. (Photo: Diego Rodríguez practicing Agnihotra with his friend Ivette.)



HOMA AGRICULTURE - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

According to Homa agriculture, which comes from the **Science of VRUKSHA AYURVEDA**, more than 75% of the nutrition for the soil comes from the **atmosphere**. Through the practice of the Homa fires, the atmosphere receives nutrition. Homa agriculture ensures the following:

- More production in quantity per hectare than with any method known by modern science.
- Taste, texture, color, resistance to diseases, harvest loss - Homa products will be much better in all these points.
- The harvest will come in less time. (Reduction of the vegetative cycle.)
- The useful shelf life will be longer than with any known modern method. This is important from the marketing point of view.
- The pure Homa seeds will be healthy and strong.

(Photos of the Homa Biogarden in the Farm of Agro Eng. Mati Uranga, Lima, Peru; You can also see: www.homa1.com/agriculture/slides/biogarden/biogarden_01.htm)



**HOMA AGRICULTURE - THE SOLUTION FOR THE FUTURE OF OUR PLANET!
HOMA PLANTATION "JOSELITO"**

Andrés Arango Crisanto, Homa Farming Technician at Homa Banana Farm "Joselito" sent this summary:

*We have two new areas planted and we have a good surprise:
In the beginning, the sowing of the banana plants up to the birth of the fruit took an average of 36 weeks. Now with the last sowing, the birth of the fruit occurred in 28 weeks!
And with the good cluster formation, the harvest is much better.*



Photos above: Homa Technician Andrés Arango; Visiting the Joselito plantation with farmers interested in the application of Homa Agricultural Therapy; Photos of the banana farm, some work and the nutritious Homa fruits.



HOMA AGRICULTURE - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Workshop on applying Homa Ecological Agriculture and Biofertilizing with Biosol Gloria Homa in the Institute of Environment, Buin, Santiago de Chile, Metropolitan Region

By Carolina Morales Pavez, Agronomical Engineer

As part of the activities carried out by the Institute of Environment (IDMA=Instituto del Medio Ambiente), in the Technological Center for Sustainability, a Homa Ecological Farming Workshop was addressed to the educational community.

There were 35 people who participated in the activity. They came to know in a theoretical and practical way, about the Homa farming techniques and also about building a biodigester in order to develop biofertilizer Biosol Gloria Homa.

Professors, students and young professionals, related to agriculture and natural therapies, participated.

Photos of this page: elaboration of Biosol Gloria Homa, explanation and practice of the Homa Fires; Agronomist Carolina Morales; the participating group of people.

We reviewed aspects such as:

1. Homa Therapy: Methodology and origin. This video was revised: Heirs of Fire (Herederos del Fuego) <https://www.youtube.com/watch?v=i1rnVICg5Zo> .
2. Bases of Organic Farming
3. Usage of Agnihotra ash in agriculture
4. Materials and methods to make Biosol Gloria Homa biofertilizer.



ECO NEWS

70 Year Old Prophecy:: The Earth Will Be Swept By Extraordinary Rapid Waves of Cosmic Electricity

The prophecy Beinsa Douno left fits right into the times we are going through right now, in relation to the shift in consciousness, the earth changes and our golden age. Among others, he writes something of interest about a Fire: **...The Fire of which I speak, that accompanies the new conditions offered to our planet, will rejuvenate, purify, reconstruct everything: ...**



To read the article, please enter below link:

<http://www.theeventchronicle.com/metaphysics/spiritual/70-year-old-prophecy-earth-will-soon-swept-extraordinary-rapid-waves-cosmic-electricity/>

The Story of Stuff



From its extraction through sale, use and disposal, all the stuff in our lives affects communities at home and abroad, yet most of this is hidden from view. The Story of Stuff is a 20-minute, fast-paced, fact-filled look at the underside of our production and consumption patterns. The Story of Stuff exposes the connections between a huge number of environmental and social issues, and calls us together to create a more sustainable and just world. To see the documentary please enter:

<https://www.youtube.com/watch?v=9GorqroigqM>

South African bees: 'One million die in Cape Town'

November 26, 2018

At least one million bees are suspected to have died of poisoning in a wine-producing area of South Africa. Brendan Ashley-Cooper, vice-chairman of the Western Cape Bee Industry Association, told the BBC that an insecticide used by wine farmers, Fipronil, was thought to have killed the insects on his farm. Fipronil has been blamed for the deaths of millions of honey bees in Europe, which was restricted in 2013.



More information in following link: <https://www.bbc.com/news/world-africa-46345127>



Who should feed the world: real people or faceless multinationals?

June, 2018 - Monsanto to ditch its infamous name after sale to Bayer. Backed by governments, and enabled by world trade rules and intellectual property laws, Bayer-Monsanto, Dow-DuPont and ChemChina-Syngenta have

been allowed to control much of the world's supply of seeds. For more information please see: <https://www.theguardian.com/commentisfree/2018/jun/05/feed-the-world-real-people-faceless-multinationals-monsanto-bayer>

What children truly desire for Christmas!
https://www.youtube.com/watch?v=5egLxg_7mgo



EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA

In Guayaquil, it is always a great joy to be able to share the Homa healing fires with all its' splendor with the family of practitioners of this Therapy. There are several Centers where the practice of Agnihotra is constant.



Photo above: Agnihotra in the gourmet vegetarian Rest. Amaranto with Maria Agustina Mejia de Feijoo and her family.

Photo right: Homa Center Urdesa that works under the loving care of Sonia Hunter - below.



Agnihotri and teacher Edison Mata Vélez (left.) invited to visit the Carlos Monteverde Romero School, where he works. We met its director, Sonia Salas and talked about the benefits of Homa Therapy for children and teens in their studies and behavior.



Photos of this school, where children have space and are animated to plant trees, flowers, herbs and other plants. It is an activity that connects them with the earth

and gives them joy, by seeing the results of their efforts and actions.

EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



Homa Therapy is practiced daily in the office/home of **Cesar Merino M.D. (Urologist; photo above doing Tryambakam)**. One of his employees, nurse **Gloria Alvarez**, is an Agnihotri. **Photos above and left: Homa Therapy with Dr. Cesar.**

Photo right: Agnihotra practice in the Homa Center of Urdesa.

This has been the **first Homa Center in Guayaquil**. Here are also other therapies offered like: Reiki, Acupuncture, Psychology, etc.



The many years of Fire here, have created a healing, joyful and very suitable environment for meditation, introspection, healing, workshops, etc.

EVENTS in GUAYAS, ECUADOR, SOUTH AMERICA



Sonia Hunter invited us to meet her friend **Monica Zurita**, who lives in a beautiful farm in the province of Guayas. Monica was delighted with what she heard about Homa Therapy from Prof. Abel. Together with Sonia, a workshop was organized on the farm, where people also learned to

elaborate smudges. They also relaxed deeply with the sounds of crystal bowls and enjoyed an excellent meal. This workshop ended with a short presentation of the Homa Therapy, according to the necessities of the people present and **we all experienced the peace and silence of the Agnihotra practice**. The attendees were delighted!

(Photos from this page from the Nina farm.)



EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



Photos this page:
Agnihotra en el consultorio del **Dr. Cesar Merino**. Light for our hearts and Light for the world.

After a guided meditation, the group asked Prof. Abel and Aleta to talk about their recent trip to India. With much love in our hearts, we remembered: 1) the **Somayag in Kharagpur** (birthplace of Mahashree Gajanan Maharaj, who resurrected the Homa Therapy of the Vedas, which is the oldest knowledge known to mankind)

2) our stay in Tapovan (where for the past 17 years the Tryambakam Homa is being maintained for 24 hours daily, under the guidance of the devoted couple **Bruce Johnson and Anne Godfrey**, with the support of Tapovan manager, **Sanjay Patil**).



3) We also keep wonderful memories with the children of the Tapovan School.

4) the visit to **Sewadham Ashram** (with its more than 500 disabled people, among them a large group of children). It has been another blessed trip.

Prof. Abel handed some special instruments that had been used in the Somayag of Kharagpur, to **Eng. Hernan Posas**, to be placed in the Homa banana plantations in Peru and Ecuador. And at the end of this beautiful meeting, we all received Homa-grown happy bananas, which the Engineer had brought to share.

EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



Víctor Lemus with his wife **Lola Mieles**, Agnihotris since a couple years, wanted to bring the effects of tranquility, peace and harmony also to the environment of their company and invited Prof. Abel and Aleta to make an HT audiovisual presentation for the staff, which consists mostly of young people. They also have their physical ailments, but mainly wish to

improve their mental capacity, such as concentration, retention of information, innovative ideas, etc. All this and much more can be achieved with the constant practice of Agnihotra Fire at sunrise and sunset.

Mr. Víctor Lemus continues to offer Homa Therapy in this establishment and employees are also invited to bring their families to improve their health in this so natural.

(Photos this page.)



EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



Audiovisual presentation of the effects of Homa Therapy at the level of education and health, for teachers and administration personnel at the **Carlos Monteverde Romero School**. The work of teachers is more challenging than ever, not only to teach a curriculum, which no longer meets the needs of young people, but they also have to deal with the disastrous effects that the carelessness of many parents to educate their children properly as responsible beings at home, leaves behind. The practice of the Homa Fires also helps to have a better physical stamina, lower the stress level, deal with problems without losing the positive side of it and stay balanced at school and at home.

Photos: From the Homa presentation and the practice of Agnihotra in the school, where other Agnihotris arrived to fill the atmosphere with LOVE. This school has the great advantage that teacher Edison is already Agnihotri and wishes to implement Agnihotra in this environment. We were able to observe how the children respond immediately to Edison's call, with attention and affection.



EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



Photos above: A Homa family - Fabian & Alexa with their daughter Mia, happily flowing with life and its advantageous changes ...
Edison Mata Vélez, the director Lic. Sonia Salas (standing next to Prof. Abel), 2 teachers and Lic. Sonia Hunter at the school.



Photos below and left: More wonderful Homa meetings in Guayaquil with the practice and teaching of Shree Suktam and the basic fire Agnihotra. Mother Sofia, her husband Lucas and Erik arrived from Esmeraldas to share some Homa time.



EVENTS in PIURA, PERU, SOUTH AMERICA

Arriving in Piura, Peru we saw with great gratitude and recognition that the daily service with Homa Therapy for the community in different areas of Piura continues firmly through dedicated volunteers.



Photo left: Homa promotor, **Eng. Luis Tafur** organized several Homa presentations with government institutions and with the engineers of the Chira-Piura Project, where the regional water is managed.

Photos below: Agnihotra in a park in Piura.



Meeting of Agnihotris and participants in the **Vegetarian Restaurant Ganímedes** of **Javier Cruz Neyra** in the city center. We all feel safe with peace, joy and well-being in front of Agnihotra.

EVENTS in PIURA, PERU, SOUTH AMERICA



In **Ganimedes**, we enjoy **every Saturday and Sunday Agnihotra meetings of healing, love and learning through wonderful stories, histories and tales** of Prof. Abel, which encourage us to do more Swadhyaya and continue walking in the light with all faith in life and its purpose. It is a special joy to see the young mothers with their babies practicing the Homa Fires. **Photos above: Agnihotra in Ganimedes; Mayra Benítez with her daughter Amber. She practices Agnihotra regularly in her home.**



Photos above: 1.) Presentation of Homa Therapy and Agnihotra practice in the Regional Government, where all decisions that affect the Piura region are made. 2.) Private meeting with the Ex-Dean of the Faculty of Agronomy of the National University of Piura, Prof. Javier Alva. Both meetings organized by Eng. Luis Tafur.
Photos below: of the Women's Healing Circle in Piura.
Photos last row: Energizing exercises and massive practice of Agnihotra.



EVENTS in PIURA, PERU, SOUTH AMERICA

Photo right: Satsang,
a meeting for Agnihotris to exchange
experiences, deepen understanding, ask,
learn... about Homa Therapy and sharing
this technique.

Photos below: Agnihotra in the central
library of the **National University**
Piura every Wednesday.



Photos below: Cesar, Nancy, Sara R, Sara F, German, Vanessa, David, Marina, etc. sharing
Agnihotra, its benefits and its teaching in the **Headquarters of the Municipal**
Management of Social Development in the Urbanization Los Tallanes, Piura
with people with disabilities or with health problems and their companions.

Photo last row: Breathing and living Agnihotra in Ganimedes.



EVENTS in PIURA, PERU, SOUTH AMERICA



Photos above: Tryambakam Homa - teaching and practice.
Photo left: Agnihotra at a Herrera Criollos' home (please see his personal testimony on page 04)
Photos below: Agnihotra in the Headquarters of the Social Development Management of the Urbanization Tallanes and sharing it in Ganimedes, the restaurant of Javier Cruz and his family. He, at the end of the meetings, generously offers Prasad (blessed food).



EVENTS in PIURA, PERU, SOUTH AMERICA



Every day at sunset, it is most precious to be in the company of practitioners of the Sacred Agnihotra Fire and live surrounded by Light, healing and well-being. **The children are happy in front of the fire, and they love to take healing Agnihotra ash.**

Photos above and left: Amber happily taking ash. Alexandra with her baby Mia Valentina, who stares fascinated into the dancing flames.

The photos below are from a **Rudra Yajnya**, done on a Sunday morning,

where the Agnihotris train the chanting of these Mantras and nourish the fire with a few drops of ghee in the thousands of "Suaajaa". It is a Yajnya that lasts several hours and it is essential that the practitioner is primarily Agnihotri (basic practice of Homa Therapy). Only this way the wonderful benefits of the powerful Rudra Yajnya are obtained.



In the afternoon, we gathered again to celebrate Agnihotra (**left photo**), to clear our mind and heart.

In the month of December, we began joyfully to sing, rejoicing with devotional and Christmas songs.

EVENTS in PIURA, PERU, SOUTH AMERICA

With *Agnihotra*, it seems as if **Christmas is every day, because we are reborn again and again in this Angelic process.**



Shared joy is worth more and so we share it with everyone, who is ready to approach Homa Therapy, without any need to change beliefs, wear certain clothes, etc. Homa Therapy is an ancient healing technique, which works by inducing a positive change in the atmosphere. The healed atmosphere heals us.

In the Peasant Community of Castilla **(photo above)** Agnihotrais shared from Monday to Friday, Volunteers **William García Silva and Julia Yepez** are in charge.

We also found a way to get to the **Casa Refugio (shelter) for women and their children**, who live in situations of violence. Thanks to Mr. **Esteban Nizama**, we were able to present the Homa Fires.

Photos below: More Homa fires helping to heal the planet



EVENTS in PIURA, PERU, SOUTH AMERICA



Another wonderful opportunity to serve with Homa Therapy was given through **Psychologist Dr. Cesar Palacios and his boss, Dr. Omar Castilla Saravía, Director of the establishment of EsSalud CERP** (Center for Professional Rehabilitation) and the CAM (Center for senior citizen).

Photo 1st row: Prof. Abel speaking at a CERP meeting about the benefits of Agnihotra for people with chronic health problems and inviting them to participate at sunset in this free service.

Photos above: 1.) giving testimony of their recovery with Homa Therapy from serious and long-lasting health problems.

2.) In the afternoon, a group of these people arrived to learn more of this healing technique and participate in Agnihotra (photo below). All received the ash at the end and already in the following Homa meeting people gave testimonies of better sleep, pain relief, feeling calm, etc.

Cesar, his wife Nancy with Dr. Marixza Chávez son también aquí los voluntarios Homa are also here the Homa volunteers and keep these on Tuesdays and Thursdays at this health insurance institution of the state Peru.



HOMA AROUND THE WORLD - LA RIOJA & SAN MARCOS SIERRA, ARGENTINA, SOUTH AMERICA



Ms. Mariela Pugliese sent the photos of this page and reported from La Rioja, Argentina:

1. Photo) Solitaire harmonization on September 29th in La Rioja. **We did Agnihotra. Before we had practiced Tryambakam Homa and the Reiki treatments were done in the middle of the circle.**



2. Photo) Tryambakam Homa in San Marcos Sierra with participants from Uruguay, who took the healing Fire to their country.
3. Photo) Learning and experiencing Agnihotra on the San Marcos Riverside.
4. Photo) It's something that left me very happy. We were with the **Natural Health Foundation** in an event that takes place worldwide on November 27th and is called "**A Day to Give**". Here in La Rioja the government called foundations, NGOs and all organizations to do something in solitarily and from there, among others, we invited people for Homa T.

When the media arrived, the state TV channel invited us to talk about the foundation and what it provides. I asked if I could do **Agnihotra in that Live TV Program**. They said yes, without knowing exactly what it was about. They gave us the time of sunset for the talk. So, we did Agnihotra at the exact time and we felt the effect of it in the channel and it also reached the people who were watching. From there on, many people communicated with us and it was beautiful. **I am super happy that Homa Therapy is spreading and that people are aware that this wonderful gift exists.** A big hug from Argentina. **OM SHREE**

HOMA AROUND THE WORLD - CAPILLA DEL MONTE, ARGENTINA



Diana Molano and Endir Rozo wrote about their trip and sent the photos:

The divinity keeps moving us every day. It is His will that we live and it is wonderful to flow in gratitude with what comes, like this magical journey. It was beautiful to be in the front row with the Homa fire in the event **11-11 Reencounter, which was attended by around 2000 people.** Homa Fires are always our service and our purpose. We were happy to bring the wonderful energy of the Homa Fires and to



charge this place with prana to facilitate the meditations that were made in favor of the awakening of consciousness. This happened in **Capilla del Monte, Córdoba.** We left the ash scattered over the place, the water source and on the plants. Even in the transport terminal we did Tryambakam Homa, before we left.

HOMA AROUND THE WORLD - VILLAVICENCIO, META

Diana Molano continues reporting: This photo (**right**) is from a conversation María Teresa made in **Agualuna - Casa de Yoga y Taichi**, directed by Sandra Monroy, an Agnihotri friend. With them we organized this event to talk about Ayurveda applied in everyday life and of course the Homa Fire was always present.

The photos (**below**) are in a farm located in Granada, Meta. We visited it at the invitation of an Agnihotri, interested in cultivating healthy crops, clean for the environment.



HOMA AROUND THE WORLD - VILLAVICENCIO, META, COLOMBIA



Diana Molano continues writing and explaining:

(Photos 1st row:) On October 17th, we celebrated with the Homa family and many fires the birthday of my husband **Endir**, to thank for all the blessings that have come into our lives since we light our Agnihotra pyramids. **(Photos 2nd row:)** Doing Agnihotra at the farmers market.

(Photo left:) From a women's circle where we promote through the Homas the awakening of consciousness. More and more people are now interested in Homa.



(Photo left:) On the way to Granada we stopped at the farm of Agnihotri **Yamile Blandón** to share Agnihotra.

(Photo above:) Our son **Gabriel** and his companion practicing increasingly and judiciously Agnihotra.

We know that **Agnihotra** helps them to have a more serene mind and to focus better on their studies.

HOMA AROUND THE WORLD - GUAYAQUIL, ECUADOR

Dr. Montufar sent the photos and wrote from his *El Buen Pastor (The Good Shepherd)*, Homa Medical Center:

Every day from 5 o'clock on, in the afternoon, we perform the Homas - Shrii Suktam, Vyahruti and Tryambakam, closing with Agnihotra.

We are doing these healing techniques with several complete families since three months with incredible results. There are many testimonies. With all our love. **Jaime and Olga Montufar.**

OM SHREE OM



ALREDEDOR DEL MUNDO - VINCES, ECUADOR



Photos above: Dr. Luis Carriel and his wife Sara Bustamante are sharing Agnihotra Daily at the Homa Center Finca La Zenaida. Mr. Jorge Rivera, Mr. Adardio Piedrahita, other Agnihotris and patients.

HOMA AROUND THE WORLD - GUAYAQUIL, ECUADOR



Physical Therapist, **Raul Darcío Obando Pinargote**, reported and sent photos: People met at our friend Miguel's house and in other places to perform Homas and Agnihotra at sunset to remember and accompany our **beloved little sister of Fire Olguita Astrid Pazmiño** who left this plane. At the same time we gave thanks for our lives. OM Shree OM.



HOMA AROUND THE WORLD - GUAYAQUIL, ECUADOR

Raul Darcío also let us know:
We meet in the office of **Víctor Lemus**
to give strength to his purpose of
transforming that space into a Homa
Center with energies of healing and
Light for the benefit of all. **(Photo right)**

Photos below: From the Homa Center
Urdesa, where **Sonia Hunter** invites
daily for Agnihotra.



HOMA AROUND THE WORLD - MADRID, SPAIN



Elisabeth Mena Linder wrote from Madrid:

OI am writing to share the nice experience I had before releasing a theater show in Madrid. I did Agnihotra in the place of the representation half an hour before its opening with the director and actors, but at the end the directors of the center, technicians, cleaners, cooks ... all were present. **It was magical!** Also the building is an old palace of the early twentieth century. It's funny to remember that **Master Shree Vasant told me, when I was little, that when I would be an actress, I would share Agnihotra with people from this medium, which in turn are a channel to reach many more people.**

And that's how it is! OM SHREE

HOMA AROUND THE WORLD - PUERTO REAL, SPAIN

Ricardo Mena Hernandez wrote from Spain:

The photos (**right and below**) are from a Homa meeting in Puerto Sta. Maria with my wife **Christa**. The photo (3rd row) is from a Conference on Homa Therapy and Tryambakam Homa at full moon at the **Shakti Centre** in Pto. Real.



Photos right:
Homa Therapy in Canary Islands and OM SHRI with a pyramid, made of stones, while singing Mantras on the beach.



HOMA AROUND THE WORLD - NEW DELHI, INDIA



Photos above: From the Agnihotra group of New Delhi, which is under the guidance of Mother Saroji and in company of Dr. Rajiv Luthra, his wife Gayatri and his Mother Veda.

HOMA AROUND THE WORLD - MAHESHWAR, M.P., INDIA



Sarvajit Paranjpe, from the *Homa Therapy Goshala* in Maheshwar reported:

A group of Kriya Yoga practitioners of Swami Paramahansa Yogananda came and practiced Kriya Yoga. The photo shows the Agnihotra demonstration to the group. (Photo left.)

Photo right:

Farmers of the Barwani district, M.P., learning about **organic Homa farming and the Agnihotra technique..**

(Events in the Homa Therapy Goshala continue on the next page.)



HOMA AROUND THE WORLD - MAHESHWAR, M.P., INDIA



Photos of this page:
The children of the **Paramount Academy School** visited the **Homa Therapy Goshala** of the **Fivefold Path** in Maheshwar to learn about Agnihotra, **organic Homa farming and forest plantation for environmental sustainability**. More than 170 students were present. It was a good visit, and the students showed a lot of interest.



HOMA AROUND THE WORLD - WEST BENGAL, INDIA

Lalit Agarwal wrote from Kolkata, West Bengal, India:

Personally I am doing Agnihotra for the last 5 years. We are promoting Agnihotra in the villages of West Bengal for its benefits in agriculture and in human health.

We wish to start Agnihotra in each one of the 40 thousand villages of West Bengal in the coming years.



Photos on this page show the activities and teachings of Homa Therapy in the villages of West Bengal.

Photo below: Agnihotra training with farmers in Nadia district of West Bengal.



HOMA AROUND THE WORLD - ARMENIA, COLOMBIA

The BoticaSol in Armenia, Quindío, sent this information about their Homa activities:

Professionals in communication, artists and friends were welcomed by *BoticaSol* at the press conference held on November 21st with the exhibition of services and future agenda. The press acknowledged *BoticaSol* for its celebration of 20 years of work at the service of the community. This space is the result of the inspiration of **Mother Dorita Betancur (photo right), who is its founder and director.** With enthusiasm, the journalists urged the community to take advantage of this place for the benefit of humanity.



Some comments of the Press:

"A thousand and a thousand thanks for such an interesting invitation. Very grateful for the talks, what we learned and for being able to meet so many kind people". "Being treated kindly makes people feel good and builds the way to create good interpersonal relationships."

A journalist who came to know the Agnihotra ash and began to use it said: *"I lived what Dora Betancur taught us. I placed the ash under my tongue and experienced a sense of happiness.*

The interesting thing is that I called my daughter to do the same and she began to feel ecstatic. I now keep the ash as a treasure." In Homa Therapy, the Agnihotris continue to nourish its practice each day, filling us with faith and illuminating our purpose, connecting with the Divine and sending light to the world! **Merry Christmas with Homa Therapy! Om Shree Om (Photos BoticaSol.)**

HOMA AROUND THE WORLD - ARMENIA, COLOMBIA

Lucas Maya and Martha Ines from Armenia sent greetings with these photos of their son, daughter-



in-law and their newborn grandson, sharing Agnihotra in family. **(Photos above)**

HOMA AROUND THE WORLD - HUANUCO, PERU, S. AMERICA

Monk Chen sent from **Huánuco** the **photos right and below** as a sample of daily continuity of Homa in his Center of acupunctur and Chinese Traditional Medicine.



HOMA AROUND THE WORLD - WESTON, FLORIDA, USA

Dr. Mario Chávez, his wife **Yuriyu** and other Agnihotris of WPB drove to Weston to share the teachings of Homa Therapy and practice Agnihotra. **It was a wonderful re-union!**



HOMA AROUND THE WORLD - CARABAYLLO, LIMA NORTH, PERU



Psychologist, **Dr. Jorge Torres Segovia**, sent these photos from the **EsSalud Center** in (hospitals and clinics of the Social Security System of Peru) and lets us know that these are from **Homa Anti-Stress workshops with meditation and Agnihotra relaxation at sunset.**



The Doctor adds: *"There is an excellent participation of our users and these are beautiful afternoons"* (Photos this page of various workshops, which are on Saturdays.)



SCIENTIFIC ASPECTS OF AGNIHOTRA

By Dr. Ulrich Berk

Human Health



So far we have covered in previous HomaHealth Newsletters the effects of Agnihotra and Homa Therapy on our environment (atmosphere, soil, water resources), on plants and agriculture, on biodiversity and on animals. Now let us look into the implications of Agnihotra and Homa Therapy for Human Health.

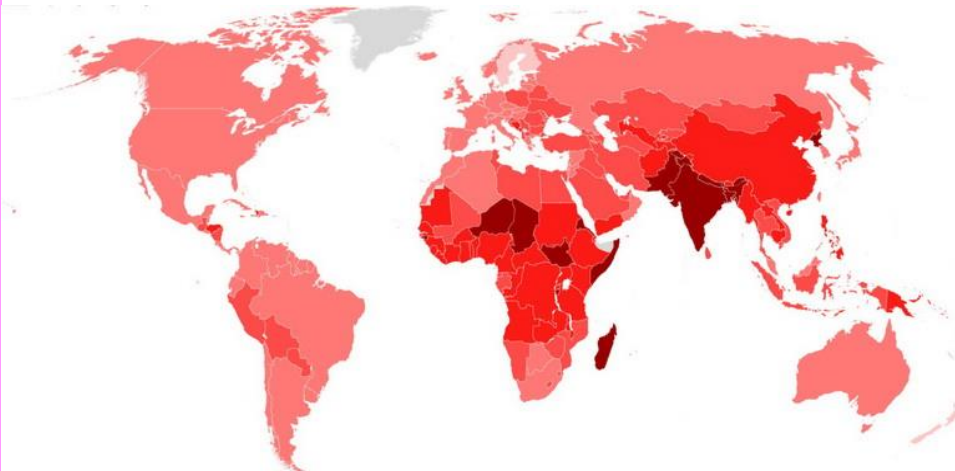
Homa Therapy is not just one more interesting natural way of healing like homoepathy, Traditional Chinese Medicine, Ayurveda, Reiki, etc. Instead in our time of terrible overall pollution it has become an important, even necessary basis for all such good methods of natural healing. (This is quite similar to Homa Organic Farming, which is also not competing with existing forms of organic farming but instead is a necessary basic tool for any kind of organic farming.)

Why is that so?

Recent studies based on World Health Organization data are quite shocking. One such study shows the percentage of deaths related to environmental pollution.



You can see on the map that one of the most polluted countries is India.



An earlier study done at Cornell University, New York State, U.S., even concluded that 40% of all deaths worldwide are caused by environmental pollution.

"David Pimentel, Cornell professor of ecology and agricultural sciences, and a team of Cornell graduate students examined data from more than 120 published papers on the effects of population growth, malnutrition and various kinds of environmental degradation on human diseases."

"We have serious environmental resource problems of water, land and energy, and these are now coming to bear on food production, malnutrition and the incidence of diseases, said Pimentel." (From: <http://news.cornell.edu/stories/2007/08/pollution-causes-40-percent-deaths-worldwide-study-finds>)

As this Cornell University study also considers the effects of environmental pollution on food production and malnutrition the pollution related deaths are higher as compared with the percentages shown on the map above.

SCIENTIFIC ASPECTS OF AGNIHOTRA cont.

A recent study by World Health Organization concentrates on the effects of air pollution on children's health. According to that study 93% of children live in environments with air pollution that exceeds WHO guidelines, and as a result every year approximately 600.000 children die of air pollution.

Commenting this study, the Director General of the WHO, Dr. Tedros Adhanom Ghebreyesus, said: *"A clean and healthy environment is the single most important precondition for ensuring good health. By cleaning up the air we breathe, we can prevent or at least reduce some of the greatest health risks."*

(Source: https://thetruthaboutcancer.com/air-pollution/?utm_campaign=mail-pollution&utm_medium=email&utm_source=email&utm_content=air-pollution&mpweb=144-7434645-513242837).

An advance copy of the full study can be seen at:

http://www.who.int/ceh/publications/Advance-copy-Oct24_18150_Air-Pollution-and-Child-Health-merged-compressed.pdf?ua=1

Nine of the ten most polluted cities in the world are in India. The situation is worst in New Delhi. Especially in winter the situation is so bad that Arvind Kumar, a lung surgeon at Ganga Ram Hospital in Delhi, said: *"... the situation today is a public health emergency. If you want to protect people, we should be ordering the evacuation of Delhi. Closing down all schools. Closing down all offices."*

But this is not going to happen. Of course lung doctors are doing their best to treat patients who come with breathing problems because of polluted air.

Still, even the best therapy can only treat symptoms. It cannot remove the cause, that is environmental pollution.

A recent study done in China shows that not only physical health but also mental health is affected by air pollution. A summary of the study says:

"We find that long-term exposure to air pollution impedes cognitive performance in verbal and math tests. We provide evidence that the effect of air pollution on verbal tests becomes more pronounced as people age, especially for men and the less educated. The damage on the aging brain by air pollution likely imposes substantial health and economic costs, considering that cognitive functioning is critical for the elderly for both running daily errands and making high-stake decisions."

(<http://www.pnas.org/content/115/37/9193>)

Again, doctors cannot fight the cause of the problem. They only can help to reduce the symptoms. So the question is – what can people in such places with high environmental pollution, especially air pollution, do? At least they can purify their own houses with the help of Agnihotra.

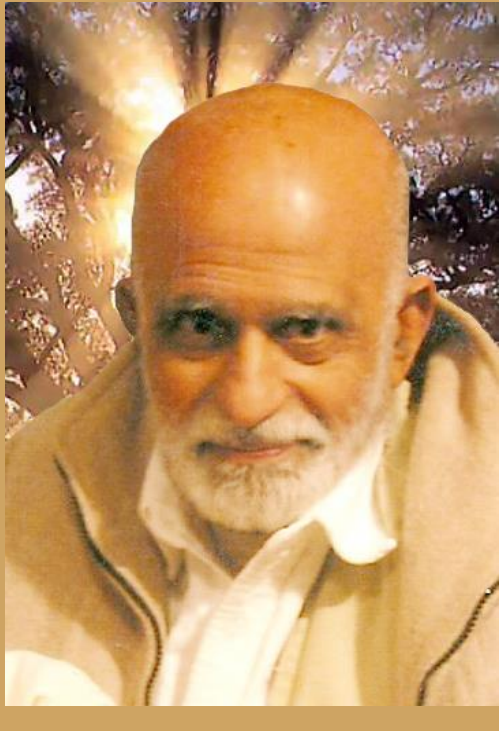
Homa Therapy by purifying our environment removes the cause and thus builds the foundation for whatever good therapy.

Basic tool of Homa Therapy always is Agnihotra. Agnihotra reduces pathogenic bacteria and other pollutants in the air and purifies water resources in the vicinity. We are breathing in healthy air and drinking pure water – thus building a strong foundation for good health.

The above summary of different studies shows that we all have to purify our environment for good health. Homa Therapy gives us the tools which are available to everybody and at least we can start creating a healthy atmosphere at our homes.

In the following articles we will see the effects on Human Health.

MESSAGES FROM MASTER SHREE VASANT



October 21, 2018 Shree

(As received via Parvati during group silent meditation at Bhruhu Aranya)

FORGIVENESS is the hallmark of all healing. Until you are willing to forgive anyone in your life — past or present— who has harmed you in any way, you simply cannot heal fully.

It is like insulating your home and leaving the center of that home with a hole in it, then, wondering why you are cold. To fill that hole, to ensure full protection, you must forgive, forgive, forgive!

Only thing preventing you from full forgiveness is EGO.

So, you have to decide who you want to live with in your life. Who do you want to put in charge of your life? Who will you put in the driver's seat? Your ego? Then, there is no guarantee you will succeed. Your soul? Then, you must FORGIVE.

The soul allows for Divine to sit in the driver's seat, knowing, trusting full well that Divine will guide your every move through life. And with that element of SURRENDER, one feels true, absolute FREEDOM.

Otherwise, it is only EGO tricking you. "I want this, I want that" like a small child who has not yet learned to temper those desires. That is normal development, but as one ages, one begins to learn the Power of Discrimination—the difference between right and wrong. And one begins to steer one's life in this more logical direction.

Once one truly begins to walk on spiritual path, one comes to know there is a higher power greater than his/her small self. One begins to truly desire to do Divine Will.

The art is attuning one's free will to that of Divine Will. Then, Almighty makes use of all one's talents, one's natural gifts, one's innate and learned abilities, one's dreams, one's visions—and co-creates one's walk through life. That level of Oneness is rare and a pure state of being.

One develops trust and faith in Almighty Father, Divine Mother, and releases one's fears, one's hesitations, one's personal baggage of emotions, and one's hard learnt confusion, one's doubts, one's insecurities. Once you realize you can and will be totally free to follow Divine Will, the freedom is intoxicating. It is so ecstatic. **At this point, one is fully alive, pulsating with a greater love than that which bears conditions and expectations.**

One begins to truly walk the Path of Light with all love and grace. And this is within the power of all of you seated here.

Be patient with yourselves, where you are on spiritual path and where you wish to be. As long as you are moving toward the Light, toward the Oneness with Divine, you are moving in line with your soul.

Be aware. Be diligent in your pursuit of TRUTH. Learn, when you stumble, to say "not this." Get up and start again.

There has never been a greater time in history to be moving into Light. Despite all the setbacks of world political reality, climate and natural disasters—there has never been so much of a great push toward the Light.

May you walk in Light always with love and blessings.

OM TAT SAT.

FROM INTUITIVE GUIDANCE

(received through Parvati Bizberg, Poland)



On Uprising of Awareness and Power in Love

Sí, Yes, yes. We see the world reeling from climate change, erratic weather conditions, and deep unrest, not only in warring countries—but in countries once ‘great’ super powers!

Indeed, whilst the world stage is dominated by erratic leadership, faux pas and allegations which would normally result in impeachment—behind the scenes, far more sinister far-reaching changes are being made, while the seeming buffoons act in the political arena. Indeed, there will be a greater force which arises to even out the playing field.

On the level of the heart, there is an uprising of aware human beings rushing forth with hope in mind and prayers in heart. Indeed, the people must rise. In every area of life they are being called to rise, to change the direction of world events and reassert the notion of FREEDOM, which seems to have slid off course.

Now, the youth shall rise and take rightful places in leadership, affecting policy changes and correcting wrongs done against humanity.

Even the diets of the youth will be influenced by the aversion to cruelty towards the animal kingdom. The current peak interest and embrace of Vegan diet across the world is an indicator of change.

**Yes, indeed, change is in the air.
Do not give up hope.**

Lay down the sword and refrain from violence of any kind.

Link arms-in-arms, rather than take up arms.

Rise up and take your rightful places in the march of resistance to evil. And move as one toward the path of good.

**There is strength in numbers.
There is power in Love.**

We are with you, brave ones.
We are,
Orion.

Septembre 9, 2018

(Today we celebrated the 22nd anniversary of our healing temple. These messages were received during Rudra Yajnya in the temple.)

Shree:

On this auspicious date here at our Bhrgu Aranya, blessings are being showered upon you all.

The Mantras are seeded into the atmosphere from the repetition of Rudra Yajnya chant. There is an instant recognition of these Mantras and they are drawn into the trees, into the plants, stones, and soil of this sacred place.

Those who learn these ancient Mantras with relative ease in this life have often been seeded with the Mantras from previous incarnations. For them as such, it is an instant recognition as well, and their souls are drawn to and awakened by repetition of the Mantras.

Humans, as well as Nature, respond to Mantras in a similar manner. It is like a light is suddenly switched on. We commend all who carry the Mantras into the next generation, and uphold the sacred practice of Yajnya.

More info: www.oriontransmissions.com

Thanks for Sharing the "Good News" with this Homa Health Newsletter!