

13th January,
2019

HOMA HEALTH - NEWSLETTER #153

[print Newsletter](#)

www.terapiahoma.com - www.homa1.com - www.homatherapy.info



EDITOR'S NOTE

HOMA HEALINGS

HOMA FARMING

ECO NEWS

EVENTS

FUTURE EVENTS

MESSAGES FROM SHREE VASANT

FROM INTUITIVE GUIDANCE

Your comments,
questions,
suggestions and
stories for the Homa
Newsletter are
welcome;
You can write to
Abel Hernandez &
Aleta Macan:
terapiahoma@yahoo.com
Thank You!

REFLECTIONS

Continuing our Self-study
(Swadhyaya), we come to these
points that are very important in
our lives.

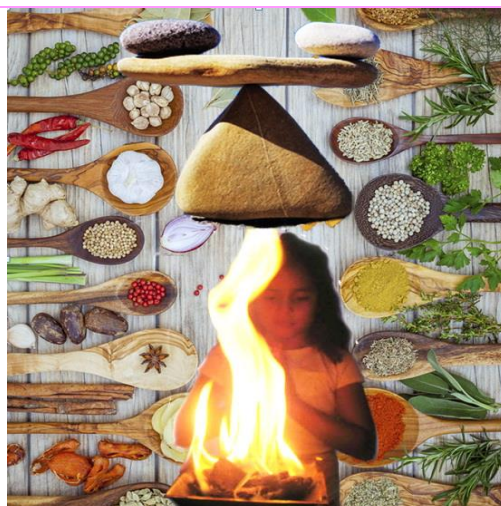
These are some Reflections:
**Sometimes I talk so much that
I do not listen.**
**Sometimes I talk so much that
I do not think.**
**Sometimes I talk so much that
I do not see.**
**Sometimes I talk so much that
I do not feel.**
**Sometimes I talk so much that
I do not understand.**
**Sometimes I talk so much that
I do not appreciate it.**
**Sometimes I talk so much that
I do not live.**

But there are also times that:
-We can speak without words.
-We can express ourselves without
drama.
-We can love without gifts.
-We can be happy without euphoria.
-We can understand without
arguing.
We can try to change:
-the people -the circumstances.
-politics -the society
-the world

But we can also cultivate:
- detachment to be free
- strength to transform us
- Temperance to resist
**- wisdom to know when to push
or let it be**
- Stillness to fly

**And of course, always
we can choose:**

- To Be happy with everything
-To see God in everyone
-To Give Thanks for Everything.
Yes, yes, yes, sometimes in our
foods, we have sweet, sour, salty or
bitter experiences, etc.
And although some prefer sweets,
in Ayurveda, we recognize that
other flavors are important for
maintaining physical health.



**The different flavors are to physical
health, what different experiences
are to mental health.**

**Question: Could it be that,
although we seek only joy,
unpleasant moments are also
important for our personal-
spiritual development?**

We can remember what the
Spiritual Scientists tell us:
Upon awakening from the LIFE
dream, we realized that:

- 1.) We have always been Divine
- 2) We are gods that believed to be
flesh and bone
- 3) That we do not need anything,
because we are already full
(satisfied)

**And without any doubt, by
practicing the Fivefold Path
(Yajnya, Daan, Tapa, Karma and
Swadhyaya), it becomes easier to
"Choose to be happy, today,
tomorrow and always with
whatever happens".**

Thus, we can look for Self-
realization with the same passion
as we seek food/pleasures.
Thus, we can long to fill ourselves
with God as hard as we long to feel
the air entering through our nose
and fill the lungs.

OM FIVEFOLD PATH OM
OM HAPPINESS OM
OM ANANDA OM
OM SHREE OM

HOMA HEALING STORIES

Carla Cossyleón
West Palm Beach, Florida, USA

I started working with Antony Abreu, a 4-year-old boy, in March 2018. Antony has **Cerebral Palsy** due to a genetic mutation. He was always occupied with his tablet. **Antony could not walk, not talk. He was scared with everything. When I picked him up, he cried.**

However, after a little while, he stopped crying and the moment came when he asked to go to the park with me. He started liking the entertainment outdoors.

I am an Agnihotra practitioner since several years and I **began to practice the Homa Fires in the presence of Antony.** He began to say "*Om Shree*", putting his hands together. After a few months with the Homa Fires, changing his diet, taking him outdoors and giving him Agnihotra ash, he began to try to walk more, to be more sociable and more smiling. He was always smiling but now he is even more.

Antony's family is also experiencing more peace at home with the Homa fires. Now we practice Agnihotra on Wednesdays and Saturdays together with his family.

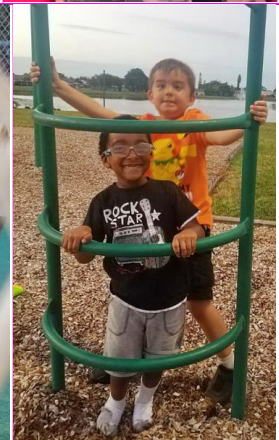
As a summary, I can say that **after 9 months of being with the child, he walks more and better. He is stronger and eats much better.** Before, he had reflux and vomited very often. He did not eat solid food. His food had to be liquefied. **Now he chews and has been able to stop food therapies. Antony also started eating alone,** which he did not do before.

He goes to baseball for special children and almost runs when he hits. **Now he is a more alert and more sociable child.** For me, he is a teacher, a little angel smiling at life. He is a good boy with a big heart. Deep inside, now I know that he will have a very favorable life and that he will be a great example for many. OM SHREE OM



**Photo above:
Carla and Antony;**

**Photos below:
some activities
that Antony can do now;
his mother and little
brother in front of
Agnihotra;
playing with his friend
Antony, Carla's grandson.**



HOMA HEALING STORIES

Cary B., Lima, Peru, South America

Some of my healing experiences with Homa Therapy:

1) Herpes

Since childhood, I have **suffered frequently from herpes** simplex. It appeared half a centimeter below the left end of the lower lip. It always arrived at the beginning of summer and lasted about 15 days without medication but with much discomfort.

As an adult, it sprouted about three times and it always healed without medication in about 15 days.

In 2015, subjected to strong tensions, the herpes returned to the same place, with more injury. It was threatening to spread all over the face. **Small lesions appeared on the cheek. The itching on the lip and cheek lasted about 10 days. The nights were difficult and the sores were painful.** An unpleasant sensation was spreading down my cheek. From day 8 on, it began to dry. **In about 15 days it disappeared with an Acyclovir treatment.** It left a large visible lesion for about 30 days. Then it gradually disappeared.

In October 2018, once again under severe stress, it appeared again in the left lower lip with a major lesion of small blisters on the upper lip. Both lips were dry and I had much **discomfort like tingling, burning and numbness.** **Every night when I got home from work, I would cover the herpes with ghee and when I lay down I would cover the lesions with Agnihotra ash. For the first time, the lesion completely disappeared in 7 days only, hardly leaving any trace, even though the scabs became very striking.**

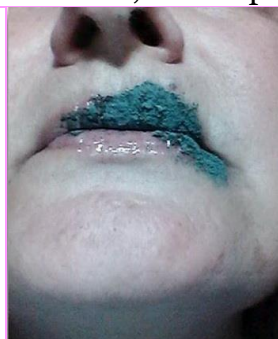
Thanks to the Agnihotra ash, for the first time, the herpes vanished in a very short time.



Photos: In the beginning



Treatment with ghee and Agnihotra ash



Agnihotra ash treatment



Seventh day of treatment. Completely cured!

2) Infection of a pimple

At this stage, I was not practicing the Homa fires. This infection was caused by squeezing very hard an old pimple. Its contents burst and caused an infection. The treatment was with **pills and injections.** Finally it was solved with a **minor surgery** in a hospital.

The surgeon, a specialist with great experience, worked meticulously until taking out "the seed", that is to say the final core and to clean the zone exhaustively. I spent in total about **150 dollars.**

Several months later, I began to feel that same zone hot and observed it. I noticed that it was infected again. **I decided to do the healing this time myself using the Agnihotra ash.**

I squeezed it until all the pus was removed. I cleaned it up with alcohol and then covered it with Agnihotra ash and cotton. **In one week the spot was totally dry and I felt no more pain.**

I even forgot that this area was infected. It hardly left a scar. **No cost in medications or surgery.**

3) Spider bite

A few months ago, I arrived at work and felt the calf area of my right leg hot and hard.

When I checked, a very wide area was inflamed; it was hard and hot. It was **swollen red and burning.** I felt great discomfort.

At night I observed a small bulge with water inside, similar to a burn of a cigarette. The doctor who happened to see me at work said it was a spider bite.

I cleaned and washed the area well. Then I rubbed the healing ash from the Agnihotra Fire. **After three days, it was fine and dry.** Nothing can be noticed in that area.

HOMA HEALING STORIES



(Photo: Johny León and his wife Maritza)

Johny Javier León Cruz

Patient with diabetes in the **Homa Medical Center El Buen Pastor (The Good Shepherd)** of **Dr. Jaime Montufar** Guayaquil, Ecuador, South America

Dr. Montufar:

Mr. Leon is a diabetic patient who came because his **leg was going to be amputated**. First, he was told that the foot would be cut. Then he was told that the cut would be above his knee. He escaped from the hospital and came to our Homa Medical Center. Thanks to Homa Therapy, we were able to help him with his foot and we were able to rescue his leg.

Johny Javier León Cruz:

I'm 48 years old. I entered the hospital on January 16th, 2018. I just had a small inconvenience in the sole of my foot and they operated on me above and below it. A few days later, they removed one toe. Afterwards, there were many worms in the wound. I was placed in a hospital room for 10 days. I was not allowed to see my family. **I felt very depressed and wanted to kill myself**. Then, at 4 AM, I was taken to another room and was told that they were going to amputate my leg. I asked *how is that possible?* They replied: *Yes, we are going to amputate the leg at 7 o'clock in the morning*. When asking who gave the order, they told me to talk to my family. Apparently, the doctors had made this decision because of complications they had encountered when cutting the toe.

I did not want to be amputated and left the hospital before 7 with the help of a brother. I was devastated. Thanks God, a friend recommended me to go to Dr. Montufar. I have no children but I have been married to my wife for 23 years. When I came here to see Dr. Montufar, **I came in a wheelchair, because I could not walk. I could not even stand**. It was in the middle of May, when I came here. Doctor Montufar asked me to give him 2 to 3 months to get my foot back. I had faith in Dr. Montufar and decided to stay with Dr. Montufar with the help of God.

There were incredulous people around me, who told me this Agnihotra ash will not cure me. However, I told them that this is my decision and I did not pay further attention to them. I kept taking the Agnihotra ash. Believe me, **before I took 15 pills a day and there was never any improvement. I have received very expensive injections, which hurt my eyes and made me blind**.

Doctor Montufar gave me a list of things I cannot eat, such as meat, dairy products, etc.

After two months, Dr. Montufar told me that he did not want to see me in a wheelchair anymore. So, I started to walk slowly and then I forgot all about the wheelchair and the crutches and everything.

Now, I thank God and him, because the deep wounds of my foot have dried up, it looks very good. He cured me with the Agnihotra ash and even my glucose level went down.

This is very important for me. I no longer take any pills, antibiotics, or anything like that.

Dr. Montufar: The wound healed (**photos**). It was deep and full of worms. The doctors had to amputate one of his toes. But the wound did not heal. It reached from the bottom of the foot to the middle of the top. **With the application of the Homa treatment and putting ghee and Agnihotra ash to the wound plus Vit. B 17 injections**, everything dried up. He continues to consume the Agnihotra ash and the skin is closing completely.

Maritza Flores, wife: I was constantly accompanying my husband to the hospital. **His foot**

was shattered and my husband wanted to die, but complete, without amputation of his leg. There was a lot of stress with all the treatments and taking him here and there and **sometimes we did not know how to pay for all this. When we got to Dr. Jaime, it made our lives so much easier. This doctor did not use any medication; he only used Agnihotra ash and ghee. The Agnihotra fire was something very wonderful. Our worries were disappearing and we felt much better looking at the Agnihotra fire full of colors**. This pyramidal fire was healing us. My husband was cured thanks to God and thanks to doctor Montufar with his Homa Therapy.



HOMA AGRICULTURE - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Homa Ecological Agriculture Seminar – Free of charge
Por Karina Ohme

On Saturday, November 24, the **Fundación Quintuple Sendero** (Fivefold Path Foundation) and the **Technological Center for Sustainability (CTS) of the Environmental Institute**, held the first free Homa Ecological Agriculture Seminar in Buin, Chile, which generated great interest in the community.

The seminar, which was attended by almost 70 people (the maximum capacity of the audience), was a great opportunity to learn, share and deepen knowledge about Homa Agriculture and Beekeeping, its scientific bases and benefits. In addition, there was an ecological market of healthy products.

The lecturers were **Mr. Hector Rosas**, President of the Fivefold Path Foundation, on What is Homa Therapy? Investigations in purification of water, soil and air with Homa Therapy.

Agro Engineer Carolina Morales, director of the CTS and in charge of the Agriculture Committee of the Fivefold Path Foundation, informed on Homa Ecological Agriculture, and the research that supports its benefits.

And **Mr. Rodrigo Leiva**, beekeeper, spoke on Organic Homa Beekeeping, hope for the proliferation of bees. **(Photographs: thanks to Mr. Raúl Heuty, photographer)**



HOMA AGRICULTURE - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Photos of the Gratis Seminar on Homa Ecological Agriculture



HOMA AGRICULTURE - THE SOLUTION FOR THE FUTURE OF OUR PLANET!



**Homa Banana farm 'Joselito',
Yécala, Piura, Peru, South America**

A group of the Agnihotris from Piura arrived at the Homa Banana farm Joselito, located in Yécala (one hour from the city of Piura). They were invited by Eng. Hernan Posas (left) to finish the year 2018 with a powerful Rudra Yajnya, injecting nutrients into the atmosphere and thanking Mother Earth for her kindness and prosperity. Engineer Posas is a practitioner of Homa Therapy for approx. 10 years. He has the Homa Supertechnology installed in his two family banana plantations, one in Peru and one in Ecuador.

(Photos of this page: Chanting the Mantras of the Rudra Yajnya with strength and dedication for several hours.)



Homa Technician Andrés Arango, along with several other employees of the farm, practice Agnihotra at sunrise and sunset and 6 to 8 hours of Tryambakam Homa daily.

On full moon and new moon, the Tryambakam Homa practice extends to 24 hours.

(Photo left Andres with his wife Juana Castro during the Rudra Yajnya.)

The Sugar Conspiracy

By Ian Leslie

John Yudkin was a British professor of nutrition who had sounded the alarm on sugar back in 1972, in a book called *Pure, White, and Deadly*. *"If only a small fraction of what we know about the effects of sugar were to be revealed in relation to any other material used as a food additive,"* wrote Yudkin, *"that material would promptly be banned."* The book did well, but Yudkin paid a high price for it.

Prominent nutritionists combined with the food industry to destroy his reputation, and his career never recovered. He died, in 1995, a disappointed, largely forgotten man. **To read more please see:** <https://www.theguardian.com/society/2016/apr/07/the-sugar-conspiracy-robert-lustig-john-yudkin>



Nature pushed to the brink by 'runaway consumption'

October 30, 2018 by Marlowe Hood

Unbridled consumption has decimated global wildlife, triggered a mass extinction and exhausted Earth's capacity to accommodate humanity's expanding appetites, the conservation group WWF warned Tuesday. **For further info:**

<https://phys.org/news/2018-10-nature-brink-runaway-consumption.html>

China's giant 200-foot chimney sucks in pollution, spews out clean air

7 January, 2019

China has a pretty severe pollution problem, with smog in some parts of the country so bad that it can discolor buildings and even blot out the sun. According to some estimates, high levels of air pollution in China's cities cause up to 350,000 to 400,000 premature deaths each year. But a new project in Xi'an, one of the nation's most severely polluted cities, aims to help. **To read full article please see:** <https://www.digitaltrends.com/cool-tech/china-pollution-sucking-chimney/>



'Ditch cling film and switch to soap': 10 easy ways to reduce plastics use in 2019

Thu 3 Jan 2019 by Sandra Laville

Sandra Laville explains why we can't recycle our way out of the plastics problem, and suggests ways to reduce your footprint.

Plastic has become perhaps the most demonised material of the last 12 months, as the scale of pollution in the oceans becomes increasingly apparent. **For further info please see:** <https://www.theguardian.com/environment/2019/jan/03/plastics-consumption-reduce-2019-10-easy-ways>

Documentary: EMPATHY

A story about animal respect told by a skeptic.
A documentary by FAADA and La Diferencia
www.empathydocumentary.com

To see the trailer:

<https://www.youtube.com/watch?v=GaC8eMIARFg>



EVENTS in PIURA, PERU, SOUTH AMERICA



- Photo above: Agnihotra in the veg. restaurant Ganimedes of Mr. Javier Cruz.

- Left photo: Baby, Mia Valentina, with her grandmother, Carmen Luz and her mother Alejandra, are enjoying Agnihotra ash.

During the month of December, the Homa Family of Piura celebrated every day a Festival of LIGHT and PEACE with the daily Agnihotra meetings to get ready to receive the rebirth of Christ within us.

Prof. Abel told wonderful stories, tales, parables which teach and animate to practice self-study and

do some self-observation. These stories remained in our heart and mind with the deep desire to advance every day, at least a little step, towards our essence which is Light, Truth, Clarity, Value, Love ... and let these shine a little more.

During this time, we also sing a lot, especially devotional songs. **Javier with his guitar and enthusiasm, guided us to fill old melodies with phrases about Agnihotra.**

These were joyful and loving sessions of songs after the practice of Agnihotra. There are some trained voices like **Julia's, Vanessa's, Sara's, Jose Abel's, Nancy's and others.**



EVENTS in PIURA, PERU, SOUTH AMERICA

Photos this page:

Sharing daily the joy of healing, well-being and silence in front of the Agnihotra Fire in different Homa Centers such as **State Health Institution CERP (Center for Professional Rehabilitation), the Municipal Management of Social Development in Los Tallanes and the National University of Piura.**



Agnihotra Healing Fires are lit by devoted Volunteers of Homa Therapy throughout Piura. They want to help their neighbor, as they have been helped. Besides, Agnihotra is practiced in many homes all over the city Piura.

EVENTS in PIURA, PERU, SOUTH AMERICA



The month of December was also dedicated to more practice of group Tryambakam Homa, usually half an hour before beginning the preparations for Agnihotra. All the assistants took turns in placing a few drops of ghee into the Fire (with the word Swaha), while we all chanted the Mantra in unison.

(Photos this page practice of Tryambakam Homa and Agnihotra)



EVENTS in PIURA, PERU, SOUTH AMERICA



Photos this page:

Therapeutic Yoga exercises on a chair at the Physical Rehabilitation Center of EsSalud (the Health System of Peru), instructed by Prof. Abel. With these Yoga moves, we can be more flexible and stronger.

Therapeutic Yoga exercises on a chair at the Physical Rehabilitation Center of EsSalud (the Health System of Peru), instructed by Prof. Abel. With these Yoga moves, we can be more flexible and stronger.



EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



Photos of this page: The event **RAM** (see pages 21 to 28) concluded with the massive practice of Agnihotra. There was no space in the office of Dr Montufar without a healing Fire. All the participants bathed spiritually in this immense ocean of joy created by the Homa Fires. Everyone felt prosperous on all levels.

Prof. Abel used the time available between the performed **Rudra and Agnihotra** to explain a little more about the Rudra Yajnya and its powerful effects.

Some of Dr. Montufars' patients, his wife Olga together with their daughters (Gabriela and Italia), had prepared a delicious dinner for everyone! **So many Blessings in a single day!**



EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA

Christmas days were celebrated with Shrii Suktam Homas followed by Agnihotra in the gourmet veg. Restaurant **Amaranto** in company of its owners Mary Agustina Mejía and Patricio Feijoo.

The same was done in **Homa Center Urdesa** with **Sonia Hunter** and **Tulio Reyes**.

(Photos this page)



EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA



Besides, morning Agnihotra was shared daily at the home of **Dr. Cesar Merino and his lovely mother.**

On December 30th and 31st, we gathered in Amaranto to say with gratitude goodbye to the year 2018.



This was done through many Shrii Suktams' and Agnihotra Fires. Also by singing songs, recognizing the Love and Divine Light we carry inside and with the intention to let this Light grow in 2019. **(Photos of this page.)**



EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA

January 2nd was the **birthday of Dr. Jaime Montufar** and his office was full of people, mostly very grateful patients. Some of them had been declared terminally ill and with little time to live. However, Dr. Jaime with Divine Grace and the help of Agnihotra and Homa Therapy managed to change their lives in many positive ways. Although his patients elevate him up to heaven, he humbly says that he is only an instrument.

The Agnihotra fires this day were made in honor of the doctor and his beloved family, who is always on his side assisting.



Photo above: Dr. Montufar with his wife Olga - in the background their daughter Italia with daughter Amelia Valentina. Photos below: Birthday with many Agnihotra Fires.



EVENTS in GUAYAQUIL, ECUADOR, SOUTH AMERICA

We celebrated the **birthday of Dr. Jaime Montufar** with songs, joy, dedications and significant memories.

Everyone present was invited to a dinner prepared with love from the Montufar family.

The vegan cake made with good vibes by



Yang Chang was cut with the best wishes.



Photos of this page of the festivities and joy celebrated on the birthday of Dr. Jaime Montufar.

EVENTS in ARMENIA, COLOMBIA, SOUTH AMERICA

Invited by
Mother Dora Betancur,
and her desire to make the Homa
Healing Fires more known in the
coffee region of Colombia, we
arrived in Armenia.

Dora started BoticaSol
(formerly Botica de la Abuela)
20 years ago with the purpose of
creating awareness and showing a
different way of living and treating
the environment.



BoticaSol has a Yajnya Room, a vegetarian restaurant, meeting places, therapeutic rooms, etc. It sells organic products, handmade articles like oils, soaps, fragrance and herb mixtures, etc. Here, people can participate in many workshops (Yoga, Meditation, Dance, Self-knowledge, Vegetarian Cuisine, etc.) Some are free of charge. However, the workshops/meetings of **greatest importance for Mother Dora are the Homa Therapy ones, which is practiced and shared throughout the whole week.**

Agnihotra is the energy that creates the positive, peaceful, opening and loving base energy for everything in the BoticaSol. Posters about Homa Therapy are in the two entrances and encourage visitors to participate in Agnihotra.



After the Christmas and New Year break, BoticaSol opened its doors again. A day prior, the employees received a motivational talk and guidelines for life by
Prof. Carlos Alberto Delgado
(Director of Oceano Mikao Usui Therapy Center). The talk began with the Vyahruti Homa.

Prof. Abel then deepened their
understanding on the effects of Homa Therapy and the benefits of working in an environment like that. Everyone is free to attend Agnihotra daily.



EVENTS in ARMENIA, COLOMBIA, SOUTH AMERICA

Before Agnihotra time, we shared more of the wonders that can be experienced with the regular practice of this Homa Healing Fires from Ayurveda (Science of the Life).

The Mantra "Om Shree" and the meditation (guided by Prof. Abel) helped us to stay focused in the here and now.



Photos below: Enjoying a heavenly lunch and wonderful afternoon with the family Maya (**Lucas and Martha Inés, their daughter Sofía, their son Chico, his wife Nora, their baby Arturo, and Camila**) and **mother Dora**. Lucas and Martha are practicing Agnihotra since many years. They have wonderful Homa experiences. They are neighbors with their son Chico and they get together for Agnihotra practice. Arturo is a very happy and healthy baby and the joy of all.



EVENTS in ARMENIA, COLOMBIA, SOUTH AMERICA



We continue to share the teachings about this ancient healing technique through video testimonies, answering questions and concerns about physical, emotional, mental health, etc.

All are happy to witness improvements in health, mood and welfare of the attendees from one day to the next.



Everyone receives Agnihotra ash after each session.

People are very grateful to Mother Dora for facilitating the space and offering this healing Agnihotra technique for free.

(Photos this page from Agnihotra encounters and teachings in BoticaSol.)



EVENTS AROUND THE WORLD - RAM - GUAYAQUIL, ECUADOR

For the event **RAM (Rudra around Mundi)** on the 23rd of December, we had arrived in Guayaquil and this illuminating and healing event took place at the **Medical Homa Center El Buen Pastor of Dr. Jaime Montufar** and his wife **Olga Benítez**.

(Photos of this and the next page - **RAM** in Ecuador, Guayaquil.)



RAM - RUDRA AROUND MUNDI - GUAYAQUIL, ECUADOR



There were about 40 pyramids lit during the Rudra Yajnya. The echo of the Mantras reached the whole neighborhood and we felt an energy that connected us deeply beyond words. Some people came from faraway places such as: Venezuela, Quito, Esmeraldas, etc. **(Photos this page.)**



RAM - RUDRA AROUND MUNDI - EUROPA



Austria, Graz

We gratefully received the photos of this and the next pages of the event **Rudra around Mundi (RAM)**.
THANK YOU for JOINING in the SPIRIT of LIGHT!

Mrs. Parvati had received a message from Orion a few days before December 23rd about this day, stating:

Those of you who are focused on the Light Work, which has been revealed to you, will be receiving a great boost of energy, as the planet again undergoes a growth spurt, beginning 23 December 2018.

Let us continue joining *Hands on Fire* on special events!

We only mention the country and city, since we have not received the names of all the people participating.



Austria, Fürstenfeld (days 22/23 of December 2018, full moon Homa Fire)



Spain, Malaga (Rudra) and **Fuengirola** (Agnihotra)

RAM - RUDRA AROUND MUNDI - CHILE



SATSANG FARM
in
CURACAVÍ



RAM - RUDRA AROUND MUNDI - AUSTRALIA



HOMA FARM
OM
SHREE DHAM

RAM - RUDRA AROUND MUNDI - POLAND, BHRUGU ARANYA



RAM - RUDRA AROUND MUNDI - USA, BALTIMORE



RAM - RUDRA AROUND MUNDI - PERÚ, LIMA & PIURA



RAM - COLOMBIA, BOGOTA



RAM - RUDRA AROUND MUNDI - COLOMBIA, ARMENIA



RAM - INDIA, MAHESHWAR, HOMA THERAPY GOSHALA



RAM - RUDRA AROUND MUNDI - INDIA, NASHIK



RAM - RUDRA AROUND MUNDI - INDIA, MANGEVADI



Mr. Bhaskar Gedala reported on something very special with the Rudra in Mangevadi:

Mr. B. Venkata Rao (Ramana) started to do Rudra Yagnyas on June 1st, 2018 and **completed one Thousand (1000) Rudra Yajnyas** on December 24, 2018.

The gran closure occurred with a **Mahayag** on the farm of Mr. Sivaji Maruti Yelpela in Mangevadi, Sanglola (Taluka), Solapur district, Maharashtra, India

This program was organized with the intention to support the welfare of farmers and women around the world.



EVENTO RAM - RUDRA AROUND MUNDI - USA

STRATFORD,
CONNECTICUT
(Agnihotra)
&
BALTIMORE,
MARYLAND



RAM - RUDRA AROUND MUNDI - INDIA, BELGAUM, KARNATAKA



If you have not yet had the chance to send us your photos and / or videos of any Homa (Rudra, Agnihotra, Tryambakam, and Vyahruti) on December 22/23/24, please do so now, as we are working on producing a video clip of this special planetary healing. Thank you.

Please send to: terapiahoma@yahoo.com
or whatsapp: +593 988 201 909 / +51 994 119 932

HOMA AROUND THE WORLD - LA HAVANA, CUBA, CENTRAL AMERICA

Leonel Chao Martínez wrote from Cuba:

Thank you for having guided me to Homa Therapy. I am sending you a photo where we are practicing Agnihotra on a farm, owned by a friend. Present were **Yamira, Marcia, Leonel, Gabriel, Lidiami, Nassel, Guío** and the dog named **Tool**. Some of the assistants had ailments of various types and **after the practice of Agnihotra they felt quite relieved**. Some have already called me, asking for Homa treatment and to prepare the Agnihotra ash cream. We will do the Homa Fires again on the farm and we try to spread it in the area, so that people can be helped and even apply it to their crops.

I have not had more pains and problems with my knees. I am already walking again up to 10 km, which I could not do for two years after an accident. And I can ride the bike too!

On the first day of practicing **Agnihotra, I was able to sleep much better** and my niece, who is quite restless, also slept very well. I am sending you a picture of me with the girl during Agnihotra practice. I will continue practicing it every day until I succeed in expanding this magnificent knowledge here in Cuba. Sincerely, with deep peace.

Photos: Me with my niece Méloidi Carrillo, who also loves Agnihotra; Yamira, Marcia, Leonel, Grabiell, Lidiami, Nassel and Guío during Agnihotra.



HOMA AROUND THE WORLD - HUANUCO, PERU, S. AMERICA



The photo above **Monk Chen** is sharing, is from a group meeting with Agnihotra. Also the testimony of Mr. **Leandro Castro (photo right with Monk Chen)** comes from the city Huanuco, which **Master Vasant visited several times**, planting seeds. This city is located in the Andes of Peru. Mr. Leandro Castro shared his experience:

*5 days ago I had some **warts near my left eye that were removed**. Then the entire area near the eye **was swollen**. I went to the hospital, but every day it became more bloated. Today in the morning I got up worried. I did wear a hat to give some shade to my face and I told Monk Chen about this. He advised me to **consume and place the Agnihotra ash on this affected area**. And now, after following his advice and doing Agnihotra today in the afternoon, **I'm healthy, there's no more swelling**. Thanks to Monk Chen and the Agnihotra Fire.*

HOMA AROUND THE WORLD - NUEVO COLOMBIA, PARAGUAY SOUTH AMERICA



Photos this page:
From the German **Family Pfeiffer**, who lives in Nuevo Colombia. They are dedicated to reforestation and care of the environment and therefore practice Homa Therapy daily.



They also teach and share Agnihotra with friends and visitors, especially on weekends when friends arrive from the city of San Bernardino to visit **The Parent Tree Farm**.

Ms. Brigitte wrote:

Every time I perform Agnihotra with the Pfeiffer family, I recharge my energies.

In the **photo above to the right** **Andreas Pfeiffer** practicing Agnihotra in a visit to **New York**.

He also charges his quartz crystals through Agnihotra fire. Ulla Pfeiffer with their daughter Tamila (**photo left**) doing Tryambakam Homa.

AROUND THE WORLD - LIMA NORTH, PERU, SOUTH AMERICA

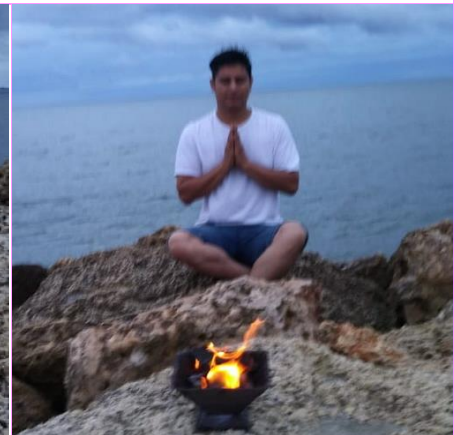
Psychologist, Jorge Torres Segovia, sent these photos of his frequented workshops ***Anti-Stress with Homa Therapy***. He dictates this workshop with great success every Saturday at the **EsSalud Hospital of the Social Security of Carabayllo, Lima North**.



Christian Álvaro Vásquez from Comas, Lima North, promoter of Homa Therapy, shares the photo **(left)** during Agnihotra in the company of his daughter and wrote: ***You can see a beautiful violet ray on the right diagonal joining with the Agnihotra pyramid. In the upper center of the violet light, an image can be observed.***

AROUND THE WORLD - CARTAGENA, COLOMBIA, S. AMERICA

Franklin Cerinza, Agnihotri since many years, practicing Agnihotra in front of the ocean in Cartagena (see photos to the right).



HOMA AROUND THE WORLD - WEST PALM BEACH, FL, USA



Dr. Mario Chavez and his wife, Dr. Yuriyu from the MaYu Holistic Nutritional Center sent these photos (above and right) from Florida and let us know:

Receiving in family the healing energies of the sunset Agnihotra on the first day of the year 2019 in Ocala, Florida.

We wish you all a Super Agni-Year.



HOMA AROUND THE WORLD - VINCES, LOS RÍOS, ECUADOR



Photos left and below: Jorge Rivera, promoter of Homa Therapy, is training and practicing Tryambakam Homa with a group of Agnihotris, neighbors and patients of Dr. Luis Carriel and his wife Sara Bustamante. Agnihotra is practiced daily at the Homa Center La Zenaida.



HOMA AROUND THE WORLD - INDIA, ASIA



Photos above were sent by Mr. **Ravi Kumar**, showing the **Christmas program** at the **Soham Ashram** in **Anakapalli, Visakhapatnam, Andhra Pradesh**.



Dr. Rajiv Luthra's family sent the photo and wrote:
All my family, including grand-mother **Vedaji**, is at the moment in **Kasauli, near Simla**. We practice sunrise and sunset **Agnihotra**.

HOMA AROUND THE WORLD - DHULE, MAHARASHTRA, INDIA



From Dhule, MS Cheema and his wife Sarbjit, directors of the Holy Child English School, sent photos of the inauguration of the new hall in their school.

Doing a Homa is the ideal opening ceremony for

any project, because all the work and all the success are offered to the Divine.

The motto of the Holy Child English School is: **Expanding Light**. They do this with Agnihotra every day. **Congratulations!!**



HOMA AROUND THE WORLD - CHIKODI, KARNATAKA, INDIA



Hrishikesh Paranpe sent the photo (to the right and above) of an event in Chikodi City, where **Tryambakam Homa & Agnihotra** were practiced publicly on Hirekudi Street.



HOMA AROUND THE WORLD - CALCUTTA, WEST BENGAL, INDIA



Mr. Lalit Agarwal wrote fromt Calcuta about giving Agnihotra training to the Karyakartas (workers) of 12 villages in West Bengal. **(Photos above)**

HOMA AROUND THE WORLD - KENGERI, BANGALORE, INDIA



Good Homa News from **Kengeri, Bangalore:** **Prof. Dhananjay Jog**, an Agnihotra practitioner since 2005 was invited by Mr. Ashok, Superintendent of the school, to

explain the importance of the practice of Agnihotra and the need to heal the atmosphere.

He demonstrated the Agnihotra practice to the students of the **Gurukul Vidyapeeth**



School in Kengeri, Bangalore.

(Photos above: during the Agnihotra demonstration; Homa Fire enchants the students; Prof. Jog, with Mr. Arvind, explaining Homa Therapy.)

HOMA AROUND THE WORLD - TAPOVAN SCHOOL, MAHARASHTRA, INDIA, ASIA

Shreekant Paranjpe,
director of the Tapovan
School, sent the photos of
this page with children of all
grades, practicing
Tryambakam Homa.

Photo on the right:
Workshop with the teachers
and the administrator
during the Tapovan visit in
July 2018. Prof. Abel gave
several educational training
workshops.



HOMA AROUND THE WORLD - INDIA, ASIA



We received this photo at Christmas from a **beautiful family in India**. Does it really matter how we call our religion? If we carry God in our hearts and follow only One teaching – “Love Your Neighbor as yourself” – we do not need anything else to live in Peace, Bliss and Prosperity.
We could live without hunger, destruction, violence, etc.

HOMA AROUND THE WORLD - FIRE MOUNTAIN, GANESHPURI, MAHARASHTRA, INDIA

Through Mr. **Gopi Rao** we came to know about the **Fire Mountain Retreat** and **Shri Nityananda Education Trust** in Maharashtra.

Gopi Rao and his wife, **Mohini (photo right)** are performing Agnihotra for the last 35 years. They help the NGO's marketing efforts, obtaining Ayurveda ingredients for the Ayurveda clinic, and bring contacts for incense making and distribution, providing contacts for Ayurveda trainers and doctors, among others.

(Photo below: End of the year activities with the children of the tribes of the Tansa River Valley.)



AROUND THE WORLD - FIRE MOUNTAIN, GANESHPURI, MAHARASHTRA, INDIA cont.

We received this letter from **Dewa and Jeanetta Haley** (in the photo the first ones from the left), who are also Agnihotra practitioners and share this knowledge in the retreats:

My husband, Dewa Haley, and I, Jeanetta Monosoff Haley, are from the USA (Oregon, California, and New Mexico) and living in Ganeshpuri Maharashtra for over 9 1/2 years.



We came to volunteer at this NGO, Shree Nityananda Education Trust (SNET), created by our meditation teacher, **Mark Griffin** of Los Angeles area, a devotee of **Nityananda Bhagwan and Swami Muktananda**. We were asked to take care of the trust and its property in 2008.

Following is a short summary of our work. Please read more about the outreach of our Trust and how anyone can participate in our new website: www.snetseva.org

SNET was founded in 2005 to provide basic educational, health, and agricultural support to impoverished communities in the Tansa River Valley. SNET strives to provide inspiration and hope to these communities through **programs that encourage individuals and groups to become self-sustaining**. Over the past eleven years we have identified 31 villages for which we concentrate our work of:

- Water hygiene education and household water purification
- Health education
- Vocational training of men, women, youth www.padukaseboutique.com
- Employment of local tribal members to create and maintain retreat facility that caters to International guests. Please also see: www.firemountainretreat.com
- Scholarships and educational support for tribal girls
- Men's Alternative Technology Workshop making wood stove devise
- Community Development through various Community Based Organizations, Self Help Groups and participation training.
- Water shed development, rain water harvesting, and water source protection
- Coordinating with professionals and students of IIT (Indian Institute of Technology), Mumbai for survey, research and implementation of village-appropriate alternative technology.

We hope that one day you will visit us and enjoy a relaxing atmosphere to rejuvenate from the busyness of modern life, as well as deepen into the spiritual atmosphere of Bhagwan Nityananda's samadhi shrine. Blessings,

Jeanetta Monosoff Haley, PhD, Co-Director Shree Nityananda Education Trust



SAUTRAMANI YAG - MAHESHWAR, M.P., INDIA

'Sautramani Yag' was peacefully conducted from 26-28th December 2018 at Homa Therapy Goshala, Maheshwar of Fivefold Path Mission

Por Sarvajit Paranjpe



Sautramani Yajnya (Day 2)

Sautramani is performed to **strengthen and protect ourselves** by conserving the dissipated energies. 'Su' means Good and 'Traman' means Protection. The purpose of this Yajnya is to strengthen the Energies of Abdominal Fire and Sense Organs. These are the two important factors through which we get energy for body to survive and mind to perceive the



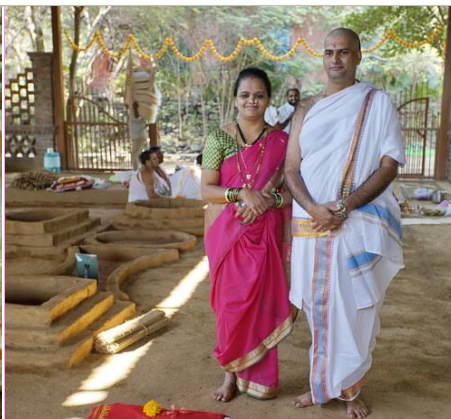
world. Our energies are dissipating through our bad habits of lifestyle and attitudes.

At physical level it is mainly our 'Abdominal Fire' which digest our food as per Ayurveda.

And digestion is one of the most important processes of our body upon which our survival depends. So, strengthening of our abdominal fire is very crucial for our living, ultimately our Healthy Living. It is this which keeps us energized. **(Photos this page - Sautramani Yag.)**



SAUTRAMANI YAG - HOMA THERAPY GOSHALA MAHESHWAR



And, it is our 'Sense Organs' through which we perceive our world. If the sense organs are healthy, strong and pure only then we will be able to perceive and react to the world in a right and loving way.



Strengthening and Purity of 'Abdominal Fire' and 'Sense Organs' will lead us to a Harmonious Life of Fulfilment. This Yanjya is an indication to strengthen these.

It reminds us that we need to be strong and protect ourselves in this endeavor towards Light and for that we need to be make efforts to conserve and unite our energies.

All living organisms shall get the needed to satisfy their sense organs so ultimately it would lead them to Contentment and Harmony. **This would lead them to higher goal of Self Surrender and Realisation.**

Mitra Vinda (Day 3)

Mitra means Friendship. Vinda means to Engross. It is a prayer and reminder to all of us that we all shall engross and walk together with a Spirit of Friendship towards our Goal of Fulfilment in Harmony and Peace.



SAUTRAMANI YAG - HOMA THERAPY GOSHALA MAHESHWAR cont.

Photos of this page:

Daily sunrise and sunset Agnihotra practice during the Sautramani Yag.

What a Blessing to be doing Agnihotra on the banks of the sacred river Narmada in Maheshwar Homa Therapy Goshala!



FUTURE EVENTS - HOMA COLOMBIA TOUR

Dear Agnihotra practitioners and friends of Homa Therapy in Colombia,

We are very happy to be back and able to share, grow, expand, teach, help, ... with the Homa Medicinal Fire techniques from the Vedas. (Ancient most source of knowledge on our planet). With **Divine Grace and the help of many people**, who have the desire to share this knowledge and its practice, we have started to organize the **Homa Colombia Tour 2019** in various cities.

Please see the invitations below.

We would love to see you with your Agnihotra pyramid and the healing Fire. Join us to increase the wave of LOVE and CONSCIOUSNESS also this country.

ALL THESE EVENTS ARE FREE OF CHARGE!!

Meanwhile receive all our love.

OM SHREE OM, Aleta y Abel

1) Armenia, Quindío - BoticaSol

- **daily Agnihotra practice from Monday through Saturday**

Avenida Bolívar Cll. 5 Norte 14-06, corner

- **Sunday, February 3 - Auditorium of the Red Cross**

FESTIVAL of HOMA Bioenergetic Healing

Sunday, February 3 - More information: **BoticaSol** +57 320 677 3902 y (6) 745 41 59

2) Pereira, Riseralda - Centro Cultural Govinda

Friday, January 18

Calle 15 N 6 58 Centro Pereira

Time: 5:00 pm - 7:30 pm

More information: **Pavitram** +57 314 622 0311 y 339 650

3) Santa Rosa - Academia Luz y Vida

- **Saturday, January 19**

Calle 14 # 15-73, in front of the Chamber of Commerce

Time: 5:00 pm - 7:30 pm

- **Sunday, January 20 - Countryside Morning in the organic farm Minkalab**

More information: **Andrew** +57 312 259 8164

4) Manizales, Caldas - FundaSer

Monday, January 21

Calle 64 A #24-14

Time: 5:00 pm - 7:30 pm

More information: **Marisol** +57 315 541 3766

5) Manizales, Caldas - Centro Naturista Integral Manimez

Cra 22 24-24, 2nd floor

Friday, February 1

Time: 16:30 - More information: **Ivan Jimenez** cel. +57 315 270 36766)

6) Santa Rosa, Caldas

Workshop Intro to Sanskrit and Homa Mantras

More information: **Luz Maria Buitrago** +57 316 691 4000

7) Villavicencio

- **Friday, February 8 - Casa de Yoga and Tai Chi Agua Luna, Barrio El Triunfo**

- **Saturday, February 9 - Samadhi Yoga School, Barrio La Vega**

- **Sunday, 10 February - Los Fundadores Park**

- **Monday, February 11 - Visit to organic farms**

- **Tuesday, February 12 - Rudra Yagnya for Agnihotris**

- **Wednesday, February 13 - Farm "El Clavelito" (vía La Reliquia)**

All these activities begin at 4 in the afternoon (except Rudra Yagnya earlier).

More information: **Diana y Endir** 314 208 3118

FUTURE HOMA EVENTS - COLOMBIA

8) Bucaramanga

Tuesday, 19 until Sunday, February 24

For more information please contact: **Prabhu Dina** +57 316 397 6088

9) Sta. Martha

For more information please contact: **Oscar Ardila**: +57 300 586 7493

10) Barranquilla

For more information please contact:

- **Luis Torro**: +57 310 683 5866

- **Manuel y Alcira del restaurante EL Huerto** +57 320 732 1871




FUTURE HOMA EVENTS - CHILE



21
enero 2019
Luna Llena

En sincronía con la celebración del
Nakshtra Yag en Maheswar - India, por
la conmemoración del 100° Aniversario
de nacimiento de Parama Sadguru
Shree Gajanan Maharaj



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● Consulta por el espacio público donde se
realizará la Piramidada en tu ciudad y
participa con tu pirámide.

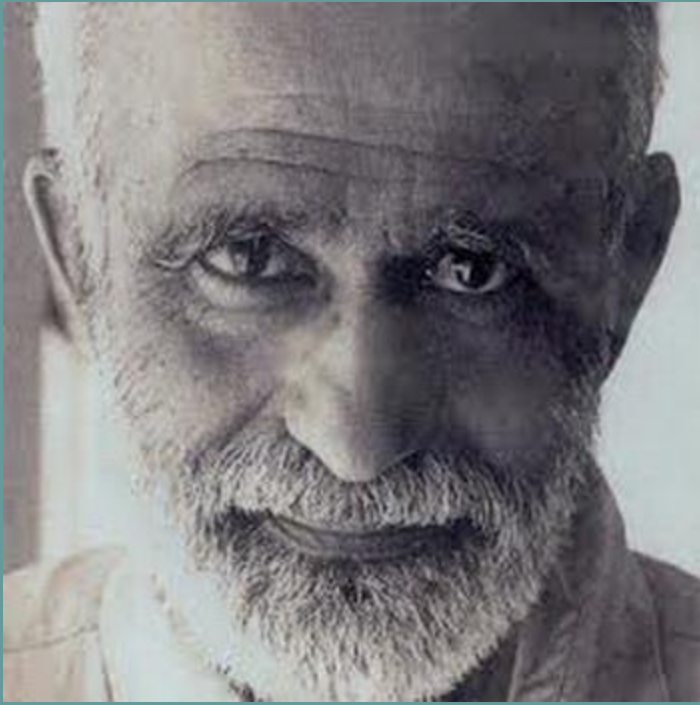
● Si tu ciudad no aparece en este afiche,
¡súmate como organizador local!
quintuplesendero@gmail.com

¡Tod@s invitad@s!

3a PIRAMIDADA
Nacional de Chile

Organiza: Fundación Quintuple Sendero - Chile, con la colaboración de Fivefold Path Mission

MESSAGE FROM MASTER SHREE VASANT, 12th JANUARY 2019



(Message received through Parvati, Bhrugu Aranya, Poland)

In this world, there will be many who would turn against you. Stay focused on the Light. Never be fooled by those who would distract your attention from what is right. When you know who you are and why you are here, what is your highest work to accomplish in this life, let nothing dissuade you or cause even a ripple of fear to break through your innate calm.

Those who carry the Light to others are often fair game for those who are fueled by jealousy, greed or envy. Stay focused on the Light.

Circumstances may vary throughout one's life on Earth. Do not be swayed by circumstance or tempted by position or authority, by the lure of ego or fame. Stay focused on the Light.

We have given you Our word that We will always be with you. That will never change. Once the hand is held, it is so.

These are difficult times in the world, not only in your individual, personal lives. The planet is in a state of upheaval on every level, from a challenged environment to a troubled populace. Stay focused on the Light.

Explore ways to better your lives, to strengthen your resolve, to champion the positive and refuse to become drawn down into negative thinking or hopelessness. While there is breath of life, there is always hope, for the present and for the future.

Take the time to go within, to listen to the Silence. Listen. Listen. Listen.
Savor every moment of inner peace, as it rises from within you. Let it shine for all to see.

Embrace change, even when it throws you initially, and creates a momentary sense of imbalance. Find your balance once again and move forward with Grace. Stay focused on the Light.

Be kind in thoughts, words and deeds.
Practice Fivefold Path with intention and devotion.

Through all trials and tribulations, never allow a moment of fear to enter your heart. Have supreme faith in Almighty, and you will find yourself being lifted above the fray, carried by Grace through all things in life.

Love and Blessings to all.
OM TAT SAT.

FROM INTUITIVE GUIDANCE

(received through Parvati Bizberg, Poland)



On Children

Yes yes yes. Children need grounded energy and to feel safe in the world. Agnihotra at sunrise and sunset will create a cleansing, healing environment, which will change one's life.

On Clearing One's Way

One must clear away the cobwebs of illusion and of disillusion embedded in one's consciousness from lifetimes.

Walk in Light.

OM TAT SAT

Orion:

Yes, yes. In this New Year, which begins in the month of September, by the ancient Hebraic calendar, we salute the ones who continually, year after year, keep the ancient healing fires burning. This will one day be well known and respected. Time is stretched to include those who have come with pure hearts.

Yes, yes. In ancient caves in Himalaya Mountains, such fires continue untended by human beings on the physical plane—but continually maintained round-the-clock on the subtle planes.

If one sits for meditation in the caves and is steeped in silence, one will hear the Mantras being chanted through the ethers.

If you go to ancient sacred sites where once sacred Mantras were chanted, you will hear them, however faintly, being emitted through the stones, carried by the wind, resonating with all of Nature. When you perform Agnihotra at sunrise/sunset, you are seeding Mantras into the atmosphere, which will resound throughout Nature for millennia to come.

As you connect with the ancestors, you are simultaneously connecting with generations to come. And the cycle remains unbroken.

We are humbly in your service, all who carry the Light forward in time.

We are, Orion.

On Illumination by the Graces

Yes, yes. Indeed, the signs are everywhere. The planet is headed for, at least, a state of chaos, at most, a state of destruction. Weather variances are wide, frequencies disturbed, energetic portals opening—all indicators of an EXTREME STATE OF EMERGENCY.

The dark energetic forces unleashed in the universe are on the rise. However, we must explain in detail that those of you whose Light has been kindled, whose souls have been awakened, shall indeed rise and be duly strengthened and illuminated by the GRACES, which are as well on the rise.

Those of you who are focused on the Light Work, which has been revealed to you, will be receiving a great boost of energy, as the planet again undergoes a growth spurt, beginning 23 December 2018.

Yes, be aware of the opposing forces; learn how to protect your earthly bodies from the negative energetic thrusts that come in time.

Places selected for Light shall receive showers of love, strength and clarity. Protection is and will continue to be supported and blessed by the Grace as it unfolds on the Earth.

On Rebuilding your Inner Core

Take time to build and rebuild your inner core. Learn to trust your inner voice, your spiritual compass that will lead you home.

There is much to be said for UNITY, for compassion, not pity, for love and forgiveness, And for deep abiding GRATITUDE.

May you walk in Light and in JOY.

Remember, you cannot be BRAVE and fearful at the same time.

You must always choose.

Blessings abound.

We are,

ORION

More info: www.oriontransmissions.com