



**EDITOR'S NOTE**

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**FROM INTUITIVE  
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Your comments, participation, questions, suggestions and healing stories for the Homa Newsletter are welcome; Please write to Abel Hernandez & Aleta Macan: [terapiahoma@yahoo.com](mailto:terapiahoma@yahoo.com)  
Thank You!

**THE BODIES (KOSHAS)  
of MAN**

If you practice yoga or have done metaphysical studies, you will know that the universe that appears before our eyes is only a small part of the Whole. Even the Conventional Sciences do talk about a World beyond the senses. Besides, there are several layers that range from light to infinitely more subtle than our imagination can capture.

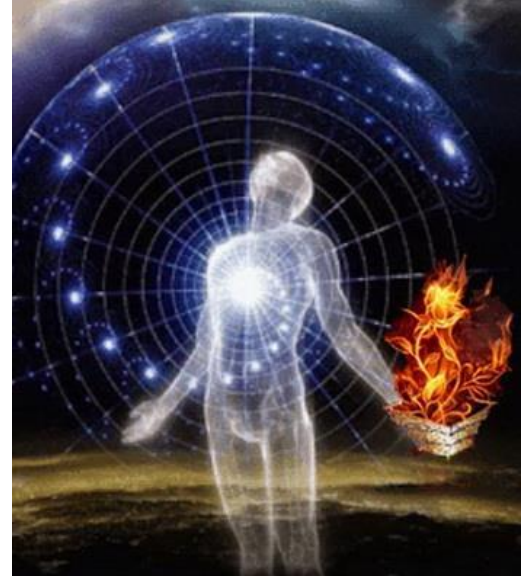
For many people, the human being is basically composed of a physical body and its studies are limited to anatomy, physiology and biochemistry. Of course, emotions and thoughts are also talked about in a very vague way.

However, **there are references to other bodies or body layers (the koshas) in the Taittiriya Upanishad, written three thousand years ago.**

Yes, according to Science of Ayurvedic Medicine, the human being is made up of 7 bodies:

- 1- **ANNAMAYA KOSHA** - THE PHYSICAL BODY
- 2- **PRANAMAYA KOSHA** - THE ENERGY BODY
- 3- **MANOMAYA KOSHA** - THE ASTRAL BODY
- 4- **VIJNANAMAYA KOSHA** - THE MENTAL BODY
- 5- **ANANDAMAYA KOSHA** - THE BODY OF BLISS/HAPPINESS
- 6- **CHITTA KOSHA** - THE BODY OF CONSCIOUSNESS
- 7- **ATMA KOSHA or SAT KOSHA** - UNIVERSAL SPIRIT or CAUSAL BODY

We can also see man as an onion where each layer is equivalent to a body and its nucleus is the individual soul. But unlike onion layers that separate easily,



**The soul is independent of the clothes of man.**

the koshas intertwine and their separation is more complex. The body of the "atman" in Sanskrit refers to the universal Being or Spirit, is the Infinite Self, the All in which all possibilities are contained.

**The intellectual understanding of this information is not enough to liberate the soul (Moksha).** However, Meditation and Detachment can help us to live and experience other dimensions.

The Caterpillar becomes Butterfly through the Metamorphosis. Before it was a condor or an eagle, it went through a series of transformations where the egg changed into a bird that could fly. Likewise, the human being achieves "Self-realization" through an Alchemy or certain revealing experiences of his real nature.

**Thus, the Fivefold Path (Yajnya, Daan, Tapa, Karma and Swadhyaya) gives us the tools and procedures to gradually know: Who am I? and what is the purpose of our presence on earth?**

**OM SHREE OM  
OM FIVEFOLD PATH OM**

## HOMA HEALING STORIES

**Jhon Blandón**  
**BoticaSol, Armenia, Quindío**  
**Colombia, South America**

I have a quite wonderful experience with Homa Therapy. I owe a 5-year-old dog, who started to suffer from **dermatitis** at the age of 6 months, which left him in a state of total chaos. **His skin ulcerated and he was full of wounds all over his body.**

I did what humanly I could. I took him to all the specialized veterinarians of the coffee region. They attacked the problem with antibiotics and every 3 days, he had to be bathed with a special shampoo. He recovered a little, but when the antibiotics were finished, again the welts appeared and he would again be full of bleeding wounds. It was something very sad and struck us strongly. Panchito endured this treatment for 4 years.

Then, one year ago, **I took him to BoticaSol, to Homa Therapy and immediately he began to recover and heal.** I give him the Agnihotra ash and I take him many times in the afternoons to BoticaSol. And I also do the Fire in my home. As soon as I light the match, he comes and remains quiet; for him Agnihotra is very important. **For 4 years, I thought he was never going to heal and that he was never going to be well. But with Homa Therapy and Agnihotra ash, in one month, he began to heal and heal and heal. He is a perfectly healthy dog.**



**Jairo García Galeano**  
**BoticaSol, Armenia**  
**Quindío, Colombia, South America**

My dog had **5 tumors and she was very ill.** One of the tumors broke open and the veterinarian said that she had to be operated immediately. After that, she needed to be given drugs.

**When I came here to Homa Therapy, I took the Agnihotra ash home and I started giving it in her food. Now, she is completely fine and perfect, better than ever before.**

**Ángela Marcela Uriñez**  
**BoticaSol, Armenia, Quindío**  
**Colombia, South America**

I attended the healing fires of Homa Therapy and kindly was given the Agnihotra ash. **My husband's grandmother, who is quite old, was in bad shape.** And the medications she received, kept her very weak.

My husband took the Agnihotra ash, without knowing what it was, and began to give it to her every day. The whole family began to notice the **transformation of the grandmother.** Instead of sitting with her head down and without participation, **she was more conscious and lucid. Agnihotra ash worked for her.**



## HOMA HEALING STORIES

**Olga Inés Gutiérrez Molina**  
**BoticaSol, Armenia**  
**Quindío, Colombia, South America**

**I am very happy, because I am with Homa Therapy.** Over a month ago, I came to BoticaSol because **I could not sleep.** **Now, I am happy because I can sleep at night.** I also go home **with tranquility, with happiness, with something in my stomach that can be called joy.**

I invite everyone to come to Homa Therapy.



**Niyanet Duque Rivera**  
**BoticaSol, Armenia**  
**Quindío, Colombia, South America**

Since one month, I am coming to the Homa Therapy sessions. And for me, it has been a blessing. I arrived with a **lot of stress and many emotional conflicts.**

**Since I have been participating in Homa Therapy, I have felt an impressive inner peace. In fact, I have learned how to handle my temperament, my words and my emotions. I'm happy to be able to come.**

**I am also using the Agnihotra ash and it has been another blessing, since it has helped me a lot with my muscle aches.**

**The Agnihotra eye drop also helped me a lot, because my eyes were very red and I had sinus problems. The drops have helped me a 100%.** I am very happy to be able to attend Agnihotra and I thank the universe and Mrs. Dora and Mrs. Ananda.

**Stalin Criollo**  
**BoticaSol, Armenia, Quindío, Colombia, South America**

I am from the brother country Ecuador and I came to Colombia to study. During my stay here, in this beautiful city Armenia, I suffered from a complication with my column. The diagnosis was a **herniated disc at level L4/L5, which was very painful and very complicated.**

For unknown reasons in life, I was guided to BoticaSol and informed about Homa Therapy. That was in mid-November of 2017 and from then on I tried to come as often as possible. I am currently still attending. The benefits of Homa Therapy are total and incredible. **After only 2 days, I noticed the improvement by 90%.** I have no pain. I have not taken any medication since I know Homa Therapy. I have cut them completely. **To this day, I am recovered from this problem 100%.**

Also, my left hand was shaking, which prevented me from performing the activity as a hygienist of oral health. **Again, the improvement was immediately. Everything has been beneficial, not only physically, emotionally, but also at a spiritual level. Here Peace is in the air, total Peace.** I cordially invite all the people who wish to improve, who want a better quality of life. Because that is what Homa Therapy offers. **Thanks to BoticaSol for this Service!**





## HOMA HEALING STORIES



**Carlos Alberto Gonzáles**  
BoticaSol, Armenia, Quindío, Colombia, South America

I have come to Homa Therapy and it has helped me a lot. I suffered from **pain in my knee**, which was going to be operated, but then, after all, **no operation was needed**. Because since I started attending Homa Therapy, the **pain was disappearing**. Also, **the arthritic pain in my fingers has disappeared with Homa Therapy**.

Besides, I have taken Agnihotra ash home for my wife, who suffered from **pains in the legs**. She has started taking it and as a result, her **pains are disappearing**. **I am very grateful to this therapy, because it also has brought me a lot of tranquility, a lot of harmony, including in my home.**

**Jorge Medina**  
BoticaSol, Armenia, Quindío, Colombia, S. America

I came to BoticaSol through a friend. I have been coming continuously for 7 days and thanks to the Lord and the Virgin Mary, a problem I had - **a nervous tic- was resolved**. I am doing very well now. I also suffered from an **allergy in the feet**, but **I'm fine now**.

**Each time one comes to do Homa Therapy, one leaves as a new person. Homa Therapy completely changes one's mind, changes everything and leaves one excellently.**



**Maria Elena Montoya**  
Gnosis School  
*Luz y Vida (Light and Life)*  
Santa Rosa de Cabal  
Risaralda, Colombia

I am 65 years old. Today was my first time participating in Agnihotra of Homa Therapy. **I came feeling very sick, with many pains due to arthritis and osteoarthritis.**

I have it in **my hands, knees and it was beginning to affect my back too**. I have days where I cannot leave home because of the pains. **I cannot sit for more than 10 minutes** because my knee hurts too much when I get up and walk.

First I was sitting in the circle during Agnihotra and then I was invited to sit in front of the Agnihotra Fire. I placed my hands above the pyramid and received a small massage with ghee mixed with Agnihotra ash on my hands and knees and also took the healing ash.

**When I got up, after an hour, I could walk well and straight! Look at me now! And also look, my fingers and my hands are straight. I could not stretch them before. Now I can get up without problems and I have no pains, not in my hands, not in my knees and my back does not hurt either!**



## HOMA FARMING -THE SOLUTION FOR THE FUTURE OF OUR PLANET!



**"Om Shree Dham" , Homa Therapy Centre for Australia - By Frits and Lee Ringma**

Anthony, (a Woofer from France working on our veggie gardens - **1<sup>st</sup> photo below**), **from the first day here, could feel the extraordinary peace and understood it was created by Homa Therapy.** Sitting for Agnihotra with us every day and other Homas, he asked if he could perform his own Agnihotra. He read the Information package that we supply with an Agnihotra kit, learned the sunrise, sunset mantras from the mantra CD and 5 days after arrival here, he performed his first Agnihotra. He loved the energy he could feel. We were all beaming from ear to ear. **Somehow when a new person takes up Agnihotra there is celebration in the heavens and on the earth!**

**2<sup>nd</sup> photo below: So much delicious fat hen, a nutritious weed growing everywhere in our veggie garden.** Apparently *Fat Hen* requires soil high in nutrients thus often found around manure heaps! I was very surprised to hear this, as we do much less than we would like to get compost into the soil, due to so many commitments. It demonstrates to me that just by performing Agnihotra the soil is improved.

**Quote Master Shree Vasant:** *'In Homa Therapy Farming, the result of the Homa process is that something physical interacts with the soil making the nutrients already there more potent. When nutrients are absent, cultivating the growth of nutrients necessary for healthy plant life is achieved by the Homa process.*

**In Agnihotra atmosphere the metabolic process of plants is speeded up.** It is the ghee used in Agnihotra process that is the catalytic factor and on a more subtle level the Mantras interacting with the combined effect of the burnt ghee and rice. This combination enters the soil after returning from the solar range ..."

(From the book *Homa Therapy - Our Last Chance* by Shree Vasant Paranjpe.)



All our veggies this year are from Homa organic seeds that we collect and store with Agnihotra ash in a cool dark place. The snake beans this year are from organic snake bean plants (**3<sup>rd</sup> photo**) grown in Homa atmosphere last year. **The quality of the plant is much more vibrant than what I witnessed last year.**

**(4<sup>th</sup> photo: corn; 5<sup>th</sup> photo: delicious sweet round Zucchini's growing in abundance this year.)**

Skilled gardeners and builders welcome to our Homa farm in Australia!

If you would like to stay in a transformational energy field and at the same time help to develop Om Shree Dham's food gardens and retreat Centre so that we can benefit more people, please contact us.

Conditions apply. [www.agnihotra.com.au](http://www.agnihotra.com.au)

## HOMA AGRICULTURE - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Taller de Diseño Agroecológico Predial en Parcela Satsang Curacaví,  
Región Metropolitana – Chile

By Carolina Morales Pavez, Agronomist



The Fivefold Path Foundation, again organized two workshops of **Agro-ecological Design**, on July 7th and September 29th, 2018 in the Satsang farm, located in the town Curacaví.

We reviewed aspects such as:

1. Importance of the particular agro-ecological design and its' considerations.
2. Use of Agnihotra ash in agriculture.
3. Materials and methods to produce the biofertilizer Gloria Biosol Homa.

Each of the participants had to draw and present the design of the property they own and incorporate all the concepts that were reviewed. These are the central guidelines for organic farming or for the transition towards agro-ecological farming.



### ***Agro-ecological predial design refers to:***

*One of the main strategies in agro-ecology is to exploit the complementarity and synergy that result from the different combinations of crops, trees and animals of the agro-ecosystems so that through spatial and temporal arrangements - polyculture, agroforestry and agricultural systems are favored.*

*In real situations, the exploitation of these interactions involves the management and design of the agro-ecosystem and requires knowledge of the many relationships between soils, microorganisms, plants, phytophagous insects and natural enemies. That is why it is necessary before carrying out an agricultural project and / or establishing the crop to make a design to deliver the complement and synergy of the organisms that live from an agro-ecosystem.*





## ECO NEWS

### Progress! Canada's New Draft Food Guide Favors Plant-Based Protein and eliminates Dairy as a Food Group

The Canadian government has issued new draft healthy eating recommendations, which would overhaul the antiquated system of food categories—focusing instead on eating patterns—and emphasize the importance of including a “high proportion of plant-based foods.” The milk category is indeed gone in the draft recommendations, and the powerhouse legume has been elevated above animal foods. **To read more please see:**

[https://www.huffingtonpost.com/entry/progress-canadas-new-food-guide-will-favor-plant\\_us\\_5966eb4ce4b07b5e1d96ed5e](https://www.huffingtonpost.com/entry/progress-canadas-new-food-guide-will-favor-plant_us_5966eb4ce4b07b5e1d96ed5e)



### Colgate toothpaste found to contain cancer-causing chemical

Triclosan has been a prized ingredient in Colgate toothpastes for a number of years now. While its use in antibacterial soaps has been banned by the FDA, somehow this chemical has managed to retain its approval for use in toothpaste. Research has indicated that triclosan may contribute to antibiotic resistance and hormone disruption, and it may also negatively effect immunity and contribute to cancer development. **More information:** [https://www.naturalnews.com/056018\\_triclosan\\_Colgate\\_cancer\\_chemical.html](https://www.naturalnews.com/056018_triclosan_Colgate_cancer_chemical.html)

### Study: “Organic” Honey Found to Contain Monsanto's Roundup Herbicide Glyphosate

**By Paul Fassa**

A recent study from Boston University and Abraxis LLC discovered troubling levels of glyphosate in honey – including “organic” honey. All samples were taken from metropolitan Philadelphia grocery stores. The most shocking results were found in honey. Specifically, out of 69 samples, including 11 taken from organic honey, the researchers found: 62 percent of conventional honey and 45 percent of organic honey contained glyphosate at unsafe levels. **More information:** <https://realfarmacy.com/study-organic-honey-found-contain-monsantos-roundup-herbicide-glyphosate-avoid/>



### Third of Britons have stopped or reduced eating meat - report

**By Rebecca Smithers**

One in eight Britons are now vegetarian or vegan, according to a report on food shopping that underlines a revolution in the UK's eating habits. A further 21% claim to be flexitarian, where a largely vegetable-based diet is supplemented occasionally with meat, which means a third of UK consumers have deliberately reduced the amount of meat they eat or removed it from their diet

entirely. **For more information please see:**

<https://www.theguardian.com/business/2018/nov/01/third-of-britons-have-stopped-or-reduced-meat-eating-vegan-vegetarian-report>



## EVENTS in ARMENIA, COLOMBIA, SOUTH AMERICA



Photos of this page: Teaching and practice of Agnihotra daily in BoticaSol, where Homa Therapy is a priority in order to harmonize, balance and purify the environment for all other activities, such as Yoga, dance, meditation, workshops, etc.





## EVENTS in ARMENIA, COLOMBIA, SOUTH AMERICA



### Photos this page:

Homa Therapy encounters in the BoticaSol, where the Benefits and Wellness produced by the Homa Medicinal Fires, is shared with the public.

Daily, we hear from visitors amazing live testimonies of the effect of this Therapy.

(See pages 2, 3 and 4 with Homa Healing Stories.)





## EVENTS in MONTENEGRO, QUINDÍO, COLOMBIA



In the center of the minor offender, *CAE (Center for Specialized Care), La Primavera*, located in the town Montenegro, we had the opportunity to meet these young people, their operators and psychologist. We could show the effects of Agnihotra in violent behaviors, and overcoming addictions through the regular practice of this ancestral healing technique. This happened in the company of Mother Dora and Isabel

Meza, the social communicator of BoticaSol. (Photos left and below.)



## EVENTS in MANIZALES, CALDAS, COLOMBIA



Interview of Prof. Abel and Yoga teacher, **Paula Franco** (who organized this meeting), with **Dr. Jorge Enrique Rojas**, known and loved all over Colombia for his work in **reviving the recognition and therapeutic application of medicinal plants, healthy food and lifestyle**, etc. This doctor's pharmacy consists of organic herbs, vegetables, fruits, etc.

To see the interview please enter:

<https://www.youtube.com/watch?v=pYjglagLWiE>





## EVENTS in ARMENIA, COLOMBIA, SOUTH AMERICA



### Photos of this page:

- Agnihotra with Dr. Humberto Lema, his family and patients who come regularly to participate in the free Agnihotra sessions.

- Practice of therapeutic Yoga with conscious breathing, after receiving the healing energies of Agnihotra.





# EVENTS in QUINDÍO and RISARALDA, COLOMBIA



There were a series of interviews in radio stations, local newspapers, videos on Facebook and TV shows in the largest cities of the Colombian Coffee Region, with the purpose of inviting the public to daily sessions, Agnihotra workshops and to the Homa Festival. All these events are always free of charge. **Photos of this page: Daily newspaper La Crónica -Quindío and the El Diario, Magazine Punto Final in Pereira - Caldas, Radio 98.1 with Mr. Iván Jiménez in Manizales -Risaralda, an article in the Magazine Buena Gente, etc. Click on the photo to enlarge it.**

## TERAPIA HOMA



Abel Hernández y su esposa Aleta Macan realizando su terapia Homa, con la que visitan por todo el mundo, tratando de ayudar a sanar problemas, enfermedades físicas, psicológicas, e incluso problemas ambientales por medio de la medicina ayurvédica en las instalaciones de Boticasol. Los eventos con entrada libre se realizan hasta el 6 de febrero.

**24 punto final**

EL DIARIO | SÁBADO 24 DE FEBRERO DE 2018

Abel Hernández

**Terapia Homa: el poder de los fuegos sanadores**

En la medicina ayurvédica se dice que equilibrio es salud y desequilibrio es enfermedad.

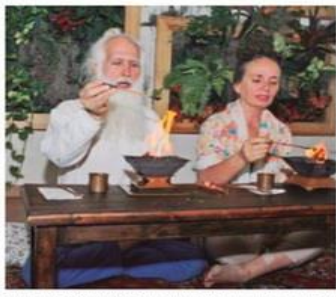
**LA CRÓNICA** >>> **SALIDA**

DE QUINDÍO DE MANIZALES

**MEDICINA AYURVEDA MANIPULACIÓN DE LUZ Y SONIDO PARA SANAR PROBLEMAS. SE ENCUENTRAN DANDO SU TERAPIA TODOS LOS DÍAS EN BOTICASOL CON ENTRADA GRATUITA DESDE LAS 5-30 P.M.**

## Abel y Aleta, maestros de la terapia Homa están en el departamento

Los maestros Abel Hernández y Aleta Macan se encuentran en el Quindío realizando su terapia Homa, con la que visitan por todo el mundo, tratando de ayudar a sanar problemas, enfermedades físicas, psicológicas, e incluso problemas ambientales por medio de la medicina ayurvédica, que practican hace más de 40 años.



batano, plátano y cítricos, sin necesidad de pesticidas ni herbicidas, lo que logra un aumento en la producción y una calidad superior y al mismo tiempo obteniendo productos orgánicos de buena producción y calidad. Además, en sus actividades de implementación, entusiasmó esta es la impetora que tenemos al cambio climático que afecta las especies, entre ellas, las plantas, ya que se contempla que están habiendo problemas alimentarios en muchas partes.

**¿Qué es la terapia Homa?**  
La terapia Homa proviene de la medicina Ayurveda y consiste en la manipulación de luz y sonido a través de fuegos sanadores que neutralizan la contaminación del medio ambiente. A través de esta técnica, se ayuda a sanar problemas, enfermedades físicas, psicológicas y e incluso problemas ambientales por medio de la medicina ayurvédica, que practican hace más de 40 años.

Según los maestros de la terapia, esto es una religión una creencia, es una práctica que viene de la medicina ayurvédica. A las madres, que tienen niños que son hiperactivos o niños que tienen autismo o problemas de aprendizaje, o incluso síndrome de down, porque si aprenden estas técnicas, que se enseñan gratuitamente en Boticasol a las 5:30 p.m., van a ver cómo el cerebro se desarrolla de un niño mejor. Si tienen problemas mentales, también hay casos de niños que se han recuperado en gran parte.

**¿Qué cambios se están logrando?**  
Hay un cambio en los ecosistemas y se pueden constatar los problemas de salud a través de la salud. Se crean microclimas especiales, entonces, por ejemplo, lo que está pasando en África, donde ciudades grandes se empezaron a quedar sin agua, desde se afectan millones de personas, y eso pasa en muchas zonas del planeta, especialmente en zonas tropicales. Colombia es una zona tropical. Con la terapia tenemos la salud, la lluvia, la solución a los problemas climáticos y sostenemos en la salud vegetal, animal y humana. Recordamos a las personas que esto es una ciencia, que viene de la medicina ayurvédica, no es ciencia, es un conocimiento que viene con una religión en particular, esto es igual que la matemática, ya que se enseña de cualquiera que lo pueda poner en práctica y si sufre de alguna enfermedad.

**¿Qué beneficios trae esta medicina complementaria?**  
Estos son algunos de los beneficios que trae esta medicina complementaria: ayuda a sanar problemas físicos, psicológicos, e incluso problemas ambientales por medio de la medicina ayurvédica, que practican hace más de 40 años.

**¿Qué tipo de aplicaciones tiene la terapia?**  
Alta es el tipo de aplicaciones que tiene la terapia. Se hace a una hora exacta que se realiza todos los días que se quieran, por eso es en la mañana y en la tarde. Es importante que estén atentos para no irse en la noche. Damos una medicina que se prepara con estos fuegos de manera gratuita así asistieren.

En la medicina ayurvédica se dice que equilibrio es salud y desequilibrio es enfermedad. La medicina ayurvédica es una medicina que viene de la India y que se basa en el equilibrio de los elementos de la naturaleza. La medicina ayurvédica es una medicina que viene de la India y que se basa en el equilibrio de los elementos de la naturaleza. La medicina ayurvédica es una medicina que viene de la India y que se basa en el equilibrio de los elementos de la naturaleza.



**Photo left: Prof. Abel teaching and practicing relaxation and stretching exercises to feel also well and relaxed, while being seated. At the same time, watching Homa Healing Testimonies at the Krishna Center in Pereira, Risaralda.**



## EVENTS in PEREIRA, RISARALDA, COLOMBIA, SOUTH AMERICA



At the "**Centro Cultural Govinda**" in Pereira, Mr. **Pavitram** invited the Krishna devotees and the Pereira community to learn more about Homa Therapy and its health effects. Through videos and explanations, Prof. Abel deepened the knowledge of this ancestral therapy of the Vedas and clarified many questions.



It was a wonderful encounter with souls of light. Many ready to integrate the practice of Agnihotra in their daily life. **GRACE** is palpable through the practice of Homa Healing Fires and through the expanding feeling of LOVE, PEACE, BROTHERHOOD with everyone and everything. **OM SHREE OM**



**Pavitram** and his wife **Chaitanya Devi Das** with two of their children. They are Krishna devotees and practice and share Homa Therapy on a daily basis in their restaurant.





## EVENTS in SANTA ROSA de CABAL, RISARALDA, COLOMBIA



**The presentation of 'Homa Therapy and its Effects', started with a Vyahruti Homa.**



The **Gnosis Group** invited to their **"School of Light and Life" (Luz y Vida)** to present Homa Therapy and its benefits in health and farming. They run a Gnostic school, teach Yoga and meditation, among many other services for the inhabitants of this picturesque town. Now, they also share Agnihotra regularly in their center.

Our thanks go to the couple **Henry Martínez and Sulderiz Jiménez, Juan Pablo Hernández** and the whole group for their support and for this wonderful opportunity to serve.



Rehearsing the Mantras, showing the preparation of the Fire with its inputs and materials. Then, embracing the last rays of the sun, we practiced Agnihotra. We felt the Peace extending from within and with the chanting of the Mantra 'OM SHREE, spreading with the wind in all directions.



**(Photos of this page: Homa teaching in Santa Rosa de Cabal, which was organized by Andrew Clark and his wife Julieth Jaramillo - photo left.)**



## EVENTS in SANTA ROSA de CABAL, COLOMBIA, SOUTH AMERICA

Along with Mother Dora, we were invited to stay at the organic coffee farm of **Mrs. Patricia Builes**, where we enjoyed the company of her mother **Gloria** and her dear friend **Luz Maria**, director of



Waldorf Pedagogy College. All three women are Agnihotra practitioners. They were ready for the practice of optional disciplines such as additional Homa Fires before dawn, at 4 and 5 in the morning. We practiced Agnihotra in a beautiful gazebo in the middle of Patricia's organic garden, listening to the sounds of a number of different birds. (Photos above y below.)



In the afternoon, friends and Agnihotra practitioners came to listen, see and learn more about this wonderful healing technique. We practiced Agnihotra and then, we remained a long time in silence, breathing a freedom and joy, which knows no limits.

(Photos below: Educating about Agnihotra, basic Homa Fire and its practice. Mrs. Patricia with her mother Gloria and son Daniel during Agnihotra.)





## EVENTS in SANTA ROSA de CABAL, RISARALDA, COLOMBIA



**Photos of this page:** Meeting at **MinkaLab (Eco farm and Permaculture laboratory)** organized by Yoga Teacher, **Andrew Clarke and his wife Julieth**. We enjoyed several hours with ongoing Homa Fires, Yoga, Pranayama, meditation, dance, conversations, etc. This meeting took place surrounded by the freshness and coolness of a protected forest.





## EVENTS in MANIZALES, CALDAS, COLOMBIA, SOUTH AMERICA



In **FundaSer** (Foundation for the harmonic development, being based on the teachings of Gurdjieff), **Marisol, Andrew, Julieth, Paula and Wilson** organized a wonderful Homa Event.

We heard live testimonies and met many friends again. It was a celebration of Light, Peace and Well-being in body, mind and soul. Agnihotra allows us to breathe profoundly and feel the joy and peace that opens all the doors of our heart and mind. In **FundaSer**, they are committed to continue the practice of Agnihotra with the public. All the participants received the healing Agnihotra ash with great gratitude. (Photos of this page.)





## EVENTS in ARMENIA, COLOMBIA, SOUTH AMERICA

Since the consumption of drugs and their disastrous results are a big problem, the **Foundation Claret Homes (Hogares Claret)**



maintains headquarters in several cities. There, these mainly young violators are under observation during the day, they learn certain manual tasks, they get medical and psychological attention and learn to deal with the "real world". However, at night, they return to their family situation.

The invitation to present Homa Therapy came through the **Director Paola Davila** and her team.

**Photographs:** Visit to the headquarters **Despertares (Awakenings)** in Armenia where we presented and demonstrated with convincing and powerful testimonies the effects of the regular practice of Agnihotra and Homa Therapy in drug addictions, violent behavior, gangs, etc. The young people were also very interested in knowing if the ailments of their parents or grandparents, such as arthritis, body pains, diabetes, gastritis, etc. can also be cured with Homa Therapy. Despite their own problems, they have a big heart and desire to help others.



The young people enjoyed the therapeutic Yoga exercises, and conscious breathing with Prof. Abel. They loved the practice of Agnihotra, tasted the ash and also took some home. Since the BoticaSol is very close to the **Despertares** headquarter, Mother Dora Betancur invited everyone to participate in the daily Agnihotra sessions.





## EVENTS in ARMENIA, COLOMBIA, SOUTH AMERICA

In the **ICBF (Instituto Colombiano de Bienestar Familiar= Colombian Institute of Family Welfare)**, Homa Therapy was presented to the **regional director, Dr. Adriana Echeverri Gonzáles**, and to the group of social and administrative workers. This Institute is in charge of children and minors in a state of abandonment, family violence and child abuse.

The practice of Agnihotra is a panacea for most of today's problems, as it works directly with the troubled mind.



**Master Vasant V. Paranjpe explains in the book: Homa Therapy, Our Last Chance:**

*"Homa is the process of purification of the atmosphere by the agency of fire, synchronized to a specific rhythm of nature. It has been established that by inducing a change in the atmosphere, a change in the functioning of Prana (vital energy) occurs. Prana and the mind are like two sides of the same coin, therefore, a beneficial change is transferred to the field of the mind ...*

*Agnihotra eliminates the tension of the mind. Alleviates the mind, and when practicing Agnihotra you will soon see that anger and greed diminish and you will feel free. This brings happiness ... Freeing yourself from your emotional cycles will lead you to tranquility and peace."*



**Photos of this page: In the ICBF, presenting and practicing Agnihotra. There, some people with headaches, tension, stress, felt relieved with the practice of Agnihotra.**





## EVENTS in ARMENIA, COLOMBIA, SOUTH AMERICA



The daily sessions with Agnihotra Healing Fire at sunset continue at **BoticaSol from Monday through Saturday.**

Ms. **Angie Carbajal**, an Angel of Fire, ensures that every day this technique is shared correctly and all attendees can receive the healing Agnihotra ash.

**(Photos of this page: Homa teachings and Yoga sessions in BoticaSol.)**





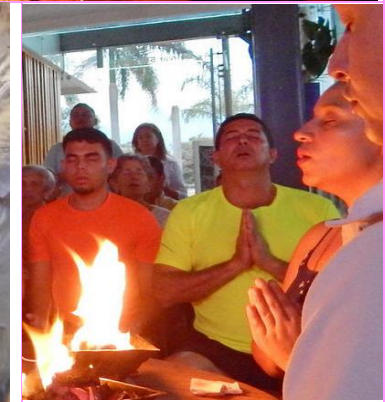
## EVENTS in PEREIRA, RISARALDA, COLOMBIA, SOUTH AMERICA



Invited by Mrs. Sofia Lopez Corzo from *Yoga Colombia (Institute of Kriya Yoga of Paramahansa Hariharananda)* in Pereira, we went to teach Agnihotra in this loving circle of friends.

(Photo: during Agnihotra at the KriyaYoga School of Colombia.)

## EVENTS in BOTICA SOL, ARMENIA, COLOMBIA, S. AMERICA





## EVENTS in SANTA ROSA de CABAL, RISARALDA, COLOMBIA



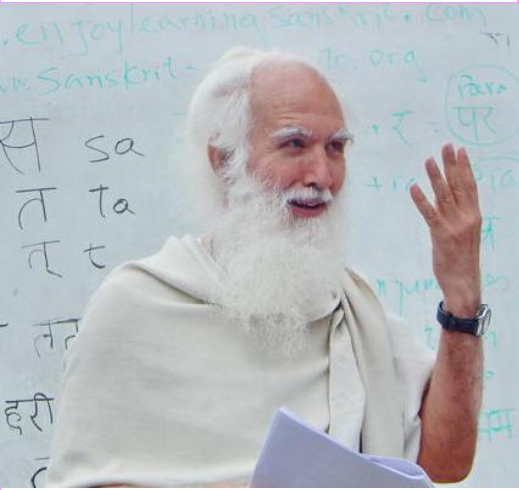
**Sanskrit workshop** given by Prof. Abel at the **Gnostic Center "Luz y Vida" (Light and Life)** in Santa Rosa de Cabal.

It was given with the purpose to learn to read the Mantras in their original language -



**SANSKRIT.** The workshop was well attended and started with the Vyahruti Homa.

It was a great task and challenge for the Western brain-learning new sounds in just a few hours! But well done!



After this workshop, we drove to the city Manizales in the Risaralda Dept. We arrived just in time for the Homa Therapy Event in **Manimez** with Mr. Iván Jiménez and his wife Amparo.



# EVENTS in MANIZALES, CALDAS, COLOMBIA, SOUTH AMERICA



Through a previous **Radio interview** by **Mr. Ivan Jimenez**, Prof. Abel, Aleta and Andrew invited everyone to the free Homa healing Event. Many people came looking for relief, well-being and healing. **(Photo left: Mother Dora of the BoticaSol, Amparo, wife of Mr. Ivan, Prof. Abel, Mr. Ivan, Andrew and his wife Julieth, addressing the public. We also had the valuable support of Agnihotris Paula Franco, Carlos Arboleda and Carlos (from FundaSer). Photos from this page: Wonderful Homa Event at Manimez Restaurant in the city Manizales.)**

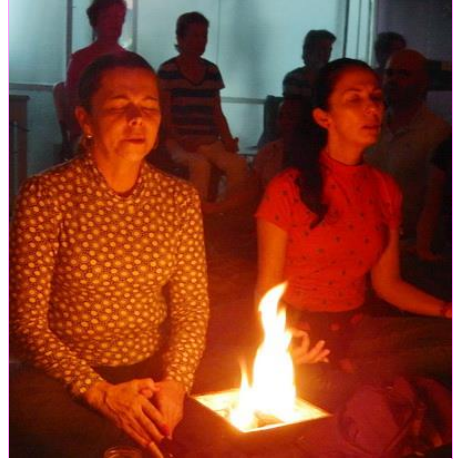




## EVENTS in ARMENIA, COLOMBIA, SOUTH AMERICA



**Franklin Cerinza**, dedicated Agnihotri since many years, arrived from Bogota to help with the video-streaming of the Homa Festival and other events on Facebook, where people in different parts of the world participated through their computer screen or cell phones. They could also participate with questions and comments. **Photo left: Franklin with Prof. Abel during a video interview and demonstration of Agnihotra, through social networks.**



Photos below and above right: Agnihotra time in BoticaSol.



## HOMA FESTIVAL in ARMENIA, QUINDÍO, COLOMBIA



The **Homa Festival in Armenia** happened on a Sunday in the Red Cross auditorium. There were more than 400 people present, interested in knowing, learning and experiencing the many benefits of Homa Therapy. They also were invited to enjoy music and songs for the soul, and to enter whole heartedly into the miraculous world of poems.

**It was a HEALTH FESTIVAL at all levels! The Tryambakam Homa was maintained throughout the Festival by Agnihotris.**



## HOMA FESTIVAL in ARMENIA, QUINDÍO, COLOMBIA



Prof. Abel spoke about the ***effects of Homa Therapy on health***. Also, some impressive video testimonies of healings were shown. Before that, he had inquired about the audiences' most common problems. The public was very attentive and participated with many questions.

During the intervals, the artists occupied the podium with their wonderful presentations.

**We thank everyone for their service and their unconditional love to healing arts.**



**Musicians/ singer-songwriters:** Aleli, Ysleny Ardila Ortiz, Martha Hoyos and David Alberto Vallejo Bedoya; **Poets:** Angelica Fuentes Ortiz, Monica Vivian Londoño Castellanos, Jeisson López Barrientos and María Isabel Meza Vélez.

They received the amazement, attention, affection and applause from the gran audience.

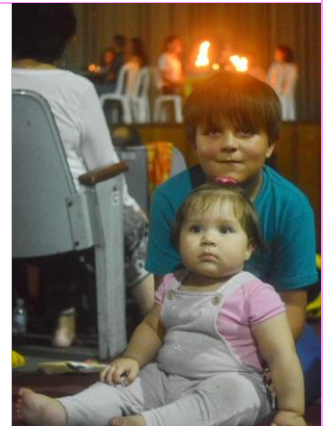




## HOMA FESTIVAL in ARMENIA, QUINDÍO, COLOMBIA



Some therapeutic exercise against shoulder and back pain could not be missed and everyone participated gladly and gratefully. Several people shared their personal testimony of Homa healing publicly. Among them were, **Maria Elena Montoya**, Psychologist **Paula Jaramillo** and Mr. **Jhon Blandon**. Thank you for giving hope to others in similar situations!



At the time of Agnihotra approximately 20 pyramids were burning with healing flames that filled each spot of the auditorium with loving energies and well-being. Joy was experienced by each and every one present. **(Photos of this page.)**

At the end, everyone received the much desired and appreciated Agnihotra ash.

**It has been a Sunday to remember for long; a day of Light & Peace for Armenia.**





## EVENTS in ARMENIA, COLOMBIA, SOUTH AMERICA



Since the day of the GREAT HOMA HEALTH FESTIVAL, a continuous flow of people arrives daily at the BoticaSol. They are welcomed with love and a lot of Healing Homa Fires.

We wish to thank the wonderful team of BoticaSol which works under the loving guidance of Mrs. Yamile Galeano.

Our thanks also to the social communicators of BoticaSol, Maria Isabel Meza and Laura Grisales as well as to Angie Carbajal. Mother Dora Betancur with her unconditional love for the healing Homa fires, has been at our side at each moment. Her support and logistical assistance were accompanying this Homa Tour in the Coffee Region.



# HOMA AROUND THE WORLD - 3rd NATIONAL PYRAMID GATHERING in CHILE, SOUTH AMERICA



**Chile: Third National Pyramid Gathering (Photos on this and the next page.)**  
People united for the practice of the Homa Healing Fires in different cities, towns and villages throughout Chile to celebrate with positive energies the Red Full Moon of January 21st.





# 3rd NATIONAL PYRAMID GATHERING in CHILE, SOUTH AMERICA





## HOMA AROUND THE WORLD - BOGOTA, COLOMBIA, S. AMERICA

Franklin Cerinza sent the photos (**below**) of a shared Agnihotra session in Bogota.



## HOMA AROUND THE WORLD - SANTA MARTA, COLOMBIA



Oscar Ardila sent photo to the left of a Homa Encounter from the city **Santa Marta** in the North of Colombia.

## AROUND THE WORLD - GUAYAQUIL, ECUADOR, S. AMERICA

The director of the Homa Center Urdesa, **Sonia Hunter N.D. (Naturopathic Doctor)** sent these photos (**below**) from Guayaquil, where a group united for the January 21st Red Full Moon Homa fires and meditation, accompanied by the sounds of crystal bowls.



*Meditación de la Luna Llena*

Cuencos, Fuego Sagrado y Rayo de Luna

en el Centro Homa (Urdesa, Acacias #608 entre Av. Las Monjas y Ficus)  
Facilitan Sonia Hunter & Mili Corella





## HOMA AROUND THE WORLD - ECUADOR, GUAYAQUIL



At the *Homa Medical Center "El Buen Pastor"* the Homa Fires continue to burn and heal every day. This Center operates under the guidance of Dr. Jaime Montufar. (Photos above and right)



## HOMA AROUND THE WORLD - VINCES, LOS RÍOS, ECUADOR



From the *Homa Center Finca "La Zenaida"* (a few miles from the town Vinces), we received the **photo left** from **Mrs. Sara Bustamante** and her husband, **N.D. Luis Carriel**. The practice of Agnihotra is integral part of their patients treatment.

In addition, neighbors and other people from this rural community come to participate daily in Agnihotra sessions and they do receive its healing ash.



## HOMA AROUND THE WORLD - ECUADOR, GUAYAQUIL



Photos of this page were sent by **Raul Obando** and his wife **Rocío Pazmiño**.

They share Agnihotra in meetings with family and friends. They also take the Healing Fire to places, wherever they go, in order to educate and teach this Wellness technique.





## HOMA AROUND THE WORLD - LA HABANA, CUBA, MAR CARIBE

**Mr. Leonel Chao wrote from La Habana, Cuba:**

Truly, the practice of Agnihotra fire is phenomenal. The Agnihotra pyramid on the farm is already in use to improve the environment. The changes in the farm have been surprising. I am sending photos where we are in the preparation of the Agnihotra fire. In the photo (**below right**) are the owners of the farm, on the left is **Betsy** and on the right is **Yamira**. In the photo (**right**) I am getting ready for sunset Agnihotra. The farm is called **Pirámide (Pyramid)** and is an **Alternative Healing Center** where Homa Therapy has been well received.



As soon as the inhabitants of this area see the benefits of Homa Therapy, I am sure they will come. Yamira has already been informing the residents about some of the benefits of the Homa Therapy Fires.

A friend asked if these therapies have a cost and when we explained that one can always participate in the Agnihotra fire for free, she could not believe it. For us, the best payment from her, was her smile and to know that she is free of illness. A thousand thanks and Blessings.

## HOMA AROUND THE WORLD - USA



**1st. photo left** shows **Yoga teacher, Mayra Lewin** from Hawaii sharing Agnihotra.

**2nd photo** was sent by **Jeff Wynne** from Baltimore, MD.

## HOMA AROUND THE WORLD - HUÁNUCO, PERÚ



**Monk Chen from Huánuco** continues to share Agnihotra with his patients of all ages with great success in physical, emotional and mental wellbeing.





## HOMA AROUND THE WORLD - PIURA, PERU



Agnihotra practitioners and Homa volunteers in Piura sent many photos of sharing the Homa Fires. Many people are improving and healing through the selfless service of these marvelous Light Workers.



## HOMA AROUND THE WORLD - PIURA, PERÚ



In Piura there are several places where people can go to participate in Homa Therapy, like for example:  
-**EsSalud CERP** (Center for Professional Rehabilitation of the National Health Care System.) -**UNP** (Univ. Nacional Piura) -**Veg. Rest. Ganimedes**, etc.





## HOMA AROUND THE WORLD - PIURA, PERÚ



When Agnihotra time approaches, many Agnihotris, most of the time, manage a to practice this technique for healing and well-being, wherever they are at that moment!



## HOMA AROUND THE WORLD - MAHESHWAR, M.P., INDIA

**Sarvajit Parankpe** sent photos and information about the auspicious **Nakshatra Yajnya**, which was performed from the 17th to the 21st of January, 2019 in the **Homa Therapy Goshala** in Maheshwar:

The purpose of Nakshatra Yajnya was peacefully conducted to commemorate the **100th Birth Anniversary of Parama Sadguru Shree Gajanan Maharaj**. The Yajnya was performed for Peace and Harmony in all the Constellations and Planets. Homa family members from 12 countries participated in the Yajnya:  
**USA, Canada, Peru, Chile, Japan, Russia, Ukraine, Kazakhstan, Kyrgyzstan, Germany, Austria, and Australia.**



**The purpose of Nakshatra Yag, among others:**

- Food Sustainability
- Friendliness towards all
- Acquisition of Material tools and things required to complete our work
- To achieve Self-Knowledge
- Harmony within the Families
- All shall achieve Greatness and Mastery in our Life
- For Contentment and Happiness of our Elders, Forefathers and Ancestors

- Achieve Material Success
- Growth in Plant and Animal Kingdoms- fish, amphibians, reptiles, birds, different animals etc.
- For Friendly Companionship & Partnership



- To become Large Hearted, Sympathetic, Kind like Ocean. The way Ocean is large hearted who welcomes all rivers, tributaries, etc., regardless of their purity; we too shall be kind hearted and accepting towards all
- We shall be victorious and achieve our highest goal of Self-realization
- To get Strength, Power, Endurance
- To get Divine Energy and Lustre
- Love and Respect within our community
- Prosperity and Growth in Animal Species helpful to us like Cows, Bees, Sheep, Bulls, Horses, etc.
- Everyone shall be Healthy and Disease free



## HOMA AROUND THE WORLD - MAHESHWAR, M.P., INDIA



Each day was filled with Yajnyas, Mantras, Devotion, Meditation and wonderful experiences deep within BEING.





## AROUND THE WORLD - AHMEDNAGAR, MAHARASHTRA, INDIA

Born in 1964, **Mr. Ravidra Jaju (1st right)** learned Agnihotra in 1974 from his father, **Shri Vishnudasji Jaju (2nd photo of the parents).**

His father had learned this ancient healing technique directly from **Param Sadguru Shree Gajanan Maharaj.**

Mr. Jaju **travels around the country to teach Agnihotra** and also does Agnihotra coaching. His wife, **Surekha**, manages all Agnihotra activities at home and supports him in his Home Energy Consultation business, which he has been successfully managing for the past 22 years. **(Photos of various Agnihotra classes and sharing the Homa healing fires.)**



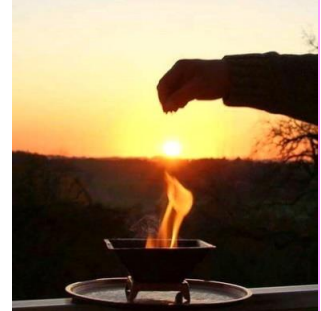


## HOMA AROUND THE WORLD - AHMEDNAGAR, INDIA



**Continuation of Mr. Ravindra Jaju's Homa life story:**  
In all these years, important family matters have been celebrated and accompanied by Agnihotra, such as births and marriages, but also family reunions, as well as meetings with friends, clients, field visits, etc. The ways of practicing, teaching and sharing Agnihotra are manifold.

**(Photos on this page show some of Mr. Jaju's activities in teaching and sharing Agnihotra)**





## HOMA AROUND THE WORLD - BELGAUM, KARNATAKA, INDIA

Mr. Tejasvi Naik, a proud Homa-Organic farmer and his wife, Asha Naik, from Belgaum, are on a Homa tour to North East, East and Central India. They carry the message of Homa Therapy and Homa-Organic farming for self-sufficiency.

The couple is traveling for the next two months by car, visiting different places and interacting with various groups of people to educate them about Homa Organic Farming and the importance of regular performance

of Agnihotra for health, environment, etc. They left Belgaum and we wish them a safe and successful journey. (Photos: Agnihotra on the road, with friends.)



Photos above: Agnihotra in Belgaum at the home of Mr. Shri Subhash Joshi. Photo left: Agnihotra in Belgaum in Harshdhru Pro Packaging Company.



## FUTURE EVENTS - HOMA TOUR COLOMBIA

Invitation to the Homa Events planned in  
**Santa Elena and Medellín** in Antioquia,  
**Cali, Valle del Cauca** and once more in the **BoticaSol, Armenia, Quindío**.

We have experienced in this HOMA TOUR COLOMBIA a strong and wide interest in AGNIHOTRA, Homa Healing Technique. We see that also in Colombia the time has come for the massive practice of Homa Therapy. The people are ready.

Homa Therapy is a Self-Healing technique. It's economical, easy to learn and to practice and it is a super-powerful tool. We have seen "Miracles" of healing, occurring sometimes with only one Agnihotra session.

Due to DIVINE GRACE there are now many more "Light Workers" using this "angelic" tool for personal, family, community, national and planetary healing and well-being.

**For ALL HOMA EVENTS there is FREE ENTRY!**  
**We hope to see you with your family & friends.**  
**OM SHREE OM ... OM SHREE OM**

### ¡RUTA SANACIÓN BIOENERGÉTICA! POR ANTIOQUIA

**MAESTROS ABEL Y ALETA**  
 promotores en el mundo de la Terapia Homa  
 Ciencia AyurVeda

PROGRAMACIÓN 8 AL 10 DE MARZO  
 ENTRADA LIBRE  
 SIN ÁNIMO DE LUCRO

**MEDELLÍN**  
 Viernes 8 de Marzo  
 Consultorio Dra. Marta Rodríguez  
 Calle 26 #81A-21  
 Casa Belén La Palma  
 Info (4) 2567840  
 4:30 pm

**MEDELLÍN**  
 Domingo 10 de Marzo  
 Hotel Urban Studios  
 Cra 25N 7A-224  
 El Poblado  
 4:00 pm a 7:00 pm

**SANTA ELENA**  
 Sábado 9 de Marzo  
 Monasterio Terra  
 Reservas:  
 3006652533-3046182592  
 4:00 pm a 7:00 pm



Los maestros en su agenda por Antioquia, atenderán encuentros con médicos, ambientalistas, entre otros. ¡Todos ocupados en el servicio de mejorar la atmósfera!

### ¡VEN A SAN-ARTE!

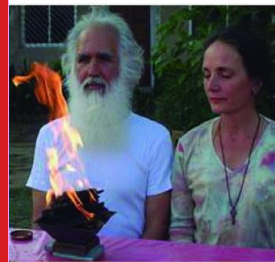


### Additionally in CALI:

Friday, March 15th  
**Auditorium Univ. Gerardo Molina**  
 Sede Sta. Isabel - Diagonal 37A No 3-29  
**4:00 pm to 7:00 pm**

### SANACIÓN BIOENERGÉTICA CALI

DIRIGEN: MAESTROS ABEL HERNÁNDEZ Y ALETA MACAN  
 PROMOTORES INTERNACIONALES DE LA TERAPIA HOMA CIENCIA AYURVEDA-



SI USTED SUFRE DE:  
 Estrés, Baja Capacidad de Retención Académica,  
 Falta de Concentración,  
 Problemas Respiratorios, del Corazón,  
 Nerviosos, Ansiedad, Depresión, Presión Alta,  
 Cáncer, Alergias, Insomnio, Úlceras, Sinusitis,  
 Dolores, SIDA, Diabetes, Asma, Artritis,  
 Adicciones, Hiperactividad, Autismo, Mal Humor.  
**¡VEN A SENTIR**  
 ALIVIO, SANACIÓN Y BIENESTAR CON LOS  
 FUEGOS MEDICINALES HOMA!

**SÁBADO 16 de MARZO 3:00 a 7:00 PM**  
 Universidad del Valle - Sede Melendez - Auditorio 5

### ENTRADA LIBRE

ARTISTA INVITADA

**Aleli**  
 Canto de agua



### ¡VEN A SAN-ARTE!

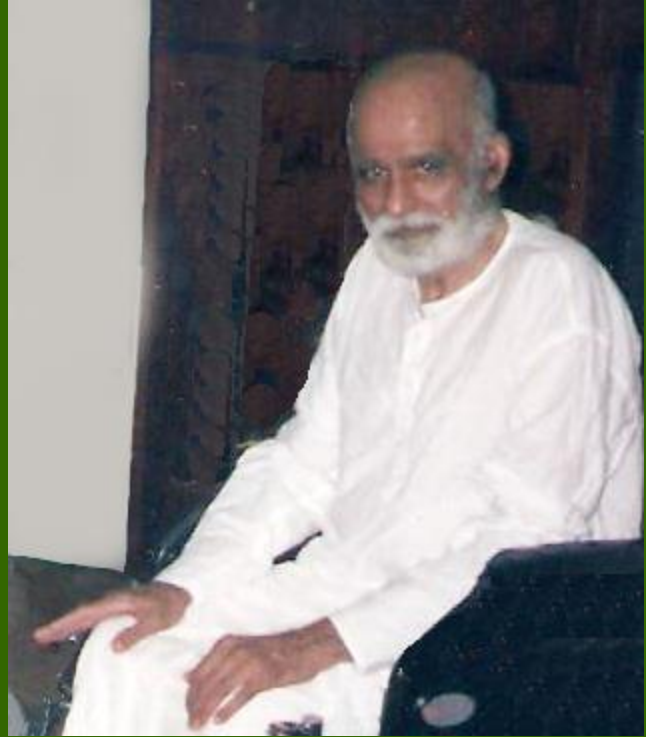




## MESSAGES FROM MASTER SHREE VASANT

### FAMILY

Without family communication that allows for every member to communicate the result is loss of family unit. It is the same around the world. Families disagree. Parents become too rigid in trying establishing customs or uphold customs that are considered antiquated to the youth of today. The young people become angry because unless the parents are highly developed examples to follow, they find all the flaws in them. The parents in turn try to tighten the reins and what happens is the family is lost. So in that case what is better? A family that is lost or a family willing to listen and come to compromise even for the sake of maintaining the family.



### MIND

Do whatever is in front of you to do. Do not even worry if the mind wanders. Simply catch it and bring it back to the tasks at hand. Never mind fantasy.

### HUMILITY

Remember, to be an instrument one must be totally humble. That is from heart. To be humble does not mean like martyr, self-sacrifice. To be humble is to regard this human frame as a vehicle through which the Divine can operate. And this is service. **THIS IS TRUE SERVICE.** One can do many wonderful acts in service to the Divine, but one must have that humility, true humility, in order to rise higher in this life. One does not make progress by making excuses. One makes progress by being humble and also by TAPA. Before taking any other TAPA one should at least perform AGNIHOTRA on time every day. Then apply TAPA by doing meditation timings and YAJNYA (HOMA) and keeping one hour silence per day. Be sure that one hour does not inconvenience anyone so that in doing so one is not garnering more attention instead of less attention. **IF THERE IS NO HUMILITY THERE IS NO GROWTH.**

### FREE WILL

Force will only negate what one is attempting to do. Never force your will on another human being. It is a severe mistake when that is done. Then we carry the burden, the Karma for that action.



## FROM INTUITIVE GUIDANCE

(received through Parvati Bizberg, Poland)



Dear ones, we are aware of the follies shrouding Truth in the world, the slaying of those who would be prince.

Dear ones, we are aware that time for this planet, this most vital planet, is short. However, what you do not know is there is a plan B, if you will. There is a Master Plan, quite different than, and at odds with, the current administration being enacted upon the global stage. Their plan shall cease now.

### **On Spiritual Activism**

We are aware of the threats in the outer world. One can leverage power from within with far more effectiveness, if one is taking nourishment from the highest Source.

**Activism without the spirit component is based on one's mental prowess and stamina, physical and mental. But if one is receiving nourishment, inspiration and even intuitive direction from the higher source, one can overcome all obstacles in this world.**

### **Go deeper into your spiritual practice.**

Draw upon ancient wisdom which lies within you like an underground river of JOY. Once you establish access to the inner spring of pure knowledge, absolute TRUTH, you can hone your own gifts to become a greater instrument in Divine Hands.

What follows is the will to forgive, the capacity to understand, the depths of compassion and the ever-expansive love that feeds all who come in contact with you.

ULTIMATELY IS NOW.

Walk in Light.  
In strength and wisdom.

We are,  
ORION.

**On Agnihotra and Rhythms of Nature**  
Sí, Yes, yes. Another energy shift is rising now, and with it, an increase in energy output of creative stimulation.

Dear ones, the AGNIHOTRA fire which you have performed for many years at this ancient site, 'Bhrugu Aranya,' is affecting the rhythms of Nature here, providing a push to environmental healing as given through Vedas.

As we told before, energy is received as well as transmitted—that is, to and from the copper pyramid—at precise, calculated timings of sunrise and sunset.

Thus, any practice which is done in this super-charged atmosphere will increase healing effects and give energy to all that you offer to others at this place.

All the years of FIRE performed here, not to mention the participation of human beings living here, have borne fruit. **A peace pervades this land, and all that grows here in this microclimate will carry healing energies within the structure of plants, fruits, vegetables and herbs.**

Blessings abound.  
We are Orion.  
OM.

Further info: [www.oriontransmissions.com](http://www.oriontransmissions.com)

**Thanks for Sharing the "Good News" with this Homa Health Newsletter!**