

13th April,
2019

HOMA HEALTH - NEWSLETTER #156

[print Newsletter](#)

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Your comments, questions, suggestions, stories and to subscribe/ unsubscribe the Homa Health Newsletter, please write to Abel Hernández & Aleta Macan: terapiahoma@yahoo.com
Thank you!

OUR DESTINY

Yes, yes, yes, we will gladly continue our Self-study (Swadhyaya). How many of you have asked yourselves or others: **What is my destiny? What does the future hold? Or something similar. To do this, it is something as normal and natural as asking yourself: Who am I? Why am I here? Where do I come from? Where am I going?**

Today, we will focus on the last question. For some, life is a journey and each person chooses a path / behavior with the desire to reach a certain point / state.

The time to achieve these personal goals depends on many factors, such as: perseverance, intensity or passion, discernment, will, method, support, etc.

Undoubtedly, there are many examples in history that show that man can achieve anything for everything is possible except what he thinks is impossible. It is a matter of time and maturity.

However, is there a final destination to which we must all arrive (sooner or later) independent of all our partial destinations?

According to the ancestral sages, we can find the answers in the Vedas, the oldest wisdom collection. A flash of light can be grasped from the Vedic verse:

"Om purnamadah purnamidam/
Purnat purnamudachyate/
Purnasya purnamadaya/
Purnameva vashishyate"
Om Shanti, Shanti, Shantihi"

This is just a simple translation: "That is complete, this is complete. From one complete entity, another complete entity is



Our destiny is unconditional love.

born. When a complete entity is taken away from a complete entity, what remains is also complete.

Let there be peace."

The following is one analogy: a mango tree (X) bears fruits. Each fruit has a seed that has all the potential to become another mango tree (Y). This tree (Y) and can bear fruits that will become trees, A, B, C, ... etc. The observation and research shows us that all these trees are potentially the same.

That is, $X=Y=A=B=C$

In the next Homa Newsletter, we will see some common factors between X, Y, A, B, C, etc.

Let us remember that:

- Thoughts create our Words,
- our Words are manifested by our Actions,
- our Actions become Habits,
- and our Habits lead us to a Destination.

So, watch your Thoughts to reach your best Destination and practice the Fivefold Path - FP (Yajnya, Daan, Tapa, Karma and Swadhyaya) to discern better, do your duty, fulfill your mission and be able to redirect your journey to the final destination without attachment to transient destinations.

Our Final Destiny and our Origin are the same, they are Divine. **The practice of the Fivefold Path accelerates our return Home/Source. Live the Fivefold Path.**

OM SHREE OM

HOMA HEALING STORIES

Marlene Gonzáles

Bucaramanga, Santander, Colombia, South America

I am 57 years old and I have a 15 year old boy, Santiago David. He has been suffering from **pain and inflammation of the colon**. 8 days ago, he was very sick **with lots of gases, vomiting, many cramps and spasms in his stomach**.

On Thursday, it was very bad. When I arrived back home from the Homa Therapy session, **I gave him Agnihotra ash with water**. I told him it was natural charcoal. **After 10 minutes he was relaxed and fell asleep**. Around 12 midnight, he was half asleep, I asked him how he felt and he answered that he was very well. Now he has been taking the Agnihotra ash for 3 days and he feels excellent.



Gloria Jiménez

Bucaramanga, Santander, Colombia, South America

I say that HOMA gave me back my life. Although physically I did not have much discomfort, but when **I became a widow, I fell into depression, into a great sadness**. I knew **Tita Pulido** since many years and she invited me for meditation. Tita was doing Agnihotra regularly with a group. **I had 20 days without sleep and I was very tired, because I also had to work hard**.

Tita gave me the Agnihotra ash that evening. I did not take it. The next day, **Tita** called me in the morning and asked me if I had taken the ash. And she said: "*Mother, take my advice, take the ash! What can you lose? You have taken other medicines and not received any help!*

If you do not take it, you might end up in San Pablo (Clinic for Resting)". So, I took the Agnihotra ash with milk and went to sleep. I slept well for three days and then decided to buy my Agnihotra kit immediately. **The depression went away, and I even forgot about it**.

Homa Therapy helps me to meditate; it is a very pleasant meditation. I feel that the Fire enters and cleanses me from within. **I suffered almost for 15 years with insomnia**, but when I became widow, that was the trigger and it was very terrible. My husband was my friend since we were 8 years old. When he died, I was 39 years old. He was the person who accompanied me every day for 31 years. I was lost with 3 teenagers. **Now I can sleep well. Even if I drink a jug of coffee before going to bed, I still sleep peacefully**.

Wilson Martínez

**Yoga & Tai Chi professor and Shiatzu Therapist
Universidad Pontificia Bolivariana, Bucaramanga
Santander, Colombia, South America**

Some time ago, I practiced Homa Therapy for 2 years at sunrise and sunset. Back then, I lived in Cucuta. I practiced it with a Gnostic friend, who had been inviting his brother-in-law for 6 months to accompany us, since that man was **lost in alcohol**. But he would not come. However, he kept inviting him until finally the gentleman arrived one day for the morning Agnihotra. We gave him the ash to drink it with water.

This is a great testimony, **because that man did not touch anymore any alcohol with this only one-time Agnihotra!** But he continued taking Agnihotra ash. This man had been lost in alcohol for about 30 years and his home had been destroyed. He was around 50 years old at that time. It was a wonderful experience! Also, we did Agnihotra in my friend's yard and it was very nice because the little birds and even little wolves arrived at Agnihotra time. **It is as if the animals are attracted to Homa therapy. The little birds even came flying on our heads and shoulders. It was awesome!**



HOMA HEALING STORIES



Songwriter, Writer and Poet:

Gonzalo Navas Pardo (Pablus Gallinazus)

In the Wikipedia, one reads: He was undoubtedly one of the most famous protest songwriters in Colombia and for the content of the messages in his songs, he was the greatest exponent of his generation as protest musician in Colombia and reverberated with some notoriety in Latin America during the 1960s and 70s.

Listen to one of his most famous songs:

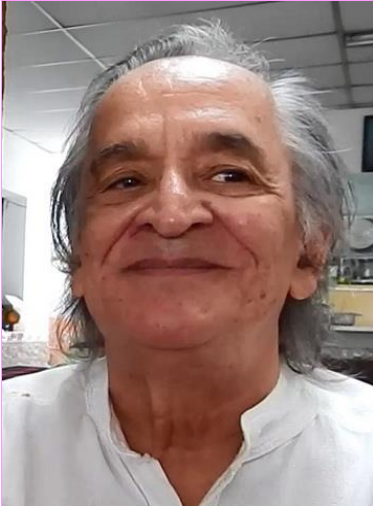
Una flor para mascar (A flower to chew)

<https://www.youtube.com/watch?v=9ph2Z4QuqI8>

Pablus Gallinazus

Bucaramanga, Santander, Colombia, South America

"9 years ago, I met Abel and Aleta with Homa Therapy. I had been diagnosed as **hypertense** and I was dependent on **Captopril** for 15 years. **After Homa Therapy, I was able to break that diagnosis and my tension is perfect. We have seen many healings during these years."**



Tita Pulido, artist and singer (wife of Pablus)

"I also remember that Pablus had been diagnosed after many exams, with a **cerebral ischemia** on the left side. First, he had been told that it was a clot, but the clot disappeared and after a while he was informed that it had been just a small crooked vein. This is another Homa miracle! Also, he was told that his **blood sugar level was high**, but with the Agnihotra ash, he had no problem. This is another benefit of the practice of Homa Therapy.

It seems important to clarify that Homa Therapy is not only important for people who have diseases because it also gives mental clarity, peace, stability and balance. Emotionally one does not have to suffer the shocks that cause diseases biologically.

It's not just for people who have diseases. Wonderful experiences have happened to me."



Pablus:

"Homa Therapy is a remedy in our house and we have lived with it for 9 years. And we have not been sick again. It gives us a sensation of pleasure to feel healthy and happy. Homa Therapy has also served us to see life in another way.

The fundamental job of my life is to write and for that I have to be in perfect condition, emotionally, mentally, balanced and in harmony, which can be summarized as Peace, peace with oneself and with the people around.

That's why my life has been very fertile. **I have a good memory and that is fundamental in the writer's trade; Memory is everything."**

HOMA AGRICULTURE -THE SOLUTION FOR THE FUTURE OF OUR PLANET!



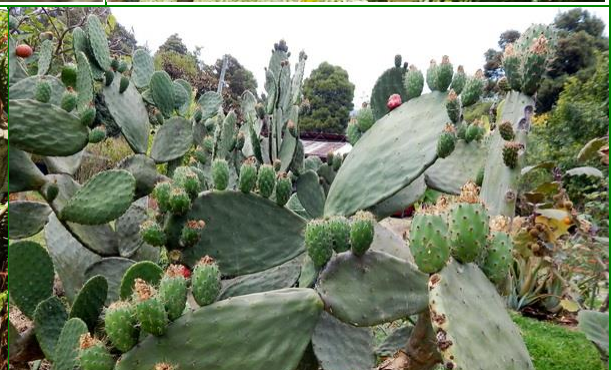
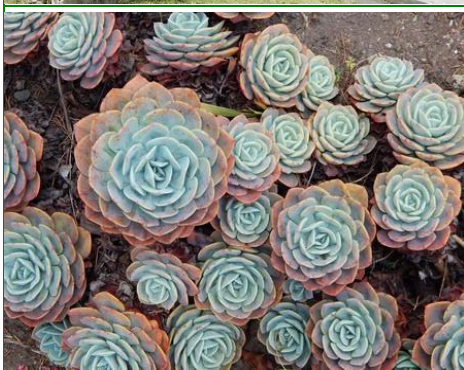
HOMA FARM TENJO Cundinamarca, Colombia



This Homa farm was activated 11 years ago and since then Mrs. **María Teresa Núñez**, the guardian of this **piece of heaven**, has been constant with the practice of the Homa Fires. **(Photos of this page: Homa Farm Tenjo with a part of its beauty.)**

Master Shree Vasant explained:

"Even on a small farm, vegetarian cooking classes can be taught. The Homa farm creates a complete healing atmosphere. What people eat and drink there, it is all healing. All experience must be one of positive healing in an atmosphere charged with Higher Energies and Vibrations of Love. These farms become a nucleus of healing energies.."



The families who live on the farm, all participate in Homa Therapy. The children are growing up happy and strong in this special atmosphere.

ECO NEWS

One million species face extinction

6th May, 2019

One million plant and animal species are on the verge of extinction, with alarming implications for human survival, according to a United Nations report.

The landmark report by seven lead co-authors from universities across the world goes further than previous studies by directly linking the loss of species to human activity. It also shows how those losses are undermining food and water security, as well as human health.

For more information please see: https://www.washingtonpost.com/climate-environment/2019/05/06/one-million-species-face-extinction-un-panel-says-humans-will-suffer-result/?noredirect=on&utm_term=.cfa62fabab6



Photographer And His Wife Plant 2 Million Trees In 20 Years To Restore A Destroyed Forest And Even The Animals Have Returned

Good News, Nature
By James Caunt

According to the United Nations' Food and Agriculture Organization, 129 million ha of

forest, an area almost equivalent in size to South Africa, have been lost from the Earth forever since 1990. An area roughly the size of the country of Panama is being lost each and every year.

Sebastião Salgado & Lelia founded **Terra Institute**, a small organization that has since planted 4 million saplings and has brought the forest back from the dead. "Perhaps we have a solution," Salgado said. "There is a single being which can transform CO₂ to oxygen, which is the tree. We need to replant the forest. You need forest with native trees, and you need to gather the seeds in the same region you plant them or the serpents and the termites won't come. And if you plant forests that don't belong, the animals don't come there and the forest is silent." For more info please see:

https://www.boredpanda.com/brazilian-couple-recreated-forest-sebastiao-leila-salgado-reforestation/?utm_source=newsletter&utm_medium=email&utm_campaign=Newsletter

Children and EMFs - What You Need to Know

By Valerie Burke - 15 April, 2019

Children are far more vulnerable to the damaging effects of **electromagnetic fields** than we are. Your child's brain absorbs two to three times as many EMFs as yours, and sources of exposure are everywhere. What can you do?

Is your child's favorite pastime screen time? Are you concerned about how much cumulative exposure your kids have to electromagnetic radiation at home and at school from computers, cell phones, tablets, electronic toys, cell towers, power lines and the like? If not, you should be! For more info please see:

<http://www.greenmedinfo.com/blog/children-and-emfs-what-you-need-know>



Weaver Bird build a nest in a single day

The masked weaver bird is a skilled nest builder. Did you know he uses his beak and feet to weave the grasses together? If the female doesn't approve the nest it gets ripped apart! And yes, he has to start over again.

<https://www.youtube.com/watch?v=qbWM1QAVGzs>

EVENTS in BUCARAMANGA & GIRON, COLOMBIA, S. AMERICA



The **Homa Tour Colombia 2019** took us to Bucaramanga, where we presented the bonanzas of Homa Therapy with an audio-visual presentation to a group of Krishna devotees and other

interested people. This event was inspired by **Franklin Cerinza** from Bogota and organized by **Prabhu Dina**. (Photos above and below at the Krishna Cultural Center.)



Another presentation about the beneficial effects of Homa Therapy in the **school environment** and practice of Agnihotra, was held at the **Juan Bosco School of Giron**, where the teachers and board of directors participated. This meeting was organized by **Prabhu Dina**. Mrs. Miriam shared some of her wonderful Agnihotra testimonies.

(Photos of the two rows above in the Don Bosco School.) The practice of Agnihotra was accompanied by Judith Sanabria, Miriam Hernández and Prabhu Dina.)

EVENTS in BUCARAMANGA, SANTANDER, COLOMBIA



Mrs. Judith Sanabria, Agnihotra practitioner for 22 years and our hostess in this beautiful city, had organized **several interviews on the radio and in a television program**. So, we could awaken in the community an interest for the great benefits of Agnihotra and Homa Therapy. A daily practice which is simple, effective and economical.

(Photos above and left – radio and TV interviews.)



A Homa Healing meeting took place in the restaurant of **Mrs. Gloria Jiménez** (see testimony **page 02**) and the room was filled to the brim with people looking for an alternative for their physical, emotional and mental well-being. Prof. Abel learned about their problems and told them how these can be diminished or solved with the constant practice of the healing fires of this Ayurvedic ancestral knowledge. **(Photos above: Judith during the opening Vyahriti Homa, Prof. Abel conversing with the audience; photo below: healing and well-being during Agnihotra.)**



EVENTS in ARMENIA, QUINDIO, COLOMBIA, SOUTH AMERICA

For a special tourist event, the management of **BoticaSol in Armenia**, asked us to participate with Agnihotra. We flew to Armenia for two days. The first afternoon, we enjoyed Agnihotra with the public that comes from Monday through Saturday to participate in the free Agnihotra sessions.

Reencounters with the Homa family are always wonderful, so it is listening to their improvements in physical,

mental and emotional levels, within the family and much more. (Photos above and below in the BoticaSol, Wellness Center, directed by Mrs. Dora Betancur.)



The special event was the meeting of BoticaSol through **ProColombia** with Directors of major Travel Agencies of **10 countries** (including Malaysia, Korea, France, Argentina, Brazil, etc.). ProColombia promotes Tourism, Foreign Investment, Non-mining energy exports and the image of the country. The practice and experience of Agnihotra was something extraordinary and surprising for these travel agents. They rested excellently after much traveling. (Photos above)



EVENTS in BUCARAMANGA, SANTANDER, COLOMBIA



We returned just in time for the **Massive HOMA Healing Event** at the **Bucaramanga Art Museum**. There were several Agnihotris participating and some persons lit their kit for the first time for the purification of the atmosphere.

We had the honor of listening original Andean songs and music from the group **Ikara Wayra (Magical Song of the Wind)**. Its members are **Irdanti Diaz Sanabria, Ana Maria Romero Sanabria and Leonardo Araya**.

Photos of this page: Tryambakam Homa was maintained by several Agnihotris throughout the Homa event. Photo below: during Agnihotra at sunset.



EVENTS in BUCARAMANGA, SANTANDER, COLOMBIA



When Agnihotra time was approaching, we rehearsed the Mantras and showed the preparation of this basic fire of Homa Therapy.

Healing fires were lit in every corner of the patio of the Art Museum.

At sunset, we sang the evening Mantras along with the whispers of the wind, the dance of trees and the chirping birds. Little by little silence overcame everything and we found ourselves in a state of being where nothing is needed ...

(Photos: during Agnihotra; Last photo: Prof. Abel explaining and answering questions of farmers after the Homa event.)



EVENTS in BUCARAMANGA, SANTANDER, COLOMBIA



A semi-private meeting was arranged with the artists couple **Adriana Lievano & Fernando Markner (1st photo)** together with their family and friends.

(Photos left & below during the presentation and during Agnihotra.)



In the *Casa de la Cultura (House of Culture)*, Dr. Magdalena Rojas Flores and Director Mario Gómez Díaz invited the public for several Homa sessions in this beautiful environment. They called them "**Healing Culture**" which were also announced on television (TV TRO).

The presentation of Homa Therapy with explanations and testimonies -according to the needs of the participants- took place in the cinema hall with the help of a large screen (photo above). We got ready for Agnihotra in one of the large interior patios (photo left).

EVENTS in BUCARAMANGA, COLOMBIA, SOUTH AMERICA



Each session brought new and interested people in search and need for improvement.

For example, **Mrs. Fabiola Roa de Robles**, who participated several times in the Agnihotra sessions with her husband, Eddy Norman, after having obtained her Agnihotra kit on her birthday, wrote:

I am immensely grateful for the incalculable help of the Homa Fires. This was my best birthday present! Our daughter, I have seen her recently recovered from her headaches, depression and fear. Thank you, thank you very much, I bless the divinity in you so that it always manifests with all its blessings. Hugs. OM SHREE OM

(Photos of this page of workshops and Agnihotra sessions at the Casa de la Cultura in Bucaramanga.) We had the joy of listening after Agnihotra, in several sessions, to the music and singing of **Irdanti** and his daughter, **Dianna Tashina Díaz Gómez**.



EVENTS in BUCARAMANGA, COLOMBIA, SOUTH AMERICA



There were several healing encounters with Homa Therapy at the Vegetarian Restaurant "**De'Pachamama**" of Mrs. **Myriam Hernández Garay** (photo above right), who knows Agnihotra for several years and has had many good experiences sharing this technique with others. Myriam learned Agnihotra with Mrs. **Judith Sanabria**. Here, the Agnihotra sessions continue regularly with the support of Judith.

Photos of this page of Homa meetings in D'Pachamama.



EVENTS in BUCARAMANGA, COLOMBIA, SOUTH AMERICA



More photos of Homa Healing sessions in the *Casa de la Cultura* in Bucaramanga, open to the community. Dr. Magdalena Rojas Flores - picture below in the center with glasses and white blouse - made the invitation under the motto: '**Healing Culture**'



EVENTS in LEBRIJA, COLOMBIA, SOUTH AMERICA



In Lebrija, about an hour from Bucaramanga, the couple of Agnihotra practitioners, **Álvaro Rodríguez Rojas & Fernanda González León**, invited their **Gnostic brothers** and people from their **holistic therapy circles** to learn and experience Agnihotra. It was a wonderful encounter under a large shade providing tree in the couples' garden. There was a lot of interest and we ran out of Agnihotra kits.

(Photos of this page from the teachings and practice of Agnihotra in Lebrija.)



EVENTS in BUCARAMANGA, COLOMBIA, SOUTH AMERICA



It was a great joy to be able to share again the Homa Healing Fires with **Tita Pulido** and **Pablus Gallinazo**, internationally renowned artists with a big heart. It was an invitation to explain and to celebrate Agnihotra in their home.

Photos of this page with Pablus & Tita. Please see also their testimony on page 03.)



HOMA AROUND THE WORLD - VILLAVICENCIO, COLOMBIA, SOUTH AMERICA



The photos on this page came from Homa Healing Encounters in **Villavicencio**, where Agnihotra Fires continues to burn in the hearts of the constantly growing Homa family.

The **Samadhi Yoga School**, under the guidance of Therapist **Abdo Rujano** and his wife **Carola Pulido**, share this healing technique with their students and anybody who wishes, for free.

(Photo left: **Abdo & Carola**. Below sharing of Homa Therapy. Last 2 rows: visiting **Mr. German Romero** and his family - see **HHNL 155/ 02**)



HOMA AROUND THE WORLD - CHOACHI, COLOMBIA, S. AMERICA



From the couple, **Diana Molano & Endir Rozo**, we received the photos of this page. They are showing their energy work with the Homa Fires at their farm in **Choachi**, Cundinamarca. There, they also share Agnihotra with interested and needy people. Their son Santiago, a photographer by profession, accompanies them often.

(Photos of the last three rows: Sharing and teaching Agnihotra in different places.)



HOMA AROUND THE WORLD - BOGOTA, COLOMBIA, S. AMERICA



Eduardo Rodríguez shares and practices Agnihotra and other Homas in meetings in Bogota.
(Photos left and below)



HOMA AROUND THE WORLD - IQUIQUE & MEHUÍN, CHILE



Sandra Leiva shared the photos (left) where she practices, along with her friend, **Sam Fuentealba**, morning Agnihotras on Cavanca Beach in **Iquique**, Northern Chile. Harmonizing the atmosphere!



Paula Muñoz Gómez sent the photos from **Mehuín**, where she loves to practice Agnihotra under certain trees with a watershed, expressing her affection and gratitude towards Mother Earth and Her sacred gifts.



HOMA AROUND THE WORLD - DURAN, ECUADOR, S. AMERICA



Rocío Pazmiño shared the photos (left & right) where, at the invitation of her friend **Ángel Valencia**, they practiced Agnihotra with her sister, **Marianita Pazmiño** on a plot of land where a small community will be built! Agnihotra providing good vibrations by purifying the environment!



HOMA AROUND THE WORLD - VINCES, ECUADOR, S. AMERICA



At the **Homa Center *Finca La Zenaida*** in Vinces, every sunset leaves its traces of healing and well-being in multicolored ways...

We received these wonderful photos of practicing and sharing Agnihotra in group.

The managers of this Homa Center are the Medical Technologist **Luis Carriel** and his wife **Sara Eulogia Bustamante Muñoz**.



They do Agnihotra daily and share it free of charge with their patients and all those who wish to take advantage of this ancestral healing technique. The number of practitioners is growing and each pyramid proves to be a powerful healing tool. **(Photos this page.)**



HOMA AROUND THE WORLD - BELGAUM, KARNATAKA, INDIA



Mr. **Vinayak Lokur** from **Belgaum, Karnataka, India** has been contributing graciously for several years with photos and articles to the Homa Health Newsletters. Vinayak is a promoter of Homa Therapy, organizes and guide presentations, events and meetings, as well as shares this technique in his Expert Engineering Enterprise. Although he came to know Agnihotra in 2005, he began to practice it regularly since 2010, after attending a Somayag in the Homa Therapy Goshala in Maheshwar. His family, his wife Roopa and his two daughters, Shreya and Arya, are always with full support by his side (**photo left**).

Sunday group Agnihotra in Belgaum

Text and photos sent by **Vinayak Lokur**

Sundays group chanting and Agnihotra at **Engineer's Academy, Belgaum**. It was attended by the students of the academy and their parents. Information about Agnihotra was shared and everyone participated in the Tryambakam Mantra and OM chanting before Agnihotra. This was the **40th consecutive Sunday** of the group sessions at Belgaum. More and more awareness is happening and the group is getting bigger with every week. OM SHREE OM



HOMA AROUND THE WORLD - BELGAUM, KARNATAKA, INDIA

Vinayak Lokur

Belgaum, Karnataka, India

Sending herewith is the information & photos of the **41st session of Group Chanting and Agnihotra**. It was held on Sunday, 21st April at **Vidya Ganapati Temple, KLS GIT college, Belgaum**. It's an engineering college having a temple at its premise.



The staff was informed earlier about this activity and approximately 40 of them attended the Sunday session.

It was a wonderful divine experience with over 70 people participating. The information about Agnihotra was imparted to the people present and kits were made available for the first time practitioners. 10 of them experienced performing Agnihotra along with the group.

Q & A session and experience sharing was done after Agnihotra. The program concluded with Aarti of Lord Ganesha. OM SHREE OM



HOMA AROUND THE WORLD - NUEVA DELHI, INDIA



The photos on this page show a massive **Healing Encounter of the Agnihotri group and guests in New Delhi** on the terrace of the **Luthra family**. There were many interested in knowing and learning about Agnihotra. **Mother Saroji** also taught the Mantras to newcomers. Through the purified atmosphere, the many healing fires did spread joy, happiness and love into all present.



HOMA AROUND THE WORLD - PIURA, PERU, SOUTH AMERICA

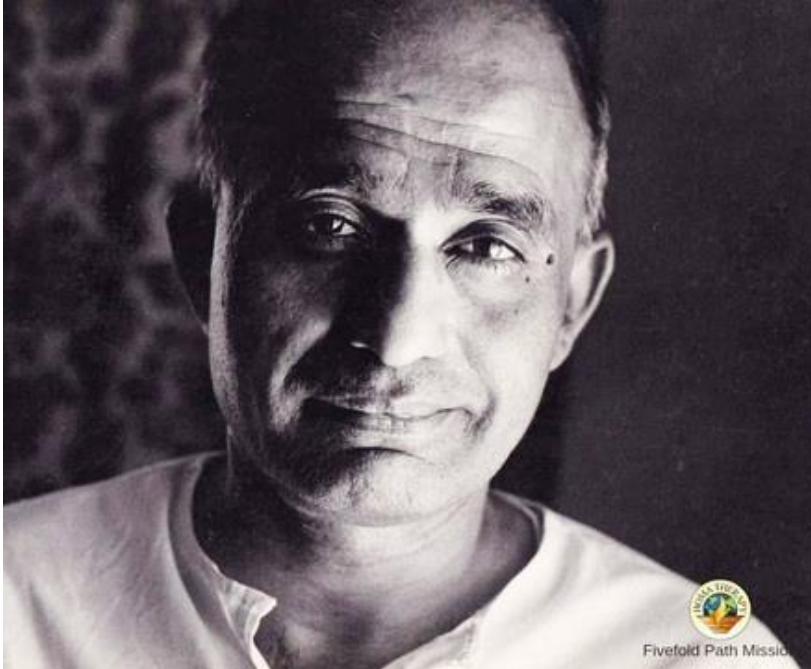


Photos of this page are of Agnihotra meetings and of practice of Tryambakam Homa on full moon in good company of like-minded.

Agnihotra is done and shared regularly in various sites in Piura.



MESSAGES FROM MASTER SHREE VASANT



TAPA

If you think others should practice Tapa, self-discipline, you practice Tapa. If you want others to do good unto you, do good unto others. Learn from your own experiences. What makes me happy? What brings me greatest joy? You will find many times it is when we are truly serving others that a great feeling of fulfillment comes over us.

When you practice Tapa destiny changes and by Grace ego is whittled away. All temptation, all desire is removed by Grace. Thus you become more capable to fulfill your allotted task. Then peace and bliss just rain on you.

First face the inner self and practice TAPA with all strength of being. Increase Yajnya. Release all negative feelings and resentments. Very quickly you will be filled with love. This is the greatest of all healing agents. Practice Tapa of smiling even when feeling sad.

FEAR

Relax, move and turn off the worries and anxieties just as if you had a faucet and turn off water that was flowing out. Then replace those thoughts, worries, fears with REPETITION OF HOLY NAME.

LOVE

Love is the answer. Love is the key. An army of Soldiers, spiritual Soldiers, will be needed to fight now. They must be dedicated to the sole goal of achieving Love within all the Spheres and without. WE MUST NOW FULFILL OUR DESTINY. The time has come. Many people will be after us now to help them save the planet.

You make effort to be full of love and all is given. Your every moment can be filled with Divine Love. In silence every answer to every question will come. This work is sacred and you are doing it with devotion of which you are not fully aware. It is this work which cleanses your past karma. If you are in one instant full of love everything else is erased. This is Grace.

FROM INTUITIVE GUIDANCE

(received through Parvati Bizberg, Poland)



On Consciousness

Yes. Yes. Yes. Consciousness is rising, even despite the many trends to the contrary. The lines are drawn. The fate is cast. The first ones now may later be last. Indeed, the times of change have come.

Dear ones who appear to be listening but who have turned a deaf ear to avoid hearing that which you do not comprehend—listen now.

What seems to be abundance will leave you hungry, without nourishment for your souls.

In the great American 'Land of milk and honey,' a shadow has fallen across the land.

There is a great lull presiding, every infraction to that which excludes dignity and integrity appears as a ripple in the vast ocean, only a drop in the sea. The dishonoring of sacred peoples, the destruction of sacred lands, the erasing of culture and its resultant prophecy—all this but a ripple in the ocean? Any one of these infractions curbing liberty and righteousness would once have been deemed criminal—but now is seen only as a small shadow. Then, all return to their work at hand, their smallest lives—in favor of compliancy, in favor of diplomacy, in favor of a steady boat—never to rock it or steer it to new horizons.

Awaken and take back your Truth.

Awaken and resume your place in the World.

Awaken and Unite.

Awaken to the Light.

Realize you are all children of a Higher God.

You are the ones for whom the Call has come.

Unplug from the Matrix of Mediocrity. Take your places in line with a Higher Democracy. Walk in Light within each of you now.

OM TAT SAT.

On Faith and Teaching Children

Yes, yes. These are uncharted waters, a new chapter in life. The unfamiliarity can feel disconcerting, but remember—the waters of the heart are well-charted.

Put your full faith in Almighty. In every instance, He will provide comfort, wisdom, protection and pure love.

It is in these times when darkness seems to reign in the world, that all of you must go within and UNITE with ones of like mind and heart.

RESIST VIOLENCE.

Resist the evils of the world.

Strengthen inner peace and rise above chaos and turmoil.

Teach your children through peace and tolerance, through love and forgiveness. They look to you for direction.

If only you had known to go within during times of strife in your lives.

You can save your children unnecessary steps by showing them the way to go within and find their inner strength, how to trust and move ahead in Light. Let this be your legacy.

Blessings to all.

We are, ORION.

More info: www.oriontransmissions.com

Thanks for Sharing the "Good News" with this Homa Health Newsletter!