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HOMA HEALTH - NEWSLETTER #165 & 166

print Newsletter

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EDITOR's NOTE

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Your comments, auestions. suggestions, stories and to subscribe to the Homa Health Newsletter. please write to Abel Hernández & Aleta Macan: terapiahoma @yahoo.com Thank you!

ROLLER COASTER (2)

For many, life is a journey on a "Roller Coaster" with many ups and downs where it sometimes seems that we are: a) tilted to the right

- or to the left
- b) running north, or to any other direction
- c) standing,
- or sitting or lying down
- d) upside up or twisted
- e) laughing or crying
- f) in peace or fighting mode
- g) excited or calm
- h) euphoric or depressed
- i) healthy or sick
- j) rich or poor
- k) in the here and now or anywhere in the past or future
- l) circling around ourselves and our goals
- or circling around others and their goals
- m) mentally stable or crazy n) in an illusion that seems real or in a reality that seems an illusion o) etc., etc.
- This brings us the following question:

Can we escape this circle(s) of life that makes us feel a movement or passion that takes us nowhere? The answer is: NO and YES. Spiritual Scientists tell us that "we are what we think". Therefore, the answer is **NO**

- because:
- 1) We don't stop thinking, feeling, wanting, desiring and creating goals. And most people think they are only body and mind.
- 2) Life is a series of alternating cycles of light and darkness as the day and night in 24 hours.
- The answer is **YES** when:
- 1) We realize that we are not only body and mind and that our Real



Identity is Immutable, Eternal and Complete. Therefore, we can act in this movie without getting attached to the characters, objects, people and ideas or expectations. 2) Our focus of attention of our mind, heart, senses is GOD who is the

Yes, yes, yes, just as the finite cannot contain the infinite, the intellect cannot understand GOD.

source that cannot be contained only

in the body and mind.

However, the Fivefold Path helps us to have a presentiment of the **DIVINE** and eventually realize IT. Who am I?

OM FIVEFOLD PATH OM OM SHREE OM

Note:

For the one who is a "god" but has not experienced it, it is as if he/she is not. To achieve this, Spiritual Scientists tell us that we have to:

- 1) close the windows (senses) that show us a transient-changing illusion and open the window (Ajna Chakra) that shows us the permanent-immutable Truth.
- 2) stop sticking to the projections or holograms that surround us and turn our attention to the Producer (God) of these "Vibrations" (World).
- 3) Yajnya, Daan, Tapa, Karma, Swadhyaya nirato bhawet esha evahi srutyuktaha Satva Dharma Sanatanaha. **Immersing yourself in the Practice** of Yajnya, Daan, Tapa, Karma, and Swadhyaya is what leads us to the Truth (God, Absolute, etc.).

HOMA HEALING STORIES

Ana Lis Gross Posadas, Misiones, Argentina, South America

I am a very active and busy person; I never have time for anything. With the practice of Agnihotra, I feel lighter and I have realized that the first priority is to feel good. Now I take the time for this Homa technique and I feel calmer and more cheerful.

Photo right: Ana Lis enjoying a meditation during Agnihotra.





Maria Ester Farias Nurse Educator at the National University Misiones (UNAM) Posadas, Misiones, Argentina, South America

Before coming to Homa Therapy, I had gone to the gynecologist because I had fibroid problems in the uterus and my endometrium was thickening and I was not menstruating. I could spend several months without menstruating. Due to this, I had to be operated. At the last checkup, the gynecologist told me that there was thickening again, and that we would wait for December to repeat the ultrasound and I most likely had to

go back to the operating room, if the menstruation did not come. But after 3 days with Agnihotra, I started menstruating. For two days it was a very heavy bleeding, but I felt good and thought "I'm being saved from the operating room". I still haven't had an ultrasound, but I feel fine". (Photo: María Ester Farias)

Nora Palacios - Piura, Peru, South America

I was suffering from **depression** and stress due to problems at home and at work. I couldn't sleep either, I suffered from **insomnia**. I took pills against depression and insomnia.

Then I heard Cesar Aguila talking about a free therapy to treat depression and stress. From the first time I arrived at a Agnihotra session and took its ash, I felt improvement. I love to come for Agnihotra. I already have 20 days in a row attending it. I don't take anymore pills. I simply take 2 teaspoons of Agnihotra ash with water.



(Photo: Nora Palacios)

Before, I also suffered from **osteoarthritis and back pain**, but now I don't. I have brought my family to Homa Therapy; my sister could not be in an upright position because of a balancing problem **(labyrinthitis)** and now she feels better and we participate together. I also saw the effect of Agnihotra ash on my plants **which were almost dead** and then **became pretty again. This fills me with joy. Homa Therapy is a wonderful thing and I am very grateful for it!**



Rosario Francia Nolasco Primary Care Center of Carabayllo EsSalud Paul Nogier, Complementary Medicine Service Carabayllo, Lima North, Peru, South America

I'm 54 years old. I came with deep depression to Dr. Jorge Torres. I was detected **uterine cancer** 14 years ago. 6 years later cancer was found in my left **breast**, which then was removed. I also had **kidney problems**. And last year, 2019, they detected **lung cancer**. Thank God, Homa Therapy helped me a lot. It gives me good energy and

I'm moving on. I know that Homa Therapy is helping me because

(Rosario Nolasco) I got to expel the tumors from the lungs. (Continued next page)

HOMA HEALING STORIES

Continuation of Testimony of Rosario Nolasco, page 02:

There were two things that I threw out of my mouth when I was already with Homa Therapy and drinking the Agnihotra ash with water. I never thought this would happen, but it happened thanks to God and thanks to Homa Therapy. I also thank Dr. Torres, who supports us a lot! Before that happened, a biopsy was done showing that I had cancer in the lungs. **After having thrown out these things, another biopsy was performed and they found that I no longer had cancer.** Now I am also sleeping well and I am very happy.



Isabel Cristina Cordova Primary Care Center of Carabayllo EsSalud Paul Nogier, Complementary Medicine Service Carabayllo, Lima North, Peru, South America

My heaviest problems were **migraine**, **insomnia and kidney problems**; my creatinine level was high. With migraine, I had suffered for more than 10 years, and with **depression for 4 to 5 years**.

I came to Homa Therapy, invited by Dr. Jorge Torres, and I started experiencing changes. First, the migraine pains diminished and my

sleep got much better. Then, as the last analyzes show, my creatinine level is now normal.

I feel that I have recovered a lot, I feel that Homa Therapy forme is food, which strengthens me and fills me with energy. The psychological part, of which doctor Jorge talks to us, is a complement that makes me stronger. And as many already know, Homa Therapy fills us with happiness. **This is what Agnihotra makes me feel: happy and calm!** (Photo: Isabel Cordova with Dr. Jorge Torres)

Walter Daniel Pareja Martillo Homa Medical Center '*The Good Shepherd*' of Dr. Jaime Montufar, Guayaquil, Ecuador, South America

Dr. Montufar explains:

Daniel was a patient with **limited resources** and he could **not get a conventional treatment for cancer.** He had stomach cancer and was diagnosed as hopeless; he even had lung metastases. Now, with Homa treatment, he feels normal and works every day. He does Agnihotra almost daily with us.



Walter Daniel:

I am 36 years old. My **gastric cancer** began a year and a half ago. I was treated at SOLCA (state anticancer hospital), where they did some tests and then sent me home and gave me only **3 months to live**. They said that nothing could be done.

The pains I had were so strong that I was sometimes lying on the street; they were like knots in the guts. It was horrible. **I was very thin at that time**.

But then I met Dr. Montufar and he helped me with Homa Therapy and gave me Agnihotra ash. I got better and gained weight. I no longer suffer from pain, gastric or lung problems. I feel good and I am happy. (Photo: Walter Daniel)

Ivonne Elizabeth Palomino Misama Piura, Peru, South America

I'm 49 years old. I arrived at Homa Therapy through Mr. **Cesar and his wife Nancy**. I came the first time very sad with the desire to cry. After Agnihotra I was calm, grateful and smiling. I even hugged Mrs. Nancy with much gratitude. I could not sleep but now I sleep peacefully.

I also met a lady who had a **special nine-year-old boy**, who had to wear diapers. But after 2 days with Homa Therapy and taking Agnihotra ash, the mother told me that her son no longer needed diapers. The boy was barely blowing air from his mouth and on one side only, but that changed and he was

able to blow out the birthday candles! Another change was that he tried to speak and he became more loving. He allowed to be hugged and he also hugged. (Photo: Ivonne Palomino)

HOMA AGRICULTURE - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Cristina Sanchez Dharma Holistic House, Chame, Panamá, Central America

I want to share with you that we are practicing Agnihotra, especially in the afternoons, for 6 months here in this premise and I am really very happy, because I wanted to do a Homa experiment with these papos (hibiscus plants).

They were all sown at the same time, but to the first 2 plants I put Agnihotra ash (see photos below). And as you can see, they are more robust, bigger, more vital and have flowers.

The others have no flowers and are small.

It's something amazing and it is a real experience.

This is for me the evidence that Homa Therapy really works!





Photos to the right:

- 1) Cristina in front of the Agnihotra ash-fed papo plant
- 2) First papo from the left received Agnihotra ash and stands out from the other papos in all aspects.

We ourselves have also experienced changes. Our mind is calmer and we are more relaxed. In my mental processes, I am more comfortable, more happy. I no longer pass tantrums. I take things slowly. Before, I was very bad tempered, quite terrible, terrible. But I learned to handle things calmly. I see things with more love. I've changed. I have really changed and everyone can see this. I was very spoiled, mostly with a frowny face, very serious.

I now have other priorities. What made me happy before, does not anymore. Now I prefer to practice



Agnihotra at home on a Friday or Saturday night, since going out does not catch my attention any more. I feel happy. I really have found a calmness and inner peace that I didn't feel before. Obviously, I think this is because I practice Agnihotra.

ECO NEWS

Giant iceberg breaks off Antarctic glacier

By Dominic Rech, CNN - Feb. 13, 2020

A story about a glacier shedding mass at the edge of the world, threatening to raise ocean levels and potentially contribute to untold environmental change. Sound familiar? That's because it probably is. But if you weren't paying attention before, it probably is worth



doing so now. An iceberg has broken off Pine Island Glacier (PIG) on the edge of Antarctica, according to satellite images taken Tuesday by the European Space Agency (ESA). And it's a big one. At more than 300 square kilometers (116 square miles), the iceberg was almost as big as Atlanta and roughly the same size as Malta -- although it very quickly fragmented. "What you are looking at is both terrifying and beautiful," Mark Drinkwater, head of the Earth and Mission Sciences Division at the ESA, told CNN.

Read article in following link: https://edition.cnn.com/2020/02/12/world/iceberg-breaks-off-antarctica-glacier-scn-intl/index.html



Acidic ocean is dissolving crab shells earlier than predicted

By Laureen Fagan on January 28, 2020

The Pacific Ocean has become so acidic that it is dissolving the shells of young Dungeness crabs on the northwest coast of the United States, where the crabs are

critical to the fishing economy. That's according to a new study funded by NOAA, the U.S. National Oceanic and Atmospheric Administration, in partnership with other researchers from the U.S., Canada, Slovenia and the United Kingdom. Please read article in following link: https://www.sustainability-times.com/environmental-protection/acidic-ocean-is-dissolving-crab-shells-earlier-than-predicted/

Puberty Before Age 10: A New 'Normal'?

• Environmental chemicals, and particularly estrogenmimicking, "gender-bending" chemicals that easily leach out of the products that contain them, are a likely culprit; this includes phthalates, parabens, PFOA, bisphenol-A (BPA) and more (these



environmental chemicals are also linked to other health risks like cancer and heart disease).

• Precocious puberty, which is the appearance of secondary sex characteristics like pubic

hair or breast growth before age 8, or the onset of menarche before age 9, impacts at least 1 in 5,000 U.S. children, and the rate is on the rise. To read the complete article, please see: https://articles.mercola.com/sites/articles/archive/2012/04/16/early-precocious-puberty.aspx



Microsoft - The company wants to be carbon negative by 2030

By Justine Calma, Jan 16, 2020

The technology needed to make that goal a reality is still expensive and not widely commercially available, so the company also plans to spend \$1 billion over the next four years to fund innovation in reducing, capturing, and removing

carbon dioxide from the atmosphere. **To read the complete article, please see:**https://www.theverge.com/2020/1/16/21068799/microsoft-carbon-capture-climate-change



In Piura, a city in Northern Peru, the Homa healing Fires continue to burn just as the hearts of the Agnihotris are lit with the desire to improve, help, heal, serve ...

The group also finds much joy in devotional singing.

Photos above and below: mass Agnihotra practice, teaching and meetings in various parts of the city. Sharing devotional songs in Homa atmosphere = opening up our hearts.



EVENTS in YECALA, PERU, SOUTH AMERICA









"Joselito", organic Banana plantation under the Homa Super-Technology system, received a special energy bath from a Rudra Yajnya, as did the Piuran Agnihotris who participated. Eng. Hernan Posas (Photo above, beside Prof. Abel), is the manager of



Joselito and since many years a dedicated Agnihotri. **Homa technician Andres (2nd Photo)**, the administrative staff along with some of the farm workers (who participate daily in the practice of the various Homa Fires), were present **(3rd photo and photos row 3)**. The air in the Homa farm is refreshing and energizing and there was no mosquito or other insect bothering, although the bananas need a lot of moisture.

Photos below: Agnihotris arrived from Piura to participate in the Rudra Yajnya.













Agnihotra meetings are Feasts of Light, Love, Healing – awakening something inside ... **Photos on this page:**

Photos on this page:
Agnihotra practice,
meditation, prayer and
listening to the wise teachings
about the Fivefold Path - The
path to true Happiness.











The group of Agnihotra practitioners grows and the many fires show their power in radiating peace and harmony, in feeling wonderfully and relaxed on a physical, emotional and mental level. In these moments in front of the fire, our souls breathe deeply...

(Photos above and below: teaching and practice of Agnihotra.)





EVENTS in LIMA, PERU, SOUTH AMERICA



It was a great joy to meet again, after many years, with **Dr. Walter Vasquez**, who had the Blessing of meeting **Master Shree Vasant.** Dr. Vasquez also accompanied **Dr. Luis Cotillo** in the Homa healing sessions at the Turiasu Clinic. Dr. Vasquez is the Head of the Dep. of Complementary Medicine at the Pablo Bermudez Polyclinic of EsSalud (National Health System).

Prof. Abel was invited to present the benefits of Homa Therapy in the area of Health. **Eulogio Gomez**, who learned and knew Homa Therapy from Piura, was the contact for this meeting. The patients were also invited to practice some simple Therapeutic Yoga exercises in order to increase the oxygen flow in the body. **(Photos above and below)**





EVENTS in MIRAFLORES, LIMA, PERU, SOUTH AMERICA

In the **Geeta**Ashram in
Miraflores, we practiced
Agnihotra every day. Through the wonderful and profound teachings of the Bhagavad Geeta



given through **Eng. Kishore Gupta**, the Devotion and prayers ... this temple houses an energy that invites to meditate and feel peace **(Photos above)**.





Photos to the right: Practice and teaching of Agnihotra in the Vegetarian Restaurant "Sabor y Vida" of Prof. Humberto Guerrero, where Homa meetings are held on Sunday evenings.

EVENTS in CARABAYLLO, LIMA NORTH, PERU, SOUTH AMERICA





Dr. Jorge Segovia
Torres, psychologist
(Photo above next to
Prof. Abel), at the Dep.
of Complementary
Medicine of the
Primary Care Center
of Carabayllo EsSalud
"Paul Nogier" invited
to a meeting with Homa
Therapy.

He regularly does Homa circles in this clinic in order to help his patients effectively in a short time period. We listened to several patients with surprising testimonies (see pages 2 and 3; more testimonials from his patients in the following **HHNL).** The patients are extremely grateful to their Doctor; several of those who were cured are now his Homa volunteers in this state health facility. (Photos above of the meeting with patients; questions and answers;

Agnihotra practice.)



EVENTS in VENTANILLA, LIMA NORTH, PERU, SOUTH AMERICA



At the EsSalud Social Security Hospital "Sister Maria Donrose" in Ventanilla, the Director of Complementary Medicine, Dr. Ada Pucuhuayla MD (photo last row next to Prof. Abel) summoned her patients to refresh and / or find out about the many benefits of the regular practice of Homa Therapy.

It was a joyful encounter with physical exercises, teaching and practice of Agnihotra. Everyone received some of the healing Agnihotra ash.

With the help and organization of health therapist **Christian Alvaro Vasquez**, promoter of Homa Therapy, these wonderful presentations were achieved during the few days of our stay.

(Photos on this page: Prof. Abel finding out the mayor problems of the assistants; physical and breathing exercises and sharing of Agnihotra. Several patients of Dr. Ada are Agnihotra practitioners.)











Meetings, teachings and practice of the Medicinal Fires of Homa Therapy continue in Piura regularly

- at **CERP** (Professional Rehabilitation Center of EsSalud) and **CAM** (Center for Senior citizens)

at the Central Library of the UNP (National University of Piura)
at the Vegetarian restaurant
"Ganímedes" of Javier Cruz







At the UNP (Univ.
Nacional Piura), Prof. Abel,
with the logistical support
of Ms. María Jesús
Vásquez (from the
Central Office of
Institutional Image)
started a weekly workshop
"Mind Training" based
on the book of Master
Shree Vasant V.
Paranjpe "Light



towards Divine Path". These classes help to understand our mental programming, to be more aware of our thoughts, and the resulting feelings, acts, etc. The constant practice of Agnihotra helps in reprogramming our mind towards true happiness.

Photos above: Mind Training class with Agnihotra at the UNP.

Photos below: Teaching and practice of Tryambakam Homa at CERP; Agnihotra is

practiced on weekends in Ganimedes.







Every time, in front of Agnihotra, we feel Peace, Love, Joy and Gratitude towards the Creator, the Universe, Life... we feel part of something bigger...









Sometimes Homa friends arrive from other places, like **Fiorella** and her husband **Lorgio** from Lima, **Dalila** from Chile with **Krishna** from Mexico, **Dante** and **Amelia** from Chiclayo, **David Miguelangel** from Zorritos, **Nestor** from Talara, **Teodulo** from USA, **Dr. Alicia** from Paita, ... The group of Homa Therapy practitioners is constantly increasing. We remember what the Bible (**Matthew 7.16**) says: "You will know them by their fruits".

Photos above: sharing the wellbeing and joy

Photos above: sharing the wellbeing and joy of the Homa Fires.

Photo above y below: Weekly Mind Training class with Prof. Abel at the UNP, where we practice Swadhyaya - Self-study - intensely.





Each person who approaches Homa Therapy comes in the beginning for a personal reason to improve physical, emotional or mental health, has family or work problems, etc.

Homa Therapy is able to help with any problem one faces.

In the Light of Love we are Perfect - as a song says. Love seems to be a subtle substance that emanates from the Agnihotra Fire.

Photos on this page: Agnihotra sessions at various sites in Piura. A positive force is growing stronger with more people practicing this ancient healing technique and contributing to more Light on the planet. Each one of the Agnihotris feels DIVINE GRACE operating in their life and that of their family. OM SHREE OM



HOMA AROUND THE WORLD - SAN LORENZO, PARAGUAY



In Paraguay, **Naturopath Dr. Joaquín Echagüe** and his wife, **Dr. Nilsa Noemí Ibarrola Arce** are sharing Agnihotra in their office in San Lorenzo.

(Photos to the left.)







Ms. Brigitte Fuzellier continues weekly with the sharing of Agnihotra in her patio and invites people with any health problem, through her Radio Program, called *Cambalache*.

She also produces various tinctures with herbs and medicinal woods, which have

great success. Brigitte surrounded by her friends and Agnihotra Fires on her birthday.

One year less to meet the goals!



HOMA AROUND THE WORLD - BRASILIA & SAO BENTO, BRASIL



Premavatar Das practices Agnihotra daily with his beautiful family: his wife Govinda Jaya Devi Dasi and son Janaka Rsi.





Homa Therapist,
Tania Salobrenha,
sent the photos to the right
showing an Agnihotra meeting
and teaching of Homa Therapy in
Sao Bento do Sapucai, Brasil,
South America.





HOMA AROUND THE WORLD - VILLAVICENCIO, COLOMBIA

Therapist **Audo Quesada Rujana** along with his wife **Carola Pulido**, share Agnihotra at home with friends, in their therapeutic groups and with people in need of healing **(below)**.







HOMA AROUND THE WORLD - KUALA LUMPUR, MALAYSIA, ASIA





The photos
(on the
left) show
the
practice of
Agnihotra
in the
home of
Mr. Alan
Yong on
January
1st, 2020,

where 16 people participated to welcome the New Year with this shower of blessings.

AROUND THE WORLD - POSADAS, ARGENTINA, S. AMERICA



Ana Lis Gross and **Silvia Galván** sent their greetings from Posadas. They continue to share the benefits of Homa Therapy once a week at the *Ananda Center*. In addition, they also practice it at home with their family and feel better each day.

(Photos above and below: Agnihotra practice with family and at the Ananda Center.)



AROUND THE WORLD - CHAME, PANAMA, CENTRAL AMERICA



From Chame came the photos of the search for Homa cookies and its achievement!

HOMA AROUND THE WORLD - VINCES, LOS RIOS, ECUADOR



HOMA AROUND THE WORLD - ESMERALDAS, ECUADOR









In **Chaflu**, a small town in the Dep. of Esmeraldas, **Mother Sofía de Batioja** keeps up high the Homa Fires. She is a warrior of Light! Together with her friends and the assistance of the Lastra Perlaza family, from the city Esmeraldas (a 2-hours' drive), they practice de **Tryambakam Homa** up to 24 hours, especially on full and new moon days. Little **Erik** with his 3 years is already an Agnihotri. He is a very cheerful child. **(Photos above, right and below.)**











HOMA AROUND THE WORLD - GUAYAQUIL, ECUADOR







In Guayaquil, **Dr. Cesar Merino**, **MD.**, together with
Agnihotris, continue the
practice of Tryambakam
Homa on moon days and
with Agnihotra meetings.

(Photos from the "Homa Corner".)





HOMA AROUND THE WORLD - COQUIMBO, CHILE

Karina Ohme shared from Chile:

Oscar Pereira Tapia Residence, Coquimbo

Homa Fires begin the Inauguration Ceremony of the Therapeutic Inclusive Garden II on Thursday, February 6, 2020.

With a Vyahruti and Tryambakam Homa began the Opening Ceremony for the work of the Therapeutic Inclusive Garden II Project for the Oscar Pereira Tapia Residence in Coquimbo. This event was attended by various authorities of the area.

During the meditation with the Homa Healing Fires a respectful silence was generated by the attendees, which was highlighted by the president of the Aseinco Foundation for Children, Ms. Gloria Mieres, who valued the spirit of community and unity created.

During the event, the symbolic plantation of a Peumo, a native tree donated by the Satsang farm (Curacaví), was carried out. The various authorities and assistants placed the Homa ash next to the little tree, becoming part of this model and visionary project nationwide, which benefits the most vulnerable children in the country.

Guillermo Muñoz, psychologist and clinical advisor of the National Service for Minors, highlighted for the bulletin of the I. Municipality of Coquimbo, the therapeutic work of this Inclusive Garden, since it allows children to advance "regulating their emotionality with the cycles of earth, sowing, planting, cultivating and understanding that the properties of each plant will help control the various types of ailments they may feel and this is ultimately an integral contribution to the care of each child."

In addition, the Inclusive Garden will also provide a therapeutic space for the caregivers and various professionals of the Residence, through planting and harvesting activities, or simply touring the garden with its medicinal plants, fruit trees and future native forest.



Present were: (photo left, planting the tree):

-Karina Ohme, Vice President Quintuple Sendero Foundation, holding the Homa pyramid

-Rodrigo Ledezma, in charge of the Therapeutic Sustainable Garden II

-Gloria Mieres, President of the Coquimbo Foundation for Children of Aseinco

-Verónica Rojas, Deputy Director of the Óscar Pereira Tapia Residence

-Mario Burlé, councilor of the Illustrious Municipality of Coquimbo

-Guillermo Muñoz, psychologist and clinical advisor of the National Children's Service

HOMA AROUND THE WORLD - CURACAVI, CHILE

Karina Ohme sent photos of **Agnihotra Workshops** - **Theory and Practice**

- dictated in La Aurora, Curacaví, on January 22nd, 2020 (photo right).
- dictated in Los Maquis, Curacaví, on February 1st, 2020 (photos below).

The workshop was held in the plot of **Verónica Rodríguez.**

The workshops count with the Collaboration of the Quintuple Sendero Foundation.







Photos below: Encounters with Agnihotra and Homa farming workshops in "Satsang" a farm of Karina Ohme and Juan Rodríguez.



HOMA AROUND THE WORLD - CHILE





The photos of this page are from Homa Healing Fires practiced and shared from Iquique in the North of Chile down to Puerto Montt, in the southern region.







Thanks to Sam, Lucia, Sandra, Eliana, Eduardo, Paula, Maka and Percy for these beautiful pictures!









Mrs.
Paula Sukhmani
during an Agnihotra
workshop
in Puerto Montt
(photos on both
sides).



FUTURE EVENT - WORLD AGNIHOTRA DAY





Let us share, participate, and celebrate the WORLD AGNIHOTRA DAY with its Pure Light in every corner of our planet!

Note: Please take photos and send them to following email: terapiahoma@yahoo.com or whats app number +51 925 902 696

MESSAGES FROM MASTER SHREE VASANT

GRACE

One Will Refuse to Hate His Enemy if One Knows His Refusal is going to Purify His Intellect and Thus Usher in Manifestation Of Grace.

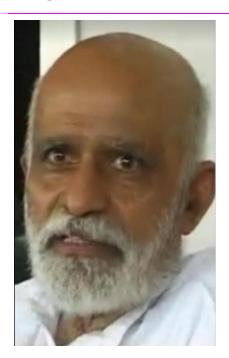
SILENCE

Speak less and less. In times of trouble silence is the only aid. Keep one hour silence each day, preferably mornings, if possible.

Every answer comes in silence.

LIGHT

Blessings to those who continue to walk in Light even during periods when the Light cannot be seen. The clouds will move and the Light will again be bright. Brighter. Brighter.



LIMITATIONS

Look at what your limits are but do not dwell on them. Look at your strengths and build on them. Spend time in silence, YAJNYA, meditation, etc. Free yourself from the bondage of attachment.

AGNIHOTRA

All people need to be told now. If they are not interested then that is their worry but it is our duty to deliver to the world this message. Agnihotra can save lives. Already results have shown cure of diseases, mental and physical. Still further research required.

You have reached a point where nothing else will fulfill your hunger than the Presence of the Almighty. This is a time when temptation is not so strong as before, where desires are easily seen for what they are and the longing for the Almighty is stronger than any other impulse.

The prophets have spoken of such a time as this, and now it has come. We are not aware of the tremendous power at our fingertips. We must use this wisely. It has been spoken of by many top scientists as well.

POSITIVE ATTITUDE

You must retrain the mind to think positively in all situations. Never harsh. Never critical. You are worthy of the blessings bestowed upon you. Recognize the innocence that lies within you just as you recognize it in the children.

FROM INTUITIVE GUIDANCE

(received through Parvati Bizberg, Poland)



On RISING UP!

Yes, yes. Present, we are indeed, dear vehicle.

In this era, you will see the mighty fall from Grace, power dissolved—however, not before the decaying of the fabric binding humanity. We must say, the great U.S. appears to be crumbling from the top down, threatening the very foundation upon which it was created. Already, deep cracks in the foundation have caused severe erosion above.

That said, the strong forces of Light are poised to heal and amend the old, decaying false values that have long since been disposed of by the new. Racism, for example, is at the core of the once great nation ruling over the poor and defenseless, minorities and fledgling rebels seeking more humane governance.

Rhetoric is rhetoric simply, without active application in society. We foresee a decline in the super power status and a rise in those whose direction is one of Unity and Equality—not only in word, but in action.

We see greatness in those who have identified the weaknesses in a pseudo-democratic governance, and who are championing the equal rights and true justice for all.

Earth changes have the powerful effect of leveling not only the land, but creating a

balance in the beings who walk the land and those who work the land.

Those of you for whom the alarm bells toll—do not lose heart.

Continue to march for equal rights for all human beings on this planet. Continue to walk in peace upon this planet Earth.

Continue to rise up.
To stand up,
To face the ugliness of racism, the injustice of abuse, the deleterious misuse of power of those in power.

Stand up for the healing of the great Mother, Earth.

Do not assume your voice is singular, as it is one of many united in Love, and the true pursuit of peace on Earth. And it can be.

Raise your voices so they are heard by others around the world.

And so that you too hear and feel the resonance of your own voices rising as One.

We are with gratitude and fortitude, at your service.

We are, ORION.

More information: www.oriontransmissions.com

Thanks for Sharing the "Good News" with this Homa Health Newsletter!

Other official web sites on Homa Therapy:

www.terapiahoma.com www.homa1.com www.homatherapy.info
www.agnihotra.org www.homatherapie.de www.homatherapy.de
www.tapovan.net www.homatherapyindia.com www.homatherapy.org
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