

13th Sept.,  
2020

## HOMA HEALTH - NEWSLETTER #173

print Newsletter

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### EDITOR'S NOTE

### HOMA HEALING STORIES

### HOMA FARMING

### ECO NEWS

### EVENTS AROUND THE WORLD

### MINI YOGA for CHILDREN & PARENTS

### HOMA PSYCHOTHERAPY

### MEDITATION with HEALING MANDALAS

### MESSAGES FROM SHREE VASANT

### FROM INTUITIVE GUIDANCE

Your comments, questions, suggestions & experiences are welcome!  
To subscribe, please write to Abel Hernández & Aleta Macan: [terapiahoma@yahoo.com](mailto:terapiahoma@yahoo.com)  
Thank you!

## ¿TRANS - HUMAN or DIVINE?

Let's continue with more Self-study (Swadhyaya). We are observing many extreme changes in many aspects of life in most parts of the globe. Along with the great technological advances, we see intense changes in the behavior of humans and Nature.

It seems that computer technology, artificial intelligence, genetic manipulation, and nanotechnology among other things, are being used in favor of a small group moved by greed, selfishness, envy, anger, lust, pride, the desire for power and control, etc.

It seems that the programs of:  
1) certain governments (health, education, agriculture, development, etc.),  
2) radio and television  
3) social networks  
are designed to "program" in people certain patterns of behavior that ultimately results in the detriment of the population.

People are led to believe that these new regulations to return to a "new normal" are beneficial. A little self-observation shows us that the previous normality was quite "abnormal".

**But the "New Normal" that is emerging before many is even "More Abnormal".**

For example, now they are talking about **human 2.0**, a version created of **a human with a technological implanted chip** that would allow him/her/it to have certain abilities, above normal.

A kind of **super hero - hybrid or mutant. It would be a "Trans-human" species.**



### ¿Trans - Human or Divine?

Maybe we should ask:  
Who would control the programming of these chips?

Who would modify the human genetics, as they are already doing with plants and animals?  
Strangely, many of those who push this narrative of an enhanced programmed humanity, are those who also want "Reduction of the Population".

**The Spiritual Scientific Masters indicate that the human being is more than body, mind and emotions and that our Real Nature is DIVINE. We were created in the image and likeness of God.**

**We are potentially Gods.**

Beings like Jesus, the Christ, in other times have been examples with great sublime powers. They also indicated that every human being can do what they did and more.

**Yes, yes, yes, the Fivefold Path (Yajnya, Daan, Tapa, Karma and Swadhyaya) can help us improve our discernment and move from the unconscious human to the Divine Immortal son / daughter who embodies Light, Truth and Unconditional Love.**

**OM SHREE OM  
OM FIVEFOLD PATH OM**

## HOMA HEALING STORIES

**Elsa Ligia Mendoza**  
**Homa Center "La Zenaida" of**  
**Medical Technologist Luis Carriel and his wife, Homa**  
**Therapist Sara Bustamante**  
**Vinces, Los Ríos, Ecuador, South America**



(Photo: Elsa L. Mendoza)

I am 76 years old. I suffered from **Osteoporosis** for years. I had so much pain in my hips and legs. I did the exams and the result was osteoporosis at a very advanced level.

Then I started doing the Homa Therapy fires. I did them for one year, before having a new exam done. Then, in the last analysis the result showed that **I have no longer osteoporosis**.

All I did was taking the ash Agnihotra and magnesium chloride and nothing else for one year. Now I am totally happy, without any problem of osteoporosis. That thanks to Homa Therapy. I tell everyone to do this therapy, because it is very good. It totally removes all diseases.

I also suffered **rheumatism** in my hands and I no longer have this either. Before, everything would fall out of my hands, and **the pain was excruciating**.

**Now with Homa Therapy, I have strength and energy and I am fine. And I am blissful and happy because of that. My thanks go to the Homa Therapy fires.**



**Carla De Lourdes Díaz Guerrero**  
**Castilla, Piura, Peru, South America**

I am 39 years old. I want to share with you a testimony about my 69-year-old mother. We took my mother, for reasons of corona virus prevention, to my sister's house, because she handled the protection protocol better.

**My mother is a vulnerable patient due to her age, her pulmonary fibrosis and her liver cirrhosis.**

**Lately my sister had a little fever and malaise.** So, she went to do a **COVID** test for prevention. She turned out to be **positive**, but they couldn't tell her, if she was in the final stage of this infection. Then another test was done to get more information about the status of the virus and thank God, the results came back negative. That meant that the corona virus had been in my sister's body, but she had already overcome the infection.

We were tremendously surprised because my sister had been infected with the virus and she lives with my mother, who was not harmed at all, nothing, nothing. With all the history of physical problems my mom has, she should have manifested the COVID symptoms. I am excited to tell you this, because this is definitely due to the Agnihotra ash that she is taking every day. She takes it since late March, three to four times a day.

Then my sister called me saying that thanks to the fact that our mother is taking Agnihotra ash, she is alive. Because if mother would had gotten the virus, she would already be dead. Let's remember that she has pulmonary fibrosis, which by itself causes difficulty for breathing. **But my mom hasn't been affected at all.** I have the test results.

My mom usually has been taking 5 pills a day, but since the day she started taking the Agnihotra ash, she has not taken any of the pills, neither for cirrhosis and not for fibrosis. The only thing she takes is lactulose for digestion, but not medication.

When my mom started taking Agnihotra ash, the first reaction was **an improvement in her sleep**. Before she could not sleep, she was restless. She got up several times for, she could not sleep. Now, she sleeps her 8 hours. She is very well.

My sister did not take the Agnihotra ash, but she called me saying that she also wanted to start taking it and now she is taking it. She says that this was the only effect that protected our mother from death, because it was the only thing she took.

**My father, Cesar Diaz, is 74 years old** and is a very active person; **he works in his motorcycle taxi from 4.30 in the morning until 3 in the afternoon**. I personally prepare for him **every day a bottle of water with plenty of Agnihotra ash**. He, once on the street, often shakes it and takes it. And he has no flu, no cough, nothing. **He is healthy and very well.**

## HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!



### Homa Garden Experiences

**Sofia Guerrero de Batioja  
Chafú, Esmeraldas  
Ecuador, South America**

The **sour sop** (guanabana) tree is very old. When we acquired this piece of land 8 years ago, **the tree no longer carried fruit and had deep holes in the trunk and also in its roots. The gardeners always suggested that I knock it down because it had already completed its cycle and would never bear fruits again.**

When I learned about Homa Therapy 5 years ago, I got a Homa Resonance Point and started doing the discipline of several Fires daily. **Then I began to fill the holes of the tree with Agnihotra ash. And, oh surprise! the tree was cured and the holes no longer exist and it also began to bear healthy and delicious fruits. Its aroma fills the garden with fragrance. (Photos 1 y 2 below)**

In my garden I planted and I keep planting **selected medicinal plants such as chamomile, rue, llanten, mint, Mentha spicata, rosemary, aloe, lemon balm, ginger, turmeric, etc.** Also, we have **fruit trees such as: avocado, orange, lemon, cocoa, pomegranate, guava, papaya, sugar cane, sapote, caimito, passion fruit, bacao, jackfruit, cinnamon, banana, etc.**

The **10 coconut plants in my Homa garden are healthy and bear abundant fruits (photos 3 below), while in the entire area, they suffer from a plague of a worm and no longer bear fruits.** One of the neighbors has 100 coconut palms and all are affected by this worm and he has no harvest at all.

In the garden, I also have **watermelon, tomato, pepper and cucumber among other veggies. Here, in our Homa garden, everything is wonderful.**

**Photos first row: Agnihotra Hut; Mrs. Sofia inside hut doing her large and powerful healing Agnihotra fire.**

**Continued on the next page ...**



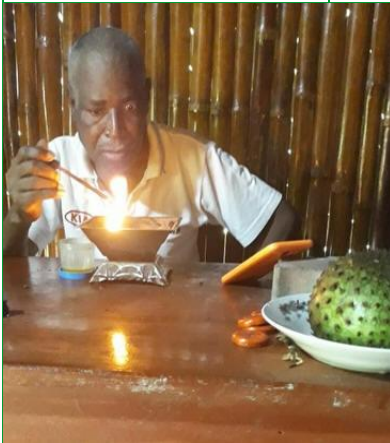
# HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

## MY HOMA GARDEN

Sofia Guerrero de Batioja

Photos on this page:  
The wonderful Homa Garden of only 100 square meters in the town Chafalú, in the Department of Esmeraldas, Ecuador.

First photo below: The still small cimarrón tree has no leaves, but it is full of fruits.



Now, I also feel that it is my responsibility to share Homa Therapy with the people who come here to work or to visit. So, they know, learn and correctly do these sacred fires, which bring life back to nature and help us so much on a daily basis.

I want to keep this bit of land as a little taste of paradise.

**Photos left: Mrs. Sofia loves doing Tryambakam Homa under a tree and her little grandson, Eric, who loves the Homa Fires and is learning the Mantras.**

## ECO NEWS

### An Attention Call to the World

#### Dr. Carrie Madej "Human 2.0"?

Dr. Carrie Madej is an Internal Medicine Specialist in McDonough, GA and has over 19 years of experience in the medical field. To see her interesting and revealing video please enter this link: <https://www.youtube.com/watch?v=ywuCRVJVDqs&feature=youtu.b>



### And if I told you:



Television is the monster of your house. And it's called a program for a reason. Your television is not more than a mind-altering electronic device. It has been designed to psychologically change the way you see reality.



### Unless we change course the US agricultural system could collapse: By Tom Philpott



Our food supply comes from an environmentally unsustainable system that is going to unravel. "The soil that makes one of the globe's most important farming regions so productive is vanishing before our eyes." To read article, please enter this link: [https://www.theguardian.com/commentisfree/2020/aug/26/us-farming-agriculture-food-supply-danger?CMP=Share\\_iOSApp\\_Other](https://www.theguardian.com/commentisfree/2020/aug/26/us-farming-agriculture-food-supply-danger?CMP=Share_iOSApp_Other)

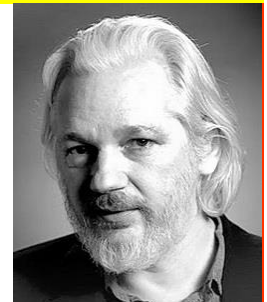
### JULIAN ASSANGE - represents the Truth. If we want Truth in our lives, we have a duty to support it.

#### Prayers, light, peace, love and healing for Julian Assange.

A Freedom Fighter who revealed sinister truths. He is now on trial in the UK for exposing corruption, secrecy, war crimes, crimes against humanity, lies, greed motivated actions, etc. of officials in positions of power in governments around the world.

Is someone, who reveals a truth inconvenient to some, **considered a criminal, a spy and needs to be locked up for the rest of his life?** It's that kind of world, we all live in and we need to change this. **Have we come here only to be spectators of injustices, crimes against humanity, etc.?** If you want to find out how to support Julian Assange, please see:

<https://www.justice4assange.com/> and [https://www.democracynow.org/es/temas/julian\\_assange](https://www.democracynow.org/es/temas/julian_assange)



### SOTT Summary of Planetary Changes - August 2020

No, it is not "man-made global warming" as claimed by the media, nor is it a "climate created by elites" as the alternative media claims. The global climate is "twisting" in part because the very atmosphere of the planet is changing.

Last month, more than 1.5 million acres burned in 9 days in

California, forcing the evacuation of more than 100,000 people.

To view this summary: <https://www.youtube.com/watch?v=1VEEk7IV1i4>

## HOMA HEALING FIRES AROUND the WORLD - PERU



**Photos of this page: Practicing Agnihotra and other Homas in the city Piura.**

In Peru, as in other countries in South America, there are still bans for public meetings. This means that each one continues practicing Agnihotra and other fires of Homa Therapy at home, in their family circle.

This healing practice helps to calm the mind. HT reduces anxiety, the stress of uncertainty about the future, work and financial situations, etc. It improves inter-family relationships, spreads love in the environment and opens our hearts and minds to let in higher intuition and positive thoughts ...



**HOMA HEALING FIRES AROUND the WORLD**  
**in TIMES of GREAT OPPORTUNITIES - in various places in PERU**



Through Homa WhatsApp Groups, every day, many Agnihotris (who's number is increasing significantly) do Agnihotra and join their efforts to practice several hours of Tryambakam Homa in their cities and countries. This according to an agreed schedule. On full and new moons, 24 hours of Tryambakam Homa are practiced in a row. They take their turn at their home. The motive behind this effort is to heal and fill the city atmosphere with energies of love, light, peace ...

We are all connected through the atmosphere, and a healed atmosphere heals us. The intention with the Homa Fires is always to serve, help, illuminate, clarify, understand, evolve, grow, ...

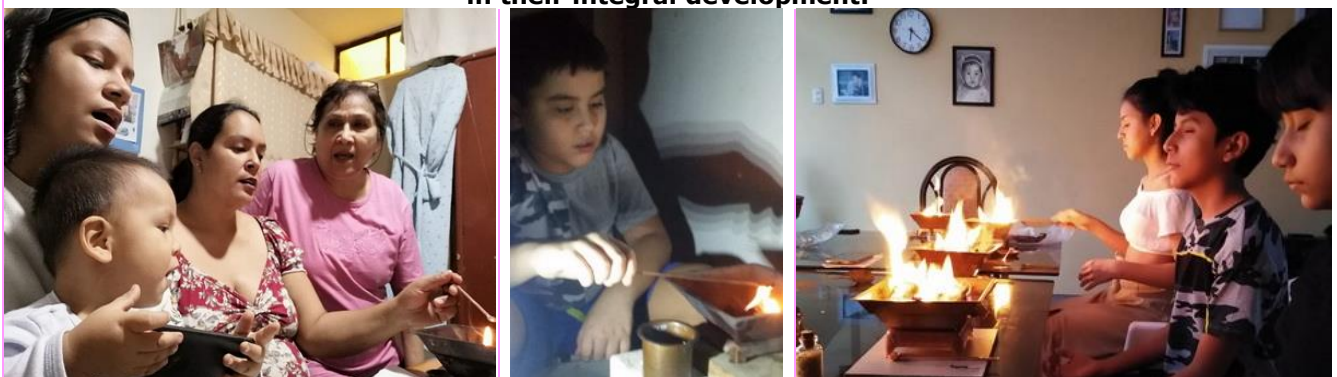
The Agnihotris in WhatsApp Groups use this technology to

- support each other, - clarify doubts, - understand local and global events, - receive and give encouragement, - strengthen the brother/sisterhood, - add a little humor and joy,
- share photos of Homa Fires and themes that help them grow together, feel useful, meditate, practice tolerance and accept differences, understand others,
- put into practice Unconditional Love,
- focus on the positive and see the good side behind difficulties like the extended lockdown.

By the way, if you want to be part of a WhatsApp Homa Group, you can write to us to suggest one close by. If you are already in a group, but we are not yet part and you want our support, you can include us.

Also, many Senior Agnihotris are holding Meetings and Conferences via ZOOM, Facebook, Instagram, Webinar, etc. Many of these Virtual Encounters are available on YouTube. And, many more people are learning about and starting Homa Therapy through reading these HomaHealth Newsletters. Please, feel free to share them and don't forget to send us your photos and experiences to deliver these gifts from heaven to many.

**Photos of this page: practicing Agnihotra and other fires of Homa Therapy in Peru. To involve the children actively in this healing Light and Sound technique helps them immensely in their integral development.**

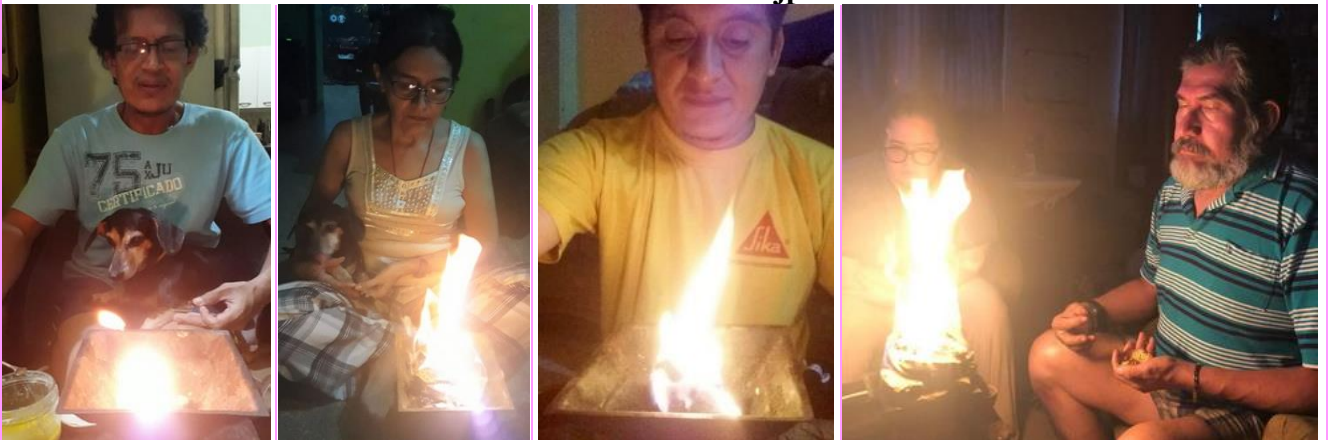


**HOMA HEALING FIRES AROUND the WORLD  
in TIMES of GREAT OPPORTUNITIES - ECUADOR**



*"Importance of Agnihotra goes beyond scientific explanation. It gives a link with the Almighty. When you see past the physical you begin to think of what importance this is. Through Agnihotra many will be brought home."*

**- Shree Vasant Paranjpe -**



**Photos of this page:**

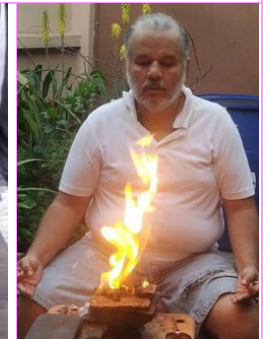
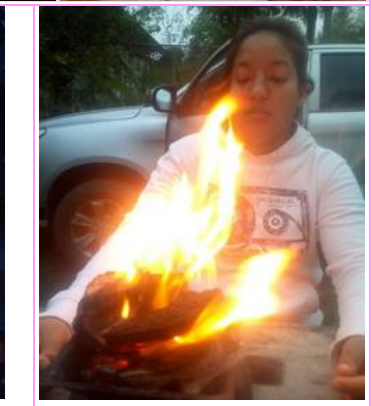
**Agnihotris practicing the Homa healing fires in various places in Ecuador, helping the community and the planet ...**



# HOMA HEALING FIRES AROUND the WORLD- ECUADOR



Photos of this page: Agnihotris from different places in Ecuador, such as Guayaquil, Samborondón, Vinces, Quito, Esmeralda, Chafalú, etc., practice the healing Homa Fires in family or small groups.



**HOMA HEALING FIRES AROUND the WORLD  
in TIMES of GREAT OPPORTUNITIES - COLOMBIA**



*"Agnihotra is the way. People will begin to see now. They can easily feel the tremendous peace that comes by Grace by its mere performance alone."*

**- Shree Vasant Paranjpe -**



**Photos on this and the next page from the North to the South, from the East to the West of Colombia, a country blessed with many practitioners of Homa Healing Fires.**



## HOMA HEALING FIRES AROUND the WORLD- COLOMBIA



*"Fire ceremony, as it is called in some places, is ancient. It is known to mankind all over the world. Many ancient cultures have long lost their fire rituals. In nearly every ancient civilisation fire rituals of some kind were performed, generally for some kind of healing purposes. In old American Indian cultures certain tribes had ceremonial rites using fire as a spiritual force, source of energy and healing vibration. Much of this has been lost or distorted but still much literature remains and the elders themselves can be interviewed on such matters. In Africa, Asia, in some countries still it is practised from old. So, it is not new. It is very, very old healing. Let it be known now all over the world. All over the world again."*

**- Shree Vasant Paranjpe -**



## HOMA HEALING FIRES AROUND the WORLD in TIMES of GREAT OPPORTUNITIES - ARGENTINA



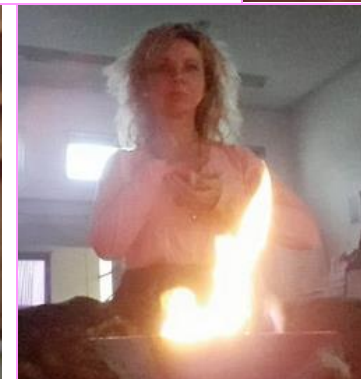
Photos of this page show the healing Homa fires lit in Argentina.

Some Agnihotris meet once a week to share Agnihotra, e.g. in Posadas, Misiones.



*"The quality of the voice of birds improves in Agnihotra atmosphere. This happens to such an extent that birds that are not songbirds begin to sound as though they are. The birds become grateful to the performer of Agnihotra as they become happy. The song of birds becomes bright and clear. It is almost as if they sing for the one who performs Agnihotra."*

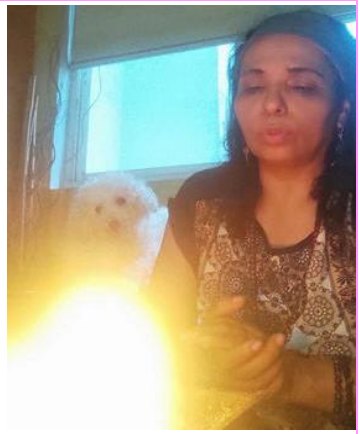
**-Shree Vasant Paranjpe in HOMA THERAPY, Our Last Chance-**



## HOMA HEALING FIRES AROUND the WORLD- PANAMÁ



Photos on this page of the healing Homa fires practiced in various places throughout Panama.



*"The birds lay waiting, anticipating the Mantra around the place where Agnihotra pyramid fire is practiced regularly. Then it is all joy, all love throughout all of creation exactly at that time when Agnihotra is performed."*

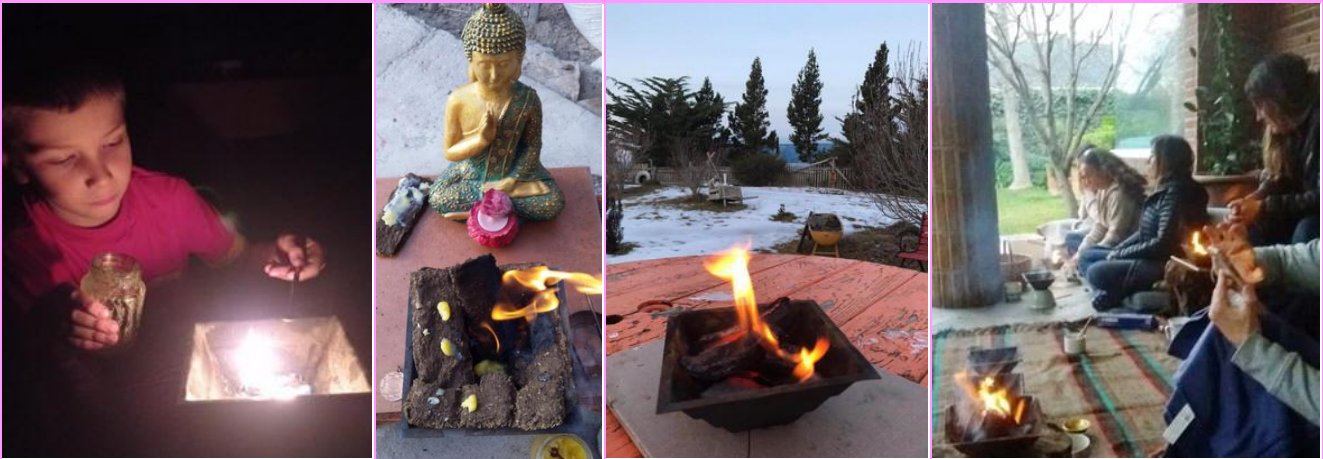
**-Shree Vasant Paranjpe in HOMA THERAPY, Our Last Chance-**



**HOMA HEALING FIRES AROUND the WORLD  
in TIMES of GREAT OPPORTUNITIES - BOLIVIA**

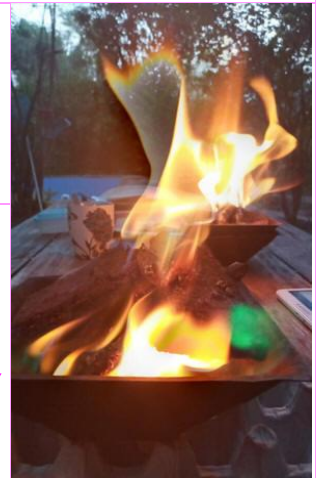


**HOMA HEALING FIRES AROUND the WORLD - CHILE**



**FLORIDA,  
USA**

**SAN  
LORENZO,  
PARAGUAY**



**HOMA HEALING FIRES AROUND the WORLD - VENEZUELA**



**HOMA HEALING FIRES AROUND the WORLD  
in TIMES of GREAT OPPORTUNITIES - SPAIN**



**HOMA HEALING FIRES AROUND the WORLD  
in TIMES of GREAT OPPORTUNITIES -  
AUSTRIA**

**BRASIL**



**HOMA HEALING FIRES AROUND the WORLD  
in TIMES of GREAT OPPORTUNITIES - GERMANY**



**Raaja Fischer (photo below right) wrote from Germany:**

I am sending you photos of one of our full moon Agnihotra sessions in **Tosterglope, in northern Germany**. We gather mainly for the Full Moon Tryambakam Homa and for Agnihotra. We were 10 people the last time.

**The people in the photos are:** Andrea, her husband Matthias, Karin and Gabriela.

**The photo below** is from our last full moon Agnihotra at **Café Himmelhoch in**



**Harmstorf near Hamburg in the state of Niedersachsen.** Much love to all of you, Raaja

**HOMA HEALING FIRES in TIMES of GREAT OPPORTUNITIES - MAHARASHTRA, TELANGANA & ANDHRA PRADESH, INDIA**



**Photos left: Mr. Mahesh Ishrani, Mr. Bhajanial Chawla and Mr. Chaitanya Danta in the Homa Centre Jaripatka in Nagpur, MH**  
**Photos below sent by Mr. Gedala Bhaskar:**

- 1) Mr. Tarun with his parents doing Homa in Hyderabad, Telangana**
- 2) Mr. Sukhakar practicing Tryambakam with his granddaughter in Visakhapatnam, A.P.**







## MARÍA MAGDALENAS' MiniYoga for Children

### ECOLOGY

Hello everybody, Happy September! A very warm greeting to all of you, hoping that everything is ok, in peace and harmony.

In this opportunity, we are going to separate in two parts the last concept of the Fivefold Path, to make it easier to present it to children. We will talk about “Ecology”. We will begin to review some ideas on how we can cooperate from our homes, through little contributions that add together, we can all make a difference.

We encourage each one of you to contribute from your homes and together we can make the change, so necessary for our beloved Planet Earth.

With great enthusiasm and commitment, [MiniYogaChile](#)

### ECOLOGY

Show the children the Ecology poster and ask them what they see in each one of the frames.



1. If we're not going to watch TV, let's turn it off. We have to save electric energy, not only because the bill is expensive, but also because the energy that is lost cannot be recuperated. Ask the children to give examples for saving electricity in their homes and school. (Make a list of commitments and follow them through).



2. Let's save water! Don't waste it. Water is a very important natural resource. What would happen if we run out of water?... Everything would die, there's no life without water.

Less than 1% of all the water in the planet can be used as safe drinking water.



## MARIA MAGDALENAS' MiniYoga for Children

### ECOLOGY - continued

How can we take care of it?

Examples of saving water: Short showers, don't leave the water running while you brush your teeth, water the garden with the right amount of water and when it is not too sunny, make sure all faucets are correctly turned off and working properly. Ask for more examples and follow them at home and school.

3. Aerosol sprays. They damage the ozone layer. The ozone layer is a gas layer that covers and protects the Earth from UV light which are very harmful for people, plants and animals. To help prevent this, first of all, we have to avoid, at all cost, spray-on products; all of them can be replaced. And secondly, avoid direct sunlight exposure between 11 AM and 4 PM. Always wear hats or caps and good sunglasses.

4. Plastic bags or plastic in general. Plastic is not biodegradable, that means, it doesn't turn back into earth; it will remain for 500 years right where we left it, it does not dissolve. We have to avoid the use of plastic and reuse the one we already have.

For example: take your own bag when you go shopping, reuse plastic containers to store things, use them as flowerpots, make eco-bricks. Ask for more examples.

5. Insecticides or pesticides. The problem with these products, besides from being dangerous to children, is that they are poisonous, they pollute the soil where they are applied. Every certain time, the manufacturers have to invent a new and stronger kind, because bugs get used to them. Furthermore, we break the ecological balance by killing certain kinds of bugs and allowing others to thrive. Let's try to avoid the use of chemicals and search for natural alternatives, there are many!

6. We have to put the garbage where it belongs. If we all dispose of it on the street, there would come a time where all would be full of garbage and everywhere. Besides from being very ugly and smelly, it is dangerous for our health because of the filth and microbes. If I eat a chocolate bar on the street and I can't find a trash can nearby, what can I do with the wrapping paper? I put it in my pocket until I find one or I arrive at home. One thing is to "not contaminate" and the other is to "de-contaminate" (clean-up what is dirty).

**Listen to the Ecology song in the following link:**

[https://www.youtube.com/watch?v=l\\_A3FMf3\\_Qw](https://www.youtube.com/watch?v=l_A3FMf3_Qw)

**HOMEWORK:** Think about your behavior in relation to what we have learned today. Write a list of what you can improve and work on to help that the world becomes more eco-friendly. The more people you get involved in this quest, the more fun and better results you'll have. **Well then, see you soon!**



A contribution of:  
@miniyogachile  
Directorate of Libraries, Archives and Museums  
Intellectual Rights Department  
Registration Number: A-304257  
Santiago, May 31, 2019

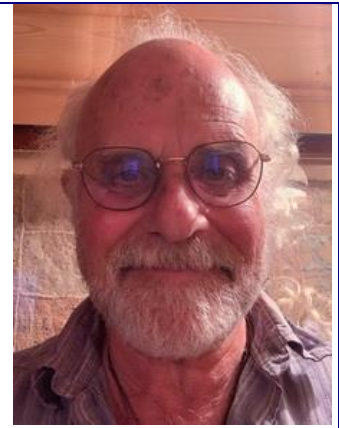
Based on 'Yoga & Meditation for Children' by Fran Rosen and Bonnie Maltby

## **HOMA PSYCHOTHERAPY: Training the Mind to react with Love and make proper Decisions**

**By Barry Rathner, Clinical Psychologist**

HOMA PSYCHOTHERAPY: Steps 4 & 5, as promised

Were we to take a deep breath and assess where we as a planet are today, some prominent points stick out:



1. Taking a deep breath is easier said than done by millions of us. Covid-19 prevents many from taking deep breaths and, most sadly, more than 800,000 will never breath again.

2. There are two major forces in play:

A) the virus itself

B) human behaviour (misbehaviour) leading directly to the inability for many places to contain the disease, and, in fact, accelerating its spread.

With HOMA PSYCHOTHERAPY, besides the protective qualities of Agnihotra and the benefits of steps 2 & 3 of the Fivefold Path —Daan and Tapa (as discussed in an earlier article)— on the immune system as well as increasing the ability to engage in palliative and preventive actions, steps 4 & 5—Karma and Swadhyaya clinch the deal.

How and why?

It would appear that many of our brothers and sisters do not believe in or trust the Law of Karma. If they did, they would not continue to 'roll the dice,'— that is engaging in risky behaviours whether the odds are in their favour or not.

Attending Gambling Anonymous meetings is one option. I shall discuss another below.

Engaging in fantasies and extreme examples of wishful thinking expecting magic cures to appear on their doorsteps are further examples of diluting the importance and relevance of Law of Karma. Some individuals may do this, but several heads of government do it for political expediency.

Once the inviolability of Karma is understood, wearing masks and gloves, decreasing hugging and kissing, social distancing and basically 'getting with the programme' become more likely.

Realising the difference between freedom and the freedom to harm others is another useful tool.

Grace is attracted by intense good Karma. We might think of it as a slight bending of Law of Karma IN OUR FAVOR. And if ever humanity needed Grace, a strong case can be made that now is the time.

**(Continued on next page)**

## HOMA PSYCHOTHERAPY: Training the Mind to react with Love and make proper Decisions

By Barry Rathner, Clinical Psychologist



But Grace must be earned. It is not a free pass; it is not a discount coupon. It is an element of doing the right things.

Swadhyaya, the fifth and last step of the Fivefold Path of Vedic Satya Dharma, is a 24-hour, non-stop endeavour. Like living in consonance with Law of Karma, it requires EFFORT as well as clear thinking, willing, and feeling. How else can we discern WHO AM I, really? WHY AM I HERE, WHAT IS MY SPECIFIC ALLOTTED TASK in this lifetime?

Once such questions are answered, then, and only then, it might be said, can we proceed to act in the most efficient and purposeful fashions.

Swadhyaya is exponentially helped by perspective, humility, honesty, openness and willingness.

But it is a solitary job mostly. Surely, we can interact with others of like mind and 'self-develop' together.

But when 'push comes to shove,' where the 'rubber meets the road' it is SELF development.

Just as we do Agnihotra for ourselves and for the environment, we engage in Swadhyaya for ourselves and our planet.

The better and more enlightened I become, the more Light manifests on our needy planet.



Agnihotra at sunset and sunrise renews our faith in beauty and nature.



No longer is nature enough to reduce stress and mind tension. The tools of Homa Psychotherapy allow us to become our own therapists.



Glimpses of Light through the clouds and darkness are our lights at the end of our many tunnels.

For more information: [www.homapsychotherapy.com](http://www.homapsychotherapy.com) & [www.drbarryrathner.com](http://www.drbarryrathner.com)

## MEDITATION with HEALING MANDALAS

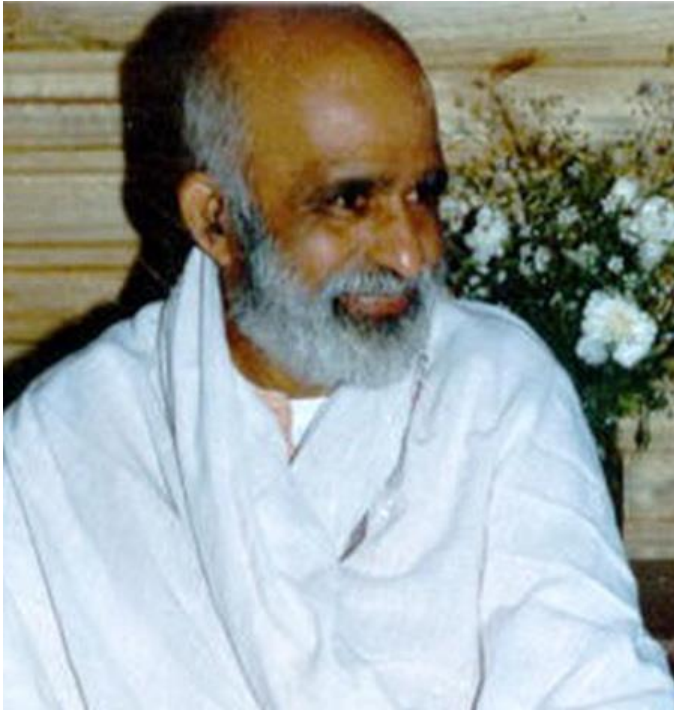


**WITH AGNIHOTRA,  
LIKE THE LOTUS,  
WE TOO HAVE THE ABILITY  
TO RISE FROM THE MUD,  
BLOOM OUT OF THE DARKNESS  
AND RADIATE INTO THE WORLD.**

**OM SHREE**

(This Mandala is being shared by Manuela Szcypior-Sindler, Austria .)

## MESSAGES FROM MASTER SHREE VASANT



Be honest with yourselves and look at big, important issues in your lives that heretofore have not been properly addressed. Then greater transformation evolves.

It is important now for your son to learn Fivefold Path principles and these concepts in daily life. Not that you have to sit down with him and teach him but that your life reflects these teachings. He should learn to share with others, and he can sit for meditation timings when he wants. Never force him to sit, but if he chooses to sit, then he should be quiet. You can do Yoga with him in the mornings.

Take care not to shout at your child. When you want to discipline him, do it in a quiet voice. He will see that you are firm but he will not have sharp reaction to a quiet manner of speaking. If you yell at him, he will yell back at you.

Your everyday can be filled with joy. Where is the necessity for inflicting pain on yourself? Anger is inflicting pain. It is unjust to yourself as well as to others. Some days may be better than others, but that anger need never be there.

**August 29, 2020 Shree Vasant**  
(received via Parvati during a Healing)

Entire planet is in an uproar, a state of fragility and chaos everywhere. These are the times We have prepared all of you for. These unthought of, unimaginable circumstances are now upon this Earth.

Let Us begin by saying one thing: Do not lose hope. Do not become riddled with the fear that is in the air. That fear is designed to bring everyone down. However, those of you who know what is happening can fortify yourselves with all the tools We have given over these many years to you.

Agnihotra in every home should be the vision. Of course, you are not going to go door to door handing out pyramids. This We know. But it is important to lead your lives with the fire.

The peace that emanates from the fire will provide the healing of the soul.

## FROM INTUITIVE GUIDANCE

(received through Parvati Bizberg, Poland)



### August 12, 2020 On Holding near to the Light

Yes, yes. Though the prognosis for this beloved planet Earth appears to be negatively aspected and doomed, if you will, to tragic consequence—this effort will be derailed. We say ‘effort’ as it seems to be a concerted effort of powers that are in control, to control not only the population but the basic land mass itself. This will be stopped. Light will prevail. Those who would seek to control the population with fear, inciting riots and creating mischief that is life-threatening at the least, will be stripped of the false powers they have manifested—in time, in time.

Focus on the Light. Create these arks of fire with absolute intent to heal, to transform these sensitive energies into powerful deterrents which will repel darkness. We see Light will prevail upon the Earth.

This does not indicate we are not aware of the darkness—even in Nature herself there is darkness. In order that Light may manifest, darkness is necessary.

This is a deep cleansing of this planet now. We have told—volcanoes, earthquakes, tornadoes, hurricanes, diseases with no cures, violence in the cities of the world. Yes, this is escalating now.

Hold near to the Light. Maintain practices for healing the atmosphere, body, mind and spirit. Be inclusive.

Seek to expand your consciousness, deepen your inner awareness, your inner awareness. Return to Nature to nurture and to heal, as She will heal you.

Do unto others as you wish them to do unto you.

And beloved Planet Earth Light Keepers, now is the time! As the old saying goes, “Let your Light shine.” If ever in life there was a time for Light, it is now.

Live in harmony. One direction. One force of Love in the Universe.

And, above all, stay sober! Do not squander your grace-given gifts on a mind-altering reality which will weaken not only your resolve, but the very fiber of your beings.

Walk in Light.  
We are with you.

We are,  
ORION.

### April 2, 2020 On Our World

(This is a recovered message from April, which is quite applicable today.)

When there is a forest fire, we do not sit and discuss the source of the fire—whether man-made, whether a deliberate action or one stemming from climate change. It is now time to face the tragedy befallen the entire world now, standing together in UNITY to overcome the frightful virus that is spreading across the globe.

Developing systems, improving treatments, increasing protection for those in greatest danger of exposure—these are the demands of the time.

Yet it is on the soul level where greatest change is being called for. And it is on this soul level, individually and globally, that true recovery can take place. And it is not a recovery of the old, but a recovery of the future waiting in the wings. This is it.

More information: [www.oriontransmissions.com](http://www.oriontransmissions.com)

**Thanks for Sharing the "Good News" with this Homa Health Newsletter!**



## CENTRE OF LIGHT POLAND -ACTUALIZATION

*Dear friends,  
In these most trying times facing the world today, we have experienced a great increase in visitors, volunteers and people seeking safe haven. Interest in Agnihotra and Homa Therapy has grown exponentially! It appears that many more people are beginning to realize that the world is much more precarious than they could ever imagine.*

*People are searching for solutions to protect and improve their health, become more self-sustainable, and live a more heart-centered, positive life. There is so much fear in the cities, yet all who come to this high vibration Homa haven leave inspired, deeply touched by their experiences. All this further highlight the importance of completing Centre of Light as quickly as possible to meet the need of the hour.*



*It gives us great joy to share with you what has been achieved so far this summer. We have managed to complete the installation of all remaining windows and outside doors, built a beautiful wooden deck facing the majestic Tatra Mountains, and finished the interior walls. Plumbing and electrical installations have begun.*

*The ceilings, floor heating and base floors will be ready by mid-October, so that clay plastering can begin. This will be a more creative phase which all the resident artists are looking forward to!*

*We all feel honoured and blessed to be a part of this special endeavor.*

*We are deeply grateful for your generous donations and also for private loans which have enabled us to reach this point. Not only have those funds helped us to continue building, but it shows your faith in this wonderful project and in us. You inspire us!*

*We do have a projected opening date, the end of 2021, so any further financial assistance will help to bring this vision into completion. This Centre of Light project has been a tremendous group effort to manifest and we thank each and every one of you for your continued support!*

*With love and gratitude, All of us at Ecovillage Bhruqu Aranya,  
Homa Therapy Foundation, Poland*

To Donate: <https://agnihotra.pl/en/news-events/campaign/>

FOR THOSE IN THE U.S. WHO WOULD LIKE TO MAKE TAX-DEDUCTIBLE CONTRIBUTION:

Donations from the U.S. (or from U.S. bank accounts) may be made by check, money order, or online by PayPal, using a credit card or PayPal card.

Donations are tax-deductible as allowed by U.S. law. Please donate through our affiliate NGO in the U.S., Fivefold Path Inc. and choose Centre of Light, Poland project.

Checks and money orders should be made payable to Fivefold Path, Inc.

\*Please note "For COL POLAND" on your check or money order. Mail to:

Fivefold Path, Inc. - 278 N. White Oak Drive  
Madison, VA 22727 U.S.A.