



EDITOR'S NOTE

HOMA HEALINGS

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& PARENTS
& EDUCATORS**

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MEDITATION**

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**EN MEMORIAM
BRUCE JOHNSON**

**MESSAGES FROM
SHREE VASANT**

**FROM INTUITIVE
GUIDANCE**

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**VEDAS, YAJNYA, YOGA,
DHYANA & DHARMA**

Let us remember that the **Vedas** represent the most ancient heritage of wisdom of humanity. This original knowledge was delivered to man directly from the creative source (God) through Revelation without intermediaries.

God gave this Vedic knowledge first hand to the wise sages (**Rishis**), so that we could live in harmony with ourselves and the environment (nature and other beings).

The Vedas have been collected in 4 books:

Rigveda, Ayurveda, Samaveda and Atharvaveda.

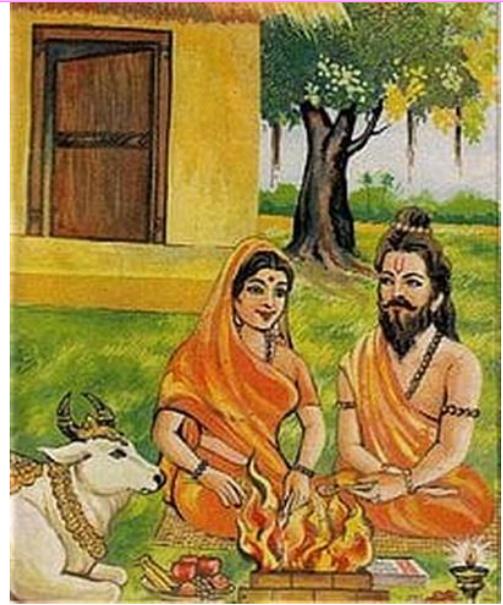
How is this Vedic knowledge of Divine origin related to Yajnya?

First, let's remember that the word Yajnya usually refers to Vedic Ceremonial Fires that are performed to achieve certain beneficial goals for practitioners, nature, and beings on different planes or dimensions.

Second, the first word that appears in the Rigveda (the oldest Veda) is "**agni**", which is also equivalent to "fire".

Third, among all the advices or indications that are given in the Vedas, the Yajnyas stand out.

According to Yogic Wisdom, the primary energy enters the body through the top of the head and descends along the spinal cord, activating the different organs and then it rests in the sacral region (Muladhara). This energy is called Kundalini or "**Serpentine Fire**".



The Vedas, Knowledge revealed to the Rishis...

Furthermore, in some languages the words energy, electricity, light, life, consciousness, love, truth, and fire are related.

Spiritual Scientists also tell us that through the practice of **Dharma**, a transmutation process is generated (alchemy, purification, sublimation, vibratory change, etc.). So, the primary energy or soul can become **aware** of its origin or Immortal Divine Reality and return to the Source.

"My Father and I are one."
(Bible, John 10:30)

As the fire (agni) purifies our cells and organs, **Chakras** (energy vortices) in the body are also gradually activated until we are consciously filled with light.

But what is Dharma?

It is duty prescribed in the Vedas.
The Vedas are the Referential Knowledge of God, the Soul and the Evolution of Consciousness.

Let us remember that the essence of the prescribed duties called Dharma, is synthesized in **the Fivefold Path**, that is, **in Yajnya, Daana, Tapa, Karma and Swadhyaya.**

EDITOR's NOTE cont.

Agnihotra is the basic Yajnya within Homa Therapy.

The Agnihotra Practice itself contains the other four aspects of the Fivefold Path.

Thus, Agnihotra is Daana, a donation or gift to all beings on many planes.

Agnihotra is Tapa, a self-discipline.

Agnihotra is Karma, a selfless act.

Agnihotra is Swadhyaya, conducive to self-study and meditation.

According to the Sages, while we are in a physical body, it is imperative to be active (thinking, speaking, feeling and/or acting).

If we can do all these acts in the direction of Unconditional Love, we will

experience Indescribable Joy and Peace. And Agnihotra is the simplest act within the reach of any person, regardless of belief, religion, educational level and economic or social status.

**Yes, yes, yes,
"Yajnya is the Best of Acts"**
as expressed in the
Shatapatha Brahmana.

**How Lucky We Are to Have This
Agnihotra Tool in Our Hands!**

**OM AGNIHOTRA OM
OM FIVEFOLD PATH OM
OM SHREE OM**

HOMA HEALING STORIES

Isabel Maza Palacios - Piura, Peru, South America

I heard about Homa Therapy for the first time through my psychologist, **Dr. Marisol at the CERPS** (Center for Professional and Social Rehabilitation).

More amazing than the physical pain in my spine, which went away with just one Homa Therapy, is that Agnihotra is healing me spiritually. Now, I want to praise God and I want to pray!

A long time ago I had walked away from God. It has been extraordinary for I feel from the inside like singing, listening to Christian music, commune with God, read the Bible...

But the most beautiful, the most beautiful thing that has happened to me was with my mother. With my mother, I have had many things that I misunderstood. When we are young, many times we think that what our parents say is wrong. Unfortunately, when they are no longer with us, we understand that it was for our good. My mom passed away two months ago which caused me great pain. I was with her at this moment and I told her to let go of everything and that she will always be in my heart and that I loved her. She had been and has done the best she could under the circumstances and possibilities we lived. But there was some pain left, I miss my mom and sometimes I feel like crying.

But yesterday, I had a very nice dream with her. I dreamed of a party-like situation and my mother welcomed me very happily. She hugged me and said "I love you so much my daughter" and I hugged her and then I began to cry inconsolably. And that's how I woke up: crying, but with joy.

Also, sometimes with my husband, even for not putting the spoon in its' place, I would fight with him. Prof. Abel said at CERPS that with Homa Therapy we will fight less with our husband or wife. And it's true! Now **I no longer fight with him.** I even tell him not to worry about washing the dishes, that I will take care. And now with the heavy rains, we have many mosquitoes and yesterday I got up 3 times during the early morning hours to kill the bothering mosquitoes. And I have not done that, even when we were young and in love. I have also seen my husband more willing and open. Today, he even took me to church. Imagine these changes! **We live alone and we should truly support and love each other... now we are taking this path.**

I feel that the Homa Fires are something great physically and spiritually. Today, with or without rain, I did not want to miss this Agnihotra encounter. I thank God for having used you as instruments to bring us this Homa Therapy, which transforms our lives.

Sometimes, we can have everything materially, but there is something inside we lack. Looking for this, on the path we have found the healing fires. Now I feel physically and spiritually very well, very happy, very calm.



HOMA HEALING STORIES

Marisol Ato Flores - Piura, Peru, South America



I came to Homa Therapy through Dr. Marisol, after I first had a psychological consultation with her for my anxiety issues. The doctor invited me to Homa Therapy and I began to attend the free sessions at CERPS and in other meetings in Piura where Agnihotra is being shared. Since then, I began to feel much better.

I had been afraid to even leave my house. Walking through the door created so much **anxiety and fear**. In the beginning, when I went to the Homa Therapy sessions I felt this fear, this fear of leaving the house. But **I did what Dr. Marisol advised me: I told myself that "I am fine, God is with me, nothing is going to happen to me and I am going to Homa Therapy and I am going to be healed."**

So, I started to feel a lot better. Now I go out alone. I sleep well, because I couldn't sleep either. I was so afraid to sleep alone. I was also very afraid of being alone in my house. Internally I was so afraid, so terrorized, it seemed that something bad was going to happen to me. **But since I started with the healing Homa fires, I could, step by step, leave this fear behind.**

Yesenia Rojas Rubio
Pitalito, Huila,
Colombia, South America



Healing Progress with Agnihotra Ointment

(powdered Agnihotra ash mixed with ghee)

Photo # 1 was after being able to stop the blood, the cut was very deep...

I continued with the ointment...

The skin attached itself and the wound has been healing from within.

Each photo shows one day later.



María Elena - Bucaramanga, Colombia, South America



Yesterday I practiced Agnihotra for the first time after a long time. And today I woke up as if I was me again. For two months, I had not been able to attend anyone, because I did not know how much one plus one was.

And yesterday, with the practice of Agnihotra, **my mind cleared up and I have extraordinary clarity.**

Of course, during the time in which I had practiced Homa Therapy regularly, I had always received miracles and more miracles, every day. Divine things came to me. I got right into the fire and beautiful things happened. But then I stopped doing it...

Yesterday it was a rebirth with Agnihotra. And I am going to dedicate myself again to doing Homa Therapy regularly, because today I woke up happy, content, with mental lucidity, optimism, and strength to face all situations again. I feel like I can move mountains. Infinite gratitude. I value and appreciate the presence of the Agnihotris **Judith, Diana & Endir** in Bucaramanga, for once again having given us a boost with the Homa healing fires.

HOMA FARMING
- THE SOLUTION FOR THE FUTURE OF OUR PLANET!



Ministry of the Presidency - INADE
Alto Huallaga Special Project

LEONCIO PRADO ZONE HEADQUARTER - PADRE ABAD
CERTIFIES:

THAT FOR THE LAST 7 MONTHS, WITHIN THE AREA OF ALTO HUALLAGA, THE TECHNIQUE OF ORGANIC AND ECOLOGICAL AGRICULTURE, CALLED HOMA THERAPY, HAS BEEN APPLIED TO THE REJUVENATION OF CROPS IN THE REGION, ACHIEVING A SUBSTANTIAL REDUCTION OF THE PRESENCE OF DIFFERENT PATHOGENS, WITH THE CONSEQUENTIAL ERADICATION OF PESTS AND DISEASES, INCREASING THE YIELD OF THE CROP, WITH HEALTHY FRUITS, OF BETTER COLOR, FLAVOR, WEIGHT, TEXTURE, ETC. HAVING ATTEMPTED TO GET OUT OF THIS PHYTOSANITARY EMERGENCY SITUATION SINCE MANY YEARS WITH METHODS SUCH AS: CULTURAL CONTROL, CHEMICAL CONTROL, BIOLOGICAL CONTROL, LEGAL CONTROL, ETC., WITHOUT ACHIEVING ANY RESULT.

IN THE AREA OF ALTO HUALLAGA WE HAVE 30 HOMA MODULES INSTALLED AND OTHERS BEING INSTALLED IN AGRICULTURAL AREAS WHERE HOMA THERAPY IS BEING APPLIED, EACH ONE WITH 40 HAS, MAKING A TOTAL OF AROUND 1,200 HAS, ALL UNDER THE INTEGRAL SYSTEM OF PERMANENT CROPS SUCH AS BANANAS, PLANTAIN, PAPAYA, COCOA, CITRUS FRUITS, AVOCADO, COFFEE, TEA, CARAMBOLA, MANGO, ETC., COMBINED WITH ANNUAL PLANTS AND SHORT VEGETATIVE CYCLE PLANTS SUCH AS: RICE, CORN, SOY, PEANUTS, SESAME, ETC., COMPLEMENTED WITH BEEKEEPING ACTIVITY AND CATTLE BREEDING.

WE GIVE EXTENSIVE GRATITUD TO DR. GLORIA GUZMÁN MÉNDEZ IN HER CAPACITY AS A SPECIALIST AND RESPONSIBLE IN HOMA AGRICULTURAL THERAPY WITHIN OUR AREA OF INFLUENCE AND WE HAVE CONSIDERED GIVING FULL SUPPORT TO THE FARMERS WHO HAVE BEEN APPLYING HOMA THERAPY, FOR CONTRIBUTING WITH THEIR WORK IN FAVOR OF AGRI CULTURE, TO THE CONSERVATION OF SOILS, FORESTS AND PRESERVATION OF THE ENVIRONMENT WITHIN THE AREA OF ALTO HUALLAGA.

TINGO MARÍA, JUNE 1, 1999

MINISTRY OF THE PRESIDENCY - INADE

Signed by
Eng. José A. Muñoz Cárdenas
Alto Huallaga Special Project

ECO NEWS

Encountering God in "Sound of Freedom"

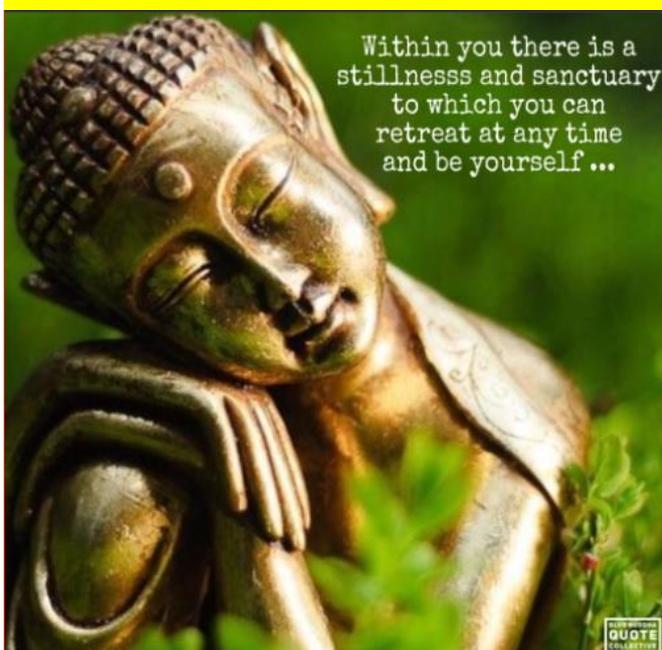
Jim Caviezel and Tim Ballard sit down with Matt and Laurie Crouch on TBN's Praise to speak about their latest movie, "Sound of Freedom", and encourage others to support its powerful message.

Sound of Freedom, based on the incredible true story, shines a light on even the darkest of places. The film makes us aware of the cruel reality of child trafficking, which is a GLOBAL issue.

To see the interview: <https://www.youtube.com/watch?v=bvmiziZNDdw>



Produced by Eduardo Verástegui and directed by Alejandro Gómez Monteverde with actor Jim Caviezel - from the life of Tim Ballard



Thich Nhat Hahn

LOVING SPEECH & DEEP LISTENING

If our way of speaking causes unnecessary suffering, it is not correct speech.

**Before speaking,
learn this ancient Buddha Dharma**

<https://www.youtube.com/watch?v=hDJBKEOe7Pg>



WATER IS LIFE

Those who "govern" do not have the money to supply water to people in arid areas, but they do have money to search for water on Mars.

The question is:
Is there intelligent life on Earth?



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA

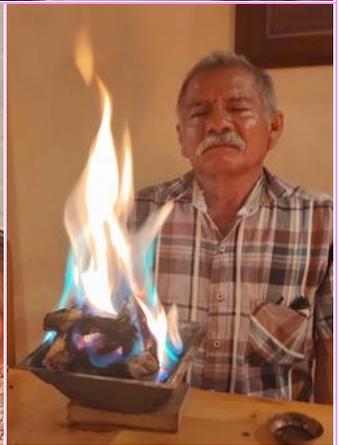


"The seeds of truth have been planted. You reap what you sow. If you are part of sowing seeds of love, that is what you will reap."

-Master Shree Vasant-



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



***"We must now fulfill our destiny.
If one goes into more strict lifestyle, there will be experience of pure joy.***



***Divine will, destiny
and free will all
now come together.
Let us take this
opportunity now
given by good
Karma.
Let us fulfill the
allotted task in all
humility."***

***-Master Shree
Vasant-***



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



***"More periods of silence and meditation would help; otherwise, the mind goes analyzing all the time. People talk all the time and lose so much energy."
-Master Shree Vasant-***



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



"Forgive those who have harassed you or spoken ill of you. Forgive those who speak to you with harsh words without kindness. Forgive those who know not what they do.

Be quick to forgive the faults in others. Practice this and eventually you will not even see the faults in others."

-Master Shree Vasant-



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



In Piura, on the physical plane, we have lost beloved **Dr. Marisol del Mar La Rosa**. Her soul has been called Home, her True Home.



Her husband, Rafael Gil, received a Message from SHREE Vasant via Parvati:

"Beloved Marisol is in the loving Hands of Almighty. She is bathed in Light. Remember her surrounded by angels of Light.

Our dear Rafael continue your brave recovery. We Are with you. WE know what struggle it is.

Her soul is with you. She is able to watch over you in Light.

We send all our love to you and comfort to Marisol's family.

OM TAT SAT"



Dr. Marisol was the Director of Complementary Medicine at EsSalud in the Dept. Piura. She opened the doors for Homa Therapy in this state institution and helped countless patients with this ancient Vedic healing technique, which she herself practiced daily together with her husband. **She revolutionized the "conventional" path of clinical psychology to help her patients. Hundreds of people are missing her. She left smiles, well-being, healing, love and light in her path on earth... OM SHREE OM**

TIMES for the HOMA FIRES - JAEN, CAJAMARCA, PERU



Invited by **Agronomist Luis Tafur, Prof. Abel Hernández & Aleta** presented Homa Therapy to a group of administrators and professionals from the municipality of Bellavista, a town near Jaén. This audiovisual presentation showed the benefits of the Homa Medicinal Fires in the fields of health,

agriculture and livestock breeding (see photos above).

Photos below of private meetings in Jaen.



TIMES for the HOMA FIRES - LIMA, CARABAYLLO, PERU



At the EsSalud Paul Nogier Clinic 'Paul Nogier' in Carabayllo, North Lima, patients are invited weekly to participate in the free-of-charge Agnihotra sessions with the Medicinal Fires originating from ancestral Vedic knowledge.

Therapist Monk Chen, clinical psychologist Jorge Torres and Dr. Jesús Borjas are in charge. There are always beautiful testimonies of physical and mental well-being, immediate disappearance or remarkable relief of pains, anxiety, etc. giving way to feeling peace, tranquility, joy, hope, ...

Divine Grace is working through this technique called Agnihotra!



"What one does with one's mind is as important as what one does with one's body. Mind leads and the body follows in such matters. So one has to gain control over the thoughts. Then ultimately these impressions of attachment come and go with no fertile ground in which to take hold.

Gain control over the mind."

-Master Shree Vasant-



Photos of this page of the EsSalud clinic in Carabayllo. Photos above left with Therapist Álvaro Vásquez and right: Monk Chen.

TIMES for the HOMA FIRES - ESMERALDAS, CHAFLU, VINCES, GUAYAQUIL, SAMBORONDN, ECUADOR, SOUTH AMERICA



***"Refrain from giving advice unless it is specifically requested, and then give it as your personal opinion."
-Master Shree Vasant-***



TIMES for the HOMA FIRES - ESMERALDAS, CHAFLU, QUITO, GUAYAQUIL, SAMBORONDN, ECUADOR, SOUTH AMERICA



"The shape of the Agnihotra pyramid should not be interfered with. Now we have to be more subtle with YAJNYA. Time is crucial. Times are desperate. In order to get the optimum effect from Agnihotra, the shape of the pyramid should be intact."

-Master Shree Vasant-



TIMES for the HOMA FIRES - ESMERALDAS, CHAFLU, GUAYAQUIL, SAMBORONDN, ECUADOR, SOUTH AMERICA



TIMES for the HOMA FIRES - ARMENIA, COLOMBIA, S. AMERICA



TIMES for the HOMA FIRES - ARMENIA, PITALITO, CHOACHI, COLOMBIA, SOUTH AMERICA



TIMES for the HOMA FIRES - BUCARAMANGA, CALI, BOGOTÁ, VILLAVICENCIO, COLOMBIA, SOUTH AMERICA



TIMES for the HOMA FIRES - BUCARAMANGA, TAMESIS, COLOMBIA, SOUTH AMERICA



"An exchange of energy transcends to the heart during Agnihotra."

-Master Shree Vasant-



TIMES for the HOMA FIRES - MEXICO y PANAMÁ, AMERICA



TIMES for the HOMA FIRES - BHARGAVA DHAM, VALLE DEL ELQUI, y SATSANG, CURACAVI, CONCÓN, CHILE, S. AMERICA



TIMES for the HOMA FIRES - VITACURA, SANTIAGO DE CHILE



Photos: In July, the Quintuple Sendero Foundation Chile held the beautiful Homa - Agnihotra Therapy Workshop at the Agni Prem Center, in Vitacura, Santiago de Chile.

During the workshop, free and open to the community, the basics of this ancient Vedic science were taught, and sunset Agnihotra was shared with the new practitioners.



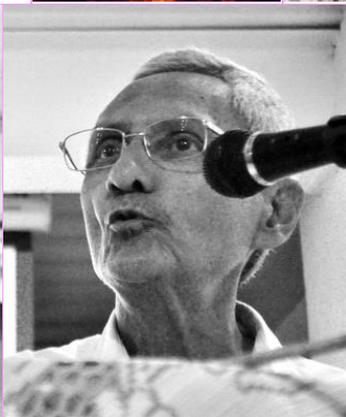
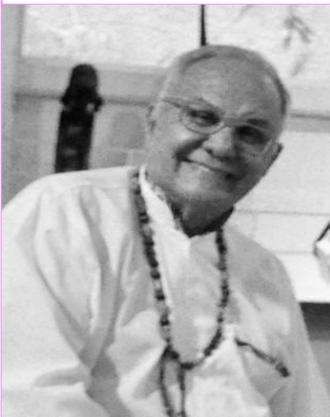
TIMES for the HOMA FIRES - CARACAS, VENEZUELA, SOUTH AMERICA



Gustavo and Ingrid León (photo left) reported from Caracas, Venezuela about the event:

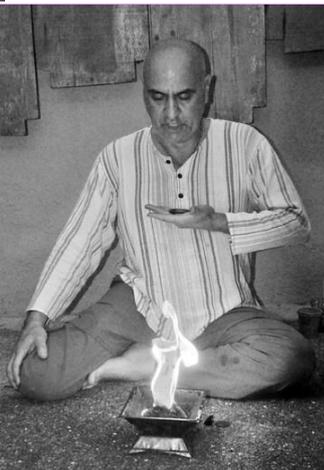
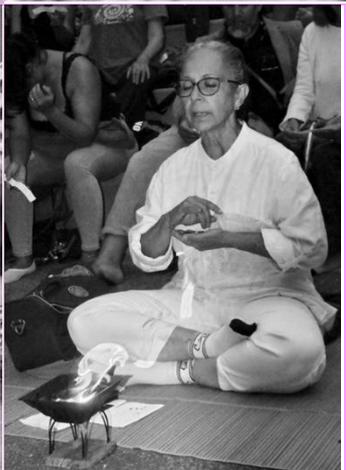
'Forests of Hope: Art and ecology for a New Dawn'

"We successfully concluded the event 'Forests of Hope: Art and Ecology for a New Dawn', with the pleasant sensation of having sown and reaped a good harvest. Two days of conferences, a poetic get-together, performances, and live ritual actions that filled us all with optimism, good energy, hope and the high vibrations of the healing Homa Fires, knowing that if we want, we can trust in a better future."



"Thanks to the Museum of Afro-American Art, to the speakers Frank Bracho, Carmen Hernández, Alexis León and Doris Pieri; to La India Gámez for her stupendous performance and to all the collaborators of Cinco Umbrales (Five Portals) for their loving dedication and good vibes. We will continue with all our power!"

(see photos of this page and the next)



TIMES for the HOMA FIRES - CARACAS, VENEZUELA, S. AMÉRICA



**Photos above from the event: 'Forests of Hope: Art and ecology for a new dawn'.
Photos below: Homa meeting with Tania Barreto.**



TIMES for the HOMA FIRES - COSTA RICA, CENTRAL AMERICA



It is a joy to receive these graceful photos (above and below) from Mariam Cordero of Costa Rica, which show Homa Therapy activities in this beautiful country!



TIMES for the HOMA FIRES - FLORIDA, USA



TIMES for the HOMA FIRES - STYRIA, AUSTRIA, EUROPE



Photos on this and the next page show Homa activities organized and supported by Reiner Szcypior and his wife Manuela.

TIMES for the HOMA FIRES - AUSTRIA & SLOVENIA



"Time has come when we cannot wait for anyone. It is up to us to do what we are supposed to do and catch hold of the opportunities that are presented to us for our benefit. This is the easiest way to work out our past load of Karma. If we miss this opportunity there is no second chance."

-Master Shree Vasant-



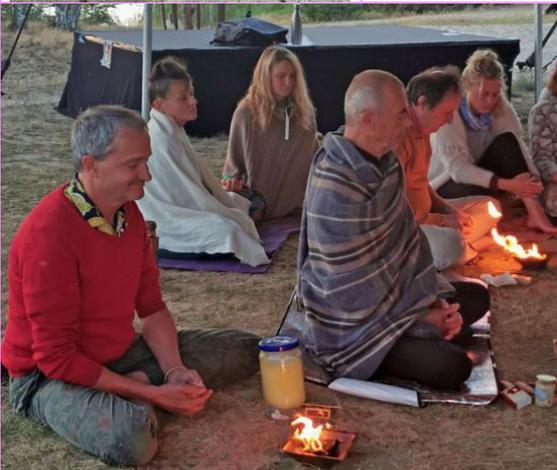
TIMES for the HOMA FIRES - SPAIN, ITALY & THÜRINGEN, GERMANY, EUROPE



TIMES for the HOMA FIRES - 3 DAYS OF YOGA FESTIVAL IN BERLIN, GERMANY, EUROPE



The devoted and dedicated Agnihotris **Eddy Aichbauer, Edgar Wagner, Thomas Habianitsch, Thomas Konecny and Klaus Wilhelm**, tall Austrians, were invited for the fourth year in a row to participate in the **largest Yoga Festival in Germany** and take charge of the **Homa Therapy** part. They have been practicing and teaching Agnihotra and Homa Therapy for more than 40 years!
Photo right: from left to right: Thomas H., Jens - a friend, Eddy, Thomas K. and Klaus. First photo below: Edgar selecting rice.



TIMES for the HOMA FIRES - 3 DAYS OF YOGA FESTIVAL IN BERLIN, GERMANY, EUROPE



Thomas Konecny gave a talk on Agnihotra and Homa Therapy.

The Austrian Agnihotra team prepared between 30 and 50 pyramids every day for the mass practice of Agnihotra at sunrise and sunset. They also practiced 4 hours of Tryambakam Homa every day to provide high frequency Homa healing energies to the Yoga Festival. Many people in this Festival came to know about this simple, effective and cheap technique for personal, family and planetary well-being!



**TIMES for the HOMA FIRES - 3 DAYS OF YOGA FESTIVAL
IN BERLIN, GERMANY, EUROPE**



Yoga
Meditation
Workshops
Ceremonies
Summer
Sun & Lake
Camping



23.06. - 02.07.2023 / SPREECAMP BAGENZ

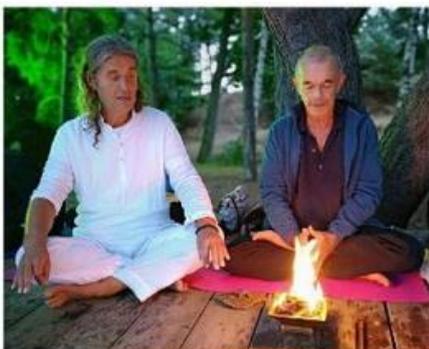


Music
Concerts
Dance
Sound-
Journey

Agnihotra
daily at
Sunrise & Sunset
Tryambakam Homa
Mantras & Lectures

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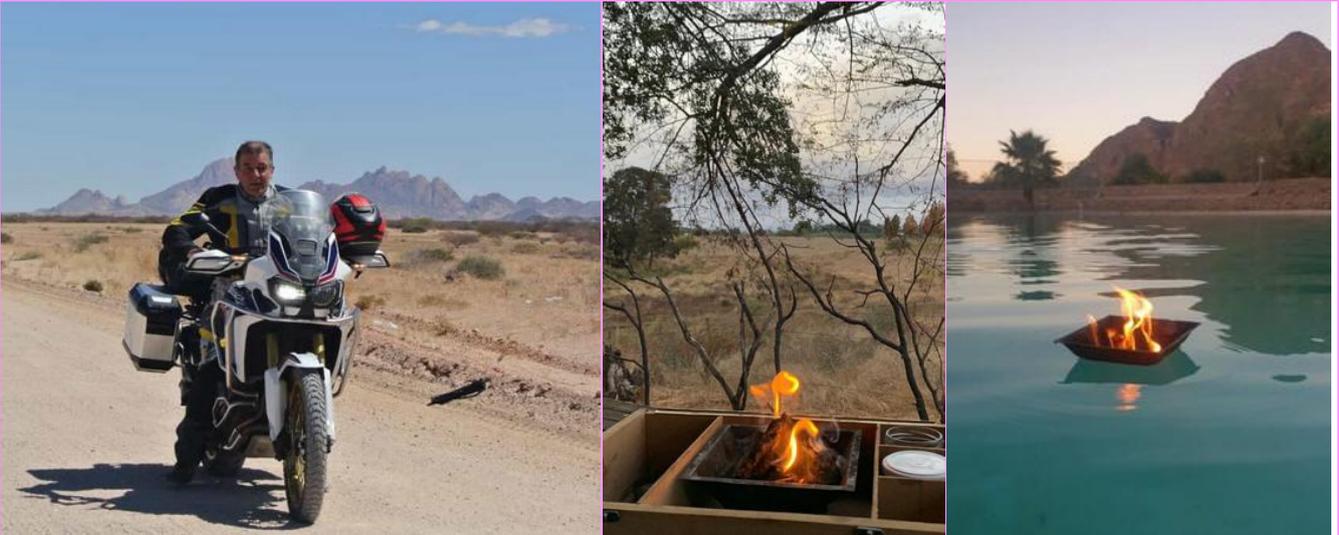
Yoga United Festival
23.06. - 02.07. 2023
Spreecamp Bagenz-Germany



**VISHWA -
AGNIHOTRA
AUSTRIA**

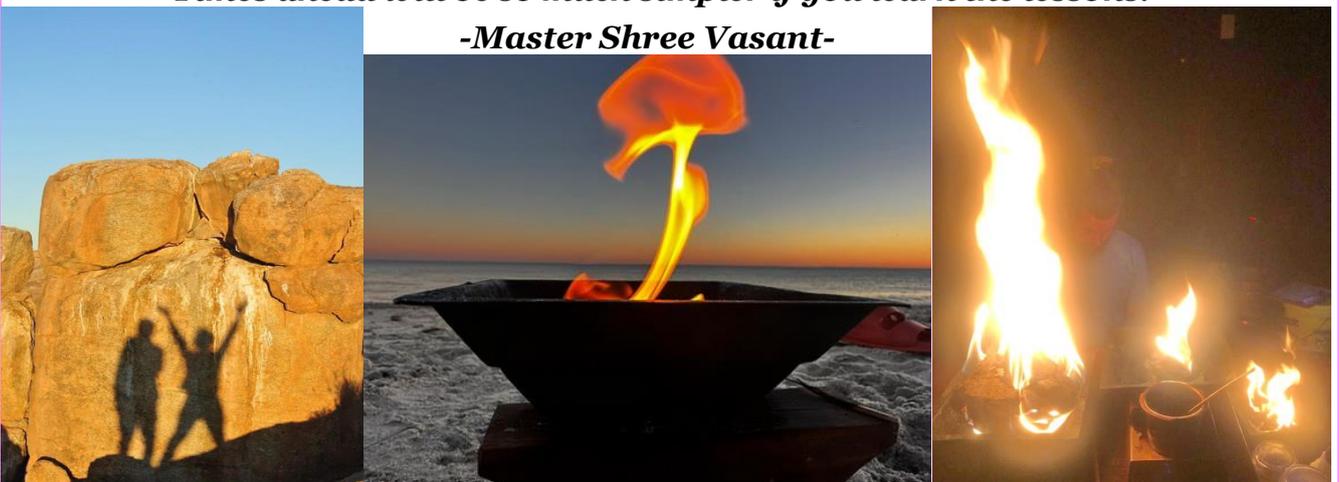


TIMES for the HOMA FIRES - Wolfgang Neuman from GERMANY on a TRIP through SOUTH AFRICA



"Whatsoever adversities come your way, welcome them. That does not mean not to solve the problems as they arise, but to face them and realize the lesson each one comes to bear for you, like a "transporter." They carry the lessons to be learned. Your whole life you are just waiting for the transporter to bring these lessons for you to learn and to rise higher –whole life. So, if this transporter seems to have run late, then you may be experiencing the delivery of several transports at one time. It is all right. That is also a lesson. If you can see it like that and get it, you will have much less trouble later on. Next "transport" will arrive and you will be ready for it. "Okay. Deliver it here. Thank you very much." Times ahead will be so much simpler if you learn the lessons."

-Master Shree Vasant-



TIMES for the HOMA FIRES - BELGAVI, KARNATAKA & ANAKAPALLI, ANDHRA PRADESH, INDIA



Photos above: Mr. Vinayak Lokur doing an Agnihotra programa in the Gangamma Chikumbimath orphanage of Swami Vivekananda in Pratishtha Seva Kendra, Belgavi, Karnataka.



Mr. Soham Ravi wrote:

"Har Har Mahadev
Namasté,
From **July 14 to October 11**, for **90 days**, we will practice **Tryambakam Homa** from sunrise to sunset (approx. 12 hours daily). You are cordially invited to visit **Soham Ashram at Batalapudi in Anakapalli village, Andhra Pradesh. OM SHREE"**



TIMES for the HOMA FIRES - BELGAVI, KARNATAKA, INDIA



"Concentrate fully on each activity as you perform your task. You will find your mind being pulled from one thought to the next. At the exact moment you find the mind drifting, immediately pull it back with Mantra and again focus on the task at hand. Thus your work becomes a type of meditation. This is one awareness technique."

-Master Shree Vasant-



**Photos of
Mr. Vinayak
Lokur:
Group
chanting
and evening
Agnihotra at
ACPR
Belagavi on
the occasion
of Gurudev
Dr. R. D.
Ranade's
66th
Punyatithi.**

TIMES for the HOMA FIRES - MAHARASHTRA & KARNATAKA



Shot on OnePlus
By prafu1852

Photos above and below sent by Mr. Abhay Mutalik Desai, show the Agnihotra program for farmers and families at the Art of Living School in Osmanabad, Maharashtra, India.

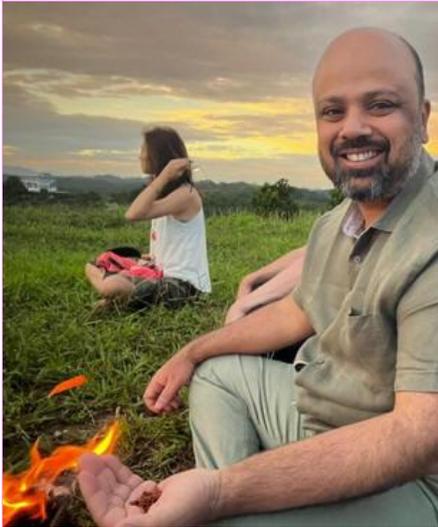


Shot on OnePlus
By prafu1852

Photos below sent by Mr. Vinayak Lokur:
On the eve of Guru Purnima in Belagavi, Karnataka ...we read the Ten Commandments and then everyone offered their pranams to Param Sadguru Shree Gajanan Maharaj.



TIMES for the HOMA FIRES - KUALA LUMPUR, MALAYSIA



"The importance of AGNIHOTRA goes beyond scientific explanation. It gives a link with the ALMIGHTY. When you see past the physical you begin to think of what importance is this."

-Master Shree Vasant-



MESSAGE FROM MASTER SHREE VASANT, July 15, 2023

(received via Parvati Rosen-Bizberg)

“Helping Children in Today’s World”

When children are growing up in a topsy-turvy world, they need even more attention from their guardians, parents, teachers, and other caring adults in their lives.

The pull of the technological world of Internet is strong indeed. Peer pressure is at its zenith in importance in a child’s mind.

They need a strong foundation, one based on love and trust, one laced with understanding and compassion.

We cannot stress more the need for parents and others close to the children, to be aware of their needs and be present in their lives.

One bridge is Music. Encourage children to learn a musical instrument, sing and be involved in such positive creative activities.

We know many times this has been told. Now, truly it is of utmost importance. Your greatest gift to your child is to LISTEN. Hear them and respond, always with Love. Keep lines of communication open with your child. It can become like a lifeline.

The Fivefold Path is an ideal base for children to develop. Living in AGNIHOTRA atmosphere automatically gives a push in the direction of LOVE.

Practicing DAAN consciously and encouraging small acts of giving and of kindness to others is vital now. Let them learn the joy of giving without expecting anything in return.

Set boundaries. As in TAPA. But encourage self-discipline. Help the child to decide what they need to honour themselves. How to make correct use of time, fulfil responsibilities and still have time for creative ventures and positive extracurricular activities.

Do good action - KARMA – It can include ecological projects in the community, bringing flowers to a sick friend, making cards for those in need of a kind word. All kinds of projects can be done, very easily. This trains the child to think of others, to care for others and learn to live in harmony in the world ultimately.

And SWADHYAYA. Encourage children to begin a journal. Let them write in it and share only what they want to share. They can write in it every day, if they want. Of course, simple meditation techniques can also be added as the interest builds. But keeping a private journal of their thoughts, prayers, ideas, dreams, feelings will provide them a safe way of self-expression and beginning way to learn more who they are and who they wish to become.

Always know, the love you give will return to you many times fold. Give without expectation.

Love and blessings for all the children in the world.

All love. OM TAT SAT.



HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist

“ENTRENAMIENTO MENTAL POR MEDIO DEL FUEGO”



The Mind Training Program of Homa Therapy—the core of Homa Psychotherapy—contains 7 guidelines that are suggested. Here is the second one:

We start removing the old grooves of habit and addiction by performing Agnihotra daily exactly at sunrise and sunset.

Performance of Agnihotra healing fire tuned to the biorhythm of sunrise/sunset expedites the recovery process by providing an immediate positive upliftment of the mind, neither drug or alcohol-induced (which pulls the mind down), but instead does just the opposite — gives the mind a push upward that induces clear thinking.

Though there is some emphasis on reduction or elimination of alcohol and drug use/abuse in the Mind Training Program, best that one is not mislead into thinking that one without such habits, is free from addictive behaviour patterns.

In truth, all humans are addicts and it makes little difference whether marijuana, alcohol or double-cheese pizzas are your poisons of choice. If you are propelled out of states of balance, serenity, desire to serve, etc., then it might be said the source(s) of this are best reduced or eliminated.

Agnihotra gives a push to the mind in the right direction. Your ability to choose between right and wrong improves. Your will-power is strengthened. It has a profound healing effect on the mind and body.

When Agnihotra is performed, the atmosphere is purified. It is stated in the Vedic science of medicine called AYURVEDA that by inducing a beneficial change in the atmosphere, you bring about a change in the functioning of Prana (life energy). Prana and mind may be considered like two sides of the same coin. Whatever affects one will automatically affect the other.

Prana is the life energy that connects man with the cosmos. Therefore, if you induce a beneficial change into the atmosphere, the beneficial effect is automatically transposed to the realm of the mind.

One's opinion, political persuasion, religious bent, etc., are not relevant. Just as certain medications relieve headaches, anesthesia puts patients 'asleep, so does Agnihotra calm and balance the mind by changing atmosphere which in turn balances Prana—a major influencer on mind. It does this regardless of one's opinion of the process.

Agnihotra is the basic material aid to happy living as it brings about purification of the atmosphere and ultimately the mind.

Agnihotra makes minds full of love. Agnihotra heals the atmosphere and the healed atmosphere heals you.

You may belong to any faith; you may be an atheist or an agnostic. You will benefit from Agnihotra. Agnihotra is the basic material aid for all the biopsychological techniques given through Vedic knowledge to make the mind full of love towards all.

If one thinks saving the planet is too audacious of a goal, then taking advantage of the one mile diameter and 8 mile vertical distances effected by Agnihotra can go a long way in purifying the atmosphere of your home or garden or farm.

If one is new to all of this, a two-week trial is enough to open your minds and hearts to Agnihotra. If you do Agnihotra irregularly, try to maintain sunrise/sunset discipline for awhile, and note improvements.

This is truly an experiential process. Believe what you experience.

For further information please see: www.homapsychotherapy.com
To contact Dr. Barry, please write to his e-mail in: www.drbarryrathner.com

WOMEN IN COMMUNION

By Jimena S. Clarke - Cid Clavero



There is no doubt that we are living in times of great upheaval on a planetary level. In every area of our lives we are being shaken inside and out, like a tornado or tsunami, which could be lethal or, on the contrary, give room for a complete renewal.

How can we face these unique moments and not fall prey to panic, mass hysteria and, above all, not let ourselves be trapped by media manipulation?

We, women, seem to possess a seventh sense, which becomes our rudder to navigate in turbulent waters, although sometimes this sense is distorted, frozen or simply diluted as a result of traumatic and devastating experiences.

However, if we are able to quiet our mind, even for a brief moment, and perhaps our aching heart and our battered body, and let the sweet breeze of Mother Nature welcome us in silence and guide us to calm and to the recovery of our faith, we can calm down and take advantage of one of the most powerful tools, according to my own experience, that we possess today: the ancient pyramidal fire of Agnihrotra.

If for any reason you have moved away from this practice, I invite you to take it up again with more energy and with the certainty that it will help us to find the strength and balance we need to continue navigating these times of revolution and change.

In women's circles, the modalities used

will depend in part on the dynamics of each circle, therefore, personally, I prefer not to have a certain protocol, but to flow as the circle recreates itself.

Last month we talked about the importance of singing as a tool for growth and healing and while it is true that logic tells us we should now talk about the impact of dance as a tool for empowerment, today I want to pause and talk about another technique, if you will, which also helps us to restore balance and healing.

GRATITUDE is a powerful tool and I would like to share with you some exercises that are related to it.

Gratitude is sometimes defined as a super-skill, and that the quality of being grateful consists of appreciating the (non-materialistic) aspects of life and the willingness to recognize that others play a role in our emotional well-being. It is an emotion related to mental health, life satisfaction, optimism, self-esteem, social relationships and happiness that lasts throughout life. It is an essential skill for achieving self-knowledge and empowerment. It is said that grateful people can experience a constant state of happiness, even in times of intense difficulty.



WOMEN IN COMMUNION

By Jimena S. Clarke - Cid Clavero

Let's practice conscious Gratitude, which will make us more empathetic, compassionate and positive, while giving us resilience and sowing hope in our hearts and thus transforming us into instruments of service, not only in our family, but wherever we are.

Some exercises practiced in the circle that could help you:

1- Write down: A simple exercise is to write down in a notebook the names of 10 people you are grateful for. If you wish, you can briefly mention why. Or you can write down 10 things for which you are grateful at this moment. This exercise can be done as the first activity at the beginning of the circle and then you can perform Agnihotra or a Vyahruti homa, the most powerful way to thank Mother Nature.

2- The gratitude jar: It consists of filling a glass jar daily, with small notes of gratitude of that specific day, or if you prefer once a week. It is interesting to do this exercise throughout the cycle of the circle and then to read the notes when the circle has finished its cycle. Or we can do it individually at home or even with our children and family. It helps me to take out a piece of paper and read it when I am a little sad or overwhelmed.

3- Affirmations: Another very interesting exercise of gratitude is to make affirmations of gratitude for things or situations that are not yet reality, but to affirm and thank them as if they were a concrete fact! Example: Thank you for the beautiful planet where I live, for its pure

waters, its clean air, its productive land, its inhabitants who live in harmony, etc.

This exercise can have very good results by making us inclined towards positive habits and erasing negative grooves in our mind, especially nowadays. It is very powerful if done in a group of women, since we are creators...

4- And finally, another interesting exercise is to create a kind of ritual in the circle, decorating the place with flowers or candles or whatever you decide. The idea is to create a beautiful and magical space. Also the ideal is to start with a fire and a brief meditation, and after the flame is extinguished, one by one, women give thanks for some experience that perhaps was painful at the time, but that in the long run has brought benefits, for example, making us strong, independent, compassionate, etc. This exercise is usually quite emotional, as it is closely related to another exercise, forgiveness.

Example: "I am grateful for having been fired from my previous job, because it gave me the impetus to realize that I deserved more and that I was capable of creating my own venture". "I thank XX for their aggressions, as they have taught me to respect myself and not to tolerate injustice or abuse of any kind" , etc.

In closing, I THANK YOU for the opportunity to share with you and I hope that together we can create "the new times" that are coming.

A big hug

MEDITATION with HEALING MANDALA



INSIDE THE ROOTS OF MY SOUL.

Mandala shared by Parvati (Fran) Rosen-Bizberg. © 2022
(All Mandalas are copyright by Parvati (Fran) Rosen-Bizberg.
Healing Mandalas, prints and t-shirts of original art are available in the website shop www.agnihotra.pl)

A Devotee Shares:

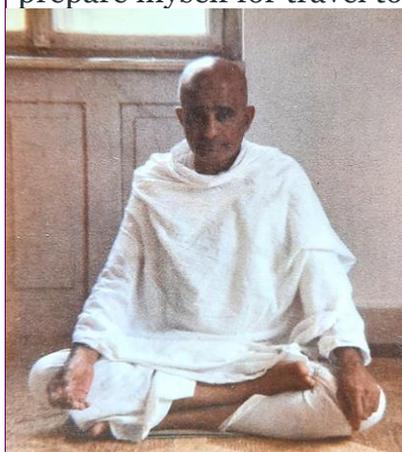
Extraordinary Experiences traveling with Master Shree Vasant Part I

By Reiner Szycpior



We were living in Germany, near Lake Constance at the time. I, Reiner Szycpior, my wife, Manuela, and our two children, Gabriel and Fiona. We had a little Homa garden, and I worked for a Count in the nearby castle.

Abhay, son of SHREE Vasant Paranjpe, appeared to me in a dream, and instructed me to prepare myself for travel to Syria.



Master Shree Vasant at that time in Germany.

Sometime later, SHREE Vasant came to Germany, where He visited at the Homa Therapy Center of Susanne and Ulrich Berk, at Radolfzell. There, I visited SHREE for His Darshan, and asked SHREE how could I serve more. SHREE presented to me three options, as part of my Vikarma. At that time, I also told Him about the dream I had received with a message pertaining to Syria. SHREE explained that Abhay had been instrumental in delivering this message to me; and that He, SHREE, had carried with Him a flight ticket for travel to Damascus, Syria, issued in my name. This was a shock for me, how it was that SHREE knew before our meeting all about this?

Soon after that first meeting, SHREE and I traveled to Syria together. Later, SHREE revealed to me how and why it was that He had come to Syria.

It all began when SHREE informed some people from a Lebanese community in U.S.A. that in the Shouf Mountain range, around Beirut, Lebanon, some literature had been hidden, buried; and now was the time to reveal it again. SHREE's Message was relayed to the family who had been the keepers of that secret treasure from generation to generation. An emissary was dispatched to meet SHREE, and requested to know how it was that SHREE had come to know about this hidden text. They were astonished to realize that anyone other than the keepers of this ancient text could possibly know about it. From generation to generation, it had been maintained in absolute secrecy! SHREE replied to them that it was by Divine Grace that He knew.

When SHREE and I traveled through Syria it was a very difficult time for the country, due to political tensions that had arisen. Every few kilometers, automobiles were inspected by police and military forces. Amidst ongoing tensions, SHREE and I passed through without any major inconvenience.

SHREE and I continued to the area known as Jabal al Arab and met some farmers there. It was decided that I would return in the shortest possible time to start a Homa Organic Farming trial in an apple orchard.



After returning to Europe, I left my job and we sold our belongings so that I could commence the mission in Syria. Manuela and the children left for India, while I returned to Syria. Because of the political situation in Syria, there was some difficulty in obtaining the necessary visa and residency permit. The instruction given to me was to perform daily Agnihotra at sunrise and sunset, as well as 6 hours daily of Tryambakam Homa, for a period of three months.

Photo: Agnihotra hut in Syria.

A devotee shares: Extraordinary Experiences Traveling with Master Shree Vasant

By Reiner Szcypior - Part I continued

A few weeks later, at night, a group of very influential people came to meet me, inquiring what was the purpose for my being there. I simply said to conduct a Homa Organic Farming trial on apples. They straight away replied, "No, it must be a deeper reason that you are here!" Then they told to me about a revelation "2,000 years ago regarding this time, in which it was stated that an Avatar would come again for the benefit of humanity." They proclaimed that it is true! I told them about Parama Sadguru SHREE Gajanan Maharaj and SHREE Vasant Paranjpe. Photos were also given to them.

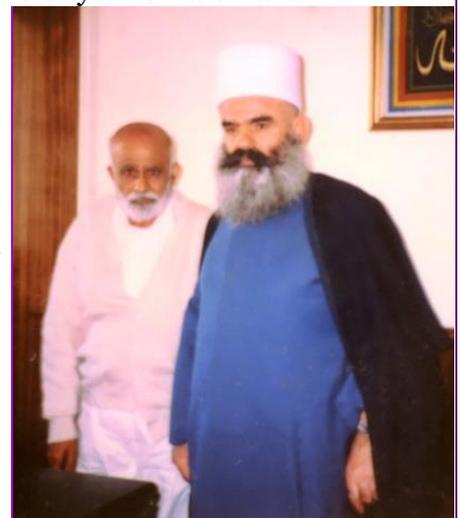
These emissaries explained that their Gurujji lineage began with Al Hakim, which was about 2,000 years ago. One whom they proclaimed as the same as Echnaton and Lord Buddha! In their ancient scriptures it is stated that the meat of the cow is poison, which means you shall not eat a cow. And that the milk of a cow is nutritious, and the butter from cow milk is medicine.

I informed SHREE Vasant about that meeting. Shortly following completion of the trial at the apple orchard, SHREE and I met again in Turkey, and returned to Syria for a second meeting with these people.

It was a secret meeting. I remember the car in which we were picked up. It went all around the town to prevent us from recognizing the place again. But, because I had been there already for three months, I recognized the streets; and was wondering why the car made such a big tour to reach a spot that was actually very near to where we had been picked up. We understood the reason: secrecy! After SHREE Vasant's talk, HE said to me, "Now they are going to receive a message." One of the persons was able to receive messages through what we call "automatic writing". Which then happened. They received confirmation about what SHREE had told them.

From Syria we went to Jordan. We introduced Agnihotra in the Jordan Valley, which is about 200 to 300 meters below Sea level. SHREE departed after two days. At His departure, the Manager of the Alia Airport received SHREE Vasant and arranged a First-Class ticket for Him for the return flight. I remained in Syria and performed 10 days Homa on a farm.

A year later, SHREE and I traveled to Beirut, Lebanon. Several of the people from Syria came to meet HIM there. SHREE was also introduced to the highest authority of this group, Sheik Akil. The Israelis still used to fire on Lebanon town those days. Some rockets hit houses near the International Airport. It was a frightening atmosphere full of tension. I departed a few days after SHREE. Even to obtain visas for Lebanon at that time was virtually impossible. Yet, SHREE and I had no difficulty with it. The police at the Airport wondered how we had obtained permission to enter Lebanon.



When I was about to leave to participate in the apple project in Syria, I had no income, and thought of borrowing some money from a friend who I would meet at Istanbul. Exactly the amount I wanted to borrow was given to the friend by SHREE Vasant, which was to be given to me.

(To be continued in next HHNL.)

IN MEMORY OF BRUCE JOHNSON

On June 22, a dear brother and companion on Fivefold Path departed from this earthly plane. Bruce Johnson, a great soul who had been absolutely dedicated to service, to live and spread the knowledge of Homa Therapy.

Inspired by the teachings of Shree Vasant Paranjpe, Bruce and his wife, Anne Godfrey, left their life in Australia and went to live in Tapovan, a rural part of India. They arrived over 30 years ago. Under the direction, guidance and with the blessings of Parama Sadguru Shree Gajanan Maharaj and Shree Vasant, the Fivefold Path became their life's mission.

Following Shree Vasant's direction, Bruce and Anne initiated the 24-hour Tryambakam Yajnya on 25th of March 2001 in Tapovan, located in Parola, District Jalgoan, in the state of Maharashtra.



These 22 years of continuous Tryambakam Yajnya were only possible by Divine Grace and the total surrender of Anne and Bruce. Bruce had to show his strong willpower, dedication, and absolute devotion to fulfill this Divine command.

The 22 years of 24-hour Tryambakam Yajnya concluded on 6th April 2023, just a few months after Bruce and Anne went to Australia for health purposes.

Due to the continued Tryambakam Yajnya, the atmosphere of Tapovan and the surrounding area experienced remarkable changes. Tapovan became once again the high vibrational place and source of healing energy, which it had been in ancient times--not only for humankind but for all living beings on the planet.

Bruce and Anne accomplished great work related to social, rural and spiritual development, which was reverberating all over India.

With the help of Abhay Paranjpe (son of Shree Vasant Paranjpe) and family, Bruce's close friends, Karin Heschl and Ulrich Berk, the loving assistance and true devotion of Sanjay Patil, his dear friend and ally in Tapovan, and the creative, energetic building and gardening skills of Anne's son, Aaron Kidd, Bruce supported many experiments and research, and made innovations regarding Homa Farming. Many farmers benefited from Homa Organic Farming teachings which Bruce was involved in. All this contributed to happy and healthy life for rural farmers and their families, as well as nutritious Homa Organic Food for society.

His research on Homa farming was appreciated and accepted by the Indian government as contributing to the initiation of the Organic farming movement in India.

Bruce was very enthusiastic and eager in to teach Homa farming techniques to rural farmers. Dr. R.K. Pathak was helpful with this endeavor.

IN MEMORY OF BRUCE JOHNSON

Bruce's musical background facilitated his learning Sanskrit and the teaching and practice of Rudra Yajnya Shree Suktam, Purusha Sukta, among others. With his translation from Sanskrit and transcription of Mantras, he helped the Agnihotra family worldwide to be able to read and pronounce these Mantras correctly.

(Photo: Bruce and Anne during a Rudra Yajnya in Tapovan)

Bruce was always kept busy in sharing Vedic wisdom, sharing information on Agnihotra, sending out thousands of timetables and Homa literature to people living all over the world. His work was beyond the barriers of caste, gender, religion, race, language, etc. He also learned to use successfully all digital media available to spread the word on Agnihotra and Fivefold Path worldwide.

Bruce was connected on a grass roots level with the Indian rural culture and was propagating the message of Homa Therapy throughout India and the world until his last breath.

Bruce has been and remains a great inspiration for all Fivefold Path followers.

Although Bruce was born in Australia, he was a real son of the ancient land of Rishis and sages, India.

Bruce is now in Shree's Presence, in Light and Love.

Our prayers go out to his beloved wife Anne Godfrey who accompanied him always and in everything—an extraordinary couple, an example of mutual support, of unconditional love, of walking hand in hand in service.

Thank you, dearest brother Bruce, thank you, thank you!

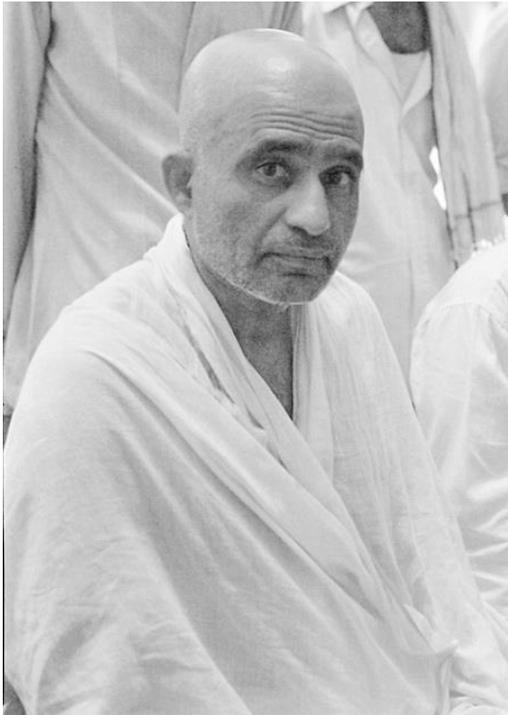
All our love always.

OM SHREE OM

Your brothers and sisters on the Fivefold Path and the International Homa Family

(Photo below: Daily Agnihotra with the 'Tapovan boys' in the Tryambakam hut, where 24-hour Yajnya was performed for over 22 years.)





Shree Vasant - September 11, 2019

(via Parvati during group meditation)

"If you open a newspaper or read news on the computer, every day you will feel some shock. And every day it will be a new development. Even if still war is raging in one country, next day's headlines will focus on the next disaster or the next horrific crime. Then, it gets replaced next day. Not that the dilemmas are resolved, but next headline has to be the next shock.

It used to be called a 'hook.' And what does a 'hook' do? It catches you. If you were a fish, you would become that night's dinner. But the news, though definitely grim, is designed, presented, packaged and delivered to hook you in.

Good to be aware, so you know what is going on in the world, but do not allow it to pull you down.

People will be coming to you for healing, for safety, for hope in times to come. Actually, they are already coming.

Your faith, your one-pointed devotion has to be stronger than the hooks coming day after day.

Your concentration should be to strengthen your minds, strengthen your bodies, and come together more often in UNITY, in harmony, with the intent to heal and transform the dross into gold.

Don't get caught up in business, in daily dramas or day-to-day busy work. Take time for meditation and communication with each other.

These are uncommon times.

Build. Build. Build the Centre of Light. These are the times it is meant for. Divine Will be done.

More Satsang, more strengthening each other

And all of you drink more water!

More singing. Sing every day. Singing is like water.

Don't let fear make you apprehensive.

FAITH. Have faith.

We are with all of you.

SERVICE is the way in and the way out.

All Our love and blessings.

OM TAT SAT

FROM INTUITIVE GUIDANCE

Received through Parvati Bizberg, Poland



June 1, 2023, On Strengthening Your Resolve in this Sacred Time

Yes, yes. These are indeed perilous times, the darkness preceding the Light. **Gather amongst yourselves to strengthen your resolve, to reflect the sacredness of the time and the healing hope of humanity.**

Do not steep yourselves in negative news, no matter how dire it appears to be. Much is a spin to create fear amongst the now divided populace.

Refuse to be divided, derailed in achieving your destination. Instead, determine a clear course and move forward in Unity and defiance, in harmony amongst yourselves. Be the change you wish to see in the world. Yes.

The force of the Russian offensive will make a crucial mistake, which will cause their downfall.

Prepare and stockpile supplies of pure Agnihotra Ash and take it regularly at least once per day directly. Rest can be in your drinking water. Do this soon.

As crises ensue around the world, remain resolute and strong in maintaining these Points of Light.* The three Points are each in need of a power boost. It is through these Points of Light the network is made strong and ACTIVE.

At all other centres around the world, increase your active participation in global Lightwork.

ACTIVE is the key. Just as in every human relationship, one must remain actively interacting in purposeful communication and manifestation of all that is of the GOOD!

Those here at Bhругu Aranya, Centre of Light requires your active participation in her evolution process. She is about to rise! Mark our words, she will rise!

We are within and inside the walls of this sacred site, as it is a reflection of the Master's Grace in this life. ¡Stay on it! Blessed be.

We are, ORIÓN.

Note: *Three Points of Light given by Shree Vasant are Maheshwar Goshala, India, Bhругu Aranya, Poland, and Elqui Valley, Chile.

June 3, 2023 On Gratitude, Forgiveness and Evolution of Spirit

Yes, yes. In these turbulent times, one must be absolute and resolute in tending one's inner garden. Therein lies the seat of your power, the landscape of your soul.

It is also a time crucial in one's own evolution and in the evolution of humankind when every moment matters.

If, in previous years, you went into meditation from time to time, it is high time to increase your efforts in the subtle realms.

There has never been a time like this in the world. Consciousness can be elevated quickly by attention to the inner work, the inner world.

Cultivate the fine art of gratitude, which fuels forgiveness in your hearts. It is ESSENTIAL to forgive all who may have harmed you, hurt you, or aimed false accusations toward you. All past slights, all present slights—FORGIVE.

Into the next dimension, one must travel light. Release old baggage from the past, let it go NOW.

This planet is also heading toward Light. **THERE IS NO NEED FOR, AS WELL AS NO PLACE FOR FEAR ON THIS JOURNEY!**

Those of you who have entertained the misbegotten guests of Fear, Anxiety, let them go! If they come tapping at your windows, knocking on your doors—pay them no mind. Rest assured, dear beings of Light, you will not need to reside in a fearful state anymore.

The times are so heightened that fears, even old ones based on trauma—your own or your ancestors' or the collective conglomerate of fears—are able not only to be released but absolved into Light.

Power is at its zenith. These are great times for EVOLUTION OF SPIRIT.

We are moving at the speed of Light.

Blessings abound.

We are, ORION.

More info: www.oriontransmissions.com