



EDITOR's NOTE

HOMA HEALINGS

HOMA FARMING

ECO NEWS

EVENTOS

**CHILDREN,
& PARENTS
& EDUCATORS**

**HOMA
PSYCHOTHERAPY**

WOMEN's CIRCLE

**MANDALA
MEDITATION**

**A DEVOTEE
SHARES**

**MESSAGES FROM
SHREE VASANT**

Your comments, questions, suggestions and stories for the HomaHealth Newsletter are welcome; You can write to Abel Hernandez & Aleta Macan: terapiahoma@yahoo.com
Thank you!

SUBTLE PARASITES

First of all, what is a parasite?

It is an organism or entity that feeds on us and weakens us and can even cause our death.

On the physical plane, there are a great variety of macro parasites such as intestinal worms (*ascaris lumbricoides*) and micro parasites such as amoebas.

Likewise, in the subtle planes there are other parasites such as: lust, pride, anger, attachment, envy and greed, among others. These parasites are camouflaged within us and express themselves as us, masking our real nature and purity, harmonious and divine identity.

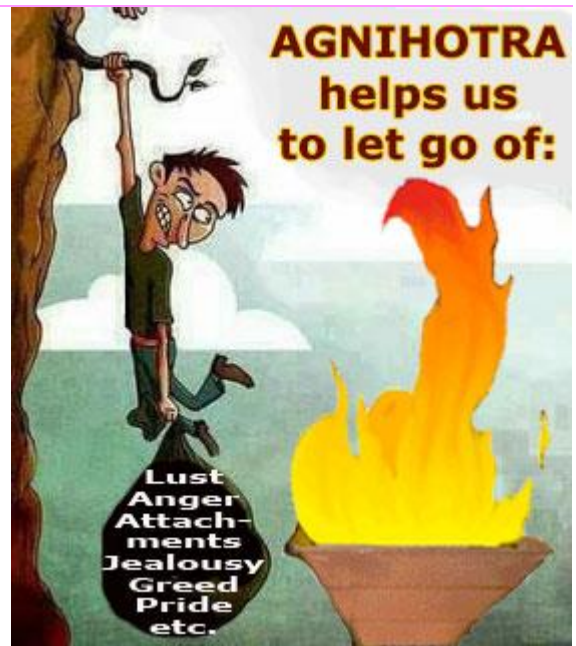
But how do you know if you are infected by any of them?

First: *self-observation of body, emotions and thoughts.*

Second: *analysis of the consequences of our actions, words and ideas in our environment that reflect like a mirror what sometimes we cannot see directly, in the same way that an eye cannot see itself.*

Third: *listen attentively to those people who have much purity, love and whose conduct is exemplary according to how our heart perceives it.*

Let us remember that sometimes our senses are



clouded, our mind is troubled, and our heart is hurt or contaminated and our conclusions are not clear or correct.

Fortunately, if we ask for guidance from the depths of our innermost being, we may be able to find a way out and receive help.

Later, we realize that this assistance was always by our side, but we were distracted, asleep, or insensitive.

Through daily practice of the Fivefold Path, we can eliminate these subtle parasites and prevent these infections.

Yes, yes, yes, yes, through Agnihotra, Daan, Tapa, Karma and Swadhyaya, we strengthen the different elements that constitute us and we may cultivate divine qualities that make us better versions of ourselves.

**OM FIVEFOLD PATH OM
OM LOVE OM
OM SHREE OM**

HOMA HEALING STORIES



Adela Cordova Rodriguez
Piura, Peru, South America

A little reflection.

I am the aunt of **Andrés Chumacero Cordova**. I want to tell you that one night, while talking with my nephew, Andres, we remembered the time we **met Master Shree Vasant**. That meeting was wonderful and we could listen to the experiences of the science of Agnihotra applied to agriculture and health.

We also remembered that to **Andres' question about how to speak more fluently**, Master Vasant replied that **he should not worry about that, because everyone**

understood him since his mind was aligned with his heart. Andres had the opportunity to practice Agnihotra and other Homa fires for about 12 years.

This conversation with my nephew took place a few days before he passed away. Andres commented that he felt happy, that after meeting this Being of Light, Master Shree Vasant, his life had been filled with peace and joy, and there was nothing to disturb him, and that he believed that the science of Agnihotra worked. Andres also told me with all affection, ***“Adelita, we are beings blessed by our God, because He rewarded us with meeting beings of light and having in our hands such a wonderful tool as the Homa fires”***. He recommended me: ***“Never leave the fires” and “just as we have taken the healing fires to our friends when they needed a little calm or to improve their health, so we should take them to all our acquaintances and non-acquaintances, so they can experience the goodness of the healing fires.”***

Today as we remember our farewell, I take as a reflection of life, **that the science of Agnihotra goes beyond the health. Agnihotra also prepares us for our last moments on this earthly plane - it is peace and love in our hearts** because that is how Andres Chumacero departed, grateful to have had the blessing of knowing Master Vasant - a Being of Light and Love.

Let us not lose the opportunity to bring health, love and peace with our Homa fires, and like Andres, let us always be prepared as Light beings that we are, for everything that happens in our lives. OM SHREE

(Photo: Adela Cordoba in front of Agnihotra.)

Veronica Sandoval
Piura, Peru, South America

I am going to be 60 years old. I am **diabetic** and I had a **wound** on the sole of my left foot called '**chicken eye**' but I had not noticed it. It itched and itched and I scratched and when I looked at it, it was already **infected** **and** when I stepped on it, it **hurt**. I had this wound for over one week.

I have a sister who practices Agnihotra and she offered me this Agnihotra ash to take and also explained to me how to place it on the wound. So, I did it. And in less than 3 days, the wound was closed and dried up. I was so very much surprised!

I am here today participating in Agnihotra because of this experience. Also, I came with a heaviness and dizziness in my head and now, after the practice, I feel relieved.



HOMA HEALING STORIES & EXPERIMENTS

Devisingh Jaising Rajput
Pune, Maharashtra, India

**Potable water filtered with reverse osmosis:
Before adding Agnihotra Ash with PH 5.96
(acidic).**

**5 minutes after adding Agnihotra Ash the
pH is 7.50 (alkaline)**

No change on the physical state like warming up,
etc. *Are you still wondering if you want to start
your day with hot water and Agnihotra ash?*

I am 41 years old. I practice Agnihotra since I was a
child; I was 7 years old when my family started
with the regular practice of this healing fire. I am
experiencing and have experienced all my life the
great and amazing help that the practice of

Agnihotra offers. **Many things happen so easily** by Shree's Grace and living surrounded by
Agnihotra atmosphere. **All worries disappear. Body, mind and brain become calm and
function unidirectionally to perform any task. Also, my family and I feel very protected in the
Agnihotra environment.**

**Photos below: Devisingh J. Rajput; his wife and daughters together with more family
members practicing the healing Homa fires.**



**Silvana from
Germany
published this
experience:**

**"Both jars
contain tap
water. But my
cat drinks
from the jar
with the water
containing
Agnihotra
ash."**

**The photos show that the cat doesn't even give a glance to the water without
Agnihotra ash. The wisdom of instinct? ...**

GROWING GRAPES

Excerpts from the report by Dr. B. G. Bhujbal,
Maharashtra State Researcher - Grape Growers Association, Poona, India

Grapes are a difficult crop to grow under Maharashtra's climatic conditions and also equally difficult to study. I have been associated with research work on grapes while studying for my M.Sc. degree at the University of Poona, India since 1967. Various problems faced by the workers then, were finally put before the research team at the Agricultural College, Poona.

I have been observing the results of that work. It was reported that the germination of hybrid grape seeds had been very late and low. When I conducted hundreds of crosses at the Ganeshkhind Fruit Experimental Station, Poona-7 and sowed the seeds after treatment by advanced techniques which included hormones, scarification, stratification etc., the results were discouraging.

The germination rate was very low, i.e. below 20 % and some of the seeds even took 300 days for germination.

Meanwhile I came to learn of **Agnihotra and Homa farming Supertechnology and thought why not have a trial of this technology in grape research.**

I had read previously that the no-moon day was the best day for seed treatment and sowing. With this background and not to miss the opportunity I collected seeds of the Anab-e-shahi, Pandhari Sahebi and Kali Sahebi varieties, local vinifera varieties, as well as some crossed seeds which were collected using the Thompson seedless variety as a male parent to make the cross. Some unrooted cuttings of local grape varieties were also collected for additional treatments.

Experimental Plot

All the seeds and the unrooted cuttings were kept in an environment of Agnihotra. As far as mantras were concerned, I began with the Tryambakam Homa continued for 2 hours, after which the samples were treated with Agnihotra ash and then put into pots ready for planting. An untreated lot of samples served as a control.

Observations

It was indeed a surprise, not only to me and my wife, but also to friends who had been laughing at my experiments to **observe the first seedlings sprouting on the 21st day of sowing.** Some of the recorded observations are given in a table below.

The second experiment concerned making raisins. At present, raisin-making is not carried out in Maharashtra except on an experimental basis using the dehydration and sun-drying methods. I collected a few bunches of grapes from growers and hung them in the environment where I was performing Agnihotra.

Similar clusters were kept with the growers for making raisins using their own method of sun-drying.

After 21 days the drying was almost complete, and after 35 days I collected the clusters and tested them. The raisins were very good in appearance and taste. Special interest rallied around the evidence that the raisins prepared from the Anabe-shahi variety and having low TSS content were also good. Equally good results were obtained by the Thompson seedless variety growing in the Agnihotra environment as compared to those varieties generally available in the market.

Another experiment was performed in a grower's field. Mr. Pundlik Khode, a small farmer from the village of Pimpalgaon-Baswant, Nasik District had been much worried about his crop and was doubtful regarding repayment of his bank loan obtained for the vineyard.

(Continued on next page)

HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

GROWING GRAPES - continued

Excerpts from the report by Dr. B. G. Bhujbal,
Maharashtra State Researcher - Grape Growers Association, Poona, India

Agnihotra was done regularly and Agnihotra ash was applied to his vines. The observations which were recorded at harvest time proved very good. The grower, Mr. Khode, had never believed in such a possibility until he saw the actual results:

The individual berry as well as the cluster were superior in color, taste, sweetness and weight. About 150 observers said that the crop was the best in the region.

EFFECTS	REGULAR FERTILIZING PRACTICE	ONLY AGNIHOTRA	REGULAR FERTILIZING AND AGNIHOTRA
Seed germination	More than 6 months required for germination	21 to 28 days required	***
Rooting of cutting	80 % rooting	100 % rooting	100 % rooting
Bunch development	Av. bunch wt. 0.45 Kg.	Av. bunch wt. 0.45 Kg.	Av. bunch wt. 0.525 Kg.
Disease	More disease	No disease	Less disease
Colour	Green yellow	Golden yellow	Pale yellow
Quality	TSS 22 %	TSS 24 %	TSS 23 %
Loss of harvest	About 30 % loss	No loss	10 % loss

AGNIHOTRA ASH AND WATER-SOLUBLE PHOSPHATE

By Dr. Tung Ming Lai, Denver, Colorado, USA

"I did some lab testing on Agnihotra Ash. The results are interesting. 0.10 g. of ash was shaken with 25 ml. of water for forty-eight hours and then the water-soluble phosphate content was measured. The same amount of ash was shaken with two different soils (5.0) from Colorado (also 25 ml. of water) and Phosphate content was measured after forty-eight hours of being shaken. The results are as follows:" (The values are the average values of duplicates.)

Soil Used	Ash Added	Water Soluble Phosphate Extracted
None	Non-Agnihotra ash	0.68 mg P/.02 g ash
None	Agnihotra ash	1.78 mg P/.02 g ash
Weld loam	Non-Agnihotra ash (0.02 g ash/g soil)	4.2 mg P/ g soil
	Agnihotra ash (0.02 g ash/g soil)	17.2 mg P/ g soil
Red Feather loamy sand	Non-Agnihotra ash (0.02 g ash/g soil)	2.3 mg P/ g soil
	Agnihotra ash (0.02 g ash/g soil)	11.5 mg P/ g soil

(All growing plants need phosphorus; however, regardless of how much phosphorus is added to the soil, only the water-soluble portion can be utilized by the plant. - Ed).

HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

CITRUS PRUNING WORKSHOP

By Karina Ohme Biggemann

In November last year, the 'Organization of Organic Producers of Curacavi' held a workshop on citrus pruning with an agroecological approach. This was done on our Satsang farm.

The workshop, open to the community, was given by Álvaro Miranda, from the agricultural area of the Local Action Development Program of the Municipality of Curacaví, and it ended with sunset Agnihotra.

Some suggestions shared by several farmers during the workshop are:

- It is ideal to plan pruning on waning moon days, when the energy in the tree is descending.
- If the tree is sick or weakened, pruning is NOT recommended, because it weakens the tree even more. In this case it is only recommended to remove parts of the tree which are dry.
- Before pruning, connect with the tree, talk to it, and ask it what it needs. Remember that trees are sentient, conscious beings that communicate. Therefore, it is important to approach each tree with a loving and respectful attitude, explaining the purpose of pruning.
- It is important to be clear about the purpose of pruning.
- If the branch to be pruned is thicker than our thumb, a sealant should be placed on the pruned part to prevent pests from entering. We use, in our farm, a cream prepared by Ana Maria Bello based on propolis, Agnihotra ash and medicinal plants.
- The pruning shears should be well sharpened and disinfected. It is good to clean the shears well when passing from one tree to another.
- When pruning, it is recommended to remove the "suckers" (new shoots that grow with great force, generally upwards) and allow air and light to enter the tree.

Photo below during the pruning workshop.

Photo to the right:
sunset Agnihotra with the participants of the workshop.





AMAZON DROUGHT: STRANDED BOATS AND DEAD FISH

The Amazon has never experienced a drought like the one experienced in 2023. It has been the driest season since meteorological records began 121 years ago. The ecological damage is still being quantified, but scientists believe the rainforest could be nearing a point of no return that will compromise the future of the planet's main natural lung.

BBC reporter Stephanie Hegarty and producer Paul Harris traveled to the heart of the jungle where they also recorded the human drama that is caused by this worst drought on record in the region.

To view this BBC Mundo documentary from 16 Jan 2024, please open:

<https://www.bbc.com/news/in-pictures-67087949>

<https://www.youtube.com/watch?v=6iLtRwonPAk>

USING COW DUNG TO FUEL SPACE ROCKETS

14 Dec, 2023 - Space Technology

Japanese spaceflight company *Interstellar Technologies* hopes to put satellites into orbit using rockets powered by a cheap and plentiful source in the country: cow dung.

The use of cow dung as fuel is already used around the world, and it can even



potentially mitigate the carbon footprint of global agriculture. But for a country with few natural resources like Japan, developing an indigenous fuel source can also alleviate energy security concerns.

To view this introduction: <https://www.youtube.com/watch?v=dFdQSIo5CUk>

Exposure assessment of 170 pesticide ingredients and derivative metabolites in people from the Central Andes of Peru

Published: 08 August 2022

The Central Andes of Peru are a region of great concern regarding pesticide risk to the health of local communities. Analytical chemistry methods were used to measure the concentrations of 170 pesticide-related compounds in hair samples from 50 adult Andean subjects living in rural and urban areas.



To see the Scientific Report: <https://www.nature.com/articles/s41598-022-17772-1>

TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



"Concentrate on that which is healing and full of love. Never negate; never criticize; never judge. That which has been given to you is not to be taken lightly. It is by Grace so many chances are given. Now this is the last chance and greatest blessing."

-Master Shree Vasant-



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA

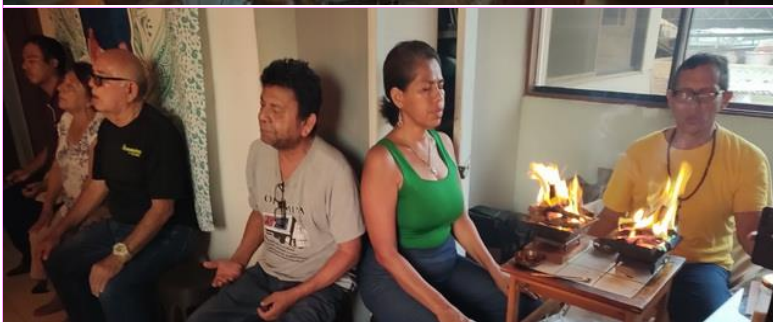


***"No need, no longing,
no prayer is unheard.
All is known.
All is attended to.
Divine cares for every
single solitary need.
Divine surrounds with
LOVE."***

-Master Shree Vasant-



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



"Do not try to control. IT IS IN TRYING TO CONTROL THAT WE BREED ATTACHMENT AND CREATE Karma. You are to be free. Only way you can be free is to let go. No worry. No fear. We will catch you. We have you by the neck now. All you will do is rise. Then it is all peace and bliss, love and joy, knowledge and wisdom. All this will merely come by doing service and chanting your mantra. When you chant the Mantra, Divine Power manifests."

-Master Shree Vasant-



TIMES for the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES for the HOMA FIRES - PIURA, CURA MORI & SULLANA in PIURA, PERU, SOUTH AMERICA

Homa Presentations to leaders of farming communities and to groups of agricultural business-women in the Piura region.



Presentation in the municipality of Sullana at the invitation of **Mayor, Eng. Marlem Marcelino Mogollon Meca**. **Eng. Luis Tafur** organized the presentation for Prof. Abel to talk about **the effects of Homa Technology in the fields of health and organic agriculture**. There is more and more interest in some authorities to lead their people towards a preventive health that includes healthy food, without pesticides, among other things. Several Agnihotris from Piura joined for the practice of evening Agnihotra.

TIMES for the HOMA FIRES - LIMA, PUCALLPA & JAEN in PERU



"You have to get a little acclimatized to this material world without getting into it.

The effect of bad Karma can be wiped out by intense practice of good Karma and more YAJNYA.

You are in the world. You have to move among the people. Do not become like the people in a worldly sense, but, at the same time, never think you are "above" the people. It is like you walk through a crowd of people but you don't mingle for long. You keep the pace walking through the crowd. You have to have this direction.

WALK ONLY THROUGH THE CROWD, NOT INTO IT."

-Master Shree Vasant-



TIMES for the HOMA FIRES - CHAFLÚ, ESMERALDAS, IBARRA & GUAYAQUIL in ECUADOR



TIMES for the HOMA FIRES - CHAFLÚ, ESMERALDAS, IBARRA, QUITO & GUAYAQUIL in ECUADOR



**TIMES for the HOMA FIRES - BOGOTÁ, TENJO, PITALITO, CALI,
etc. in COLOMBIA, SOUTH AMERICA**



TIMES for the HOMA FIRES - TENJO, PITALITO, CHOACHI, VILLAVICENIO, PEREIRA, etc. in COLOMBIA, SOUTH AMERICA



**TIMES for the HOMA FIRES -
CHILE, ARGENTINA, PANAMA & MEXICO**



"Be willing to change. Then it is all Grace. All Grace."

-Master Shree Vasant-



TIMES for the HOMA FIRES - VENEZUELA & USA



"You reap as you sow. So consciously sow good deeds. Every small interaction you have is measured. So do all with kindness, with love and with a keen sense of awareness. Be more conscious in your dealings with ALL people, those you see as important and those you see of no importance."

-Master Shree Vasant-

**Poster to the right: A NEW HUMANITY AWAKENS
by Ana Maria Betancur**



TIMES for the HOMA FIRES - SPAIN, ITALY, TURKEY & POLAND in EUROPE



"When one is told for example "Grace will provide", one can choose to sit back and wait for grace to operate without making much effort. Then, that is essentially expectation and not 'surrender'. Then one can always blame the Almighty if his goal is not actualized that is if in his mind Grace has not provided for him. Grace always will provide but better you make honest efforts in the direction of higher goals. Then automatically Grace is activated by that effort. That effort is Love thy neighbor as thyself."

-Master Shree Vasant-



TIMES for the HOMA FIRES - PUNE, BENGALURU, etc. in INDIA

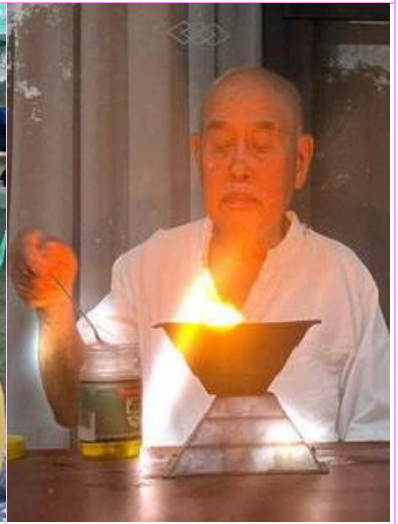


"You must let Grace intervene in your life. You need not be in control. Surrender. Let the Light shine forth and all will be given."

-Master Shree Vasant-



TIMES for the HOMA FIRES - AUSTRALIA & MALASIA



ATIRATRA MAHASOMAYAGAM, MAHARASHTRA, INDIA



ATIRATRA MAHASOMAYAGAM, MAHARASHTRA, INDIA



A powerful **Atiratra Maha-Somayagnya** was held from February 5-10 of this year. It was organized by **Viswa Kalyan Vedic Seva Mandal** and took place at **Venue, Vasud Akola village, Sangola Taluka, Solapur District** in the state of Maharashtra.



Homa Arks

An oasis of Peace that nourishes the Spirit.

Let us be the Peace we want to see in the world. Let us build Homa Arks, refuges of hope for this new era.

By: Karina Ohme Biggemann, Satsang, Chile

A concept that is repeated in the latest messages left by volunteers who visit us in Satsang, is the **gratitude for the oasis of peace they find here, in the midst of a world in chaos**. When I read their messages, I remember the words of Shree Vasant in his visit to Chile in 2003, motivating us all to build Homa Farms, true shelters and Noah's Arks for the times that were coming; times that we live in today.

"Thank you from the bottom of my heart for hosting me for a while! It was a super interesting, exciting, emotional and joyful time with you! Thank you for the shared laughs, the delicious food, your warm and loving atmosphere, and our trip to the beach. Thank you also for everything you showed me and what I could learn; for having been able to experience the love with which you treat the plants and trees, and for having been able to acquire knowledge about Homa Therapy. You have created a wonderful place, a place of peace and tranquility, a small oasis in a chaotic world. Now I can embark on my journey with a lot of peace and serenity."

Bianca, Germany, PhD student in Climate Change (photos below right)

"Thank you so much for inviting me to enter the little paradise you built here. It was a pleasure to have met you. I leave with a lot of peace and love in my heart. I felt at home and I learned many things that I will bring back to France (...) When I worked in the orchard, I had this phrase in my mind that I found when I traveled to Bariloche: "I found a place of peace among so much chaos." Lois, France (photos below left)

The news, the social networks, the cities show us a chaotic world of hopelessness and pain. But Life, Nature, our inner Self, is Peace and Harmony, is Love and Compassion. When we focus on loving service towards Life, on creating Ahimsa (non/violent) spaces of healing, guided by the teachings of the Fivefold Path and the daily practice of Agnihotra, our heart - and the heart of all beings who live here - is filled with hope, sweetness and joy. The joyful singing of the birds, the whispering of the wind as it moves the trees, the silent work in the garden, everything creates an atmosphere of hope, an oasis of Peace, which fills the Soul.



*"(...) No Cares. No anxiety.
Bliss ever Bliss.*

*The Sun is Shining Over New Era.
The Kingdom of Heaven is now near at hand."*

Parama Sadguru Shree Gajanan Maharaj, Akkalkot, Decembre 25, 1982

HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist

THIS SCAVENGER HUNT CALLED LIFE



We have all heard of the goal of the Homa Therapy Mind Training Program: "Train the mind to react with Love under all circumstances." At some point it might prove interesting to say more about 'under all circumstances.' But for now, what is this thing called Love? If there were enough of it to go around, perhaps we need not look at it so carefully. But today's world cries out for remedial actions to reduce the hate, anger, and artificial separation endemic nearly everywhere .

"Prioritising another's well being or happiness above your own." It must be Love.

Other than a parent or possibly a teacher, to whom else does such a state apply naturally? And if does not come naturally, what can be done to help it along?

"To love another person is to see the face of God".

- Víctor Hugo-

In the game called 'scavenger hunt,' the organisers prepare a list of items participants are meant to gather. In this game, all chase the same prize.

In our 'game of life,' we all seek—consciously or not-- the same prize: the love and light within us. Hence, we are pointed in the direction of 'the only way out is in.' We are all chasing the same prize.

"Whatever the question, the answer is LOVE".

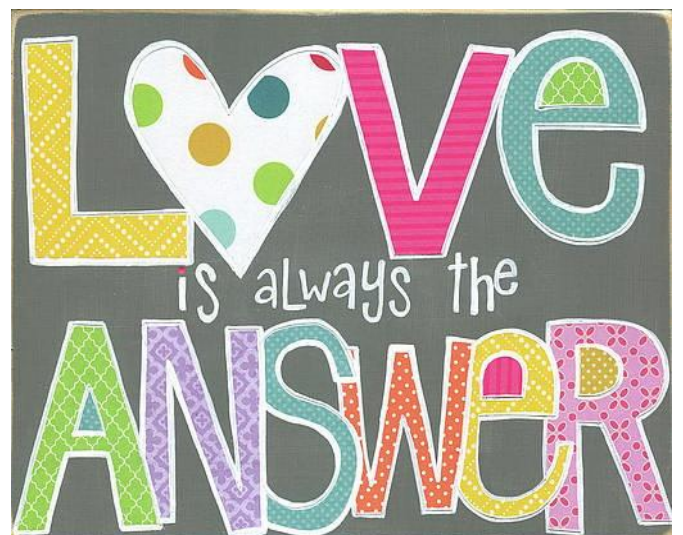
"What 'others?'" may be the optimal reply when assessing and prioritising 'others' needs. This mindset may not come naturally, but the freedom that accompanies its practice yields undeniable rewards. One, we are one. We are all one. Lovely goals. How to put it into practice? Let's look at an approach.

Step 3 of Alcoholics Anonymous goes: **MADE A DECISION TO TURN OUR WILL AND OUR LIVES OVER TO THE CARE OF GOD AS WE UNDERSTOOD HIM.**

Some religions say, "Not my will but Thy will be done." In Sanskrit, "idam na mama" expresses the same sentiment.

As free will is part of the job description for our lives, we can't forsake it or give it up. What we can do is to sublimate our intentions and desires and merge them with the will of the Divine.

SUBLIMATION: "a defense mechanism that involves channeling unwanted or unacceptable urges into an admissible or productive outlet."



HOMA PSYCHOTHERAPY - continued:

THIS SCAVENGER HUNT CALLED LIFE

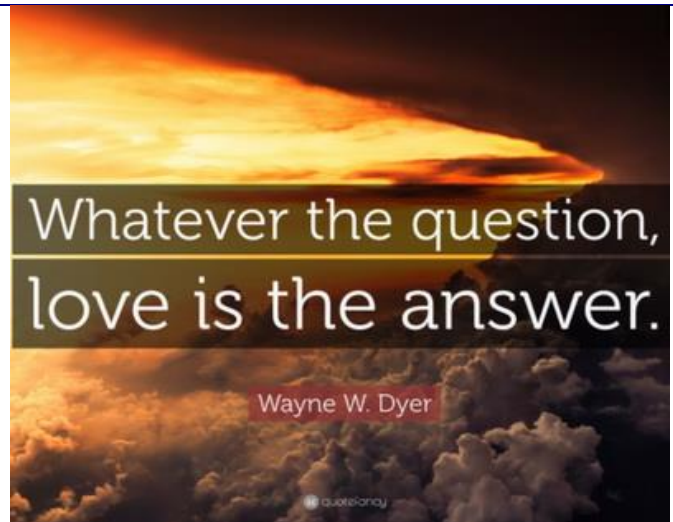
Even if the urge is not ‘unwanted or unacceptable,’ one can simply wish to sublimate an acceptable urge into one that is ‘higher.’

IF, for example, I decide to prepare and eat a balanced, healthy meal, certainly this is an acceptable urge, should I choose instead to begin a fasting regimen, this might be considered a sublimation of the desire for food in exchange for the many benefits of fasting—physical, emotional, and even spiritual.

Besides being a healthy coping mechanism, sublimation can be a valuable tool in wending our way through the severe dysfunctional behaviour—by individuals, governments and everything in between—that surrounds us.

And if we are to evolve into the beings we can be, ‘good, better, best’ may be a suitable mantra. Why settle for good or better when BEST is our destiny?

This job of evolution, self-improvement or unfolding—however we wish to call it—may not be easy. But it may be simple in that after a long time on the spiritual path, we pretty much know how to live, how to behave. Ignorance may be bliss in the short term for some, but most of us know what to do and what not to do. And should we forget, the Fivefold Path provides us with a blueprint, a template for conscious living. Feeling a bit out of sorts? Yagnya, Daan, Tapa, Karma, and/or Swadhyaya are nearly always what the doctor ordered.



“Unintended consequences” may manifest at times, but as the road to hell is paved with the best of intentions, best we be vigilant.

‘Walking the talk’ may be more difficult—and even feel overwhelming at times—but certainly it is within our abilities to prevail. Were it not, we wouldn’t persevere as we do, and we would not need to discuss it. And the magnitude of the reward is so great that despite its unknown aspects, our efforts are oh so worthwhile and well placed.

Yes, FAITH can and will cushion difficulties, so anxiety, worry and fear are not only unnecessary (and counterproductive), but, moreover, can be consigned to the past.

Be here now.



Womens' Circle

By Catalina Espinoza
Women's Circle Facilitator
Quito, Ecuador



"When women's heads are gathered around a fire, strength is born, magic grows, embers burn that they enjoy, celebrate, heal, recompose, invent, create, unite, disunite, bury, give life, grumble, grieve".

-Simone Seija Paseiro-

It is necessary to start this writing, with this very accurate description that Simone Seija, because this is exactly what is intended to be conveyed in these short lines.

Women's circles are an ancient practice that little by little was lost over time. Women were forgetting the magic that is generated when coming together in sisterhood. By sitting in a circle, looking at the face of my companion, knowing her story allows me to look at myself in the great mirror that is created in the interaction, and thus creates a synergy that drives us and leads us all to continue remembering and traveling the road back to those potentials and knowledge that each one keeps inside.

It takes a little review of history to realize that in ancient times women knew the sacredness of their encounter and the power of connecting feminine energy

. The passage of time erased the legacy of rituals, dances, prayers and communion together.

However, the dawn of time is marking a rebirth of this energy and little by little we women are remembering and we return to form and gather in the sacred circles embracing the feminine energy also present in the other kingdoms (mineral, plant and animal) and of course in our sacred companions, men.



Gatherings of women to heal themselves and therefore to be able to serve better.



Womens' Circle continued

In the city of Quito/Ecuador, this practice is enhanced with the Homa fires. I personally have been practicing Agnihotra and other Homa Fires for 5 years.

Agnihotra marks the beginning by making the women benefactors of the powerful effects of this gift of the Vedic sciences for humanity. The atmosphere is cleansed and so is the auric field of those present, quieting the mind, feeling peace and tranquility, allowing each one to be more present during the meeting in addition to the benefits they receive by ingesting the Agnihotra ash. The motivation to free oneself from self-destructive feelings and habits is awakened.

This combination, the energy of the circle, the practice of Agnihotra and taking its healing ash, generates subtle energies of high vibration that raise the energy and contribute to the awareness of those who benefit from them as they are powerful methods of transformation and reconnection with our own being.



"A NEW AGE IS DAWNING. IT IS THE BEGINNING OF A WORLD FULL OF PEACE AND BLISS."

-Shree Vasant-

MEDITATION with HEALING MANDALA



"RICH JOYFUL FULL LIFE."

Mandala shared by Parvati (Fran) Rosen-Bizberg. © 2022
(All Mandalas are copyright by Parvati (Fran) Rosen-Bizberg.
Healing Mandalas, prints and t-shirts of original art are available in the website shop www.agnihotra.pl)

A Devotee Shares: Experiences with Master Shree Vasant

By Abel Hernandez
Part II



On another of His visits to Miami, many people had come to have personal interviews with Him. Among them, was a lady with her mentally handicapped daughter. The girl was twelve years old, but had the mind of a four-year-old. She was also very violent and hyperactive. It was difficult for them to wait. However, Master Shree Vasant had said that they should wait until everyone else had left. Finally, when they sat down in front of Shree Vasant, the child was screaming and restless. So Shree Vasant just raised His hand toward her head and blessed her and the girl fell asleep. Then He explained to the mother what to do to help her child.

When Master Shree Vasant meets with people who are feeling sad or depressed, He can make them feel worthy. He uplifts the person spiritually and emotionally. Shree Vasant is an example of Tapa. We see His readiness to serve in spite of the circumstances. It could be late, He could be tired, He could not have eaten, He could experience a discomfort, but He is ready to serve with a smile.

One time when we were traveling with Him to visit a farm in the Peruvian Andes, we had to go through very bumpy, rocky, difficult roads for many hours. At one point, we had to get out of the car and carry Shree Vasant on our shoulders. It was quite dangerous terrain. I had suggested having the meeting in a safer place; however, Shree Vasant refused. He is always trying to accommodate others and many of the farmers wanted Him to come there, so He accepted. As we were walking, a branch hit Shree Vasant on the eye and it began to bleed and swell. We felt so horrible to see Him like that. I told Him we would just stop the whole thing and go back. Shree simply replied, **"Let's go on."** He never complained. So we got to the farm and He spoke brightly as always, as if nothing had happened to Him, in spite of such a critical injury to the eye, which was only covered up with sunglasses.

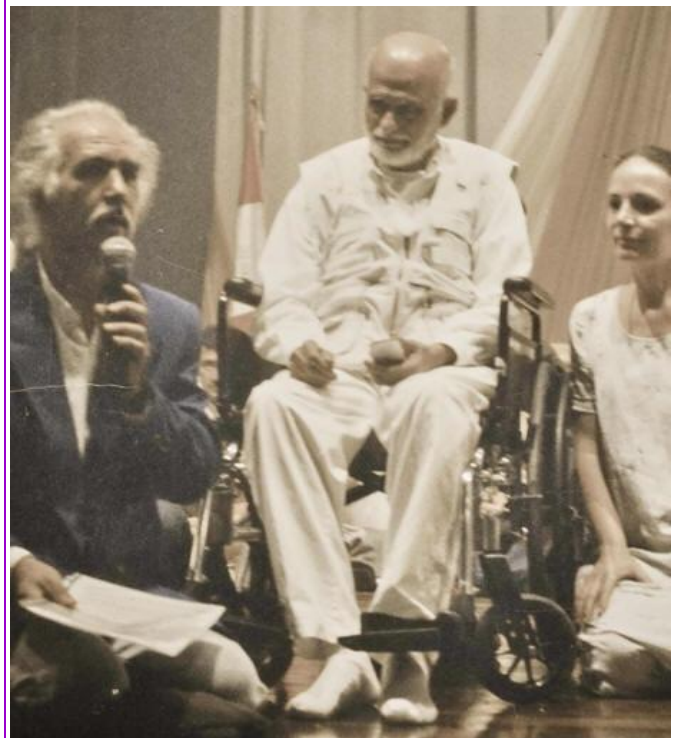
The same evening, our hostess had organized a meeting at the public hall in the town of Cutervo. She had announced to everyone that Shree Vasant was going to be present. Therefore, He willingly accepted to go to this public meeting before going to the hotel because that lady had given her word. And once again, His presentation was magnificent like nothing had happened, even though His eye was swollen and again covered with sunglasses. Shree Vasant has mastered the senses!

Another time, Shree Vasant was giving quotations from the Bible and I asked Him, *"How do You know this?"*

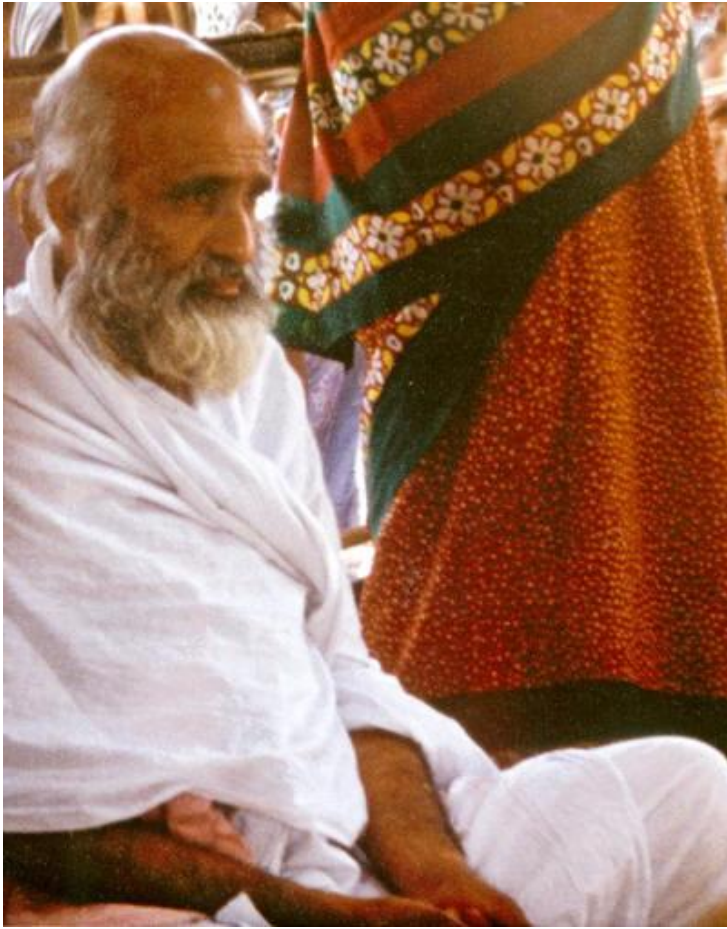
He said: ***"I had not studied the Bible but Shree Gajanan Maharaj raised His hand and blessed me. After this, I started quoting from the Bible"***

With my heart being full of admiration for Shree Vasant, I asked Him, *"Were You always like this?"* And He replied, ***"It is easy when you have an example."***

He always keeps the awareness of His Sadguru Shree Gajanan Maharaj.



Master Shree Vasant in one of the Homa Therapy presentations with Abel and Aleta.



Reduce Possessions

Reduce possessions. Give away the clothes you have accumulated that you do not wear. Throw out broken toys unless they can be repaired. Then give them away. If you have some valuable items you do not use, you can sell them.

Go on doing that until you have only what you can use. Whichever way you can get rid of things, do that.

Reduce material possessions, valuable or otherwise. We accumulate so many, so many things and it creates a pull on the mind because we have to maintain those things. Someone wishes for material wealth and receives it. Then whole life is spent guarding that wealth so that no one will take it. The very things that you think will set you free will have the opposite effect. It is like that. So make it a practice to reduce the possessions.

On Anger

Anger can only be eradicated through intense efforts in the opposite direction. Throw out that anger and nothing but love can come in its place.

If you remove the thin layer of anger, what do we have? A good person. It is simple. Uncover this good person by removing the anger from his life. It can be done. Then you can go anywhere, do anything and get along with anyone. Even if someone becomes angry with you, you respond with love and nothing else is required.

You say, "From this moment I will control my anger so strictly." Eventually, there will be no trace of anger. Make this your sole effort now. Anger is poisonous.

Anger is like a wild animal, roaring and kicking. The wild animal frightens others. So you have to catch the wild animal and put it in a cage. Of course, for a few days the animal will growl and push against the bars to be free. But gradually the animal will stop growling and resign itself to the cage. One day you will be able to open the cage and let the animal go free. Meanwhile, you have to catch it and put it in the cage. You have the control which you say you do not have. Until you recognize that you can control your angry emotions, you will go on being miserable. Anger will continue to control you. Take control and see how it becomes very simple.

Divine Will, Destiny and Free Will Work Together

Our last hurdle is not to have any expectations of others IN ANY WAY. Then we are free. Then Divine Will, destiny and free will all work together. It is really only Grace, though. Nothing but Grace and Karma.

FROM INTUITIVE GUIDANCE

Received through Parvati Bizberg, Poland



On Immersion in Light

Yes, yes. Climate change is only in part due to pollutants and shifts in the Earth. These factors are Nature's imbalance due to human negligence, industrial growth, and deleterious effects of a world which values industrialization over ecological safety. However, the other factors are far more sinister. Deliberate climate control in the hands of those at the top whose aims are far from pure—this concerns us.

Awareness of all the factors governing and regulating the environment is essential, yet, if one then focuses all one's energy on it, one will lose foothold in what positive Light work is in one's hands to do. If all the focus is on that which is dark and sinister, one's focus in life becomes shaded and dulled. The FEAR FACTOR.

Do not give credence to anything born of fear. **Put all your time, energies and focus into your own Light Work. There is a network of you who work for the Light. It is when you are fully engaged in your Light Work that you meet others of like mind and heart.** When you are travelling in circles which propagate the Light, you draw others to you who can see it too.

IT IS TIME FOR EACH OF YOU LIGHT WORKERS ON THE PLANET TO IMMERSE YOURSELVES IN THE LIGHT. Whether that is with music, art, with therapies, healing, with dance, with prayer, cooking with love or simply living your lives consciously with kindness—THIS IS THE TIME FOR IT!

Revelations will clearly spell out danger so that you can be aware of whom to trust and whom to beware of—but beyond that, walk in Light. With no fear. With no worry.

Embrace the TRUTH, even when it is harsh to be aware of that which is less than truthful.

Walk in Light.

Embrace Joy.

Live in Love.

We are on your side dear ones—and there are many of us.

In love, OM.

On Saving the Rainforest

Yes, yes. Quite fitting to do a Rudra Yajnya on Earth Day.

Dear beings of planet Earth whose prayers for Mother Earth have indeed been heard— help is on its way. Of particular focus by Divine Entities, Eternals living in sacred mountains high above the Rainforest—they are watching and sending out a field of protection to save the Rainforest from destruction.

All your efforts to preserve species, both of plants and animals, and to purify the atmosphere via healing fires, prayers and sacred healing chants, have begun to reveal progress. Continue with your sincere efforts to preserve the sacred jungles, the breath and lungs of the planet.

More info: www.oriontransmissions.com

Thanks for Sharing the "Good News" with this HomaHealth Newsletter!

Other official web sites on Homa Therapy:

www.terapiahoma.com www.homa1.com www.homatherapy.info
www.agnihotra.org www.homatherapie.de www.homatherapy.de
www.homatherapyindia.com www.homatherapy.org
www.homatherappoland.org www.ecovillagepoland.org www.homapsychotherapy.com
www.agnihotra.com.au
www.terapiahoma.org www.homaspain.com www.fivefoldpathmission.org

Click here to see or print previous HOMA HEALTH Newsletters