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SHREE VASANT**

**FROM INTUITIVE
GUIDANCE**

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Thank you!

DEVOTION AND FAITH

We continue with our Self-Study (Swadhyaya).

For many, life seems like a TV series, where we (the actors) are faced with a series of increasingly complex challenges to overcome.

Despite the countless roles we play, these characters may share certain common positive and negative traits, depending on the observer.

For example, in an action movie, there may be a chase, a search, a fight, a riddle, a temptation, etc., which turn out to be challenges that test our physical, emotional, mental, and spiritual integrity.

In ordinary movies, there are characters who represent: good and evil, beauty and ugliness, lies and truth, virtue and vice, courage and cowardice, the material and the subtle, the practical and the absurd, the superficial and the transcendental, etc.

However, there are also extraordinary movies where the protagonists shine for their coherence and consistency in their loving thoughts, words, and actions.

Fortunately, every day there are souls who are actualizing and optimizing the Divine Qualities present in all human beings as children of an all-powerful and all-loving Source.

Thus, Devotion and Faith arise spontaneously. Devotion and Faith are qualities that cannot be measured, just as is the case with beauty, light, humility, kindness, etc.



But the mind demands and asks for more, in order to form ideas and file them away. So, let's try to define them.

Faith is the certainty of the existence of a Being (Principle, Law, Will, etc.) that stands above and the ego.

Devotion is continually Remembering that Being and Acting in Alignment or in tune with it.

For some, that Being may be represented by one or many forms with Divine Qualities.

For others, Devotion is something immaterial, which can be felt through the subtle senses and the heart.

Just as the physical body exhibits certain typical characteristics depending on its stage of development (childhood, adolescence, adulthood, etc.), our subtle bodies can display various different characteristics at certain times.

What are some of these characteristics in a Devotee of Faith?

*Gratitude
Humility
Kindness
Brotherhood
Solidarity
Tolerance
Understanding
Detachment
Joy
Simplicity
Flexibility, etc.*

EDITOR'S NOTE - cont.

We could also say that there may be:

- a) Devotion toward all beings on all planes and toward the Light within us.**
- b) Faith in a Loving Source, Creator of the Universe.**

Yes, yes, yes, the Practice of the Fivefold Path leads us inward and towards the Encounter with That which has never been

separated from us.

You may call this the Realization of the Divine within us or Self Realization.

OM FAITH OM
OM DEVOTION OM
OM SELF REALIZATION OM
OM FIVEFOLD PATH OM
OM SHREE OM

HOMA HEALING STORIES

Rosa Marlene Alcocer Ramos
Piura, Peru, South America

I am 63 years old. A year ago, I attended my first Homa Therapy session. I was feeling very much alone. I first came for yoga, and then Teacher Abel invited me to participate in Homa Therapy.

And every time I came, I felt better and better. I got my Agnihotra kit very quickly.

Before starting Yoga and Agnihotra, **I couldn't hold a box of matches—it would fall out of my hands. I couldn't cut a lemon or wash the dishes—they would slip out of my hands. I couldn't wash my clothes or even put them on. I couldn't walk properly because my entire right side was very stiff. It was a very difficult time.**

Then, little by little, through the practice of yoga exercises and Agnihotra, and by taking the healing Agnihotra ash regularly, I began to improve. **Now I squeeze lemons, wash dishes, make my bed, and wash my clothes with ease. I walk well and enjoy all of this.**

I also suffered from a **severe allergy for over 20 years** that I tried to cure with various medications and supplements. **But after just 3 or 4 of Agnihotra sessions, I didn't have it anymore.** This allergy has completely disappeared up to this day. It was a very persistent allergy. **The doctor had told me I would have to take this medicine (Cetirizine) for the rest of my life,** but I haven't taken any medication for a year now.

One doctor told me I had **Parkinson's disease, but I say 'no', because I'm not getting worse—I'm getting better. Every day I feel better, and I know I'm going to be completely well.**

To practice Agnihotra at home by myself is not easy for me. However, while I am in Piura, which I am mostly, **I come to all the Agnihotra gatherings, since it is in these groups where there is more energy and I feel the energy flowing freely.**

This year, with the Homa fires and the practice of Yoga, I've managed to improve my body's movements by 80%.

When I first went to Yoga with Teacher Abel, **I was really stiff and rigid. I had no strength, not even to put on my sneakers. I have made an incredible recovery in my health. Before, I was depressed. I didn't want to go out. I didn't want to talk to anyone. I felt like I was dying.**

Yoga and the practice of Homa Therapy have helped me tremendously, and I won't give them up. They have also helped me psychologically. **I feel that my body has changed, along with my thoughts and feelings. I am Happy and Grateful to God for these gifts.**



HOMA HEALING STORIES

Blanca Linares
Villavicencio, Meta, Colombia, South America

I would like to share one of the many testimonials we have experienced through the practice of Agnihotra and Homa Therapy.

In 2015, we learned from Prof. Abel and Aleta how to prepare **Agnihotra eye drops**. For me, these eye drops are excellent. I use them for my eyes, ears, nasal passages, sinusitis, and rhinitis...

But there is a testimony that is even more powerful. In **2018**, Steven, my daughter's boyfriend had a motorcycle accident and hit his head hard, but his helmet protected him and prevented more serious consequences. However, the white part of his eye turned completely red. The doctors referred him to an ophthalmologist. They ran all the tests and didn't find any serious trauma, but they did find that he had **an early-stage glaucoma**.

Steven's father has glaucoma. In fact, he was scheduled for surgery. Steven was told he needs to have regular checkups because **glaucoma runs in the family**. You know that glaucoma is a very serious condition and people can lose their eyesight.

So, he started using **the Agnihotra eye drops I had prepared. He would apply 1, 2, or 3 drops in each eye, twice a day, every day**. Since he worked nearby, he came by every day. Later, they got married, and his visits became more frequent, and he continued using the eye drops.

In 2024, I told him, "Steven, go get your eyes checked because glaucoma is a very serious condition and you should not take it lightly."

Sure enough, he made an appointment and was referred to an ophthalmologist. They ran all the tests—and what a huge surprise: **He showed no signs of glaucoma whatsoever!**

The doctor told him that this was strange, because previous tests had shown he had glaucoma. The doctor asked, "*What are you doing, or what did you do?*" Steven replied: **"I only know that I put in a few drops of a water with ash that my mother-in-law prepares."**

We attribute this miracle to the Agnihotra ash eye drops that healed my son-in-law of this glaucoma issue.

Apart from this, there is also the testimony of my little grandson. **He was born and diagnosed with asthma. When the child turned 4 and was still having very severe asthma problems, the doctor told them he would likely need medication and inhalers for the rest of his life.**

So, the boy began to join us for the Agnihotra fire and take its ash. **In whatever he drank or ate, we sprinkled finely ground Agnihotra ash on it. And we also applied drops of the famous eye drops into his nose. Almost instantly, the boy was cured, and his asthma never returned.**

Today, he is 14 years old and the boy takes nothing for his asthma. He does not use inhalers. And he doesn't even get the flu. We also attribute this to the blessings and the wonder of practicing this simple and easy fire, AGNIHOTRA.

For me, this Agnihotra pyramid is a machine that generates health and well-being, not only for me but also for the people around me.

I wanted to share this testimony, which is very important for people suffering from respiratory problems.



HOMA FARMING-THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Rodrigo Andrés Leiva Barrera
Olmué, Chile, South America

I am a beekeeper and have been **practicing Agnihotra for about 10 years. Since then, I have been performing it very close to my hives,** at a distance between 5 to 10 meters.

Also, I add small amounts of Agnihotra ash to the water that the bees drink.

They are **Italian apis mellifera carnica hybrid bees.** This is the predominant bee breed for cold climates. It is an herbivorous honeybee that feeds on nectar and pollen. These bees are very docile.

In addition, we provide pollination services for agricultural crops (avocados) and raise queen bees. We have a very high fertilization rate for our queen bees.



Out of the 80 hives we have in Chile, we have allocated 20 hives to honey production and have achieved a **harvest of 25 kilograms of exquisite multifloral honey from each hive.**

We conduct one summer harvest.

I had bees before I learned about Homa Therapy, and according to my

calculations, **honey production increased by 10–20% with the practice of Homa fires. In my opinion, the texture is also better.**

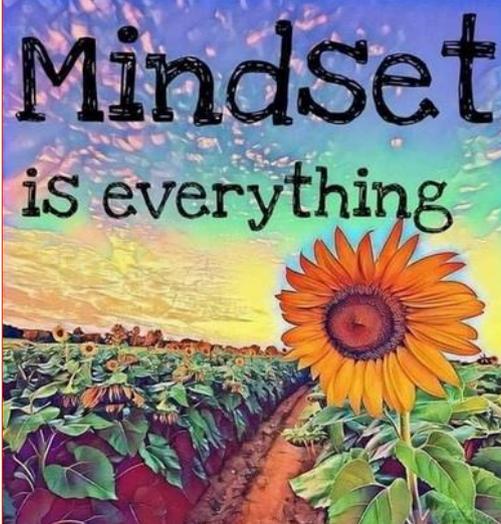
In areas with similar conditions to ours, but where Homa Therapy is not practiced, the honey harvest per hive is between 15 and 20 kilos.

Master Shree Vasant on honey bees:

"Inborn in the honey bee are certain hormones that are produced solely in YAJNYA atmosphere. This subject is foreign to anything science has encountered so far in this respect. These hormones help the nutritional levels yielded in vegetable and fruits to yield at much increased rates.

Bees are attracted to HOMA atmosphere as the amount of energy they receive from Agnihotra fire helps them perform at a greater level of efficiency. When this is translated to pollination, they can help to increase the yield of crops. This is especially true with corn, tomatoes, berries, fruit and the like."

ECO NEWS

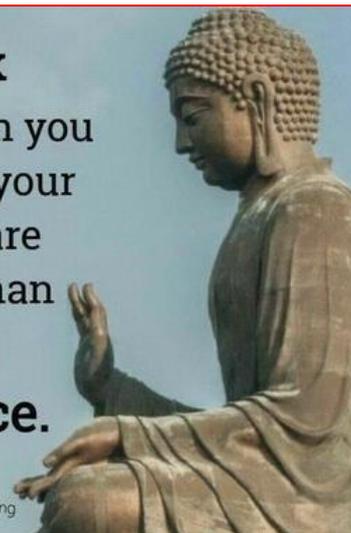


"Not the ones speaking the same language, but the ones sharing the same feeling understand each other."

-Rumi-

Speak only when you feel that your words are better than your silence.

fb/Buddhist Teaching



WHAT IS WAR FOR?

What is the purpose of war? This question, which Udo Lindenberg (German composer and musician) posed to the world as far back as 1981, is more relevant today than ever before.

This song draws attention to the plight of children in war and asks this question, "Who needs the war, Mr. President?"



<https://www.youtube.com/watch?v=Hvksaarg3Qo&t=21s>

THE FARMER VS THE BILLIONAIRE: Clarkson refused a 100 million pounds offer

Bill Gates wanted British farmland. Started buying farms around Jeremy Clarkson's property. One by one, neighbors sold. Gates-linked companies surrounded Diddly Squat from every side. Then came the offers. Twenty million. Forty-five million. Finally, one hundred million pounds - for a farm worth fifteen million. Clarkson's answer every time: Absolutely Not.

To watch this inspiring and interesting story about a man whose principles aren't for sale:

https://www.youtube.com/watch?v=mG5_sReYKUQ



"Bridges and walls are built with the same bricks. One connects. The other separates. Same material. Different mindset. Choose wisely."

-Harsh Goenka-

FROM DESIRE TO MISSION

Mohammed Al Qahtani, a Saudi engineer, delivered one of the most impactful speeches ever, winning the Toastmasters World Championship. He showcased the strength found in words...

<https://www.youtube.com/watch?v=G5kwJP5L9TY>



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Through devotion you can rise higher. Say simply, "I want to be happy". We do not wish for special powers, levitation and those things. We only wish to be happy and help others to be happy.”

- Master Shree Vasant -



MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTRE PIURA, PERU, SOUTH AMERICA



Enjoying Yoga and Breathing exercises at Don Bosco Park every Saturday with Prof. Abel ... Letting go and playing like children...



MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTRE PIURA, PERU, SOUTH AMERICA



THERAPEUTIC YOGA at the PROFESSIONAL REHABILITATION CENTER of EsSALUD, PIURA, PERU



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Let us do the work as best we can at the moment. Let what comes of it come. We plant the seed. The garden may or may not grow as we like it. So many variables are there. In growing a garden, we cannot predict when it will rain again. We only plant the seed. We can water the seed but if it does not grow despite our efforts the fault is not ours. When we teach, “Do not find fault with others,” we should say first, “Do not find fault with your own self.” Forgiveness is for us as well as for others.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Always remember to be conscious of the other man.

Make effort to be full of love.

Guard against envy, jealousy, greed.

Keep a watchful eye to prevent yourself from becoming a victim of your desires.

Always you will be lifted, if you fall. But you have to make the effort to get the strength you require.”

- Master Shree Vasant -



**TIMES of the HOMA FIRES - LIMA, PUCALLPA & EsSALUD CLINIC
in CARABAYLLO, LIMA NORTH, PERU, SOUTH AMERICA**



*“Constantly
reaffirm
the holy.”*

*-Master
Shree
Vasant-*



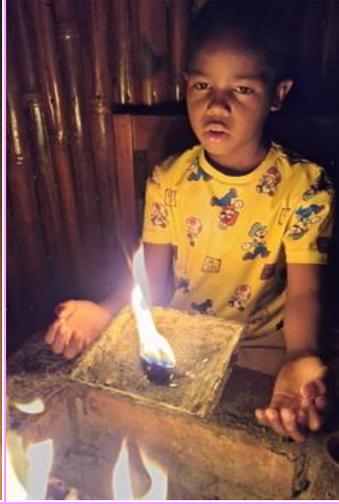
**TIMES of the HOMA FIRES - EsSALUD CARABAYLLO,
LIMA NORTH, PERU, SOUTH AMERICA**



Photos on this page and part of the previous page:
Agnihotra at the EsSALUD State Clinic, CAP III Carabayllo in the northern part of Lima.
Thanks to Dr. Jesús Borjas, Clinical Psychologist Jorge Torres, and Therapist Cristian Álvaro Soto, Homa Therapy is offered once a week. Many patients come to this free service and receive healing through Agnihotra and its ash.



TIMES of the HOMA FIRES - CHAFLÚ, ESMERALDA, VINCES, QUITO & GUAYAQUIL, ECUADOR, SOUTH AMERICA



“Agnihotra ash offers a viable solution, a cure to such things as skin irritations of unknown causes, internal disorder, etc. Agnihotra ash taken twice daily acts as a preventive medicine and has a superb effect on the entire system.”
-Master Shree Vasant-



TIMES of the HOMA FIRES - CHAFLÚ, ESMERALDA, GUAYAQUIL, QUITO & VINCES, ECUADOR, SOUTH AMERICA

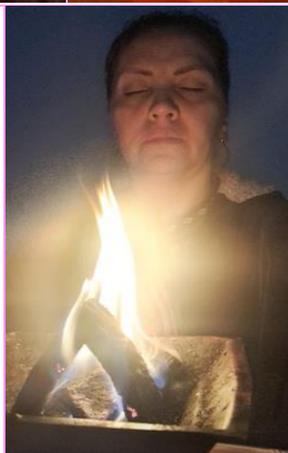


“Doing as you are told is not devotion. Following instructions given is not devotion. You have to feel in your heart that the best is being done for you, that your welfare is being taken into account totally. All that is done is for your good. You will read it, hear it, see it, know it.”

-Master Shree Vasant-



TIMES of the HOMA FIRES - BOGOTA, SANTA MARTHA, GARZÓN, VILLAVICENCIO & MANIZALES, COLOMBIA, SOUTH AMERICA



TIMES of the HOMA FIRES - BOGOTÁ, VILLAVICENCIO, JAMUNDÍ & GARZÓN, COLOMBIA, SOUTH AMERICA



TIMES of the HOMA FIRES - BHARGAVA DHAM, SANTIAGO de CHILE & OTHERS, CHILE, SOUTH AMERICA



The sky over the Elqui Valley, covering Bhargava Dham, the Center of Light, with a billion stars...



TIMES of the HOMA FIRES-ARGENTINA, PANAMÁ & VENEZUELA



Verónica Maillo
wrote from
Southern
Patagonia:
“Agnihotra has
taken our
friendship to
another level. We
usually share it
when we are closing
important cycles or
when we are sowing
seeds of change.”
(2nd and 3rd photos
on the left)



***“People say, “Oh this makes me angry.”
“That person made me mad.” Actually, it
is all in the mind. Someone cannot make
you anything. So, when this anger comes,
say to yourself,***

***“I do not need this angry feeling. Go
away.”***

***It is unnecessary to put burden on the
mind and body by becoming angry.***

Simply say, “No, I don’t want it.”

***And keep quiet. Always keep quiet when
you have anger. You can deal big blows
without anger. You can say the same
thing by being firm without all that
nervous energy creating disharmony in
yourself as well as the atmosphere and
the person with whom you are speaking.
Keep silent. Let it pass and then speak.”***

-Master Shree Vasant-



TIMES of the HOMA FIRES - NEW YORK, WEST PALM BEACH, POMPANO BEACH, FLORIDA & ALBUQUERQUE, NM, USA



TIMES of the HOMA FIRES - SPAIN & FRANCE, EUROPE



TIMES of the HOMA FIRES - MAURITIUS, MALAYSIA & NEPAL



Photos first row: Janardhun sharing Agnihotra with his friends in front of the Grand Bassin, considered the island's holiest Hindu site. This represents India's Ganges River and is a center of spiritual pilgrimage for the Mauritian Hindu community. Mr. Munusamy greets us from Malaysia in the middle photo above. The other photos: Baba Bernd from Germany returned to Nepal to continue teaching and sharing the benefits of Agnihotra and Homa Therapy on a personal level and in agriculture.



TIMES of the HOMA FIRES - BHADAPUR, NEPAL, ASIA



Photos: A lesson on environmental protection and Homa agriculture at Niketan School.

“The times we live in are loaded with explosive possibilities. The whole atmosphere is polluted. Disease will soon envelop the planet as never before. Agnihotra is the panacea for all evil. Mind is the instrument of bondage. It could be turned into an instrument of liberation. This is Grace Alone.”

- Shree Vasant -

TIMES of the HOMA FIRES - NASIK, PUNE, CHIPLUN, MAHARASHTRA, INDIA



HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist

FROM ILLUSION TO TRUE SELF: NETI, NETI—NOT THIS, NOT THAT



In Genesis 1:26, God said, "Let us make humankind in our image, according to our likeness".

So the very beginning of the Old Testament throws down the gauntlet. We are made in the image of God.

What is this concept called, 'God?' "The Supreme Spirit is designated in the Vedas as THAT. Words cannot limit IT and hence, IT could only be described as, 'not this, not this.' THAT is perceived when the mind conditioning is blasted."

The idea is that by the process of elimination, we can eliminate so much, such that the only thing remaining is GOD.

Similarly, with our search within. I'm not my job, not my social status, not my personality and—contrary to some bigots—not my skin color-- and not my Facebook profile, for sure.

NETI, NETI -

You are not your thoughts.
You are not your labels.
You are not your narrative.
You are not your job.
You are not your social role.
You are not your personality.
You are not your self-story.



What's left gets us closer to WHO AM I?

Being born in the image of God at first glance may seem like a complete blessing without a downside. However, using this birth RESPONSIBLY goes along with this gift. That is no small thing. USE IT OR LOSE IT, goes the popular saying.

This business of self-study has an Achilles heel. How do I study my self without becoming overly consumed by the process? In other words, how can I serve (others) while staring at my navel?

First, let it be understood that this is not a tit for tat endeavor. It is not a Lego project. It may be more like putting together a difficult puzzle, but bits of self-realization (may we label it?) can unfold while folding diapers, emptying diapers, buying diapers.

Neti Neti (Sanskrit : नेति नेति) is a Sanskrit expression which means "not this, not that", or "neither this, nor that" (*neti* is sandhi from *na iti* "not so"). It is found in the Upanishads and the Avadhuta Gita and constitutes an analytical meditation helping a person to understand the nature of Brahman by negating everything that is not Brahman. One of the key elements of Jnana Yoga practice is often a "neti neti search." The purpose of the exercise is to negate all objects of consciousness, including thoughts and the mind.

And psychologically, there is a difference between 'rumination,' (unhealthy self-focus) and 'self-reflection,' (healthy study of self).

RUMINATION:

Why am I like this?
What's wrong with me?
What does this mean about me?

SELF-REFLECTION

Interesting reaction I am having.
There is fear here.
There is ego here.

HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist

FROM ILLUSION TO TRUE SELF: NETI, NETI—NOT THIS, NOT THAT - cont.

Then there's attachment.

"Creative powers and true knowledge dawn through Tapa (self-discipline). If we remain UNATTACHED to these creative powers and do not hanker after them, we enter higher states of consciousness". ("Light Toward Divine Path," page 18)

"Let us learn to fill this moment with love and nothing else is required. Let us fill all the spheres with love". (op. cit., page 2)

Easier said than done, you wonder. Perhaps; but big rewards require big effort.

And, furthermore, all journeys are never the same for each of us. We all may end up in New York City eventually, but how painful or how joyous or how timely the trip is, depends upon us—the current us, the old us, and even the previous incarnation us (for those so inclined).

Since it is unlikely that we can discern the previous incarnation, HUMILITY is a necessity as NONE OF US KNOW FOR

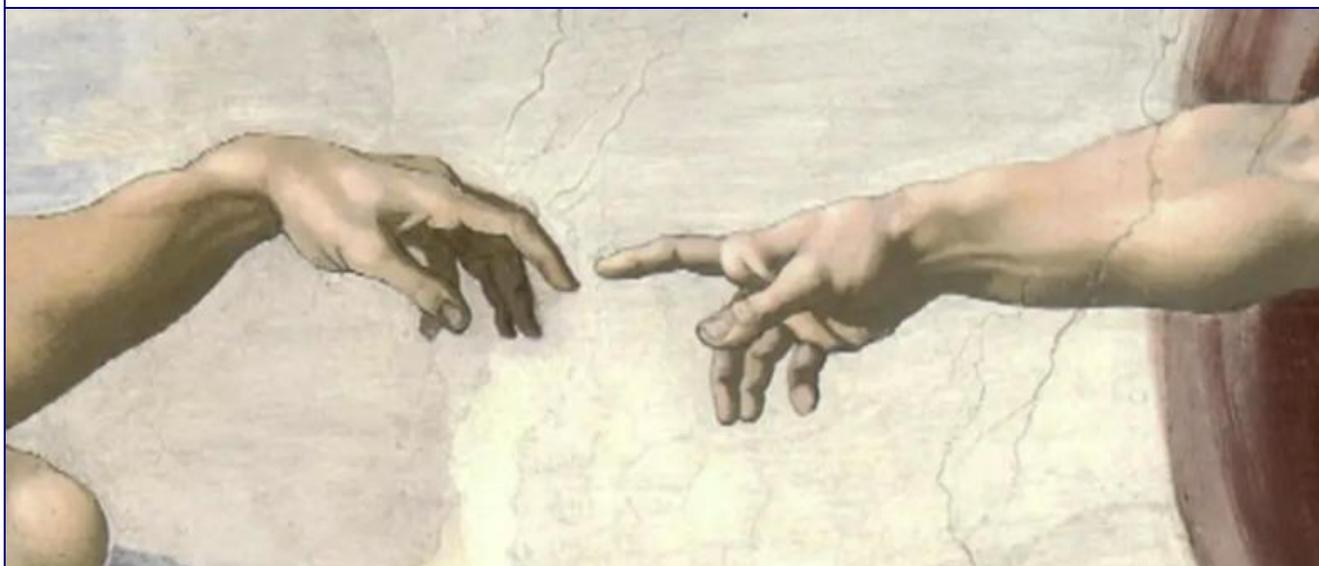
SURE WHAT THE HELL IS GOING ON HERE!

If you think you do know, think again. Or better, do not think at all. And embroider IDAM NA MAMA on your favorite towel. Tatoo it on an easily visible location.

Idam na mama -this is not mine- not my will but THY will be done. Suffering can increase when we try to own our success, our reputation, our insight, and certainly our suffering. Much better to turn it over to the Divine.

Call it FAITH, if you wish, but the hope, the premonition, the instinct all point towards our journey to home, or to New York City or to our ultimate Home as being the most important game in town. And we all must play this game. Our FREE WILL determines whether we do this the easy way or the hard way.

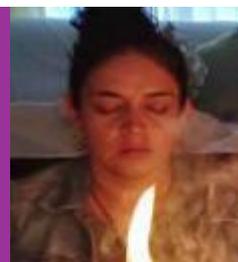
Good if we choose carefully and wisely. SERVICE, HUMILITY, HUMOR help our choosing.



WOMEN IN COMMUNION

By Catalina Espinosa

ALCHEMY - THE GREAT WORK



Since ancient times, medieval alchemy has spoken of The Great Work: the transformation of lead into gold.

For centuries, it was believed to be a physical process, but the sages knew that this language was symbolic. The true laboratory has always been the human being.

Lead represents what is dense: fear, unresolved wounds, repeated patterns, and memories that weigh on the soul. Gold, on the other hand, is awakened consciousness, inner coherence, and the authentic expression of our essence.

As David Topí reminds us, true alchemy is internal. It is not about changing the external world, but about allowing the fire of life to do its work within us. That fire does not always present itself as light. Often it comes in the form of crises, losses, deep exhaustion, emotional breakdowns, or decisions that can no longer be postponed. It is the fire that reveals, purifies, and transforms.

The alchemical process begins with *Negredo*, the dark phase. It is the moment when everything seems to crumble, when certainties fall away and the ego is confronted. It is not punishment. It is necessary decomposition.

Then comes *Albedo*, the stage of cleansing and understanding, where we begin to observe ourselves with greater honesty, to forgive ourselves, and to let go of what no longer resonates with our truth.

Finally, *Rubedo* integrates what has been learned and returns us to the world with a more embodied, more alive, and more coherent consciousness.

The times we are living through as humanity are profoundly alchemical.

We are being led into the fire to refine what is essential.

The Fire—present in ancient rituals such as Homa—acts as a great energetic transmuter. It cleanses the energy field, organizes our inner information, and brings us back to the coherence of the heart. It does not burn to destroy, but to remind us.



Alchemy occurs in everyday life: When we choose to observe an emotion rather than react. When we let go of an identity that no longer represents us. When we honor the truth of the body and the soul. Every conscious act is gold in the making. The Great Work remains alive, beating within every being who dares to pass through the fire and be reborn, lighter, more whole, and truer to their mission.

May we trust in the Homa fire, for there lies the Master.

May we not flee from transformation.

May we remember that, even in the midst of combustion, life is performing its most sacred work. The Great Work.

HEALING MANDALA MEDITATION

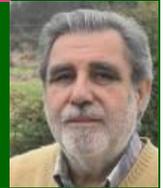


"WHIMSY."

Mandala shared by Parvati (Fran) Rosen-Bizberg. © 2025
(All Mandalas are copyright by Parvati (Fran) Rosen-Bizberg.
Healing Mandalas, prints and t-shirts of original art are available in the website shop www.agnihotra.pl)

'FIVEFOLD PATH & SELF-REMEMBERING'

By Eng. Hector Rosas Almonacid



SERVE TO REMIND US OF OURSELVES - VII

We saw earlier that “**The purpose of human life is to unfold the Divine within.**”

In His book ‘**Light Towards the Divine Path**’, Master Vasant warns us about a series of behaviors that, although they could be part of and serve as means to lead us to the Path of Light, are not so, if an ‘**important ingredient**’ related to the Science of the **Renewal of the Mind** is missing.

That ‘**important ingredient**’, according to the description of a saint from India that he transcribes, is:

Devotion = Service ÷ Ego

‘Any action done with self-centeredness around the personality, leading to infatuation of ego, takes us away from the **Path of Light**. Study of this is Swadhyaya, the fifth precept of the Fivefold Path.’ (The greater the ego, the less the devotion).

In contrast, the most common and ordinary actions that we must perform in life, if carried out selflessly and as an offering to the giver of Life, become concrete advances in the connection with the spirit that lies within us.

According to the Science of the Vedas, **the Renewal of the Mind** is facilitated by the purification of the atmosphere. Master Vasant transmits to us the teaching of the Science of the Vedas in this regard:

*‘Mind is too subtle to manipulate, but there is an interesting relationship between **mind** and **PRANA** (life force). They are like obverse and reverse of the same coin. Any change introduced into the **PRANIC** content automatically affects the mind.*

*How can we change the **PRANIC** content? Any change introduced into the atmospheric content results in change in **PRANIC** content. Thus, we can now deal with a much grosser subject than the mind and through the agency of **PRANA**, bring about beneficial changes in mental attitudes.*

This is the threshold where medicine, psychiatry, biology and chemistry meet. This is the beginning of the future science of bioenergetics into which men of science

*are groping at present. The above picture is taken from the Vedas which were revealed at the time of creation. This is the process of purification through the fire agency (**YAJNYA**)’.*

*‘The relationship of **PRANA** and mind, so specifically mentioned in the Vedas and so easily experienced by the performance of **YAJNYAS**, deserves further research by modern science. The statement that a certain type of mental activity is accompanied by **PRANA** of a certain character should attract the scientist. Phenomenal things are intimately related and determine each other. **YAJNYA** is a material aid on the spiritual path and hence forms the first aspect of the **Fivefold Path** for happy living. The balance of the planet’s energy cycles also requires specific **PRANA**.’*

AGNIHOTRA, the basic and principal **YAJNYA**, purifies the atmosphere of the combination of pollutants generated by our current way of life. By attaining a more serene mind, we can use our discrimination capacity to free ourselves from the misguided ambitions with which the usurping ego floods us, causing us to squander a life that should be dedicated to communicating with that higher being who wishes to manifest the Light (Love) that lies within.

Every service we can perform, without expecting anything in return and solely with the intention of helping and contributing, is a golden opportunity to establish an instantaneous ‘**mini-connection**’ with our inner being. The challenge lies in being aware of this opportunity when it arises and not wasting it.

*‘**Agnihotra** removes the crust of pollution from the atmosphere, and this purifying effect on the atmosphere allows the resulting **PRANA** to help make the opaque screen of our egos translucent, so that the Light of true knowledge can simmer through it, and dissolve the petrified crust of misguided desires and ambitions in which we are wrapped,’ so our **vehicle-instrument-medium** may fulfill its role as the channel of **Light** for which it is designed.*

**MASTER SHREE VASANT -
GRATITUDE TAKES ROOT IN THE SOIL OF THE SOUL
February 10, 2026**



Suvindi: In a previous message, Shree, You said it's not just that the Centre of Light needs to be ready for the people. It's also that the people need to be ready for the Centre of Light. Can Shree speak more on 'The people being ready for the Centre of Light?'

Well, it is like a multi-pronged approach, because—Each of you are a Centre of Light. It is not just a building that is Centre Of Light, but each of you hold that Light within you.

More people will be attracted to the Light here. But it is not a matter of the number of people.

Everyone here has to strengthen themselves within. Go within more—in prayer, in Light.

Embrace the Light.

Don't spend time fearing the darkness or feeding the lack.

Each time you say, “I don't have the money” that keeps the money from coming. You are telling the Universe that, “I don't have the money.” The money has to come to a receptive place. If you are saying you don't have the money, that is telling the ‘Universe’ (as they like to say), “I don't have the money, I don't have the place for the money.” Like that. So, you have to change that.

But it is not simply the power of positive affirmations. It has to be truly deeper than that. It is not a matter of words and looking in the mirror and saying, “You are a wonderful person.” You have to go deeper than that. Even you can go so far as to say,

“I have the money. I embrace this abundance that has been gifted to me. I am grateful for all the money that is flowing into all my ventures, that is flowing into the Centre Of Light,” —as if it is there already. Because on one level it is! So, you are not lying to anyone; you are just looking through a different lens.

And that is what is required.

And if all of you are saying, “I don't have the money”, then the Universe is not going to go against you. “Okay you don't have”.

But if you change that, it changes the whole life.

The same with illness. Get up, stand-up!

“I am grateful for my wonderful, good health!”

It is not a positive affirmation, because affirmations are on a more intellectual level.

Gratitude takes root in the soul- in the soil and in the soul. Or you can say,
Gratitude takes root in the soil of the soul. Gratitude.

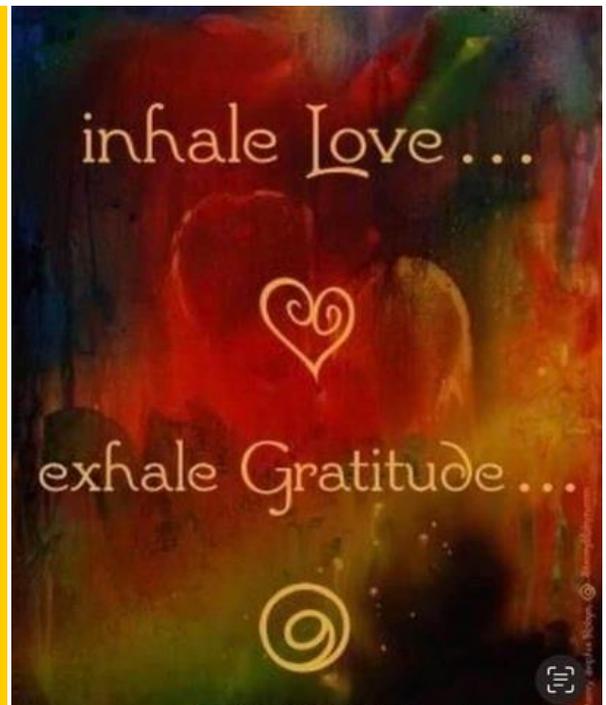
“I have all the solutions, thank you, I have all the solutions, thank you. Thank you for guiding me in the right direction. Thank you for healing me all the way, fully healed, thank you for healing me.”

MASTER SHREE VASANT -

GRATITUDE TAKES ROOT
IN THE SOIL OF THE SOUL

February 10, 2026

...continued



Once deep gratitude takes root in the soul, there is no room for fear, because gratitude is like a plant that spreads everywhere. It takes up all the space in the garden, this gratitude. It leaves no space for fear to plant its roots.

It is the greatest healer, gratitude.

From gratitude, one can evolve into a more humble, compassionate human being. So let us focus on gratitude in every situation. It will change.

These are times of great darkness in the world, so the world is calling out for Light. When you sow seeds of gratitude and compassion, of kindness and truly 'Love Thy Neighbor,' you create an atmosphere full of Light, and this draws souls to it who need that Light and who see that Light and who seek that Light. This is that time now.

Take care who you entertain; let it be all that of the Light.

That is how to prepare for Centre of Light. From inside out.

This is what is meant by, "Let the people be ready."

We can talk more maybe tomorrow or the next day, and again We will meet like this.
Formally known as "Silent meditation."

All Love and Blessings. Gratitude and Light.

No fear, no worry. OM.

Om Parama Sadguru Shree Gajanan Maharaj.

OM TAT SAT.

(These messages are from our beloved Shree Vasant
as received via Parvati during group meditations at Bhrugu Aranya in Poland.)

FROM INTUITIVE GUIDANCE

Received through Parvati Bizberg, Poland



ORION, January 16, 2026

Yes, yes, yes. In times of extreme chaos and shocking headlines daily splashed across all news sources, the element of fear is at an all-time high. Do please pay full attention now:

Do not give in to fear. It is a ploy to reduce your power of discrimination, to confuse and cause you disillusionment. As well, do not put your attention on political reprisals. Best to refrain from dabbling in the muddied waters of political mayhem. It is not the way to rise above conflict, neither within yourselves nor within your communities. Politics is also a trap designed to lure you into believing in the great deceptions.

There are, certainly, well-meaning politicians who have your best interest at heart. That is true, but their effectiveness has been stymied by the powers that be. Steer clear of political movements. Through your voting process, also tainted, you could make some impact—if all votes are counted and not tampered with.

Your greatest strength is twofold. Strengthen your own inner sanctum. Learn how to protect your inner borders, as well as those exterior ones in need of protection. A lot can be accomplished on the subtle levels.

Second is strengthening and unifying your communities, your families and support systems. Form a way to communicate and lend each other your ears, your hearts and your supportive words. Coming together to engage in angry reactions will only keep you stuck in the harsh outer realities. Go within, both within yourselves via prayer, meditation, chanting, creative expressions—through music, art, dance. Raise your consciousness and then, focus on raising the consciousness of those around you.

If you take a positive attitude toward transformation, the transformation can take place. Those whose focus has been on the darkness will welcome the Light you have become, an instrument of sharing. **It is by strengthening the Light that you dispel darkness.** Not by angry reactive actions which yield only temporary satisfaction, but lead to more angst and ultimately, depression.

When one allows oneself to spiral into a depressive state due to outer circumstances out of control in the world—one gives up one's power to affect change. Each of you have power to change. But change comes from the inside out.

You will notice, no names are mentioned, no fingers pointed. We know our most effective assistance toward humanity at this time is through the power of belief and faith.

Rest dear vehicle. More on its way.

January 18, 2026, Orion

As we fight tyranny in the world, We shower this planet with Light. Let the dark forces of division strengthen your resolve to work for UNITY.

Rise in ONENESS.

Do not permit the darkness in the world to enter your heart.

Purify and strengthen all that brings you nearer and nearer to the Light.

Reflect that Light in all you do, in all you say.

All Paths of Light converge as one.

... continued in the next HomaHealth Newsletter

For more information please see:

www.oriontransmissions.com

Thanks for Sharing the "Good News" with this HomaHealth Newsletter!

[For more news about Homa Therapy please see the 'Satsang' magazine .](#)