

GLOBAL HOMA HEALING EVENT FOR PEACE

from 12th to 18th MAY, 2026

"Yes, yes. Strengthen yourselves. As chaos and confusion is being **created** in the outside—and this is happening globally—these are the times calling for stronger resolve, inner peace and tranquility within.

Increase and intensify your spiritual path. Live in conscious awareness all the time, not just in times of meditation, deep relaxation or on 'days off!' Walk in Light with Light in your hearts and minds.

While errant political leaders perform outside in the world, let your inner world remain unaltered by that chaos. Refrain from obsessive indulging in news broadcasts truly designed to elevate your confusion and break your resolve. **GO WITHIN."**

- Orion -

Homa Therapy

Let there be
PEACE on EARTH

And let it BEGIN
with me

INVITATION for AGNIHOTRIS
to participate in the
GLOBAL HOMA HEALING EVENT

May 2026

7 days of continuous Triambakam Homa

From sunrise on Tuesday, May 12 th
to sunset on Monday, May 18th

For more information and to participate, please see:
www.homa1.com - "Activities"

Please inscribe via WhatsApp, Telegram or e-mail.
For more information, please enter following link:

https://www.homa1.com/activities/index_actividadeshoma.htm

Dear Homa Family,

Here is another HomaHealth Newsletter, Issue #240.

With this edition, we celebrate 20 years of sharing information, inspiration, personal healing stories, testimonials of how Homa Therapy helps Nature recover its natural state of balance, abundance, and beauty; reports and articles that provide deeper insight and awaken the desire to turn more inward and meditate; the divine messages from our GREAT MASTERS SHREE & MAHASHREE inspire us to find the Sacred Place Within and to remain in stillness, learning to observe ourselves and the world as actors and creators...

All these to Awaken step by step on the path toward a Higher Consciousness, toward a truth so grand and beautiful that we could not have imagined it even in our most fantastic dreams. And SO IT IS. GRACE IN ACTION. OM SHREE

We all have countless reasons to be grateful in our daily lives, and we can express that gratitude through the daily practice of Agnihotra as well as through the additional Homa fires, which have the power to raise vibrations toward Love, Light, and Peace.

First, we would like to invite you, dear Agnihotri, to participate in the 7-day continuous Tryambakam Homa around the globe, where we can unite our forces and intentions to surround our planet with energies of PEACE, and we ask that it may begin with us, feeling a PEACE that expands within our hearts. THANK YOU for joining with the Light of your Fire and your Love in this global PEACE event. More details in this HHNL.

Secondly, we also want to invite you to come to the International Cultural Homa Festival of Songs and Dances with Mass Agnihotra Healing at the Main Auditorium of the National University of Piura, Peru, on May 23.

You will be able to experience this blessed piece of land where many Agnihotris reside. You can see some more details on the poster on page 18.

Our gratitude for the Joy of being able to serve through the HomaHealth Newsletters goes to Mahashree Gajanan Maharaj and Master Shree Vasant for THEIR constant Presence and Guidance.

Next, to all the blessed beings who have participated and continue to participate directly in the production of these Newsletters with their articles, translations, photos, ... ; to the Light Workers who practice Agnihotra around the world, and last but not least, to all readers who receive these messages with open hearts and minds.

Thank you, thank you, thank you.

Let's move forward TOGETHER on this Path towards Divine Light.
Peace, Prosperity, and Bliss to each and every one on this wonderful planet Earth!

Receive all our love.
Showers of Divine Blessings.

OM SHREE
Aleta and Abel



EDITOR'S NOTE

HOMA HEALINGS

HOMA FARMING

ECO NEWS

**INTERNATIONAL
HOMA EVENTS**

**HOMA
PSYCHOTHERAPY**

**WOMEN IN
COMMUNION**

**MANDALA
MEDITATION**

FIVEFOLD PATH

**MESSAGE FROM
SHREE VASANT**

**FROM INTUITIVE
GUIDANCE**

Sus comentarios,
preguntas,
sugerencias e
historias para el
Boletín Homa son
bienvenidos;
Puede escribir a
Abel Hernández &
Aleta Macan:
[terapiahoma
@yahoo.com](mailto:terapiahoma@yahoo.com)
Gracias!

**“THE REBELLION
IN THE FACTORY”
or “THE ASCENSION”**

Let us continue with our
Self-Study (Swadhyaya).
We have already noted that,
for many, life can be somewhat
like a movie.

The type of movie depends on
the role we are assigned
to play in it. It can be:
-adventure -romance
-science fiction -drama
-comedy -action
-documentary -horror,
a mix of the above, etc.

In these movies predominates
the struggle between:
good and evil, the hero and the
villains, beauty and ugliness,
knowledge and ignorance,
kindness and wickedness,
other pairs of opposites.

However, many scenes set
within a family can be applied
to what happens in a town,
country, continent, or planet.
But before the scenes are acted
out, the plot has been written
down on paper or in scripts.
Thus, we see how certain books
have played a very important
role in the creation of a story
(film).

For example, the story told in
George Orwell’s book *Animal
Farm*, published in 1945,
which was later adapted into
films in 1954, 1999, and 2026.

This film is a satire that
indirectly reflects what many
people experienced during a
certain era. In some places, this
book was required reading in
schools to encourage reflection
or instill certain ideas.

Perhaps a new MOVIE will
soon be released that depicts



scenes more common today, where,
instead of a group rebelling against
certain characters, we would witness a
RISE IN CONSCIOUSNESS
that awakens and motivates us to
become the directors of our own
movies—consciously coming together
and supporting one another as we seek
unity and reject the division
and strife generated by
an elite of hidden beings.

In this Movie or Hologram,
**“THE ASCENSION” of Humanity or
“THE REBELLION IN THE
FACTORY”**,

- 1) We would see as **ACTORS**:
- The workers on the production lines
(e.g., cars, airplanes, machines,
weapons, houses,
food, clothing, etc.)
 - Controllers or supervisors
 - Local, regional, national, and
international administrators, etc.
 - Advertisers, communicators, social
media influencers, government
officials, merchants, artists,
entertainers, educators, transport
workers, doctors, and healthcare
workers, etc.

2) **THE ACTORS REALIZED
THAT THEY WERE
CONTROLLED AND
MANIPULATED** through:

- a) **PROGRAMMING** that began in
the womb and continued throughout
their entire lives
- b) that their **“FREE WILL”** was
limited by social, economic, cultural,
political, religious, and other beliefs.

EDITOR'S NOTE - cont.

3) These New Actors Choose to Break Down the Fictitious Barriers and Ideas of Superiority That Promote Separation and Wars. Thus, they decided to eliminate the artificial fears instilled by external media that drive people toward submission and absurd obedience, which leads to slavery disguised as protection.

4) THEY UNITE THROUGH THE STRENGTH GENERATED BY CONNECTING TO THE INNER SOURCE THROUGH KNOWLEDGE IN A CRYSTAL-CLEAR MIND AND LOVE IN A KIND HEART.

5) In This New Film, the Strong Help the Weak, the Intelligent Help the Uneducated, the Wise Help the Ignorant, the Healthy Help the Sick, the Holy Help Those Who Are Not So Holy, etc.; Because We Are a Family, We Are One, and We Are Equal in Essence, Light.

6) Yes, yes, yes, in this NEW FILM, **the Actors are also Co-producers**, and we move from competition to cooperation, from separation to solidarity, from being number one to being ONE. We are Blessed.

7) **REGULAR, CONSCIOUS PRACTICE OF THE FIVE-FOLD PATH CAN HELP US ON THIS JOURNEY, IF WE WISH IT.**

**OM SHREE OM
OM BLISS OM
OM ETERNITY OM**

NOTE:

Although Generally One Only Sees What One Wants to See,
You May Ask Yourself:
**What Movie Am I In?
What Character Do I Play?**

HOMA HEALING STORIES

Dr. Lilibeth Villamizar Piura, Peru, South America

A 53-year-old patient with superficial venous thrombosis, who had been under observation for a year, came to my office a month ago complaining of **pain, swelling, redness, and a hot right leg.**

Part of the leg had turned black, indicating that it had already become necrotic due to a lack of blood supply. The left leg had no serious complications, but was beginning to show the same problem.

Another doctor had told him that he had **Septic Cellulitis** and had

prescribed oral antibiotics and creams to help him recover. But the **patient continued to experience severe pain** and reported that this treatment wasn't working for him.

Although no treatment can be administered until a duplex ultrasound is performed for a more accurate diagnosis, I only applied ghee to his leg for 15 minutes. I couldn't even touch his leg because of the pain. I also gave him **Agnihotra ash to take. This reduced his pain, and he left.**

The next day he returned to my office. He was very surprised because **the swelling in his leg had gone down and the color had changed. He was pain-free**, and his leg was no longer hot. The patient is taking Agnihotra ash several times a day. He has also changed his diet.

The patient is feeling better. His leg hasn't swollen for a month now, and the color has changed. **Now, he walks without pain even though he spends the whole day on his feet due to his work, and both legs are fine.**



Dr. Lilibeth Iso uses the Homa treatment for her patients. They take Agnihotra ash several times a day and apply Agnihotra cream or Ghii, if it is indicated.



Patient upon arrival at the first consultation: he had pain, swelling, redness, and temperature



Patient's leg after 1 month

HOMA HEALING STORIES

Fedin Mendoza Moreira Guayaquil, Ecuador, South America

I came to know Homa Therapy through **Dr. Jaime Montufar** approximately 16 years ago. In those days, I was suffering from **severe gastritis**—serious and terrible—with **regurgitation problems and a lot of pain**. When I saw **blood in my stool**, that's when I became alarmed and I went to see the doctor. But after a while, I had to travel to another country for work, and my condition worsened there.

I have been reluctant my whole life to seek Western medicine, so coming back, I returned to **Dr. Montufar** and bought an Agnihotra pyramid on credit.

And I began practicing **Agnihotra every day**. I did the **Tryambakam Homa** before the morning Agnihotra, I did the sunset Agnihotra, and also the 5 a.m. Mantras that Dr. Montufar taught me. I followed these practices for several years—three or four years—and I took Agnihotra ash every day, several times.

The whole issue with the ulcer and gastritis stopped, without the need for surgery or any other treatment.

It's worth mentioning that my family thought I was crazy back then. They didn't want me to perform Agnihotra. They would leave, closing the doors and windows. They couldn't stand the smoke, the Mantras, or anything else.

Now, these days, they ask me to do it. Literally, honestly, they ask me to do it. If I don't do Agnihotra, they're asking me to do it. My children tell me, "Dad, Dad, there's a lot of negative energy, do the Fire, do the Fire." And it has to be done. And I do it; I enjoy doing it.



Veena Stefany Haselbarth Germany, Europe

I'm always impressed to see in the HomaHealth Newsletters so many people doing Agnihotra together. It's wonderful because it generates such a powerful energy. Here, I usually go out to the fields alone to practice Agnihotra, and it makes me very happy to be able to perform this technique even on my own, especially here in

Germany. Soon I'll be going with my mother to the Agnihotra Center in Germany, on Lake Constance. I'm really looking forward to that moment.

And now I'd like to share a healing story with you.

It's about the healing of a **naked/hairless dog** from Huanchaco, Peru. **She had a fist-sized tumor on her anus**. It was during the lockdown, so I spent a lot of time there with my friends. I asked the owner to **apply Agnihotra ash to the tumor every day**. At the same time, I mixed a **little of this ash into the dog's food every day**.

After three months, the tumor had disappeared.



AGRICULTURA HOMA - ¡LA SOLUCIÓN PARA EL FUTURO DEL PLANETA!

Eng. Franklin Vences
Ceneguillo, Sullana, Piura, Peru, S. America

Owner of a 13-hectare farm applying Homa Therapy:

All the diseases and pests we previously had in our lemon crops caused us many problems. They were:

- Citrus gummosis (fungus)
- Scale insects and aphids (whiteflies and sooty mold)
- Citrus tristeza virus
- Aphids
- Citrus leafminers

These have been eliminated without the use of agrochemicals.

The only thing we still have are some plants affected by the citrus rust mite.

My neighbor, Segundo Pérez Llacsahuanga, left **50% of his lemon crop treated with agrochemicals and the other 50% using only Homa Therapy.**

We have observed that there are currently **more fruits in the section treated only with Homa Therapy.**

At first, the section treated with agrochemicals seemed to flower better, but then it was attacked by a pest (Botrytis) and now there are fewer fruits.

The Homa Therapy sector flowered more slowly at first but then picked up speed and it is now **completely healthy, vigorous, and bearing more fruit.**

There is a negligible percentage of Botrytis in this area.

It should be noted that we haven't been performing the daily 4-hour Tryambakam Homa, nor the 24-hours for the full moons and new moons. We've only been performing Agnihotra at sunrise and sunset, along with about two to three hours of Tryambakam Homa daily.

As for the mangoes, they were **sweeter and had a better flavor. The native mango trees produced an off-season bloom, yielding an extra crop of fruit. I have never seen this before.**

They ripened at a time when mangoes are not usually available, so the market price is better.

As for the mandarins, they were observed to be sweeter than in previous years.



above: lemon tree with Homa
below: citrus with tristeza virus



Regarding the **papaya** we planted before implementing Homa Therapy, **the crop suffered from a general viral infection, but it has managed to produce a harvest and is now sustaining itself with Homa Therapy.** Of course, it has not been completely cured of the disease, but **it has managed to produce a harvest**, which is currently in the process of ripening.

Normally, a plantation with a viral infection dies immediately. There are no chemicals that can counteract this effect.

This same seed was also planted at the 'Higher Technological Institute' when the Homa Therapy project was implemented. In this plantation, **there are no visible signs of viral disease or any other disease.**

My neighbor, **Segundo Pérez**, is practicing Homa Therapy with me, and he is convinced of its benefits for three reasons:

- 1) The off-season blooming of all the native mango trees on my plot.**
- 2) Some nearby lemon trees, near to where Agnihotra is performed, were completely healed in a short time.**
- 3) He had some plantations with gummosis that have been revitalized, and there has been an overall improvement in the lemon plantation.**

ECO NEWS



"We all came from the One Creator, let us walk in harmony and honor each other and Mother Earth."

-Native American proverb-

GEOENGINEERING

12 Dec 2025 #NEWSMAX

Kristen Meghan, a former U.S. Air Force environmental specialist, claims decades of government-led geoengineering and chemical spraying are putting the public at risk and explained the purpose of chemtrails on Thursday's "Finnerty."



To see this interview, please enter: <https://www.youtube.com/watch?v=e2FwtAOTQgw>

EFFECTS OF ULTRA-PROCESSED FOOD An experiment

BBC News - Jun 10, 2023

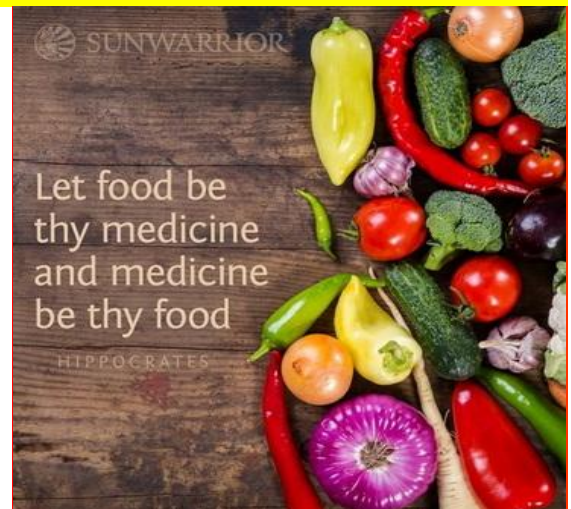
Researchers and experts say that in recent years, evidence has been mounting that ultra-processed foods are harmful to health.

The impact of ultra-processed foods is shown with the help of identical twins on very different diets.

The effect on their health was clear after just two weeks.

To see this short documentary, please enter:

<https://www.youtube.com/watch?v=wIhbYA5QLEw>



"The richest land in the world isn't the oil fields or diamond mines, it's the cemenary-where countless ideas, dreams, and talents are buried, never shared with the world."

Moral: Don't take your best with you to the grave. Share your knowledge, act on your ideas, and spread love. **DIE EMPTY-give everything before you go!**

-Harsh Goenka-

TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



***“Be tireless in
your efforts.***

***Love thy
Neighbour.***

***COME
TOGETHER.”***

***-Master Shree
Vasant-***



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“When you look to others, look to them with love. You automatically attract them with this great power. When you give in to sadness, your face changes, your energy lowers and people feel the pain in you, not the love. Even in times of great turmoil, you should never show such sadness to others. It weakens you and saddens them. When you have so much love inside you, you must give it. To keep the love, you must give the love.”

-Master Shree Vasant-



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Conduct yourself like you would an orchestra, all instruments tuned properly, in perfect harmony. Strive for perfect harmony.”

-Master Shree Vasant-

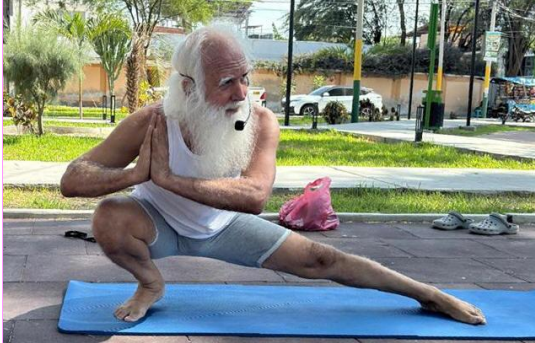
MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTRE PIURA, PERU, SOUTH AMERICA



MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTRE PIURA, PERU, SOUTH AMERICA



MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTRE PIURA, PERU, SOUTH AMERICA



THERAPEUTIC YOGA at the PROFESSIONAL REHABILITATION CENTER of EsSALUD, PIURA, PERU



THERAPEUTIC YOGA at the PROFESSIONAL REHABILITATION CENTER of EsSALUD, PIURA, PERU



TIMES of the HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES of the HOMA FIRES - CLUB GRAU, PIURA, PERU



“SBe honest with yourselves and look at big, important issues in your lives that heretofore have not been properly addressed. Then greater transformation evolves.”

- Master Shree Vasant -

Photos from Club Grau: 1) Presentation on the Effects of Agnihotra on Human Health 2) Simple Therapeutic Yoga Exercises with the Audience 3) Yoga Presentation by the Mokshananda Center and 4) Mass Agnihotra Practice at Sunset.



TIMES of the HOMA FIRES - CLUB GRAU, PIURA, PERU



TIMES of the HOMA FIRES - CLUB GRAU, PIURA, PERU



“Place full concentration on the Light. Do not waiver.”

- Master Shree Vasant -



INVITATION TO THE INTERNATIONAL HOMA FESTIVAL
IN PIURA, PERU, SOUTH AMERICA

TE INVITAMOS A PARTICIPAR EN UN
FESTIVAL CULTURAL
DE
SANACIÓN
AGNIHOTRA
(Terapia Homa)

EXPERIENCIA GRUPAL DE ARMONIZACIÓN,
PURIFICACIÓN DEL AMBIENTE Y EQUILIBRIO INTERIOR
MEDIANTE EL FUEGO AGNIHOTRA



MEJORA
el ambiente
que nos rodea



EQUILIBRA
la mente, las emociones
y el bienestar



CONECTA
en una experiencia
grupal de paz



LUGAR:
AUDITORIO PRINCIPAL
UNIVERSIDAD NACIONAL DE PIURA



FECHA:
23 DE MAYO



HORA:
3:00 PM

*¡Te
esperamos!*

VEN CON MENTE
ABIERTA Y CORAZÓN
DISPUESTO

CON LA PARTICIPACIÓN DE:
PROF. ABEL HERNÁNDEZ
Facilitador de Agnihotra
y Terapia Homa

UNA PRÁCTICA ANCESTRAL QUE
TRANSFORMA PERSONAS, FAMILIAS
Y EL PLANETA



ORGANIZA:



**TERAPIA HOMA
PIURA**



**UNIVERSIDAD
NACIONAL DE
PIURA, PERÚ**

**ENTRADA
LIBRE**



www.terapiahoma.com

With this HOMA FESTIVAL, we celebrate the Birthdays of Mahashree Gajanan Maharaj and Master Shree Vasant Paranjpe. Everyone is invited to join us in this International Mega-Event.

TIMES of the HOMA FIRES - JAÉN, PUCALLPA & EsSALUD CLINICA in CARABAYLLO, NORTH LIMA, PERU, S. AMERICA



“Observance of truthfulness in day-to-day dealings is the alpha of any spiritual discipline. When we decide to don the armour of truthfulness in thought, word and deed, whatever be the consequences, we experience an inner strength. We notice that people who come near us are less inclined to tell lies. Love pervades the atmosphere and harmony sets in.”

-Master Shree Vasant-



**Photos above, to the left, and on the next page:
Agnihotra in the EsSalud State Clinic CAP III Carabayllo, in North Lima.**

Clinical Psychologist Jorge Torres speaking and instructing his patients about the healing Agnihotra Fire of Homa Therapy.

**TIMES of the HOMA FIRES - EsSALUD CARABAYLLO,
NORTH LIMA, PERU, SOUTH AMERICA**



Photos on this page from various Agnihotra sessions at EsSalud in March.

Homa Therapy is offered once a week. Many patients attend this free service to improve their physical, emotional, and mental health.



TIMES of the HOMA FIRES - GUAYAQUIL, QUITO, CHAFLÚ & VINCES, ECUADOR, SOUTH AMERICA



“If a person is acting out of love then there is no ‘reacting’. Accept the other person as he or she is. If you do not like his or her actions, behave in the opposite manner but do even this out of love. If someone is gruff or seems angry then be full of love with that person.”

-Master Shree Vasant-



TIMES of the HOMA FIRES - GUAYAQUIL, QUITO, & VINCES, ECUADOR, SOUTH AMERICA



TIMES of the HOMA FIRES - ARMENIA, CHOACHI & BOGOTA, COLOMBIA, SOUTH AMERICA



“There are disturbing forces on the planet. They are affecting everyone.

We must be armed with only one weapon and that weapon is LOVE. None other will combat the forces of evil.”

-Master Shree Vasant-



TIMES of the HOMA FIRES - BOGOTA, GARZÓN, VILLAVICENCIO, RESTREPO & BUCARAMANGA, COLOMBIA, SOUTH AMERICA

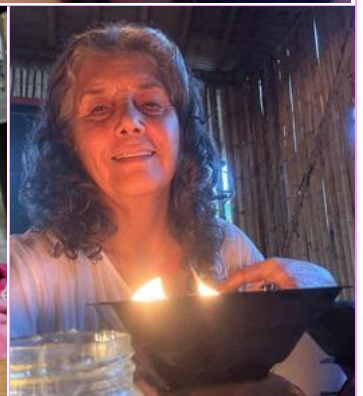


“If you go more and more into these disciplines, you will live in harmony. One word of kindness does more than twenty words of criticism or insult. One kind word, one kind thought, all the time. Smile.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - VILLAVICENCIO, RESTREPO & GARZÓN, COLOMBIA, SOUTH AMERICA



TIMES of the HOMA FIRES - BHARGAVA DHAM, SANTIAGO de CHILE & OTHERS, CHILE, SOUTH AMERICA



“In the pruning of the fruit trees great care is to be taken. It is best to prune these fruit trees at certain times. If it is the wrong time, fruit can be affected. It is like that. Just enough was told. PATH CLEARLY DEFINED. GOALS CLEARLY STATED. EVERYTHING MADE READY. And now the tree is being pruned.”

- Master Shree Vasant -



TIMES of the HOMA FIRES - SANTIAGO Y CURACAVÍ, CHILE



TIMES of the HOMA FIRES - ARGENTINA & VENEZUELA, SOUTH AMERICA, PANAMA CENTRAL AMERICA & FLORIDA, USA



“Fortunate are those who walk in the Light for they will be released. Come forward all in unity.”
- Master Shree Vasant -



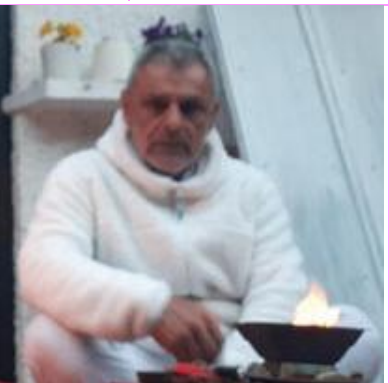
TIMES of the HOMA FIRES - WEST PALM BEACH, POMPANO BEACH, FLORIDA & ALBUQUERQUE, NM, USA



**TIMES of the HOMA FIRES - SPAIN & FRANCE, EUROPE
MAURITIUS ISLANDS, AFRICA**



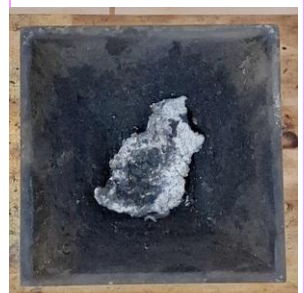
Kiko wrote about the photo to the left: 'My last Agnihotra at a visit in my cousins' house in Lyon, France. They are cat lovers.'



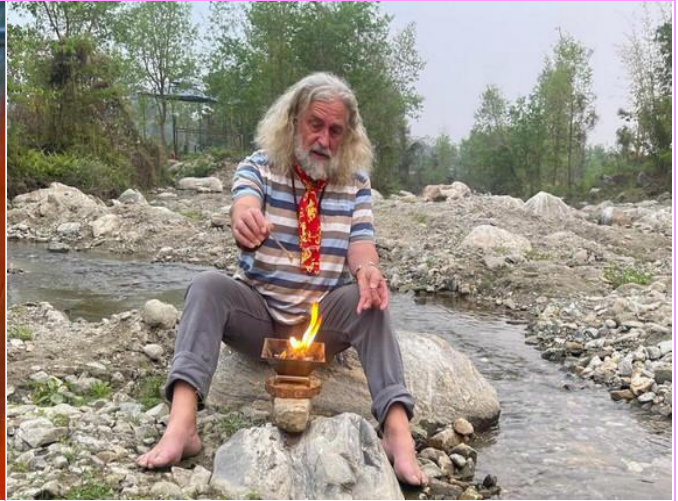
Janardhun Nuckched wrote from Mauritius:

Jay Gurudeva, today, 12th March, is our national Independence Day and the Republic Day. And today is also the World Agnihotra Day. A collective group intention for World Peace.

At times, the map of Mauritius was seen in the Agnihotra ashes. Feel like some message from the higher dimensions. I feel that Mauritius is being protected.



TIMES of the HOMA FIRES - BHADAPUR, NEPAL, ASIA



GRACE
*“See how this
AGNIHOTRA
fire is
spreading all
over with
little
planning or
preparation.
It is all
Grace.”*
- Master
Shree Vasant
-



WORLD AGNIHOTRA DAY in BELGAVI, KARNATAKA, INDIA



Vinayak Lokur wrote from Belgavi:

World Agnihotra Day was celebrated at Expert Valves with great zeal, reverence, and a deeply festive atmosphere. The event brought together more than 150 participants from diverse walks of life, creating a collective experience of harmony and spiritual upliftment.

The celebrations commenced with **Go Pooja**, setting a sacred tone for the evening. This was followed by powerful Vedic chants by **Sanjeev Acharya Walvekar**, who recited the **Shanti Sukta and Aditya Sukta**. He also offered insightful explanations on the timeless significance of the Vedas and their relevance in contemporary life.

Renowned spiritual guide **Shri Prasad Pandit Ji** then addressed the gathering, sharing profound wisdom on the practice of Agnihotra. He highlighted how sincere self-attention during Agnihotra can awaken inner divinity, foster self-realisation, and cultivate deep inner peace. He emphasised that peace in the world begins with peace within, and that the vast capabilities of the universe reside within every individual, waiting to be awakened through a disciplined Vedic lifestyle and practices like Agnihotra.

As the sun set, **Group Agnihotra** was performed, with over 150 participants...school teachers, yoga practitioners, industrialists, students, doctors, farmers, and women from various associations across Belagavi and beyond—coming together in a moment of collective harmony.



To mark the occasion of Women's Day, **Mrs. Nagaratna from Ashraya Foundation** was honoured for her dedicated service to society. She also shared her personal experiences with Agnihotra and its transformative impact.

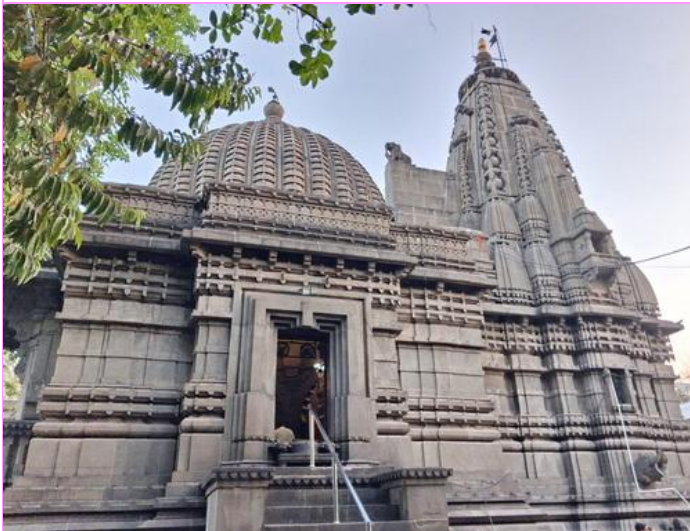
The event concluded on a note of unity, serenity, and shared purpose, reinforcing the message that ancient wisdom continues to offer powerful tools for inner balance and societal well-being.

See photos this and next page.

WORLD AGNIHOTRA DAY in BELGAVI, KARNATAKA, INDIA



WORLD AGNIHOTRA DAY in NASHIK, MAHARASHTRA, INDIA



Photos left:
Amogh and his family
on 12th March
in Pune
MH

WORLD AGNIHOTRA DAY in BANGALORE & OTHERS, INDIA



HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist

MANAGING ADDICTIONS

A KEY TO THE STAIRWAY TO HEAVEN



If it is true—and much evidence so indicates—that we humans all have addictions, IDENTIFYING them and then coming up with a ‘treatment’ plan, are good beginning steps.

The severity and extent of Addiction A compared to Addiction B varies of course. But a clue is to what extent it interferes with your life or, worse case scenario, makes your life unmanageable.

Well “interfere” may be a ‘loaded’ or easily manipulated word, and a phenomenon with built-in possibilities for self-delusion, illusion and additional ‘ions.’

First of all, to ‘admit to’ an addiction is not to admit to a character flaw or lack of self-discipline, no more than thinning hair in older age is connected to some failure of morals.

It’s a part of the ‘game,’ the game of life. It goes with the territory.

Your addictions —or propensities or habits or samskaras (old impressions on the mind), if you prefer—are part of your reality, and your ‘game plan’ best acknowledge them.

Failure to do so may not exactly condemn you to places unwanted, but if there is a “STAIRWAY TO HEAVEN,” reducing the pull of addictions will likely expedite your climb.

Feed your dog to avoid it pulling at your pants legs as you traverse your universe. One hand tied behind your back is not a good place to be. Our lives are not dress rehearsals.

Replacing a good addiction for a bad one may be one approach to try.

You are chronically late: try being chronically early.

Attractions ‘turn you on?’ Don’t look at her! Or look at her feet.

Recognition of a problem, and realizing you can’t fix it on your own, may be a call to action, whereby surrendering self-will to exceptional, external (Divine) guidance may remedy.

Best we understand, however, that free will is not returnable. It doesn’t have an expiration or “Best by...” date. SOONER THE BETTER may be a more apt way of looking at it.

Surrender—Total Surrender—is the pièce de résistance, the mountain peak, the fountain of youth—if that resonates with you.

So, ‘stuck’ with FREE WILL and its companion POWER OF DISCRIMINATION, how best may we avoid (or at least reduce) the Six Crocodiles—anger, greed, lust, pride, envy and attachment—all obstacles to our evolution, serenity, and peace of mind?

Each of us must find his/her path and then either trudge or merrily skip along the yellow—or red or mauve or teal) brick road moment to moment, to get closer to the SOURCE.

Thousands on every continent vouch for the importance and efficacy of **twice daily AGNIHOTRA** as a truly irreplaceable action for greatly reducing the effort needed for this ultimate journey. BELIEVE WHAT YOU EXPERIENCE.

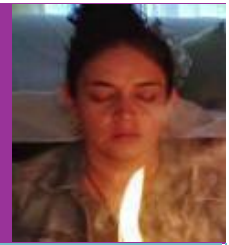
The nearer we get, just as the fragrance of distant incense increases as we approach its source, we gradually and inexorably KNOW, really know, we’re not only in the right stadium, but center stage awaits. The closer we get, our momentum and Grace carry us HOME. And what a glorious place, as promised, it is.

Indeed, the Kingdom of Heaven is near at hand. And surely we’ll recognize it when we see it, feel it, cherish it.

WOMEN IN COMMUNION

By Catalina Espinosa

SOMETIMES THERE ARE NO MORE SOMETIMES: FIRE AS GUARDIAN OF THE MOMENT



A few days ago, while having tea, a phrase came to me that kept echoing inside me: **“Sometimes there are no more sometimes.”**

At first, it felt like an unsettling whisper. A sense of unease arose as I associated it with death, with the end, with that which does not return..

But in the silence... something else was revealed: **presence.**

We live in a world that drags us toward the immediate, the productive, the measurable. We inhabit screens, fragmented moments, structures that keep us busy... but not necessarily present. And in the midst of all that, we forget an essential truth:

this moment—this precise and sacred moment—will never ever be repeated.

There is no second take for the now. There is no possible replay for life. And this is where fire appears as a teacher.

Fire does not repeat the moment

When you observe a flame, you realize something profound: no form repeats itself, no movement is the same as the one before.

Fire lives in absolute presence.

There is no past in the flame. There is no future. There is only a living, ever-changing, unrepeatable present.

Fire cannot be sustained in distraction. It demands attention. It invites contemplation. It effortlessly brings us back to the moment.

That is why, when we sit before the fire—whether in a Homa or in the simple act of observing a flame—something within us quiets down. The mind slows down. The body settles in. And we begin, almost without realizing it, to **inhabit the present.**

The Alchemy of not missing out on life

“Sometimes there are no more sometimes” ceases to be a frightening phrase... and becomes a guide. How many times have we missed out on living a “moment” because we were somewhere else?

How many moments have slipped away because we weren’t truly there?

Fire reminds us that life is not something that happens later. Life is happening now, in every breath, in every glance, in every encounter.

Just as fire consumes the offering in a single instant—without holding onto it, without repeating it—life, too, gives itself only once in every moment.

And in that act, it teaches us something essential: **presence is not missing out on life while life is happening.**

The altar of the now

Every time we light a fire, we open a portal. A space where the eternal and the ephemeral meet.

Fire not only transforms the dense into the subtle, it also reminds us that everything is impermanent, that everything passes, that everything is now.

And in that recognition, something settles within us. Presence ceases to be a concept and becomes an experience:

in the breath,
in the warmth on the skin,
in the sound of the crackling,
in the silence that emerges.

Fire teaches us to be. To stay.
To not flee from the moment.

An invitation

Perhaps “there are no more sometimes” is not a warning...but a loving call.

A call to look with attention.
To feel deeply.
To live with truth.

To allow each moment to be complete in itself.

Today, the invitation is simple: stop, breathe, light a flame—external or internal—and observe.

Because this moment...
the one you are living right now...
is unique, is unrepeatable and is sacred.

May the fire remind you of what the mind forgets: life happens only once... and it is always now.

HEALING MANDALA MEDITATION



"POETA EN REPOSO."

Mandala shared by Parvati (Fran) Rosen-Bizberg. © 2025
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Healing Mandalas, prints and t-shirts of original art are available in the website shop www.agnihotra.pl)

'FIVEFOLD PATH & SELF-REMEMBERING'

By Eng. Hector Rosas Almonacid

SERVE TO REMIND US OF OURSELVES - (VIII)



We have seen that the Vedas warn us of the essential and transcendental need to maintain the integrity of the atmosphere so that Life can develop normally and also, so we can move forward in our evolution. The Vedas also indicate that our thoughts, words, and actions are forms of energy that impact and have specific effects on the atmosphere.

If we disturb the atmosphere, its interaction with **PRANA**, the life energy that circulates through us and connects us with the cosmos, is modified, and the energies received by the place and the beings that inhabit it are also altered. Consequently, the energy cycles of the planet are disturbed, as also are those of our vehicle-instrument-medium (body-mind). Without the necessary specific energies, it becomes difficult for us to overcome our limitations and progress towards becoming a Channel of Light.

The immediate victims of atmospheric pollution and its degradation are Ecology and Ethics, and consequently, the quality of life, the possibility of evolution, and the happiness of the beings that live in that biosphere.

"The atmosphere we are in determines our health and our state of mind", Master Vasant reminds us.

In this month of April, when much of humanity honors the **Supreme Act of Love and the Rebirth of Jesus Christ**, we remember that part of his mission was to remove from the societies in which he lived, the nefarious practice of sacrificing animals as an offering to the Divine. The violence of this form of worship, completely removed from what we understand as **PEACE**, produced effects on the atmosphere and on the minds of human beings, which were diametrically opposed to what those societies

had been led to consider as an approach to and a tribute to the Divine.

Today, much of humanity has progressively adopted a way of life that permanently pollutes and degrades the atmosphere in a massive and uncontrolled manner, aided by technological amplifiers whose operation, in too many cases, does not respect the balances necessary for the proper functioning of our biosphere. Furthermore, in this way of life, we are increasingly alone despite living amidst a growing and electronically interconnected multitude, and further disconnected from Nature, our Mother and Teacher.

To correct this situation, **Parama Sadguru Shree Gajanan Maharaj**, an avatar, has come to the planet to remind humankind of its divine heritage and bring it back to its Home journey. To this end, He has reiterated the need to turn our attention to the scientific knowledge delivered in the Vedas at the beginning of time, so that, based on this knowledge, **humankind may reassume its role in maintaining the balance of the biosphere and progress in its evolution.**

If the bloody rites previously practiced on 'special occasions to appease' the Divine had harmful effects on the atmosphere, the toxic consequences generated daily by a large part of the world's population following a misguided and escalating pattern of behavior, can only culminate in the destruction of our biosphere and our lives. The accelerated loss of biodiversity in flora, fauna, and microorganisms, in addition to the climate change that scientists warn of, are only the most visible symptoms of this destruction. Mental health is another dimension in crisis.

SERVE TO REMIND US OF OURSELVES (VIII) - cont.

Master Vasant reminds us of the Vedic Teachings:

"The world, Earth, this planet was not an error. It was made perfect so that all could work out their particular Karma. It must be done in a prescribed manner if it is to remain perfect. If it is to be perverted, then there must be destruction because no longer is it operating by natural laws; so, the Law of Karma continues to operate. Yajnya will restore this planet and all to a normal cycle, a normal plan of operation, an intended course".

To manifest the Light (love) that lies within each human being is the purpose of human life. Humanity, living in the biosphere of planet Earth, attends the 'school' where it learns to overcome the difficulties we face in manifesting that Light. In this life, we confront situations that help us grow in our capacity for understanding and acting. We relive specific situations to develop skills and capacities for empathy, that allow us to always react with the greatest possible love to all the circumstances we are faced to. Life is a laboratory and a workshop for practicing and growing in the capacity to love.

At the end of **The Sermon on the Mount**, the heart of **Jesus' Teachings**, the evangelist Matthew writes: *"And it came to pass, when Jesus had ended these sayings, the people were astonished at his doctrine, for he taught as **one having authority**, and not as the scribes."* The authority he had received came from living and practicing the Teaching, from being the Teaching himself.

The integral science of the Vedas, revived by **Shree Gajanan**, warns us that the critical ethical and ecological situation we are experiencing because of pollution, can be reversed through the widespread practice of **Agnihotra** and the **Fivefold Path of the Vedas**.

If our thoughts, words, and actions are energies that impact and affect the atmosphere, we must purify our minds so that our thoughts, words, and actions become the manifestation of the Light that lies within each of us. In this way, with our purified atmosphere, we can contribute,

through our actions and loving vibration, to purify the atmosphere of our surroundings, allowing Light to reach the biosphere and all beings.

*"Wisdom of ages, **Love thy Neighbor as Thyself**, is now being delivered through the ATMOSPHERE,"* Master Vasant tells us. *The planetary emergency compels us to adopt and practice a way of life that respects the planet's natural cycles and accelerates our connection with the Light that lies within us. The program for achieving this is the **Fivefold Path** of the Vedas.*

Message from Parama Sadguru Shree Gajanan Maharaj December 25, 1982

*Oh travellers of Kingdom of Heaven
travel on Fivefold Path
Path of Almighty Father
Path of Ancient Rishis
The Path of Holy Prophets.
Light, everywhere light.
No fear of day of judgment
No cares, no anxiety.
Bliss, ever Bliss.
Kingdom of Heaven
is near at hand now.
Oh, near at hand.*

In this message, Shree Gajanan tells us to live without fear, without false worries, with confidence and faith, that we are not alone and that the Kingdom of Heaven is very near (in fact, within us).

We must renew our minds and have the gaze of a child: trusting, open, without ulterior motives, joyful.

Once again, Master Vasant reminds us: *"The purer we become, the more the Divine can use us for this special work of spreading LOVE thy neighbor, through HOMA healing fires.*

All of us have such an opportunity to SERVE. Example is the best teacher." To SERVE and, at the same time, help ourselves.

**I hope you have had a Happy Easter
and Happy Second Birth!**

MASTER SHREE VASANT - ON SILENCE

February 28, 2026



Rory: There was a beautiful quote about Silence.* (See next page) Is it stopping thoughts or stilling the mind? I would like to hear more about that.

The world is loud. There is the news of the day, there are people calling you, there are people asking for attention, and there are responsibilities in life that require conversation. So, at the very least, you have sunrise and sunset when you sit for Agnihotra and then at least, you are silent for a few minutes in the morning and the evening.

When the world is not demanding your attention, your thoughts are demanding your attention, so all the time the energies are outgoing or at least ingoing and outgoing. How can you get in touch with what is inside of you? Through silence. Through silence.

It is like entering another world, going into that world of silence where the outer world is switched off. And through deep breathing, you can reach a point where your thoughts are slowed down until you come to that point where silence is uninterrupted, where the breathing slows down and the mind stops racing. And stay there for a while in that clear river of silence. All the answers that you have been searching for come in that silence. And some of the questions that don't require answers dissolve in the river of silence.

Everyone needs that now more than ever—periods of silence. Ideally daily. And then you come to realize, whenever you are faced with a dilemma or a decision that has to be taken, you don't have to analyze and discuss it for hours (sometimes you may need to discuss it). You take that information and go to your place of silence and just sit in that place of silence. Many times, one does not need to ask the question; the answers just come, and at the time you need to know them, they come automatically.

It is an important practice to develop now, that silence.

And in that place of silence, healing takes place, intuition is sharpened, and everything is seen, everything is given.

You can say:
Silence gives breath to life.

We meet again soon; there are many things to tell for these times and for times to come.

Walk in Light. All Love and Blessings to all.

OM TAT SAT.

MASTER SHREE VASANT - SILENCE

SILENCE gives breath to life.
SILENCE reveals all the secrets of the universe.
SILENCE will provide all answers
When you are silent, Our Voice is more clear.

But SILENCE is more than 'no speech'.
SILENCE is to still the mind,
To fill it with holy name, mantra,
To drown out fears, to redirect desires.

SILENCE is the first step towards
Attuning free will with Divine Will.
How can you know what is Divine Will
If your mind is so full of illusion?

SILENCE will bring you to it.
SILENCE will bring you to it.

Shree Vasant
December 6, 2005

Santa Elena De Uairen, Gran Sabana
Bolívar State, Venezuela

MASTER SHREE VASANT - ON HEALING RELATIONSHIPS AND FORGIVENESS May 11, 2025

When one heals one's relationship with whomever one has been in deep conflict with—whether a parent, a friend, anything that has caused great pain—When one is able to heal that within oneself and eventually become able to, and active, in forgiving that person, a healing takes place that is actually generational. Especially in case of a parent, the parent whom you have been able to forgive also heals. When you heal those old wounds of the past, those wounds will be stopped from continuing in the next generation...

It is great power, the power of FORGIVENESS. And the soul who is able to forgive radiates a strength and power of Grace capable of healing and assisting in transforming others around him.

May you walk in the brightest Light of Love.
All Love and Blessings.

OM TAT SAT.

(These messages are from our beloved Shree Vasant
as received via Parvati during group meditations at Bhruhu Aranya in Poland.)

FROM INTUITIVE GUIDANCE

(Received through Parvati Bizberg, Poland)



ORION, January 18, 2026

On this day, as in past years, we were guided to light a Vyahruti Homa fire & gather together at the three Points of Light (*Maheshwar, India, Bhruqu Aranya in Poland, and Elqui Valley, Chile*), to send **Light and Love to the whole planet.**

As we fight tyranny in the world, We shower this planet with Light. Let the dark forces of division strengthen your resolve to work for UNITY.

Rise in ONENESS.

Do not permit the darkness in the world to enter your heart.

Purify and strengthen all that brings you nearer and nearer to the Light.

Reflect that Light in all you do, in all you say.

All Paths of Light converge as one.

Put down your struggles. Do not allow them to define you.

Your very beings are made of the Light which you seek. Light will find you.

All those whose hearts seek the Light, may they see their way through all darkness. Indeed, it is the Light which will prevail.

You cannot fight darkness with darkness, lest you become tainted with it yourselves.

Only Light. Only Love.

Only through deep, transformative prayer can the world come into a state of ONENESS.

Yes, yes. It is through embracing all which is Light, and in keeping the company of those who carry the Light, that you will rise, release old fears, old judgments and even the temptation to hate.

Walk in Light, undeterred. When an

obstacle appears on your path, overcome it. Over, under, around or through—move on undeterred, hearts full of love.

And Light shall prevail, dear ones.

Let there be no separation nor division between the people of God, the ones who seek, the ones who serve. Through Divine Unity, humanity can heal.

We send you all Light of the universe, beloved beings of the majestic planet Earth.

One Love. One Light.

We are one with you

We are in gratitude

We are, Orión.

ORION - IN DEFENSE OF NATURE

Just as we encourage human beings not to stand idle while the environment gets systematically destroyed, so Nature will never stand idle while her planet is endangered. If She rises up, she does so in defense of her borders, to protect her land, water and air. She will rise up in fire. She will rise up in water. She will erupt in volcanic explosion. She will shake her roots in tremulous earthquakes. She will lift cities in hurricanes, flood lands with tidal waves—until she is heard. Be aware of her might and of her majesty.

Rise up in her defense as she shall rise in yours. Take back your environment from the hands of greed and lust for Power. This is one shade of the meaning in 'The meek shall inherit the Earth.' Indeed, it will be so.

For more information please see:

www.oriontransmissions.com

Thanks for Sharing the "Good News" with this HomaHealth Newsletter!

For more news about Homa Therapy please see the 'Satsang' magazine .