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SHREE VASANT

FROM INTUITIVE
GUIDANCE

SWAADHYAAYA

Yes, yes, yes, it is usually said that Swaadhyaya (स्वाध्याय, svādhyāya) is a form of self-study centered on the questions “Who am I?” or “What am I?”

We are, in a way, conscious beings. This may be a source of a certain—albeit somewhat unjustifiable—pride, of course, but it’s also just one side of the coin.

The fact is, while being endowed with consciousness can be advantageous—going hand in hand with our ability to think abstractly—it’s also a source of potential problems that other species don’t have to face. And one of those potential problems can arise when, inevitably, a classic question pops into our stream of thoughts: **“Who am I?”**

What would happen if we added more questions, as a reporter does when conducting an investigation, such as:

Who did it?

Why did they do it?

Where did they do it?

How did they do it? Etc.

On the other hand, someone else might add:

Who’s asking?

Why are you asking? Etc.

This shows how the observer, the observed object, and the process of observation can multiply and make our investigation more complex.

These questions can be useful to a certain extent. But we can also realize that trying to



answer “Who am I?” through logical, mathematical, intellectual, philosophical, and other such questions can lead us to many empty or blank answers.

Although many say, *“I only believe in what I can see and touch,”* the range of our sensory perception is very limited, and there are, in fact, other worlds of microscopic organisms and macroscopic bodies confirmed by conventional science, even though we do not perceive them with our common biological senses.

Furthermore, there are many testimonies of:

- a) people who have experienced clinical death and returned to life, and
- b) people who speak to “souls on the other side”

And they talk about “life after death”. These experiences that defy the regular senses.

Fortunately, spiritual scientists invite us to go beyond the intellect and senses, to explore deep within, and expand our Consciousness through the Practice of the Fivefold Path (Yajnya, Daan, Tapa, Karma, and Swaadhyaya) to come to know the Cause of Causes and what **Sat Chit Ananda** is all about.

**OM SWAADHYAAYA OM
OM SHREE OM**

HOMA HEALING STORIES

Nexus

Selangor, Malasia, Asia

I want to share some of my experiences I have had with the practice of Agnihotra from Homa Therapy. I came to know this practice at the end of last year and it has changed my life and also my surrounding. I give gratitude and thanks to the great Masters who brought this ancient knowledge of Agnihotra on this planet for the benefit of all human beings.

I also want to thank my teacher, **Sunyogi Umasankar**, and finally to Mr. **Munusamy**, who introduced me to the practice and kindly has guided me.

1) After just 2 weeks of sunrise and sunset Agnihotra practice, my mom, who had been suffering with a **sleeping problem for years**, said, she could **sleep well and didn't need any longer a coffee in the mornings**. And she doesn't even sit with me for Agnihotra as I'm practicing it upstairs by myself. Also, I didn't tell her about Agnihotra as she is a typical Christian and it proofed very difficult to explain Homa Therapy to her. Hence, I don't bother any longer telling my family and some of my friends, but let the energy of Agnihotra do the alchemy. Some people choose to live in a mental prison.

2) A friend came over to do sun yoga with me and said that he was going through the worst time of his life, having some **illness and an unstable mind**. Since it was time for sunset Agnihotra, we did it together and he learned chanting the Mantra. Already **dafter the fire had extinguished, he said he felt much better, peaceful and stable**. After a few weeks I meet him again and he said that many of his negative patterns had been reduced and he sees improvement with his attitude and that even his mom remarked on that. Also, some time later, he finally **found a decent job** as he had only been doing odd jobs for a long time

3) During Agnihotra, when I place my hands, palm facing towards the healing flames near enough to absorb the warmth and the subtle magnetic energies and then place them for 5-10 or more seconds on parts of the body, I can feel it's healing energy in the heat. I had **knee and shoulder pains**, and these have been **healed within 2-3 weeks**

4) Recently I've used my phone compass to check the magnetic field around the Agnihotra setup place. It tells me that there's an error due to strong magnetic field. If I just leave the room, the reading changes to normal. **The magnetic intensity near the Agnihotra copper pyramid distorts the compass**, and that after just a few short weeks of performing Agnihotra, which I am not even doing that consistently, especially the evening Agnihotra.

(*A reading of 82 microteslas (μT) on a digital compass or a phone's magnetometer indicates strong magnetic effect, as it is significantly higher than the Earth's natural magnetic field, which ranges from 25 μT to 65 μT , depending on the location.)



Nexus (right) sharing Agnihotra with his friend, Mr. Munusamy.



HOMA HEALING STORIES

Nexus reports from Malaysia - continued

5) Once **I've felt an electric charge flowing all over my body** as soon as I started sunrise Agnihotra. It was as if I was struck by a mild lightning, so incredibly powerful! And it lasted for 5-15 minutes! The intensity was increasing and over time gradually dissipated. This only happened once, so I think I was in the right dimension of consciousness to experience the subtle reality that's happening with **Agnihotra, regardless if one can perceive it or not.**

6) A local psychic friend of mine says that Agnihotra produces **effulgent light** and its coverage is so huge that the **people and places surrounding the place receive it benefits.**

While another psychic friend of mine in the US says that he instantly felt **cleansed**, including his home, as soon as he saw the video and pictures of the Agnihotra I had shared with him.

And another spiritual Russian acharya friend of mine said, when we did Agnihotra and chanted the Mantra together, that **"there was this huge wave of energy and that he was able to observe the Ego. It felt so powerful that his tears started to flow."**

7) In our neighborhood **some burglaries were happening on and off.** But since I **started practicing Agnihotra, these stopped.** And we were also **protected from a fire**, which could have ended in a great disaster. I feel this **protection is thanks to the practice of Agnihotra.** Now, the worst thing that happens in our neighborhood is that a cat leaves its poo in front of a neighbor's door.

8) **Evil Eyes**, which are evil intentions, jealousy, judgement, envy, etc. from people have been **removed by Agnihotra.** Any symptoms or purging of these lower vibrations are a good thing. I guess **Agnihotra is the most budget Homa and most efficient** in the highest energy reception at that perfect time of sunrise and sunset. It is the peak moment of the powerful sun waves sweeping in to the exact geolocation where we do this ancient healing practice.

9) A friend called me and said that his brother (a senior citizen) has had a motorbike accident (hit and run), in which **his legs and hip got injured.** Due to his financial situation, he was not able to buy any medication or do treatments. So, he was bound to a wheelchair. This friend asked me if I could get someone to help with quantum healing for him. **So, I decided to help through Agnihotra, if it was the Divine Will.** Towards the end of the Agnihotra session, I placed his picture in front of me, said his name out loud and visualized divine cosmic rays from above coming into the crown chakra and then down to his heart chakra and from there outwards enveloping his whole body with divine love and light. **Three days later, my friend told me his brother could walk again.**

10) A friend came to stay at my home temporarily; she had been staying with an ascended master in India and had been doing sadhanas and seva all her life. She said that she **felt a huge stream of descending light when she sat with me for an Agnihotra session.**

Although if we compare: the Agnihotra copper pyramid is smaller than the plate from which we usually eat our lunch and the ingredients for Agnihotra are far less than what we eat to fill our stomach, **the effect of Agnihotra and its energy is so tremendous.**



HOMA FARMING - THE SOLUTION FOR THE FUTURE OF OUR PLANET!

Shyamnarayan Sriram Vishwakarma
Bhopal, Madhya Pradesh, India

The effect of the Agnihotra practice and the application of its ash on the guava tree in my garden.

I observed the following:

- 1) First, I should mention that guavas are not currently available in the market during this season, but I do have them on my tree, thanks to the regular practice of Agnihotra and the application of its ash.**
- 2) I've noticed a record number of guavas on my tree.**
- 3) The taste of my guavas is much sweeter than from the guavas that one can usually buy in the market.**
- 4) The size of my guavas is almost double the size of the market guavas.**

Agnihotra is a wonderful gift from ancient vedic science, which anyone can use due to its simplicity and economy.

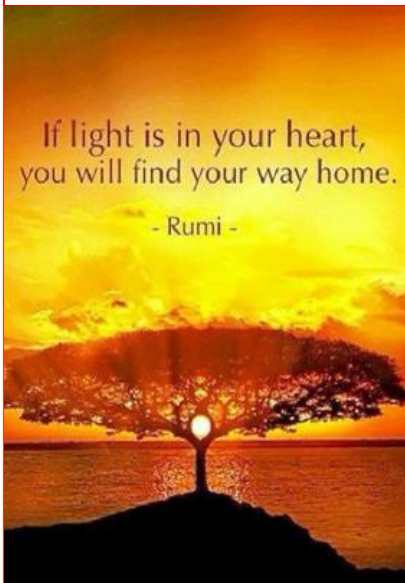
Nature gives her abundance and health in so many ways for this small service towards her with Agnihotra.



Above: Shyamnarayan practicing Agnihotra below his guava tree (photo below)

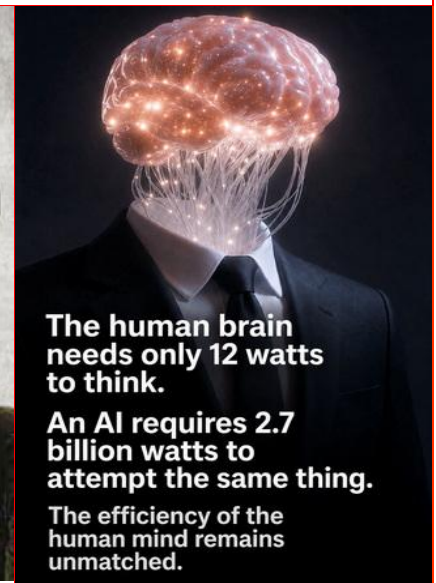


ECO NEWS



Don't just teach your children to read... Teach them to question what they read. Teach them to question everything.

George Carlin



The human brain needs only 12 watts to think.

An AI requires 2.7 billion watts to attempt the same thing.

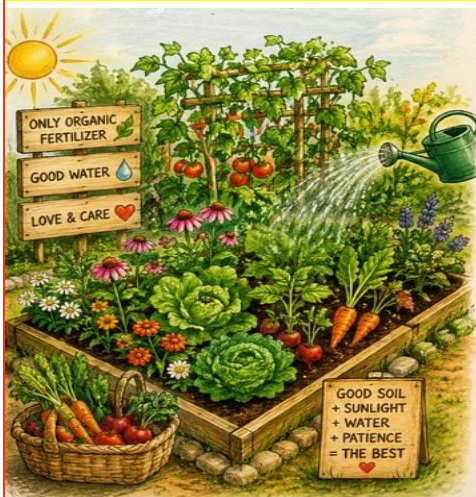
The efficiency of the human mind remains unmatched.

COMMUNICATION TECHNOLOGY AND THE STRUGGLE FOR FREEDOM

Pavel Durov - June 1, de 2026

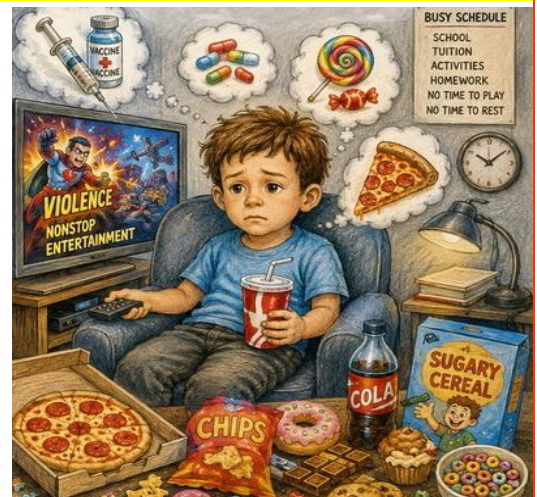
He created platforms to protect freedom of expression when speaking freely became dangerous.

At the Oslo Freedom Forum, Pavel Durov shares how Telegram emerged from a commitment to free expression and why defending digital freedom is central to protecting human rights today. **To watch his revealing speech, please enter:**
https://www.youtube.com/watch?v=1Yq_5aDdJ24



You make sure that you don't let any poison into your garden.

¿What do you let into your children's body?



What the FLOCK?!

Big Brother is no longer fiction. As AI-powered license plate readers spread across America, Jefferey Jaxon dives into how Flock cameras track vehicles and movements, why communities are demanding their removal, and whether this rapidly expanding surveillance network violates the Fourth Amendment.

AIRDATE: July 23, 2026 - Jaxon report

<https://thehighwire.com/ark-videos/what-the-flock/>

TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



In Piura, Peru, continue the teaching and practice of Agnihotra healing fires with the Homa community three times a week.

Since the Homa Cultural Event at the National University, more people have been attending and practicing this beautiful, simple, effective, and so economical ancestral technique for healing, harmonizing, and aligning body, mind, and emotions.

This simple practice is a tool for well-being, especially during these times of great turbulence, in the outside world and within ourselves.

Prof. Abel not only teaches the practice of Agnihotra but also consistently encourages Swadhyaya—self-study for self-realization. Each gathering is a divine gift, and we are deeply grateful for these.



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



Photos on this page: Agnihotra gatherings where we can experience our deep inner silence... at the Marisol Homa Meditation Center in Miraflores, Castilla, and at a "Women's healing Circle."



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



Photos on this page:
Weekend gatherings with mass Agnihotra Practice; Saturdays at the vegetarian restaurant "Matheos" and Sundays at the vegetarian restaurant "Ganimedes." These meetings are "Festivals of Light & Love" with teachings that help keep us on the path toward well-being and real joy.



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



**“YAJNYA effects are now amplified.
Fifteen minutes of Yajnya is
completely rejuvenating and the
healing effects of Yajnya and
Agnihotra are now amplified to the
highest degree.
You will notice change in the
atmosphere instantly after fire is
done.”**

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



“Agnihotra is the way. People will begin to see now. They can easily feel the tremendous peace that comes by Grace by its mere performance alone.”

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



**INTERNATIONAL YOGA DAY
at the LOS AGUAS PARK**
Yoga Teachers Promoting Health and
Well-Being through the Ancestral
Science of Yoga & Yajnya.



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



To conclude this beautiful INTERNATIONAL YOGA DAY and SOLSTICE, the atmosphere was infused with fragrances and vibrations of Love, Peace, Joy, Gratitude, ... through the Agnihotra Fires, right in front of the Virgin Mary.



“Body cannot go on being abused or neglected. Body is given as instrument here on earth. It is to be reasonably cared for and kept clean and well fed. It is not to be obsessed over and thus the center of one’s attention, but conversely it is not to be denied or ignored. Somewhere in the middle. Generally speaking, **EXERCISE IS THE KEY.**”

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



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TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



Photo above: Presentation on the Effects of Homa Therapy on Human Health by Prof. Abel Hernandez at the Piura office of the Ministry of “MENTAL HEALTH”. This ministry was opened out of necessity following the COVID-19 pandemic. Eight out of 10 people in Peru who need mental care do not receive it. Forty percent of young people between the ages of 18 and 24 have significant clinical mental health issues.



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



TIMES OF THE HOMA FIRES - PIURA, PERU, SOUTH AMERICA



In Piura, for many years, a **24-hour Triambakam Homa** has been practiced on **full and new moons**. Participants sign up on a list that Mrs. Adela posts in the WhatsApp group, and Agnihotris



participate in this Homa from their home, sending a photo at the start and another at the end of their hour. Agnihotris from other areas, such as Lima, Tarapoto, Pucallpa, etc., also participate.



MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTER PIURA, PERÚ, SUR AMÉRICA



MOKSHANANDA YOGA-HOMA-MANTRA-MEDITATION CENTER PIURA, PERÚ, SUR AMÉRICA



Photos: There are always new postures, physical challenges, joy, cooperation ... in the classes at Mokshananda with Professor Abel. Yoga classes also continue at the CAM (State Health Center for Senior Citizens) organized by EsSalud Peru.



TIMES OF THE HOMA FIRES - JAÉN & PUCALLPA, PERU



TIMES OF THE HOMA FIRES - PENIPE-RIOBAMABA, ESMERALDAS & GUAYAQUIL, ECUADOR, SOUTH AMERICA



TIMES OF THE HOMA FIRES - GUAYAQUIL, CHAFLU, RIOBAMBA & QUITO, ECUADOR, SOUTH AMERICA



TIMES OF THE HOMA FIRES - BOGOTA & VILLAVICENCIO, COLOMBIA, SOUTH AMERICA

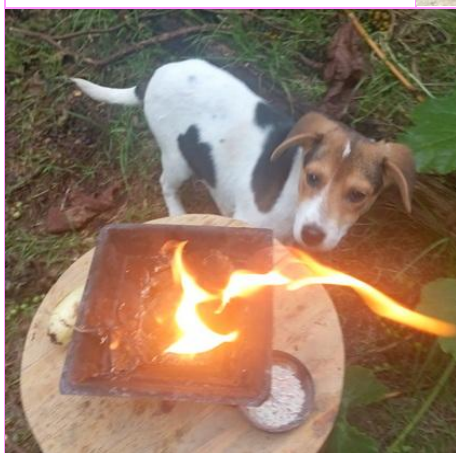


TIMES OF THE HOMA FIRES - ARMENIA, BOGOTA, STA. MARTA, VILLAVICENCIO & BUCARAMANGA, COLOMBIA, SOUTH AMERICA



**“What we do unto the
smallest among us,
the least,
the poorest,
the suffering,
the needy,
we do unto Him.”**

-Master Shree Vasant-



TIMES OF THE HOMA FIRES - CALI, COLOMBIA, SOUTH AMERICA



In Cali, Yoga teachers, **Jeiber Gallego** and **Melvy Pizo**, along with psychologist **Alejandra Moreno**, invited people to welcome the **SUMMER SOLSTICE** and celebrate the **INTERNATIONAL YOGA DAY** with Agnihotra and other activities.

Jeiber wrote:

It was an afternoon of gathering, awareness, movement, Sacred Fire, meditation, and community connection. Fire has been



recognized by ancient traditions as an element of purification and transformation. Through the ancestral practice of Agnihotra, we made a conscious offering to release what has served its purpose, sow new intentions, and harmonize our energy with the cycles of nature.

This gathering reminded us that we are part of the same fabric of life, where each heart contributes its light to illuminate the path for everyone. OM SHREE

TIMES OF THE HOMA FIRES - PEREIRA & SANTA MARTA, COLOMBIA, SOUTH AMERICA



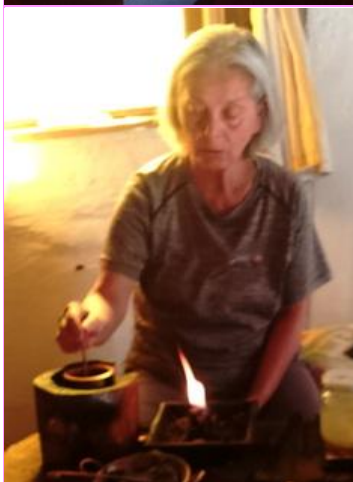
In Pereira, on the **INTERNATIONAL YOGA DAY**, Pavitram, a Krishna devotee and Agnihotri, took the opportunity to speak to the group about Homa Therapy and its benefits for **health and the environment**. He invited them to visit his vegetarian restaurant to participate in the regular practice of Agnihotra, basic fire of Homa Therapy (**photo above**).
Photos below from Santa Marta: Oscar Ardila and Mother Adriana.



TIMES OF THE HOMA FIRES - BHARGAVA DHAM, ELQUI VALLEY & ACONCAGUA, CHILE, SOUTH AMERICA



“The healing effect of Agnihotra is strengthened with other pyramid fires based on the faces of the moon, etc. The small copper pyramid acts as some kind of portable generator of a micro—healing—atmosphere.”
-Master Shree Vasant-



TIMES OF THE HOMA FIRES - CARACAS, VENEZUELA & PANAMA



Photos on this page, top and left:
Gustavo León wrote from Venezuela:
Agnihotra at sunset at 'Casa de Canto Lunar' in Caracas. Blessings flow endlessly. During our time together, we had the joy of receiving wisdom from our beloved sisters of the Kariña ethnic group, affirming Master Vasant's research into pre-Columbian and ancestral fire practices in Venezuela and South America.
Infinite Grace. Om Shree



Photo right: Tania Bareto and her friends María Guillen, Amarilys, and Karin performing Agnihotra and Tryambakam Homa.
Photos below left: Tania, a devoted Agnihotri for 32 years. On the right: Kenia Palma from Panama, in front of Agnihotra.



TIMES OF THE HOMA FIRES - WEST PALM BEACH & BOYNTON BEACH, FLORIDA, USA, NORTH AMERICA



**“Message is simple. Love thy neighbor as thyself.
Truly love. Then life is complete.**

**Be constantly acting in the spirit of service.
Then other thoughts are irrelevant. In marriage, think always of the other
person’s needs, whatever they are.”**

-Master Shree Vasant-



Dr. Mario Chávez, a biology professor and naturopathic physician, along with his wife, **Dr. Yuriyu Ortiz** (left), a naturopathic physician, are practicing and teaching Agnihotra since many years at **MAYU**, their Nutrition Center in West Palm Beach. **Always in service of the community.**



TIMES OF THE HOMA FIRES - WEST PALM BEACH, BOYNTON BEACH & ORMOND BEACH, FLORIDA, USA



TIMES OF THE HOMA FIRES - IOISIRS DE GOULE, FRANCE



Photos of this page:

The practice of Agnihotra is taking France by storm!

Baba Bernd from Heiligenberg, Germany, held a seminar on Agnihotra, where many people learned this ancient healing technique.



TIMES OF THE HOMA FIRES - SPAIN & POLAND, EUROPE



Photos on this page:
Top: America Camacho
with friends
nourishing Mother
Earth with Agnihotra.

Right: Kiko Espinoza
with friends practicing
Agnihotra.

Bottom: From a
workshop on
Agnihotra organized
by the Homa
Foundation of Poland,
held at the 'AKAMA
CENTRE' in Bielsko-
Biala, Poland.



TIMES OF THE HOMA FIRES - ECO VILLAGE BHRUGU ARANYA, POLAND, EUROPE



Photo left: Agnihotra on the balcony of **Centre of Light**, Ecovillage Bhrugu Aranya, Poland.



Photo left: Om Shree Mantras at Bhajan Cafe. Suwindi performing Agnihotra. About 50 people came. **Photo right and below right:** View of the eco-village's beautiful vegetable garden.



Here is: **Tom Dorfman (foto above)**, longtime Agnihotri visiting his 'second home' here! From USA, sharing Agnihotra with our guest Ania's two little daughters from Spain.

Parvati sent the photos of this page and wrote:

We have had wonderful guests this year at Bhrugu Aranya in Poland. From Poland, all over Europe, India, Peru, and U.S.A. Many came to learn Agnihotra and bring it back to their homes around the world.



TIMES OF THE HOMA FIRES - SAKURA, NEPAL, ASIA

Baba Bernd, during his last visit to Nepal, sent the photos on this page, which show him also visiting a school and teaching the children how to care for the environment through Homa Therapy fires.

The **school principal, Sachin Niroula (foto below right)**, is very grateful and wrote, among other things:

"The Homas have had a positive influence on the environment, the atmosphere, and the consciousness of this community. I have never seen anyone perform these sacred practices with such sincerity, consistency, and dedication. Thanks to your efforts, many members of society, school communities, and students have gained valuable knowledge and awareness about these practices. Your contribution will always be remembered.

I look forward to working alongside you to bring the message of Agnihotra and Homa agriculture to every home and community."



**TIMES OF THE HOMA FIRES - BOMBAY, BHOPAL, BELGAVI,
NEW DELHI & NASIK, INDIA, ASIA**



TIMES OF THE HOMA FIRES - BELGAVI & NASIK, INDIA, ASIA



Vinayak Lokur
wrote:

iGroup chanting and Agnihotra at sunset at the Gurudev Ranade Mandir in Hindwadi, Belagavi, to commemorate Gurudev's 68th Punyatithi and also World Environment Day!

(See photos above and to the left.)

The photos on the right and below were sent by Amogh Kulkarni (last on right) from Nasik,

when visiting the Fire Temple in Nasik with his cousins Shreyas and Soham and his friend Saroj.

The photos on the right show the Fire Temple in Nasik, where Mr. Arvind Patange has been practicing Agnihotra without fail for over 50 years. This temple was assigned to him personally by SHREE GAJANAN MAHARAJ.



TIMES OF THE HOMA FIRES - BANGALORE, KARNATAKA, INDIA



Nehha Bhatnagar
Bengaluru and Rural area of Karnataka state
India

I'm running a Foundation for girls in cooperation with my mother **Hemangi Bhatnagar**, she herself is an Agnihotra practitioner, and my family, including my husband- all support the "**Sarvam Shakti Foundation**" which was established in 2012.

In this Foundation holistic life skills like Yoga, Nutrition, Emotional Intelligence, Computers, Classical Indian Dance, English and Confidence building measures, etc. are being taught. All girls come from a marginalized background of parents who are daily wage labourers whose average income is

less than 10 dollars a day.

Beneficiaries from our Foundation, perform the Vyahruti Homa and Tryambakam Homa on each day they attend their classes, which is 5 times a week. They get a chance to do or participate in Agnihotra on these days, depending on their being present at that time (as timing for Agnihotra is fixed).

Photos on this page: Top - Mrs. Nehha practicing Triambakam Homa with a group of girls. Right: Agnihotra practice in Sarvam Shakti. Below: Homa therapy as part of the daily program—a help on every level.



TIMES OF THE HOMA FIRES - BANGALORE, KARNATAKA, INDIA

Nehha Bhatnagar
'Sarvam Shakti Foundation',
- continued

What really, really fascinates me is the excitement the children have for this part of their curriculum- they almost never want to miss it. The girls range from ages 8-15 and they all want to be the one who gets to set up the Homa fire and to perform it. They want to be part of the whole process by breaking the cow dung cakes, applying the ghee, lighting the fire, chanting the Mantra, adding the drop of ghee during Swaha when we practice Tryambakam Homa, or the rice during Agnihotra. They support each other in lighting the first peace of cow dung, in moving the cow dung cakes around if necessary, and quieting others if they fidget or are restless.



I had honestly thought kids would struggle to sit for this healing process quietly, but the excitement with which they follow the practice, and fold their hands and sit in Tryambakam Homa is such a pleasure to watch...

They love the fragrance of the dung burning--they love the process of focusing for those few minutes, and **I notice a perceptible calm** after the performance of the Homa...it's really a treat for me to participate in these sessions whenever I visit this Centre in Bangalore. **To have Homa Therapy in the curriculum is a great gift for all, on all levels.**

If you wish to know more about this Foundation, please see: www.sarvamshakti.org



TIMES OF THE HOMA FIRES - BELGAVI, INDIA



Dr. Chandana sent the photos on this page and wrote:

Agnihotra at sunset at the Atma-lingeshwara Temple in Belgavi. The purpose of this gathering was solely to perform Agnihotra. About 15 people performed Agnihotra, and about 150 people were present to receive its blessings.



HOMA PSYCHOTHERAPY

By Barry Rathner, Clinical Psychologist

IT CAN BE A BEAUTIFUL DAY IN THE NEIGHBORHOOD



You would think since all of us humans pretty much know we are going to the same place—sooner, later or eventually—we would COME TOGETHER, UNITE, and LOVE EACH OTHER NOW—whether or not we are neighbors.

Well, we may need to think again. The cauldrons in which many of us find ourselves—44 degrees centigrade, (111 degrees Fahrenheit) in parts of France (in June, no less)— hopefully would serve as a wakeup call to Climate Change Deniers and others whose heads are in the sand.

Alas, so far that is what is called WISHFUL THINKING. As greed, politics, power and ego conspire to recruit churchgoers to the CHURCH OF FOSSIL FUELS, the rest of us pray that the prayers of this church will fall on deaf ears.

“Be ye like a child to enter the Kingdom of Heaven,” we quoted recently from the Book of Matthew. We adults need to fulfil our roles as protectors of our children and grandchildren and GET WITH THE PROGRAM!

The program includes the humility and oft-time trusting and wide-eyed wonder, and guilelessness of children. They can teach us or remind us that they are the models of which the Book of Matthew talked.

In return for our raising and protecting them, the kids teach us how to love unconditionally, have faith...and have fun.

Merry Go ‘Rounds can be fun, but they are not exactly beacons of progress—as you return to where you began. Going around in circles is how it might be described. On the Merry Go ‘Round, we can choose which animal to ride or sit on or pet, but the end of that ride and the ride of life are preordained for all of us.

So rather than obsessing over which animal is our cup of tea, best we take a step or two (or more) back and try to see the bigger pictures. Not seeing the forest from the trees happens to us all from time to

time. But time is running out, dears.

“Do not lose hope. Do not become riddled with the fear that is in the air”.

- Shree Vasant

Of course, FAITH is a powerful antidote to fear.

“Faith is to believe in what you cannot see.

The reward is to see what you believe”.

- San Agustín

HOPE accompanies Faith in ways understood and in ways that are beyond our ability to perceive.

But it might be said that EXPERIENCE is a potent, powerful force that can nurture Hope and Faith. Believe what you experience. It’s yours.

Adding GRATITUDE to the mix helps us withstand difficult times and welcome easier times with less attachment and more appreciation.

FILL ALL THE SPHERES WITH LOVE has been our ‘marching order’ for those who practice Agnihotra and Fivefold Path for half a century (for some of us). It does not say ‘some of the spheres,’ or ‘most of the spheres,’ or ‘convenient spheres.’ It says ALL THE SPHERES.

A child on the playground does not assess, contemplate, expect, or judge. The devil may like or wear Prada (Editor: refers to the famous Italian luxury fashion house Prada), but it makes no difference to the child.

It could be very valuable if our SWADHYAYA (self-study—Step 5 of the Fivefold Path) concentrates on and takes us to higher and higher states of Love. This may involve not doing some things and not failing to do others—lessening our so-called sins of omission, and commission. The rewards can be tangible and serene and god-like really.

And that is most likely a normal day in the Kingdom of Heaven.

WOMEN IN COMMUNION

By Catalina Espinosa

THE FOOTPRINTS OF LOVE: A REFLECTION ON DAAN



A few days ago, I found myself looking at the scars on my body.

One by one, they began to tell me a story.

Some spoke of falls, others of lessons learned, some of difficult moments, and others of deeply transformative experiences. As I gazed at them, far from feeling repulsion, I was filled with tenderness, gratitude, and love.

Each one was evidence of a life lived.

Each mark spoke of a path traveled, of something given, and something received.

And then I wondered why we so often feel ashamed of our scars. Why do we try to hide them if they are, in reality, silent witnesses to our existence?

Scars remind us that we have loved, learned, stumbled, grown, and gotten back up again. They are proof that we have participated in this experience called life.

As I contemplated these marks, my thoughts turned to one of the most beautiful principles of the Fivefold Path: **Daan, the path of giving.**

We usually associate giving with something material. We think of offering time, resources, or help. However, Daan is much deeper. It is the ability to give ourselves to life through love and detachment.

It is understanding that every act leaves a mark.

Every word we speak leaves a mark.

Every act of kindness touches a heart.

Every smile offered to a stranger subtly changes their day.

Every time we stand by someone during a difficult moment, we leave an invisible imprint.

And just as there are visible scars on the body, there exist also invisible scars on the soul.

Some are born of pain.

Others are born of love.

Because every act of self-giving leaves a mark.

When we light an Agnihotra fire or participate in one of the Homa Therapy fires, we are performing an act of Daan. We offer a gift to the fire without expecting anything in return. We trust. We let go. We allow the act of giving to be sufficient in and of itself.

The same is true when we put ourselves at the service of another person.

When we listen without interrupting.

When we hold a hand.

When we offer a word of encouragement.

When we share who we are.

Daan reminds us that we will not always see the effect of what we give. Often, the traces remain out of our sight. Yet they remain there, forming part of the invisible fabric that binds all lives together.

That is why the practice of giving requires mindfulness.

Because we leave marks.

Because our actions have a reach beyond what we imagine.

Because we can become a presence that heals or a presence that hurts.

The scars on our body teach us something profound: every experience leaves a mark. And perhaps Daan's true invitation is to ask ourselves what kind of marks we want to leave as we journey through the world.

May our words leave hope.

May our actions leave love.

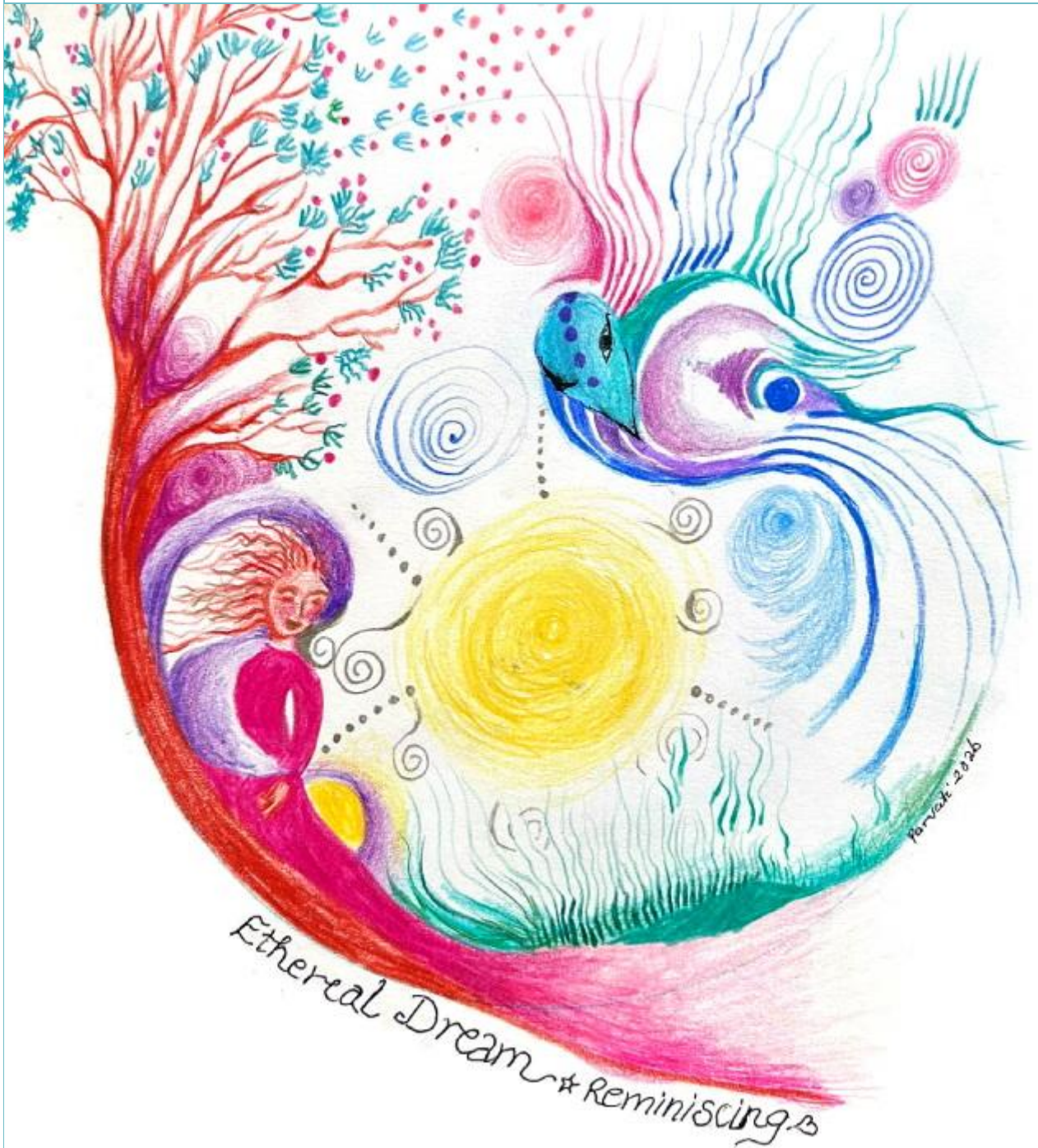
May our presence leave peace.

And may we, when life invites us to look at our own scars, recognize them with gratitude—as sacred reminders that we were here, fully participating in the great act of giving and receiving that is existence.

Because, in the end, that's what life is all about:

Loving, giving of oneself, and leaving a trail of light in the hearts of others.

HEALING MANDALA MEDITATION



"Ethereal Dream - Reminiscing."

Mandala shared by Parvati (Fran) Rosen-Bizberg. © 2025

(All Mandalas are copyright by Parvati (Fran) Rosen-Bizberg.

Healing Mandalas, prints and t-shirts of original art are available in the website shop www.agnihotra.pl)

'FIVEFOLD PATH & SELF-REMEMBERING'

By Eng. Hector Rosas Almonacid

‘A GOLDEN OPPORTUNITY’.



Formerly, we saw that Master Vasant reminded us that the Vedic Teachings tell us that **“Love is a boundless energy that heals”**, and that **“Love is what holds Creation together.”**

He also pointed out that **“The purpose of human life is to unfold the Divine (Love) that lies within”** and that **“The Eternal Teaching is being delivered today through the atmosphere.”**

We have seen that the atmosphere is the organ we share and upon which the quality and continuity of our lives largely depend. We cannot damage the atmosphere without damaging ourselves and our environment.

Our current way of life has degraded our atmosphere, disrupted the planet's energy cycles, and nearly destroyed our habitat. The need to restore our habitat and recover a quality way of life becomes more evident every day. If Love is what holds Creation together, and the purpose of human life is to manifest the love that lies within each human being, we are facing a **Crossroad** that is a **BLESSING**: we are obligated to overcome our egos, neutralize our karma, or whatever we want to call it, and allow the love within us to flow, thereby contributing to restoring the integrity of our habitat, fulfilling our life purpose, and returning home with our mission accomplished.

In His book “Homa Therapy: Our Last Chance” Master Vasant tells us: **“Scientists decide the fate of the world.”** Never before has the ecological and ethical situation been so complex. Nevertheless, modern science has made progress in visualizing subtle energies, and with the transcendental help of the holistic science of the Vedas, we can find a way to live in harmony with our inner selves and with our environment.

In 1973 Master Vasant wrote:

“When physical sciences step into the domain of bioenergy the scientist starts acquiring an depth view of phenomenon. Physics and chemistry discover the outer dimensions of pervading reality. Biology is the connecting link which takes us deeper into the problem. From the physical the scientist moves to the psychological and psychical. His next jaunt lands him in the spiritual. For any progress he has to take recourse to the methods enunciated by Yoga science. He will then truly get the depth view which brings up subjects like consciousness, effect of consciousness on matter and vice versa.”

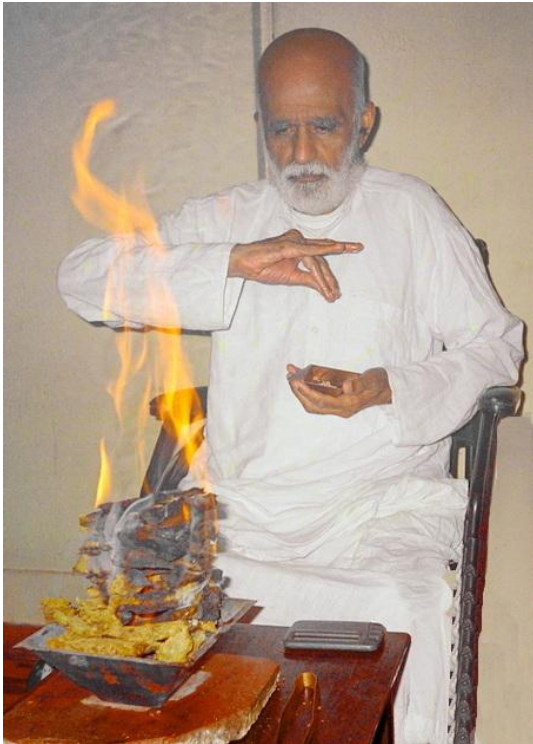
The Teachings tell us that ‘the spirit lies within each one of us,’ and given the crisis we face, we cannot wait for scientists to complete their long research journey. There is an inner dimension in each one of us that strives to manifest. Each person is a scientist within their own body and circumstances, and can experience and connect with this neglected, inner dimension: **‘Seek first the kingdom of God, and all these things will be added unto you’**, the Bible tells us.

Agnihotra is the tool of **Homa Therapy** that the science of the Vedas offers us to find serenity, obtain the necessary energy, value and make the most of every circumstance life presents to us, in order to advance in the investigation of who we are, why we are here; and thus, to live and act accordingly. By striving to serve through the practice of **Agnihotra**, we can allow the love that lies within us to manifest.

Master Vasant was once asked what He meant by “Last Chance” in his book **“Homa Therapy, Our Last Chance.”** His answer was:

“A Golden Chance.”

**MASTER SHREE VASANT PARANJPE
ON ENVIRONMENT - January 12, 2025**



**SHREE VASANT
ON ENVIRONMENT
January 12, 2025**

Some years ago, scientists issued dire precautions that, unless the environment was addressed with extreme solutions, that life on the planet was endangered at best. The exact words you can find on these broadcasts. But scientists were telling this, years ago, and still their warnings were not heeded. And now, what has come are extreme conditions of the planet.

In United States, these wildfires in California everyone is focusing on—but that is only one thing happening in the world. There are far more circumstances of dire concern.

We have in our hands this wonderful tool to help the environment, Agnihotra.

Maintaining Agnihotra and all the Yajnyas here at Bhrugu Aranya is of vital importance to the whole of Europe. Difficult to fathom, isn't it? But We also want to extend Our reach to make it more available to all people. You are in Europe, so that is of urgent consideration now.

So, put your heads together to see how best to reach the people, because time is really important now. You can feel it in the atmosphere that there are changes. There's a greater intensity.

Suddenly Orion is again addressing the environment. Through Parvati, Orion is also speaking. It has been for some years not so much, but now it is nearly daily. Time has speeded up.

This is one of the three Points of Light on the planet, as you know. And these three Points of Light are being more activated now. Cleansed and activated. Now We have to maintain the Light here. Maintain the Light.

Cleansing is happening in each person here, cleansing and release. At the same time, cleansing and release for the whole farm, for all the places, for all the Light to come. Great Light, great Light is here. Great Light is coming.

Interesting that these latest wildfires now in California are affecting all levels, the very rich and the very poor. All are having this same experience. Hopefully this will also increase the awareness for the environment.

All Love and Blessings to all.

(These messages are from our beloved Shree Vasant
as received via Parvati during group meditations at Bhrugu Aranya in Poland.)

FROM INTUITIVE GUIDANCE

(Received through Parvati Bizberg, Poland)



ORION – ON THESE TIMES

May 25, 2026

Yes, yes. The perimeter and parameters of this Earth are shifting. One seeks to keep one's feet on the ground, yet the ground beneath one's feet itself is shifting.

We have told all of you, multiple times over all these years, to establish land, grow your own organic foods, and form cooperative communities, which will be strongholds for future times.

These ARE those times.

Come together in greater UNITY, with clearer focus, and absolute certainty. Come together to support and sustain each other on every level.

Good to start minimal food storage. Start with basics, those affordable for you at this time. Add to the storage a little each week or each month. No pressure. Just make a start.

Can and preserve garden produce or fruit this year, more than years before.

LAUGHTER. Maintain the element of JOY, balanced with sincere Prayer.

Regular Rudra Yajnyas, a wonderful resource for all the elements of Nature. You are moving in the right direction. More hands and hearts are coming.

We are in all encouragement, and in awe of the Light emanating from this place.

Grateful,
We are,
ORION.

GEOLOGICAL CHANGES & HOMA: THE NEED OF THE MINUTE

April 12, 2025

Yes. Yes. A deepening of fissures in Earth has been observed, not only in places where previous fissures had been identified, but in new places around the world. There have been geological changes on all land masses being followed for years, now exhibiting dangerous shifts, indicating a new concern.

It is not only political upheaval worldwide that causes grave concern over the future of planet Earth—but the very core of the Earth is changing. Indeed, as predicted years prior, there will be great shifts in land masses in times to come.

It is of utmost urgency that the fires given to protect and rejuvenate Earth's atmosphere be spread to all people across the globe.

Continue your tireless work to create awareness of these ancient Vedic fires. This is the time. Focus energies on that.

Rise above own differences and clearly deepen not only the practice of HOMA but deepen your intent to heal and to reveal this great science to the world.

With that goal in mind, unite and create content which will awaken others to the need of the hour. It is actually the need of the minute. Don't wait.

There is time.
We are at your service,
We are ORION.

For more information, please see:
www.oriontransmissions.com

Thanks for Sharing the "Good News" with this HomaHealth Newsletter!

For more news about Homa Therapy please see the 'Satsang' magazine.