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## EDITOR'S NOTE

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### PRIDE

Let's remember that the purpose of these notes is to make you think. In the last article, we mention that:

Ego = Self + Illusion

Therefore,

Self = Ego – Illusion

But what is Illusion?

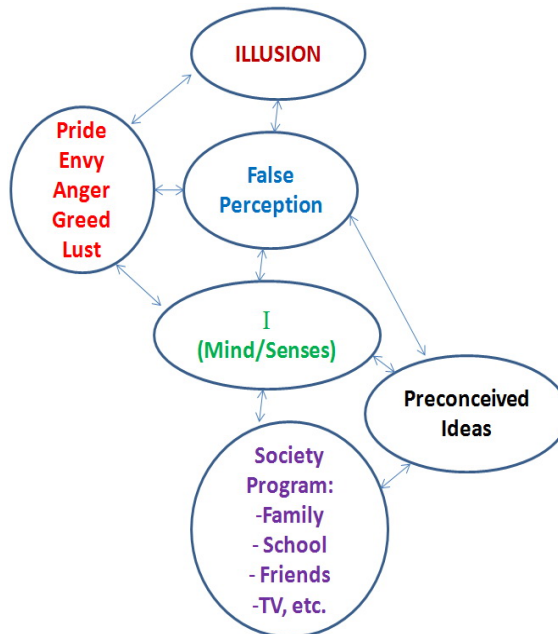
We might say that is:

- to think we are independent from our environment (nature, plants, animals, people, stars, etc.)

- We are mortal

- We are only simple matter that can be checked by our mind and senses

Now let's study the following flowchart and figure out the connections.



Large amounts of our **believe systems** come from our society. This can generate a false perspective linked to the most common psychopathologies when the mind and the senses are not clear and steady. Now let's check Pride. Signs of this disorder are:

- Loud voice
- Intolerance
- Continuously talking about his/her accomplishments, gifts, abilities, talents, etc.
- Controlling or demanding attitudes
- Superiority or inferiority complex
- Much use of the words: I, me, mine, for me, etc.
- High or low self-esteem
- Intellectual exhibition
- Vanity
- More concern about himself/ herself than others
- etc.

Agnihotra can help us to clear and steady the mind. Agnihotra can help to remove the false perception. As the pride falls away, our sense of Oneness shows up and our actions are focused on the Whole. Let's think and realize our UNITY. The answers are WITHIN.

**OM AGNIHOTRA OM**

Any comments, questions, suggestions and contributions to the Homa Newsletter, please write to  
Abel Hernandez & Aleta Macan [terapiahoma@yahoo.com](mailto:terapiahoma@yahoo.com)  
Please add to your email the city, state and country you live in. This will help us to be more efficient. Thanks!

## Homa Healing Stories

**Nelson Antonio Torres**  
**Medical Student at New York Medical College**

"I am practicing Agnihotra almost for 4 months. 4 years ago, watching TV, I saw on the HBO channel a program called "Herederos del Fuego" that was all about Homa Therapy. I was very interested in getting to know more about it and learning the technique. When I came to New York, I looked up the [www.terapiahoma.com](http://www.terapiahoma.com) website and came to know that Prof. Abel Hernandez and his wife would come in December. That was how I got initiated in Homa Therapy.

2 weeks later, I traveled to Puerto Rico and asked Mrs. Martha Aviles for cow dung and ghee. Then I started doing Agnihotra with my mother. On the 5th day, she told me that she was suffering for 4 months with bleeding hemorrhoids, but that she felt better with the Agnihotra fire.

I suffer from anxiety, which is very connected with my work. But when I do Agnihotra and take the Agnihotra ash, I have realized that I feel more tranquil and peaceful."



**Nelson Antonio Torres**



**Gregorio Florentino**  
**Bronx, NY**

"With the Agnihotra fire, I passed this winter without having the flu. Just once, one day I had some discomfort. I noticed that my son sleeps better. Some months back, he moved all over the bed while being asleep. With Homa Therapy, he wakes up where he falls sleep. My son Gregorio Gurumel is 7 years old."

**Celia Florentino**

"Since we have started Homa Therapy, we are all more peaceful. My older son is 21 years old and he takes the Agnihotra ash daily. He suffered from allergic bronchial rhinitis and I see that his health improved a lot.

He is also enjoying a deeper sleep and his spring allergy has reduced. In winter, we did not suffer from flu, gripe or catarro. Truly, our immune-system has become stronger. We feel very healthy. We could also experience that my older son has improved his diet, in spite of having to eat sometimes outside.

We practice Agnihotra every day, if I cannot do it, my husband does it and Gurumel participates. He knows the Mantras and also does Agnihotra."



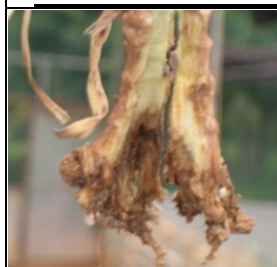
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## HOMA FARMING - THE SOLUTION FOR THE FUTURE OF THIS PLANET!

**Dr. N. Selvaraj, Ph.D., Professor and Head of the Institute of Commercial Horticulture, Tamil Nadu Agricultural University, Ooty, The Nilgiris**

### Effect of Agnihotra on growth and yield of Carnation:

Treatments	Plant height(cm)	Stalk length (cm)	Flower diameter (cm)	No. of flowers/ plant/year	Shelf life of flowers (days)
Organic	92.57	90.50	6.50	8.67	13.47
<b>Organic+ Agnihotra</b>	<b>95.43</b>	<b>93.24</b>	<b>7.76</b>	<b>9.78</b>	<b>14.43</b>
Conventional	88.23	86.54	4.23	5.78	4.34
Absolute Ctrl	70.52	78.85	1.12	3.24	2.14
CD at 5%	2.38	2.25	0.78	1.09	-



Fusarium Root rot



and Leaf spot

Treatments	Percent disease index	
	Leaf spot ( <i>Alternaria dianthi</i> )	Wilt ( <i>Fusarium oxysporium f. sp. dianthi</i> )
Organic	3.5	2.2
<b>Organic + Agnihotra</b>	<b>2.8</b>	<b>1.5</b>
Conventional	5.8	4.3
Absol. Control	7.9	5.6



Healthy Carnation field with Agnihotra



Photo left: healthy and shiny Agnihotra treated carnation plot in the University greenhouse.



Dr. N. Selvaraj (photo right) training officials from East Timor in Homa Therapy. He and his team observed in different varieties of flowers and veggies that Homa Farming methods increase the yield and the incidence of diseases is diminished.



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## MAHESHWAR, Madhya Pradesh (M.P.), INDIA

### Homa Organic Farming - Farmers Gathering in Maheshwar



A new program is being implemented by the Agricultural Department (at Taluka level) in the whole state of Madhya Pradesh. The different departments have to conduct at least two farmer's gathering programs every year in the Monsoon (Kharif) and in the Winter (Rabi) season to make farmers aware of the new technologies, methods and practices to solve the problems faced by the farmers. The Agricultural Department from Maheshwar invited Fivefold Path Mission to address the gathering, as this year the District (Khargone) faced a huge crop loss due to seasonal changes and pest attacks.

Abel Hernandez and Sarvajit Paranjpe addressed the gathering and talked about HOMA Farming and Homa Therapy and explained how agricultural and health problems can be overcome with the help of this ancient healing method.



Many farmers arrived through long journeys from various districts to hear about Homa organic farming and its worldwide success. Abel Hernandez and Sarvajit Paranjpe explained how simple Homa Farming Technology is and also its wonderful effects in the health of animals and human beings.

## ECO NEWS

**BEWARE THE FOOD POLICE!  
HR 875/S425****IT WOULD NATIONALIZE FARMING -  
DESTROY ORGANICS -  
EVEN ATTACK YOUR PRIVATE GARDEN!**

Stumbled on some pretty disturbing legislation coming out of the Congress of the United States. The bill is HR 875 and it's labeled as the Food Safety Modernization Act of 2009. At first glance it didn't seem like much. However, there are several, including exposing some pretty scary legislation enclosed in the bill.

In the midst of the financial crisis, it seems that these initiatives are sliding in under the radar. Many people are not even aware of them. It is imperative to look into this immediately and with extreme scrutiny as our health and well-being are threatened! If this bill passes, you can say goodbye to organic produce, your Local Farmer's market and very possibly, the GARDEN IN YOUR OWN BACKYARD!!

**Things we are finding in the bill:**

\* **Effectively criminalizes organic farming but doesn't actually use the word organic.**

\* **Effects anyone growing food even if they are not selling it but consuming it.**

\* **Effects anyone producing meat of any kind including wild game.**

\* **Legislation is so broad based that every aspect of growing or producing food can be made illegal.** There are no specifics which is bizarre considering how long the legislation is.

\* Section 103 is almost entirely about the administrative aspect of the legislation. It will allow the appointing of officials from the factory farming corporations and lobbyists and classify them as experts and allow them to determine and interpret the legislation. Who do you think they are going to side with?

\* Section 206 defines what will be considered a food production facility and what will be enforced up all food production facilities. The wording is so broad based that a backyard gardener could be fined and more.

\* Section 207 requires that the state's agriculture dept act as the food police and enforce the federal requirements. This takes away the states power and is in violation of the 10th amendment.

The bill is monstrous on level after level - the power it would give to Monsanto, the criminalization of seed banking, the prison terms and confiscatory fines for farmers, the 24 hours GPS tracking of their animals, the easements on their property to allow for warrantless government entry, the stripping away of their property rights, the imposition by the filthy, greedy industrial side of anti-farming international "industrial" standards to independent farms - the only part of our food system that still works, the planned elimination of farmers through all these means. We encourage you to look into this immediately and help remove this bizarre piece of legislation.

There is a video on the subject: <http://www.youtube.com/watch?v=epXNjYBvw&feature=related>

And other ones: <http://www.youtube.com/watch?v=eeWVvTU1s1E>

<http://www.youtube.com/watch?v=LGZL6q-3LOw>

The name on this outrageous food plan is: Food Safety Modernization Act of 2009 (bill HR 875).



**EVENTS in GUJARAT, INDIA**

In Gujarat, at Dr. Dinesh Patel's Homa farm, groups of farmers come frequently to learn more about organic farming. Prof. Abel Hernandez gave an introductory talk about Homa Farming Technology to this group of 25 farmers and cattle breeders from this area. He showed videos from different parts of the world where farmers and agricultural engineers show the surprising results with Homa farming.



Many of the farmers purchased their Agnihotra kit and literature on Homa Therapy in order to start right away with the healing fires on a personal level. Not only the land suffers, but it's people too. One farmer told us that only since they started eating ORGANIC food, the family does not have to pay any more hospital bills. Now he himself wants to become an organic HOMA farmer.



The many children on Dr. Patel's farm are very enthusiastic about learning and practicing the Tryambakam Homa after Prof. Abel showed them a few short video clips, explaining the energies from the sun reacting with the pyramid and healing and purifying everything in its way. They also saw Pooja getting healed with Agnihotra.

Visiting Mr. Gopala's cow farm in Gujarat was a beautiful surprise. Mr. Gopala's cows are treated like children. Each one of them has a name and they are so lovely and playful creatures. If just all cows could receive so much love as they do in this stable! Mr. Gopala already has started practicing Agnihotra.



**EVENTS around the WORLD**



**SWITZERLAND**

**Reiner Szczypior** wrote:

"Agnihotra practice in Switzerland. A circle of healers from Germany, Austria and Switzerland met to perform together the Agnihotra healing fire. "We are One" is the message! We live in One world! One Humanity! One eternal truth!

With lots of love."

**AUSTRIA - VORARLBERG, MONTAFON**

Agnihotra with Aleta's lovely family in Tschagguns, Austria. Every few years we have a chance to celebrate with them the Power of Light and Love of Agnihotra healing fire. Dear Family thanks so much for all your love and support!



**USA - Yonkers**

Visiting New York we are grateful for the chance to practice Agnihotra with Cecibel Avilez, her husband Miguel Balandra and lovely friends. Agnihotra continues burning in the home of these wonderful people. They are experiencing many blessings through sharing the Homa fires."

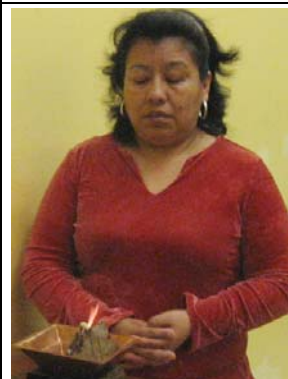
**EVENTS in USA - NEW YORK, BRONX**

On our way back from India we were able to stay again for some few days with Martha Cecibel Avilez and her family (Miguel, David & Michelle). Martha Cecibel arranged a Pyramid gathering in their Restaurant "Tacos Revolucionarios" (photo below), where daily Agnihotra is practiced. We met several people who had started Agnihotra on our last trip to NY, three and a half months ago. We could hear their wonderful testimonies. (Please see some of the testimonies on page 2 and below.)



**Mrs. Maribel Ramos**  
**NY, Bronx**

"I started doing Agnihotra in the middle of December 2008 in the Restaurant "Tacos Revolucionarios". I have now three and a half months of practice. I suffered a lot from pain in the bones. For that reason I have taken medicines for approx. 8 to 10 years. After practicing Agnihotra continuously for 35 days, the pain was almost totally gone. I also think clearer now, I am more positive, more peaceful and I sleep better. Agnihotra has helped me a lot in everything, in the physical and spiritual level."



**Mrs. Beatriz Munoz**  
**NY, Bronx**

She told the story about her father in law, who burnt his foot with boiling oatmeal. It was a 3rd degree burn that did not heal for a week. It was very painful; he could not wear socks or shoes or sandals and could not go to work.

Mrs. Martha Cecibel gave him Agnihotra ash to be sprinkled on the wound and then it was wrapped with band aid for 3 days. Afterwards the wound was healed 95% and he could go to work.

**Photo left:** Beatriz´ mother in law now also practices Agnihotra.



**MONIKA'S HOMA HEALTH CORNER****Pharm. Monika Koch, Germany****The Heart and Fear**

What do these 2 completely different words have in common?

Fear comes in many forms: it can concern a certain problem, but it can also be fear of something unknown? Maybe we feel unable to solve a certain problem? Fear of the future? Because love and joy have slowly disappeared from my life? Maybe because I cannot handle my situation at the moment? Maybe it is just too much for me?

I want to tell the story of a dear friend. When we met, we hugged and she started crying. What happened? She said that she was at the end of her strength. The kids were very demanding, her husband had lost his job, money was tight and her sister, who was very close to her, had just died. Besides, fruits in the garden were waiting to be harvested and visitors were at the point of arriving! She just could not handle this any longer. What to do?

In these situations it has proven helpful to rub the heart area every hour with Agnihotra ash powder and ghee in a mixture 1 to 9 (ghee takes care for the fast transport of the effect of the Agnihotra ash to the heart). The effect can be enhanced by taking a teaspoon of Agnihotra ash-powder every half hour with water, yoghurt, honey or with a cup of herbal tea, which has a good effect on the heart.

We directly fortify the heart area with Agnihotra ash. It receives support and has more power for its' work. And if we feel stronger inside, it is easier to think and to come up with good ideas on how to solve a problem.

My dear friend did this treatment and she also practiced regularly Agnihotra to be continuously in a healing environment with her family and to have sufficient Agnihotra ash supply. This is what happened: she quickly recovered, started feeling stronger and she came up with a splendid idea: she would ask the visitors to take care of her children and to harvest with them the fruits in the garden. That would give her time to make marmalade from the collected fruits, which her husband could sell together with some other products from the garden in the market, which would bring some income. What a great way to solve many of the problems at once! Problems are always there, but if we feel strong inside we can occupy ourselves in finding solutions instead of drowning in the problems.

Agnihotra and Agnihotra ash proved again their tremendous support. It is not enough to know about it. You have to practice Agnihotra and experience firsthand its power and help.

**Pharm. Monika Koch is the author of the book: "Homa Therapy - the Ancient Science of Healing". She has conducted many years of studies with Agnihotra Ash medicines.**

**UPCOMING HISTORICAL EVENT in BOGOTA, COLOMBIA  
CHANGES:**

**Due to changes in the Administration of the Covered Stadium  
'Campin' we still could not finalize the date of the  
HOMA MEGA EVENT.**

**For further information please call in Bogota:**

**Abel Hernandez/ Dr. Orlando Gomez**

**01 - 802 8429 / 01 - 674 3103**

**or write to [terapiahoma@yahoo.com](mailto:terapiahoma@yahoo.com)**

Please contact us if you feel inclined to participate in sponsoring this  
Planetary Healing Event at [terapiahoma@yahoo.com](mailto:terapiahoma@yahoo.com)

## MESSAGES FROM SHREE VASANT



If you go more and more into these disciplines, you will live in harmony. One word of kindness does more than twenty words of criticism or insult. One kind word, one kind thought, all the time. Smile.

Eat in moderation and observe the tendencies of your mind. Do not follow it helter skelter. Just observe your mind like you are a traffic policeman, watching, watching.

Negative forces have been stopped. Energy pattern shifts. There will be safe havens where fire is performed. BUILD THE ARKS OF FIRE ON LAND. Homa fire heals now.

If I am going to take on a task, I am going to be responsible for it. I may delegate part of my responsibility to others but ultimately I am the one responsible for it. Then beyond being responsible for a work, the other thing is becoming responsible for my own thoughts, words and actions, being able to admit when I am wrong. Also perhaps letting someone other than myself admit when I am right. That is, it is better to stay silent rather than point finger in blame thereby stating that "I" am the correct one. All of this is subtle at one stage later on, but at that latter stage it becomes more deadly. It is as the child who does not take responsibility for his actions. He is a child. He is excused for it. No doubt he has to learn this lesson but when that same child becomes an adult, the responsibility becomes more serious and if he is arrogant he is less likely to be excused. So it is like that



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### ORION TRANSMISSIONS

(as received by Parvati Bizberg, Poland)

#### On facing Truth, standing United

Yes, yes. We see the climate change as being a greater factor in economic waters than one would think. Climate control has long been engineered upon an unsuspecting public. So much control is exerted, yet so few are even aware that it exists and what is worse, those who have an inkling of it simply do not care. Everyone is so busy with their own agendas; no one has time to consider the massive act of sabotage now in the making. Not only are your minds being controlled, but your entire ways of life are being dictated. And you follow blindly, as if to rock the boat would cause a tremendous wave to engulf the planet! If indeed, such an event should take place, it would be in direct response to the wave of altercation which is being foisted upon you by the 'powers that be'. And all in the interest of economic control, profit and gain.

Yes, there have been emissaries of Truth who have been systematically destroyed, under the guise of accidental death, murder to be exact. The truth is shocking, and yet the public continues on as if nothing has happened out of the ordinary. Is the public so jaded these events go unnoticed? No. They are disturbing, but there is a collective consciousness here which dictates that NOTHING CAN BE DONE.

IT IS NOT TRUE! To stand forward and make a statement takes courage and, in this day and age, sheer bravado. However, so few are coming forward. If the masses refused to believe the excuses being given for the fall of mighty buildings caused by planes incapable of causing such destruction and, if the crash of an airplane flown by an experienced pilot

who happened to be a prominent son of a former, glorified and much loved President, with political aspirations and a distinctively left view—then, the tide would turn. What is missing is UNITY.

WITH UNITY—FULL DISCLOSURE AND A HEIGHTENED AWARENESS OF THE PLANET'S PLIGHT IS POSSIBLE. WITHOUT UNITY, IT IS 'BUSINESS AS USUAL.'

#### On Agnihotra fires, Energetic Vortexes

It is time to create a network, not just join existing ones. This is a big task, but one which is necessary in order to reach the critical mass of TRUE AGNIHOTRA FIRES on planet Earth. These fires are seen, not as flames which you see, but as ENERGETIC VORTEXES which vibrate to the SOUND emanating from your planet's solar plexus. Well, from LIGHT POINTS around the globe. Yes, these vortexes turn, rotate if you will, as rays of Light are emitted from the very axis of the FIRE. This is sacred work for which all of you have come. We are deeply honoured to be sharing the presence of Higher Nature, for which all of us stand united to uphold.

BLESSINGS. BLESSINGS. OM.



[www.oriontransmissions.com](http://www.oriontransmissions.com)

**Thanks for sharing the "Good News" with this Homa Newsletter!**

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